







**PONDER!** Read Mark 4:35-41 with your family.
Talk about how Jesus calmed the sea. Talk with your family about why the wind and waves obeyed Jesus.
What do you think His friends on the boat thought when they saw Jesus quiet the wind and the waves?

**PRAY!** Pray this prayer each day this week: "Lord, please help me obey You as the wind and waves did. Help me obey my parents, my teacher, and others You have chosen to care for me. Amen."



**PLAY!** Freeze Tag! As you tag others, say, "Quiet! Be still!" Once everyone is quiet and still, then say "Ready? Set? Go!" and play the game again, giving others a turn at being the one to tag everyone.

GW Ages 4-5 U1L3

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