



At-A-Glance: Ages 4-5
God of Wonders Part 2: Genesis - Joshua
Unit 5, Lesson 26

The Day of Rest

Lesson Aim: To know why
God wants us to rest.

THE WELCOME

TREASURE CHEST

WHISPER VERSE AND SIGN LANGUAGE: "God rested."

THE WORSHIP THE GOD WHO CREATES

Sing the Bible Memory Verse Song and other related songs.

It's Praise Time—our time to sing praise to God who created us. We've been learning about how God created the heavens and the earth. On the first day, God made light. Sing: "In the Beginning."

On the second day, God made the sky and clouds. On the third day, He made the land and seas. On the fourth day, He made the sun, moon, and stars. On the fifth day, God filled the sea with fish and sea creatures and He filled the air with birds, butterflies, and other flying things. Then on the sixth day, He filled the land with living creatures like pets, wild animals, and people like you and me! Finally, on the seventh day, God had finished creating the world, so He rested. That is today's Whisper Verse. Let's say it together. Review the Whisper Verse together: "God rested." Include sign language.

God wants us to rest one day each week. On that day, we think about who God is and what He has done. We learn about Him, sing songs to Him, and to give our offering to Him. Let's do that now as we praise Him for taking care of the world He has made. Sing: "He's Got the Whole World in His Hands" as the offering is collected.

OFFERING: Collect the offering.

God made an amazing world. Let's take a moment to be still and think about all God has made. Sing: "Be Still and Know."

WORSHIP ILLUSTRATION: *The Adventures of Delbert & Lello* puppet script or storybook

God rested on the seventh day. He blessed that day and made it holy. That means He made it to be a very special day to honor Him. On the day of rest, we can gather together and praise God. Sing: "Let Everything That Has Breath."

THE WORD GOD RESTED CLASSROOM PROMISE

Last time, we learned God made the first people—Adam and Eve. Today, we will hear what God did after He finished creating the world. Let's open our Bible to Genesis. Open to Genesis 2:3.

WATCH THE WORD: GENESIS 2:1-3

Read poem. Display visual.

- On the first day, God made day and night.
- On the second day, He made the clouds and the sky.
- On the third day, God made the land and the seas.
- He filled them with plants and fruits and trees.

- On the fourth day, God put the sun in the sky,
- With the moon and stars so we'd know day from night.
- On the fifth day, God put creatures in the sea and air—
- Fish and birds and flying creatures everywhere!

- On the sixth day, God made creatures to live on the land—
- Wild animals, creeping things, woman, and man.
- God's work was done, and on the seventh day He rested.
- He made the seventh day holy after He had blessed it.

What did God create during the first six days of the world? (Light, day, night, sky, land, seas, plants, planets, birds, fish, animals, and people.)

What did God do on the seventh day? (Rested.) Let's find our answer in the Bible. Read Genesis 2:3. Let's say our Whisper Verse together: "God rested." Include sign language or hand motions.

THE WAY OUR DAY OF REST

CRAFT: Creation Circle

GAMES: Creation Circle Resting Game, Rest and Roll

SNACK: Creation Celebration

CIRCLE OF PRAYER

FINAL FIVE MINUTES

- COMPLETED CRAFT
- PONDER, PRAY & PLAY
- COLOR THIS STORY

GOT TIME?

SAY & DO: Genesis 2:1-3

GAMES: Follow the Leader, Favorite Creation Games

BIBLE MEMORY VERSE ACTIVITY: In the Beginning
STORY TIME