



# A Letter About Helping Others

Lesson Aim: To love all people by doing good deeds.

## THE WORSHIP

**Who God Is:** The Spirit Who Guides Us

## THE WORD

**New Testament Letters:** Galatians 6:10

**What He Has Done:** God led Paul to write about helping others.

## THE WAY

**Whisper Verse:** "Do good to all people."

## BIBLE MEMORY VERSE

"With God all things are possible." Matthew 19:26b

Unit 5: The Promise of Guidance			
	Bible Story	What He Has Done	Lesson Aim
22	A Letter About Love, 1 John 4:7a, 12	God led John to write about love.	To learn to love one another.
23	A Letter About Helping Others, Galatians 6:10	God led Paul to write about helping others.	To love all people by doing good deeds.
24	A Letter About Forgiveness of Sins, 1 John 1:8-9	God led John to write about the forgiveness of sins.	To know we all have done wrong and if we admit our wrongdoing to Jesus, He always forgives us.
25	A Letter About Forgiving Others, Ephesians 4:32	God led Paul to write about forgiving others.	To know we are to forgive others.
26	A Letter About Prayer, Philippians 4:4-6	God led Paul to write about having peace of mind.	To know we can pray to God when we are worried.
27	A Letter About Keeping Our Eyes on Jesus, Hebrews 12:1-3	God led the writer of Hebrews to write about focusing on Jesus.	To think of Jesus in all we say and do.

## TEACHER'S ENCOURAGEMENT

This week, read Romans 12:4-8. Please join us in praying, "Thank You, Lord, for the body of Christ. Fill us with Your Spirit so the children understand the importance of uniting to serve others. Amen."

**Teacher Tips:** Prophets & Promises Lessons 22-31 (Units 5-6) feature letters of the New Testament. Replace the Treasure Chest with a mailbox to hold THE WELCOME stamp or sticker. In THE WORD, since the letters are not Bible stories, create interest and encourage involvement by placing the symbol and the envelope with the printed letter in a mailbag or tote bag known as the "Special Delivery Mailbag."



Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	<b>Mailbox</b>	Treasure chest, stamp or sticker of a smiley face
		<b>Whisper Verse</b>	Sign language for "Do good to all people."
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	<b>Unit 5 Bible Memory Verse Song:</b> "With God All Things Are Possible" <b>Other Bible Memory Verse Song Suggestions:</b> "Do Not Let Your Hearts Be Troubled" "Everyone Who Calls" "Guide Me" "He Is Mighty to Save" "Love One Another" "Praise Time: Love the Lord Your God" "Sing Praises" "The New Testament Overture" (Ages 6-12 BMVS) "We Love" <b>Additional Hymn Suggestions:</b> "How Great Is Our God" "Jesus Loves Me"
		<b>Offering</b>	Baskets
		<b>Worship Illustration</b>	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: Prophets & Promises Unit 5, Lesson 23
THE WORD	Up to 10	<b>Special Delivery:</b> Galatians 6:10	Visuals: New Testament letter (available at ResourceWell.org), Bible, mailbag or tote bag, paper plate painted as a smiley face
THE WAY	Up to 25	<b>Craft:</b> "Helping Others" Card	Standard-size sheet of sturdy paper, glue or tape, crayons or markers, stamps, stickers, assorted craft decorations, optional: "Helping Others" card template (available at ResourceWell.org)
		<b>Game:</b> Find God's Family	Pictures of children of different races, ages, or cultures; map or globe
		<b>Game:</b> "Do Good" Ball Roll	Inflatable world globe ball or beach ball
		<b>Snack:</b> Smiling Snack	Favorite snack
		<b>Circle of Prayer</b>	None
	Final 5	<b>Final Five</b>	Ponder, Pray & Play: Unit 5, Lesson 23 Color This Story: "A Letter from Paul About Helping Others" (A picture of children helping)
GOT TIME?	Up to 10	<b>Game:</b> Letter Games	Today's New Testament letter in an envelope
	Up to 10	<b>Game:</b> Collect the Letters	"The New Testament Overture" Song, 27 sheets of paper or sealed envelopes, Bible
	Up to 10	<b>Game:</b> Circle Verse	None
	Up to 10	<b>Game:</b> Bible Memory Verse Hop	Bible
	Up to 10	<b>Story Time</b>	Any story about doing good to all people

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



Do good to all people

## THE WELCOME

Welcome each child as they arrive. **Hello \_\_\_\_\_. I am glad you are here! Come open the mailbox to find today's special delivery.** Child opens the mailbox to receive a stamp or sticker of a smiley face. **Let this stamp (or sticker) of a smiley face remind you to do good. Today's Whisper Verse is "Do good to all people."** Teach the Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.\***

### **SIGN LANGUAGE: "Do good to all people."**

(For visual demonstrations, see [www.signingsavvy.com](http://www.signingsavvy.com).)

**Teacher Tip:** If the hand motions for today's Whisper Verse are too difficult for the children, eliminate the hand motion for the words "to all."

**Each time we say today's Whisper Verse, let's say it with four hand motions:**

<b>"Do"</b>	Move both hands side-to-side at chest level, fingers apart and palms facing down.
<b>"good"</b>	The open, flat right hand gently touches the mouth and then comes to rest on the upturned, open palm of the left hand.
<b>"(to) all"</b>	Begin with the left palm facing the body at chest level and the right palm facing out at eye level. The left hand remains stationary while the right hand pivots forward in a circle ending with the back of the right hand resting on the left palm.
<b>"people."</b>	Both hands create the letter "P" hand shape by resting the thumb between the extended index and middle fingers with the pinky and ring finger curled in to the palm. Rotate the letter "P" hand shapes in alternating circles either forward or backward at chest level.

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

**"Clean Up Song":**   **Clean up! Clean up! Everybody, everywhere!**  
                              **Clean up! Clean up! Everybody do your share!**

Gather and seat children in Praise Time area.

**\*Today's Whisper Verse:** "Do good to all people," Galatians 6:10b. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



The Spirit who guides us

## THE WORSHIP

**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play “Praise Time: Love the Lord Your God” as children move to that designated area.

**It's Praise Time—our time to sing praise to the Holy Spirit who guides us. The Holy Spirit guides everyone in God's family which is filled with believers of all ages from around the world including children like you, teenagers, and grownups. The Holy Spirit helped Paul write a letter long ago to the part of God's family that lived in an area called Galatia. Paul showed them one way to worship God is by doing good to all people. That is our Whisper Verse today. Let's try it together.** Review the Whisper Verse together: “Do good to all people.” Include sign language.



**The Holy Spirit will guide us in doing good to all people.** Sing: “Guide Me.”

**We can do good by showing others how great God is. Let's imagine all of God's family singing together about our great God!** Sing: “How Great Is Our God” or “He Is Mighty to Save” while collecting the offering.



**Paul sent a letter to God's family in Galatia. Let's see if our new friend Posty has a letter for you and me—the part of God's family that is right here at Praise Time.** Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Prophets & Promises Unit 5, Lesson 23.



**Jesus wants us to do good to all people because He loves all people. We may never get to meet every child from around the world who believes in Jesus, but we know they are all a part of God's family! We love everyone around the world, because God shows us how to love them!** Sing: “We Love.”

**Sometimes it is hard for us to do good deeds for others. God can help us because with God all things are possible. That reminds me of our new Bible Memory Verse. Let's sing it now.** Sing Unit 5 Bible Memory Verse Song, “With God All Things Are Possible.”



Paul's letter says, "Do good to all people"

## THE WORD

Before we begin our Bible Time, let's say our **Classroom Promise with the motions.**

With my eyes on my teacher;  
My mouth quiet as can be,  
I will listen to hear,  
How God loves you and me.

Point to eyes.  
Place index finger over mouth as quiet sign.  
Cup hand around ear.  
Hug self, point to others, and then self.

In the Bible, there are special letters written by believers to people like you and me. Last time, we read a letter from John about love. In today's letter from Paul, we will learn about doing good to all people.

### **SPECIAL DELIVERY: GALATIANS 6:10**

**Prepare:** Today's New Testament letter is available at [ResourceWell.org](http://ResourceWell.org) or you can create your own by writing the words in the box below on a piece of paper. Enclose the letter in an envelope and place it inside the teacher's Bible. Draw or paint a smiley face on a paper plate. Place the Bible and the paper plate smiley face in a mailbag or tote bag (Special Delivery Mailbag).

**Let's open the Special Delivery Mailbag to find this week's letter.** Choose a child to open the mailbag, remove the Bible, and hand it to you. Read the letter.



Dear brothers and sisters,

Let us do good to all people, especially to those who belong to the family of believers.

Love,  
Paul

**To what kinds of people should we do good?** (All people.) **Let's find our answer in today's letter from the Bible.** Read answer from today's New Testament Letter.

**Our Whisper Verse also tells us the answer. Let's say it together: "Do good to all people."** Include the sign language or hand motions.

**Our symbol for Paul's letter about doing good is a smiley face.** Invite a child to reach into the mailbag to find today's symbol (a paper plate smiley face). **Let's talk about Paul's letter as we play "Pass the Smile."** If you know the answer to the question I ask, raise your hand. When someone passes you the smiley face, hold it and tell us your answer.

**PASS THE SMILE:** Ask the question below and give the paper plate smiley face to a child who has raised his or her hand. The child gives his or her answer and then gives the paper plate smiley face to another child whose hand is raised.

- **What good deed can you do for someone?**



Doing good to all people

## THE WAY

**Teacher Tip:** Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

### **CRAFT: “HELPING OTHERS” CARD**

**Purpose:** To remind the children that Paul reminded us to do good to all people.

**Supplies:** Standard-size sheet of sturdy paper, glue or tape, crayons or markers, stamps, stickers, assorted craft decorations, optional: “Helping Others” card template (available at ResourceWell.org)

**Prepare:** Print the template available at ResourceWell.org onto sturdy paper or follow these directions to create your own “Helping Others” Card. Fold a standard-size sheet of sturdy paper in half to make a card. Print the following text on the front of the card: **“God loves me. He loves you, too!”** On the inside left side of the card, print: **“Do good to all people. Galatians 6:10.”** On the inside right side of the card, print: **“What can I do for you today? Love, \_\_\_\_\_”**

#### **Directions:**

1. Help the child sign his or her name or initials on the inside of the card.
2. Color and decorate the card with stamps, stickers, and other assorted craft decorations.

#### **Craft Discussion:**

- **Who wrote the letter we read today?** (Paul.)
- **Who should we do good to?** (All people.) **That’s our Whisper Verse! Let’s say it with our motions right now!** Say the Whisper Verse together with the hand motions.
- **Should we only do good to our own family or friends?** (No.)
- **Would you like to meet children from God’s family that live in other parts of the world?** (Children respond.)
- **Let’s say our Whisper Verse together. When we say the word “all,” say it in your loudest voices!** (“Do good to ALL people!”)
- **Take your card home and give it to someone. Ask them how you can help them or do a good deed for them. Then, do it!**

# THE WAY *continued...*

## **GAME: FIND GOD'S FAMILY**

**Purpose:** Children will realize they are part of God's family.

**Supplies:** Pictures of children of different races, ages, or cultures; map or globe

**Prepare:** Hide the pictures around the play area in easy-to-find locations.

**Sources for pictures:** Search travel or culture books in a library or bookstore, online travel or photo sites, or draw pictures of children from different cultures.

**Option:** Children place a sticker on the map where the child in each picture lives. Share one simple fact about where the child lives, such as the weather, a local food, or favorite children's game.

**Who is in your family at home?** (Children respond.) **If you believe in Jesus, then you are also in God's family. God's family is all the people in the world who believe in Him! Even though we may not meet every person who believes in Jesus, we are still part of the same family—God's family. Everyone in God's family should do good to all people!**

### **Directions:**

1. Show children where you live on the map (or globe).
2. Have children search around the room for the hidden pictures.
3. Each time a child finds a picture, have them bring it to you and ask the children to gather around the map.
4. Show everyone where the child in the picture lives on the map.
5. Keep playing until all the pictures are found and discussed.

## **GAME: "DO GOOD" BALL ROLL**

**Purpose:** Children will think of ways they do good to all people.

**Supplies:** Inflatable world globe ball or beach ball

**We are in God's family. God's family is all the people in the world who believe in Him! We can do good to all people, especially those in God's family.**

### **Directions:**

1. Children sit (or stand) in a circle.
2. Roll (or toss) the ball to a child.
3. **What is something good God has helped you do for someone in your family?** (Child responds.)
4. After answering the question, the child with the ball rolls (or tosses) the ball to another child.
5. Ask the question again, except substitute one of the following for "family:" neighborhood, church, school, town, etc.
6. Continuing playing until each child has a turn.

# THE WAY *continued...*

## **SNACK: SMILING SNACK**

**Purpose:** Children will eat a snack as they think about doing good to all people.

**Snack Suggestion:** Favorite snack

Today, we are going to eat a favorite snack.

### **Directions:**

1. Serve the snack and drinks.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.  
**God our Father, God our Father. Once again, once again.  
Thank You for our blessings. Thank You for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
  - **I see you smiling while you enjoy your snack. What else makes you smile?** (Children respond.)
  - **When we do good for others, we may see them smile. How do you feel when someone smiles after you have helped them?** (Children respond.)
  - **Who remembers our Whisper Verse?** Choose a child to demonstrate the motions to the Whisper Verse: "Do good to all people."
  - **What good thing could you do for your friend if he loses his toy?** (Help him find it. Share one of your toys with him.)
  - **What good thing could you do for your teacher if the classroom is messy?** (Help clean up, sweep, pick up.)
  - **What is one of your favorite ways of doing good for others?** (Children respond.)



## **CIRCLE OF PRAYER**

God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.

Dear God, thank You for making us and loving us. We lift up to You a special prayer for \_\_\_\_, \_\_\_\_, \_\_\_\_ (say each name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen.



When only 5 minutes remain, begin this segment.

## **FINAL FIVE MINUTES**

**COMPLETED CRAFT:** Take home your "Helping Others" Card craft. Ask someone how you can do a good deed for them.

**PONDER, PRAY & PLAY:** Distribute Ponder, Pray & Play cards, if available. **Show this card to your family. Talk about ways your family can do good to all people.**

**COLOR THIS STORY:** "A Letter from Paul About Helping Others." For today's Color This Story, use a picture of children helping. Discuss the Bible story and play the Unit 5 Bible Memory Verse Song, "With God All Things Are Possible," as the children color.





If time remains, choose from the connected activities below.

## **GOT TIME?**

### **GAME: LETTER GAME #1**

**Purpose:** Children play a hiding game using today's New Testament letter.

**Supplies:** Today's New Testament letter in an envelope

**Directions:**

1. Choose a child to hide the letter.
2. While the other children close their eyes, assist that child in hiding today's New Testament letter in the play area.
3. On your signal, the other children open their eyes and search for the letter.
4. The child who finds the letter opens the envelope and hands the letter to you.
5. Read today's letter to the children and put it back in the envelope.
6. Choose a different child to hide the letter and play again.

### **GAME: LETTER GAME #2**

**Purpose:** Children play a variation of Duck, Duck, Goose using today's New Testament letter.

**Supplies:** Today's New Testament letter in an envelope

**Imagine how excited the people were to get a letter from one of Jesus' friends. Isn't it wonderful to know that same letter was delivered to us through the Bible?** (Children respond.)  
**To practice delivering special letters, let's play "No Mail, No Mail, Mail!"**

**Directions:**

1. Children sit in a circle.
2. Pick a child to be the Mail Deliverer.
3. The Mail Deliverer walks around the outside of the circle, gently tapping each child once on the shoulder with the letter while repeating **"No Mail"** with each tap.
4. When the Mail Deliverer says **"Mail!"** and drops the letter in a child's lap, that child grabs the letter, jumps up, and runs around the circle chasing the Mail Deliverer.
  - If the Mail Deliverer runs all the way around the circle and sits in the spot where the child with the letter was sitting, then the child with the letter takes a turn as the Mail Deliverer.
  - If the child with the letter tags the Mail Deliverer, then that child returns to his or her place in the circle and the Mail Deliverer tries again to deliver the letter without being tagged.
5. Play until each child has a turn as the Mail Deliverer.

# GOT TIME? *continued...*

## **GAME: COLLECT THE LETTERS**

**Purpose:** To familiarize children with the concept that the New Testament contains stories about Jesus and many letters from those who believe in Him.

**Supplies:** "The New Testament Overture" song, 27 sheets of paper or sealed envelopes, Bible

**Prep Steps:** Fold each sheet of paper in half to look like a letter. Scatter the letters (or envelopes) around the play area.

**Optional:** Write the name of one of the New Testament books of the Bible on each of the sheets of paper or envelopes.

Hold up the Bible. **God gave us the Bible. The first part of the Bible is filled with true stories about God and His people. The second part of the Bible is filled with true stories about Jesus and letters from some of His followers. Let's see if we can pick up all the Bible letters before the music stops!**

### **Directions:**

1. Place the Bible on a table or chair in the center of the play area.
2. Play "The New Testament Overture."
3. Children collect the letters as fast as they can and stack them on top of the Bible.
4. After the letters are stacked, have the children hold hands and form a circle around the Bible.
5. Skip or move in a circle until the song is done.



## **BIBLE MEMORY VERSE ACTIVITIES**

"With God all things are possible." Matthew 19:26b

## **GAME: CIRCLE VERSE**

**Purpose:** To help children learn the meaning of the Unit 5 Bible Memory Verse.

**Supplies:** None

**"With God all things are possible." That's our Bible Memory Verse. Let's add hand motions and pass the good news around the circle.**

### **Directions:**

1. Children stand in a circle.
2. Teach the hand motions as you say the verse:  
    **"With God"** (Point to heaven.)  
    **"all things"** (Stretch arms in a wide circle.)  
    **"are possible."** (Thumbs up motion.)
3. Turn to the child on your left and say the Bible Memory Verse with the hand motions.
4. That child turns to the child on his or her left and says the Bible Memory Verse with the hand motions.
5. When the message has made its way around the whole circle, lead the children in saying the Bible Memory Verse together with the motions and cheer.

# GOT TIME? *continued...*

## **GAME: BIBLE MEMORY VERSE HOP**

**Purpose:** To help children memorize and review the Unit 5 Bible Memory Verse.

**Supplies:** Bible

**Let's review our Bible Memory Verse. After I say each word, repeat it and take one hop toward me. When you get close enough to touch the Bible I'm holding, you may sit.**

### **Directions:**

1. Children stand shoulder to shoulder at one end of the room. If you have a large class, divide them into groups, and have the groups take turns playing.
2. Stand at the opposite end of the room, holding an open Bible.
3. Say each word of the Bible Memory Verse, one at a time. As the children repeat each word, they take one hop toward you.
4. When each child is close enough, he or she touches the Bible and sits down.
5. Continue until each child has touched the Bible, repeating the Bible Memory Verse from the beginning as needed.



## **STORY TIME**

Gather the children and read a favorite story. This can be a Bible story, a chapter from *The Adventures of Delbert & Lello*, or a story about doing good to all people.

### **PONDER, PRAY & PLAY**

Unit 5, Lesson 23: A Letter About Helping Others

**PONDER!** Read Galatians 6:10 with your family. Paul wrote a letter to his friends in Galatia. He wanted them to learn to "do good to all people," especially those in God's family. Talk about a way your family can do good for others.

**PRAY!** Pray this prayer each day this week: "Lord, thank You that we are part of Your family. Help us to do good things for all people. Amen."

**PLAY!** Give your "Helping Others" card to someone in your family. Ask how you can do a good deed for him or her. After you do that good deed, create a card for another family member or friend. Give that person the card and do a good deed for him or her.

### **Unit 5 Bible Memory Verse:**

"With God all things are possible." Matthew 19:26b