



**PONDER!** Read Matthew 14:22-34 with your family. How would you feel if you saw Jesus walking on the water? When Peter saw the wind, he was afraid. Talk about times when you have been afraid. How has God given you courage in those times?



**PRAY!** Pray this prayer each day this week: "Lord Jesus, please give me courage when I am afraid. Thank You for the way You rescue me and keep me safe. Amen."

**PLAY!** Draw a picture of Jesus walking on the water, or cut out a picture of a stormy sea. Keep it in a special place by your bedside. When you are afraid, let the picture remind you that just as Jesus watched over His followers, He watches over you. He will help you when you are afraid.



GW Ages 4-5 U4L18

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