



The Day of Rest

Lesson Aim: To know why God wants us to rest.

THE WORSHIP

Who God is: The God Who Creates

THE WORD

Bible Story: Genesis 2:1-3

What He has done: After God worked, He rested.

AGES 2-5 CRAFT: CREATION CIRCLE

Purpose: To participate in active rest by creating a way to remember God's 7 days of creation.

Supplies: Two uncoated paper plates*, stickers (or paper shapes from template), paper fastener, crayons or markers, glue or glue sticks (* If you do not have paper plates, you can use sturdy paper instead.)

Prepare: (1) Print and cut out the circle template (6 1/2-inch or 7 1/2-inch) of your choice. If you are using paper plates, choose the one that fits the plate best and glue the template to the plate.

(2) Cut out 1 wedge shape from a second paper plate (or same-size circle of sturdy paper), leaving about 1/2-inch from the center so the plate can be attached with a paper fastener through the center of both plates. We suggest poking the hole for the paper fastener through the two plates before class.

(3) Purchase stickers, print the shapes and label available in the template on sturdy paper, or create your own. An alternate option is to have the children draw their own symbols for each day of creation.

Day 1: Black and white stickers (any shape) for "dark" and "light."

Day 2: Cloud sticker for "sky"

Day 3: Flower sticker for "land"

Day 4: Stars, sun, or moon sticker for "planets and stars"

Day 5: Fish and/or bird sticker for "fish and birds"

Day 6: Animal or people sticker for "animals and people"

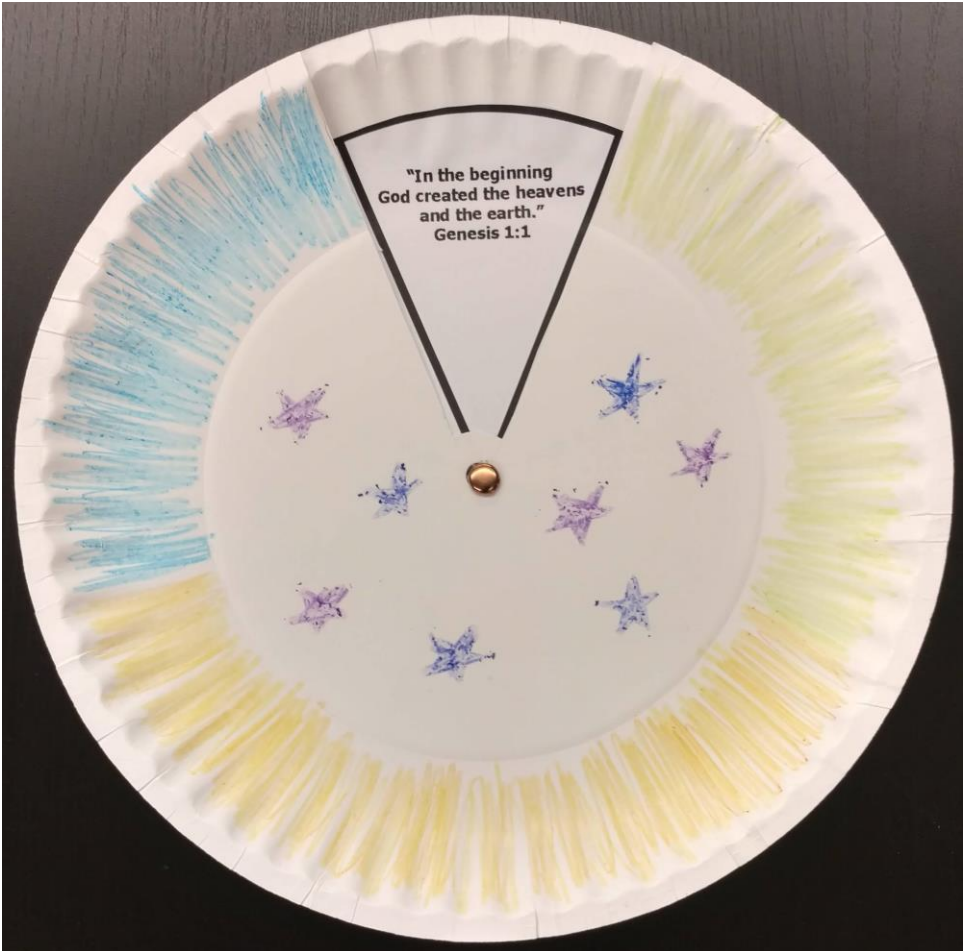
Day 7: Smiley face sticker for "happy rest"

Time or supplies are short? Print a copy of the "Time Is Short" Option with the shapes already added. Allow children to color the page and complete.

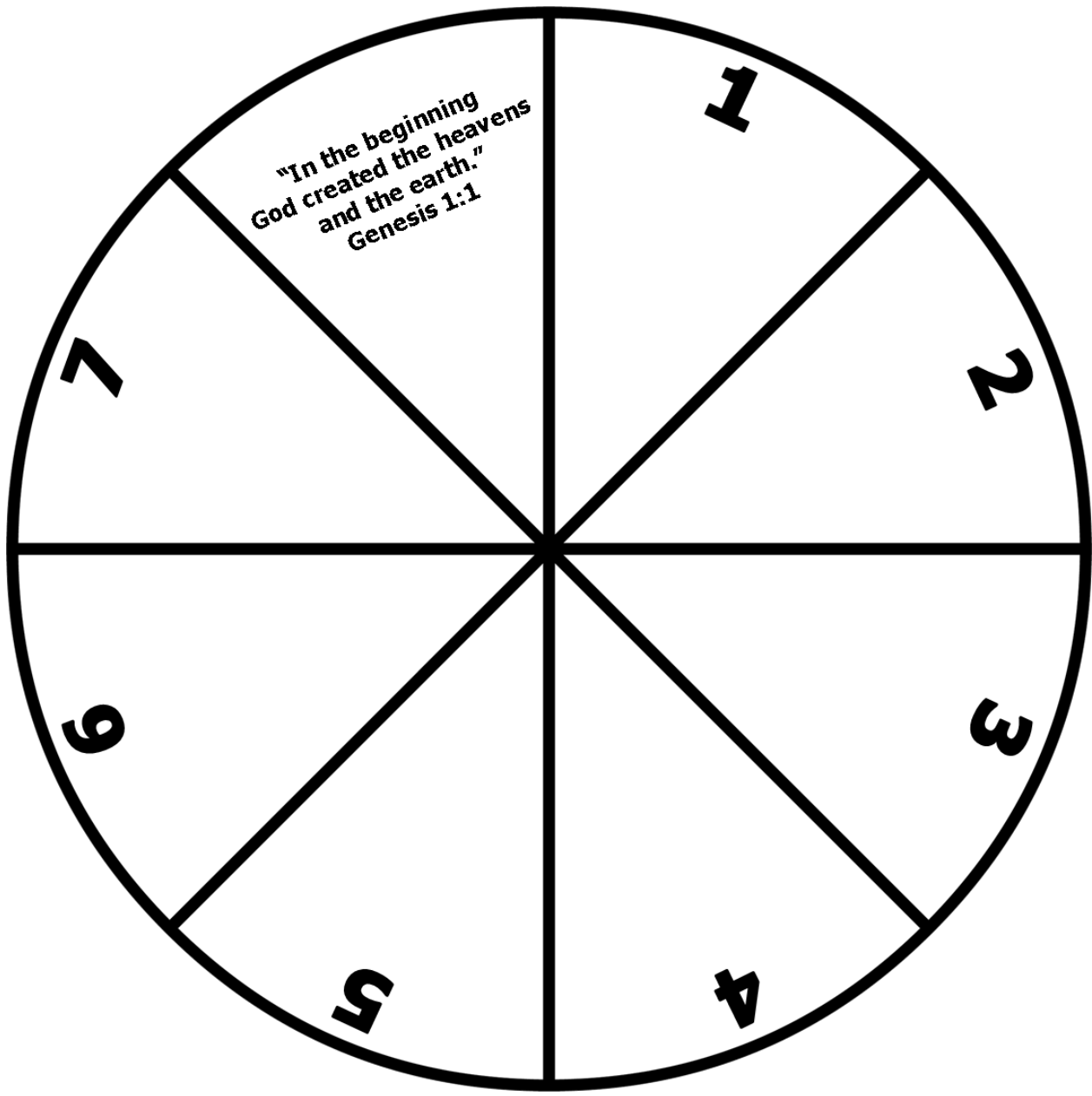
Directions:

1. **Each wedge stands for one of the seven days of the Creation Story. Let's talk about each day as we place the sticker of what was created on that day.**
2. Children may color the top plate while you are assisting them with the stickers.
3. Attach the black and white stickers onto the Day 1 Wedge (dark and light).
4. Attach the cloud sticker to the Day 2 Wedge (sky).
5. Attach the flower sticker to the Day 3 Wedge (plants).
6. Attach the star, moon, or sun sticker to the Day 4 Wedge (planets).
7. Attach the fish and/or bird sticker to the Day 5 Wedge (fish, birds).
8. Attach the animal or people sticker to the Day 6 Wedge (animals, people).
9. Attach the smiley face to the Day 7 Wedge (happy rest).
10. Place second plate on top.
11. A teacher or helper should attach the plates together at the center with the paper fastener.
12. Show children how to rotate the creation wheel and enjoy what God has created for us!

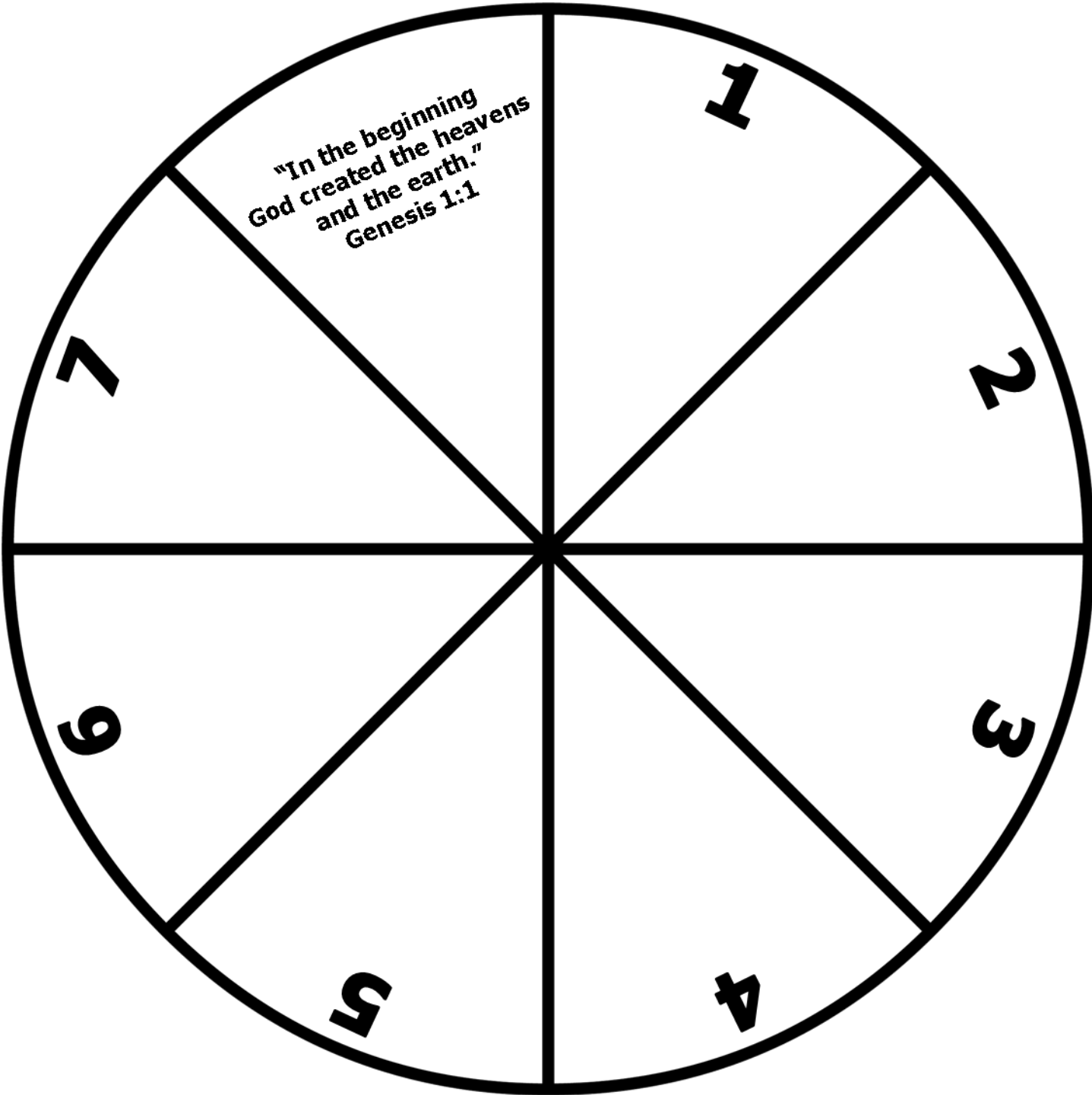
CRAFT SAMPLE

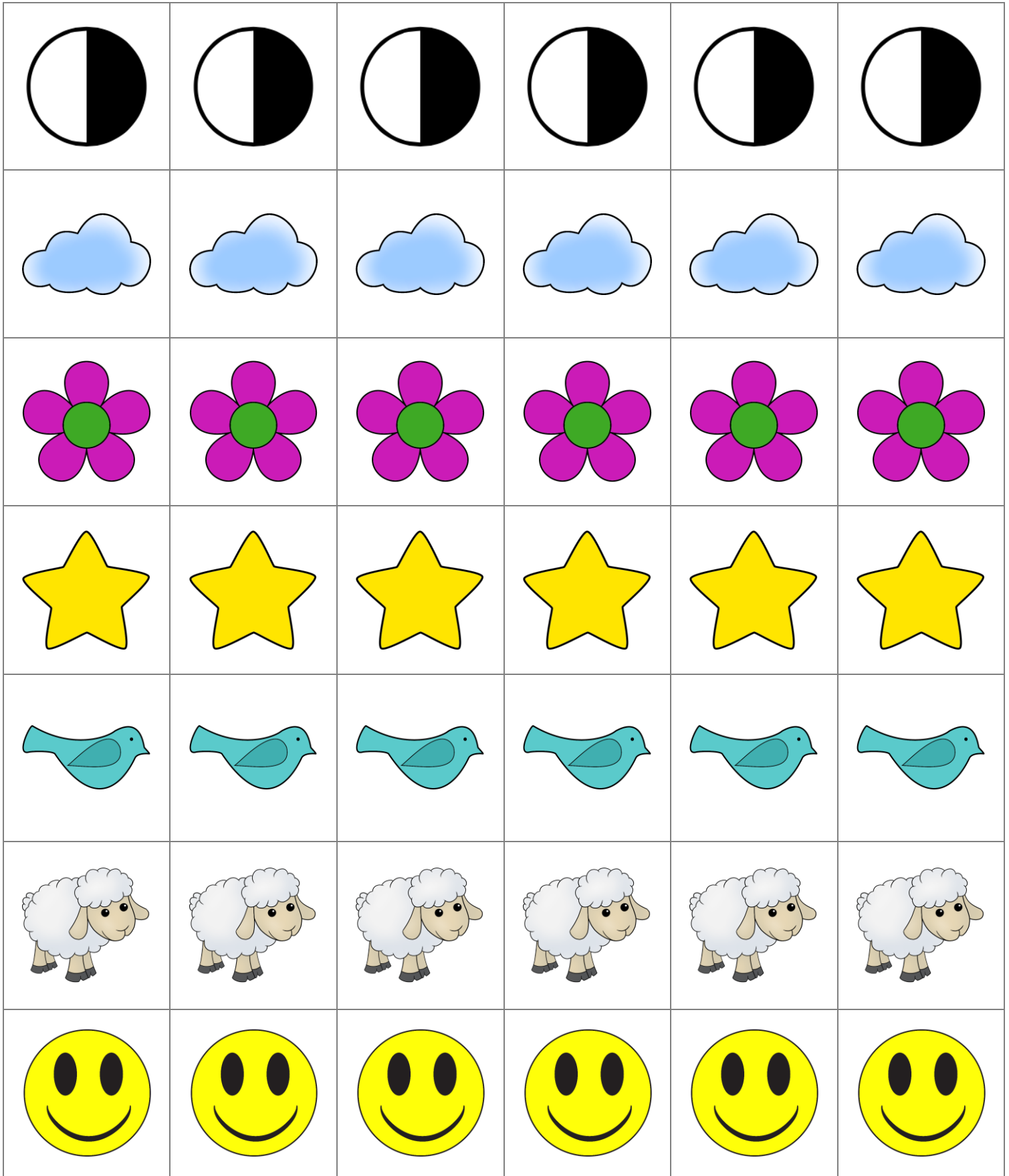


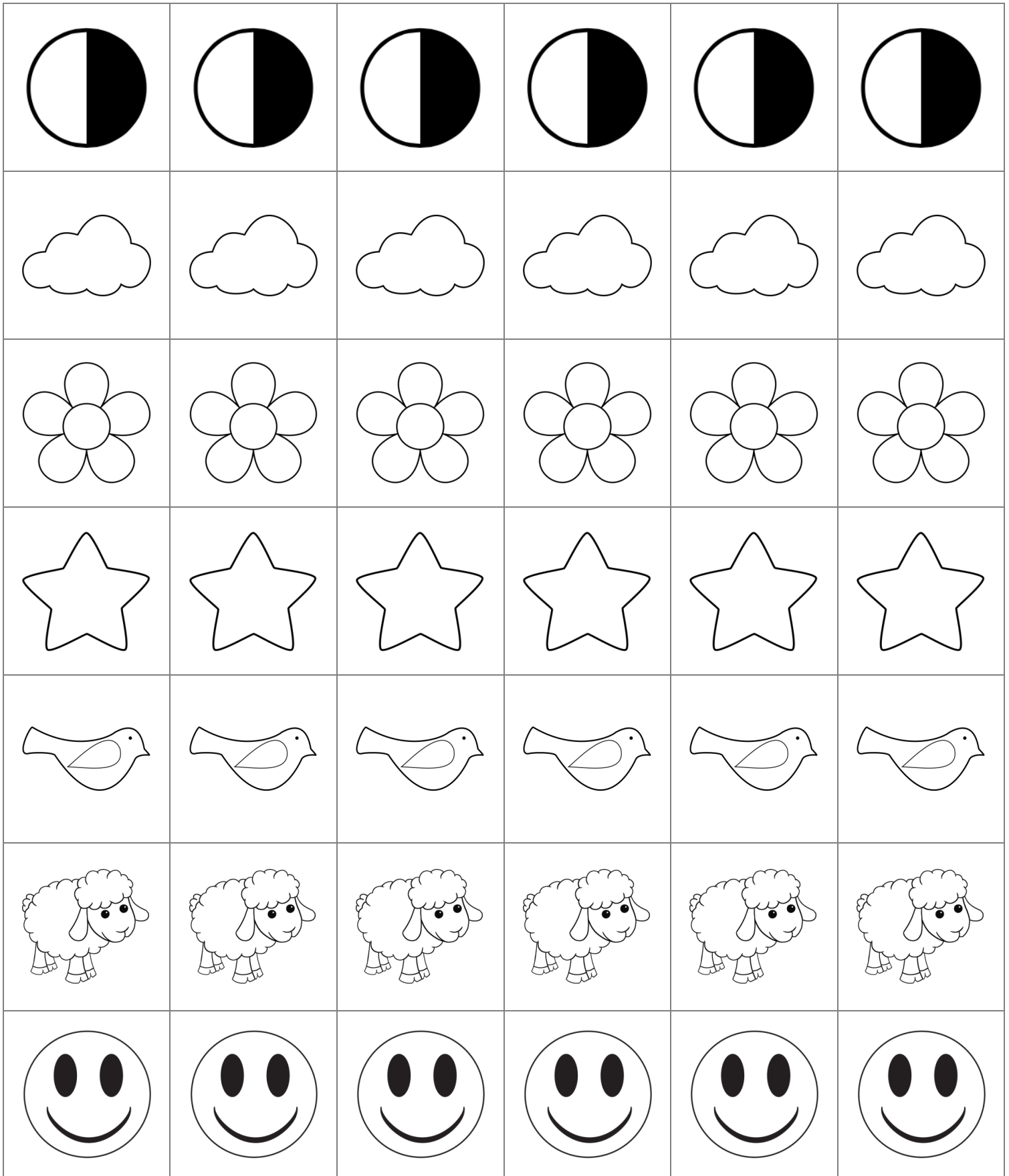
6 1/2 inch circle



7 1/2 inch circle







"TIME IS SHORT" OPTION

