



The Day of Rest

Lesson Aim: To know why God wants us to rest.

THE WORSHIP

Who God is: The God Who Creates

THE WORD

Bible Story: Genesis 2:1-3

What He has done: After God worked, He rested.

THE WAY

Whisper Verse: "God rested."

BIBLE MEMORY VERSE

"In the beginning God created the heavens and the earth.
 And God said, 'Let there be light,' and there was light." Genesis 1:1, 3

BIBLE MEMORY VERSE (Challenge Verse for older children)

"For You created my inmost being; You knit me together in my mother's womb.
 I praise You because I am fearfully and wonderfully made;
 Your works are wonderful, I know that full well." Psalm 139:13-14

Unit 5: The God Who Creates			
	Bible Story	What He Has Done	Lesson Aim
22	Creating the World: Days 1 & 2, Genesis 1:1-8	God made the heavens and the earth.	To know God created the heavens and the earth.
23	Creating the World: Days 3 & 4, Genesis 1:9-19	God made the land, sea, sun, moon, stars, plants, trees, and flowers.	To know how God filled the heavens and the earth.
24	Creating the World: Days 5 & 6, Genesis 1:20-31	God made the birds, sea creatures, animals, creeping things, and people.	To know how God created the living creatures.
25	Adam and Eve in the Garden, Genesis 2:15-22	God made Adam and Eve and placed them in the garden.	To know God created us for relationships with Him and with one another.
26	The Day of Rest, Genesis 2:1-3	After God worked, He rested.	To know why God wants us to rest.

TEACHER'S ENCOURAGEMENT

This week, read Psalm 147:1-20. Please join us in praying, "Lord, thank You for the world You have created. Help the children understand how You want them to spend their day of rest. Amen."

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**THE WORSHIP
THE WORD &
THE WAY**

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Picture Schedule Cards	Cards with picture illustrating the activities: WELCOME, WORSHIP, BIBLE, CRAFT, PRAYER, SNACK, GAMES, COLORING, GOING HOME. Envelope labeled FINISHED. Optional: To display schedule, use Velcro to attach laminated Picture Schedule cards to a felt board.
		Treasure Chest	Sticker of a heart
		Whisper Verse	Sign language for "God rested."
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	Unit 5 Bible Memory Verse Song: "In the Beginning" or "I Praise You" Other Bible Memory Verse Song Suggestions: "Be Still and Know" "I Will Listen" "Let Everything That Has Breath" "It's Praise Time" Additional Hymn Suggestion: "He's Got the Whole World in His Hands"
		Offering	Baskets
		Worship Illustration	God of Wonders Lesson 26 Delbert & Lello
THE WORD	Up to 10	Watch the Word: Genesis 2:1-3	Teacher's Bible with bookmark at Genesis 2:3 Visual: Basket with Unit 5 visual props: flashlight, flippers or snorkel mask, toy stuffed animal or a caged pet bird, garden trowel Flannel board/figures: All figures used in Unit 5 (land, sea, sun, plants, animals, fish, birds, flowers) Clay/play-dough: Smiley face with closed eyes
THE WAY:	Up to 25	Craft: Creation Booklet	Two paper plates, stickers, labels, paper fasteners, crayons or markers (including black), glue
		Circle of Prayer or Lord's Prayer	Lord's Prayer word and picture book
		Snack: Creation Celebration	Favorite snack from the unit: fruit, fish or animal crackers, gummy worms, etc.
		Unit 5 Games: Sand Search	Bin or container of clean sand, star shape, toy flower, toy fish, toy bird, toy bug, toy dog, and miniature doll
		Thumbs Up or Thumbs Down	None, optional: hand puppet or finger puppets
		Musical Chairs	Unit 5 Bible Memory Verse Song, CD player, chair for each child
		In the Beginning	Beanbag, pictures of nature (planets, seas, land forms, plants, creatures, etc.)
		Freeze Dance	Unit 5 Bible Memory Verse Song, CD player
		"And There Was Light"	Flashlight or nightlight
		Scenes from the Bible Barn	The Bible Barn scripts for Lessons 22-26
		Act it Out	Bible times clothing or stick puppets of Adam and Eve, clouds, stars or planets, plants, birds, fish, bugs, animals
	Final 5	Final Five	Daily Way (Adaptation): Unit 5, Lesson 26 Color This Story: "The Day of Rest"

RESOURCES: Supplemental materials are available at ResourceWell.org.



God rested

THE WELCOME

PICTURE SCHEDULE: WELCOME TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Welcome each child as they arrive. **Hello _____.** I'm glad you are here! Come and see what we are going to do today. Point to each card on the Picture Schedule board. **Today, we will WELCOME everyone. We will read the BIBLE story and make a CRAFT. We will have PRAYER time and eat a SNACK. We will play GAMES and enjoy COLORING a picture about today's story.**

Open the Treasure Chest to find today's treasure. Child unlocks the Treasure Chest to receive a sticker of a heart. **Let this sticker of a heart remind you that God rested after creating the world. He gave us a special day of rest for our hearts to feel His love and to think about Him. Today's Whisper Verse is "God rested."** Teach the Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.***

SIGN LANGUAGE: "God rested."

(For visual demonstrations, see www.signingsavvy.com.)

Each time we say today's Whisper Verse, let's say it with 2 hand motions:

- "God"** The hand is raised to the heavens and then downward in a sign of respect.
- "rested."** The hands cross and rest on the shoulders. The shoulders also drop to show a relaxed person.

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

**"Clean Up Song": Clean up! Clean up! Everybody, everywhere!
 Clean up! Clean up! Everybody do your share!**

Gather and seat children in Praise Time area.

***Today's Whisper Verse:** "God rested," Genesis 2:2. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



The God who creates **THE WORSHIP**

PICTURE SCHEDULE: WORSHIP TIME

WELCOME > **WORSHIP** > **BIBLE** > **CRAFT** > **PRAYER** > **SNACK** > **GAMES** > **COLORING** > **GOING HOME**

Choose a child to remove the WELCOME picture card and place it in the FINISHED envelope. **We have finished our Welcome Time. Now, we will have our Worship Time.**

Children may worship in a large group with other classes or in a quiet room with a worship CD or DVD.

Teacher Tip: To help children identify time set aside for worship, play “It’s Praise Time!” as children move to a designated place for praise songs, offering, and the worship illustration. Children who are nonverbal may enjoy participating in the music by playing children’s percussion instruments such as maracas, jingle bells, wood blocks, or small tambourines. Children who are sensitive to sound may prefer to wear noise reduction headphones.



It’s Praise Time—our time to sing praise to God who created us. We’ve been learning about how God created the heavens and the earth. On the first day, God made light. Sing: “In the Beginning.”

On the second day, God made the sky and clouds. On the third day, He made the land and seas. On the fourth day, He made the sun, moon, and stars. On the fifth day, God filled the sea with fish and sea creatures and He filled the air with birds, butterflies, and other flying things. Then on the sixth day, He filled the land with living creatures like pets, wild animals, and people like you and me! Finally, on the seventh day, God had finished creating the world, so He rested. That is today’s Whisper Verse. Let’s say it together. Review the Whisper Verse together: “God rested.” Include sign language.

God rested. God wants us to rest one day each week. On that day, we think about who God is and what He has done. We gather to learn about Him, sing songs to Him, and to give our offering to Him. Let’s do that now as we praise Him for taking care of the whole world He has made. Sing: “He’s Got the Whole World in His Hands” as the offering is collected.

God made an amazing world. Let’s take a moment to be still and think about all God has made. Sing: “Be Still and Know.”



Let’s see if our friends, Delbert and Lello, know what God did on the seventh day after He created the heavens and the earth. Perform *The Adventures of Delbert and Lello* puppet script or read storybook: God of Wonders Unit 5, Lesson 26.*



God rested on the seventh day. He blessed that day and made it holy. That means He made it to be a very special day to honor Him. On the day of rest, we can gather together and praise God. Sing: “Let Everything That Has Breath.”

* May substitute Lesson 26 Bible Barn script or storybook.



God rested

THE WORD

PICTURE SCHEDULE: BIBLE TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WORSHIP picture card and place it in the FINISHED envelope. **We have finished our Worship Time. Now, we will have our Bible Time.**

Last time, we learned God made the first people—Adam and Eve. Today, we will hear what God did after He finished creating the world and everything in it. Let's open our Bible to the first book of the Bible, Genesis. Handle Bible as a special treasure, leaving it open to Genesis 2:3.

WATCH THE WORD: GENESIS 2:1-3

Read the points below or retell the passage in your own words using the points below as a general guide. To illustrate the story, use previous visual aids from Unit 5 (lessons 22-25) such as a flashlight, flippers or snorkel mask, toy stuffed animal or a caged pet bird, and a garden trowel. Have children assist by placing Bible Story figures on a flannel board. Other visual options include Color This Story or a related picture. Optional: To help children focus, have them create a smiley face with closed eyes from clay or play dough as they listen.

- **On the first day, God made day and night.**
- **On the second day, He made the clouds and the sky.**
- **On the third day, God made the land and the seas.**
- **He filled them with plants and fruits and trees.**

- **On the fourth day, God put the sun in the sky,**
- **With the moon and stars so we'd know day from night.**
- **On the fifth day, God put creatures in the sea and air—**
- **Fish and birds and flying creatures everywhere!**

- **On the sixth day, God made creatures to live on the land—**
- **Wild animals, creeping things, woman, and man.**
- **God's work was done, and on the seventh day He rested.**
- **He made the seventh day holy after He had blessed it.**

What did God create during the first six days of the world? (Light, day, night, sky, land, seas, plants, planets, birds, fish, animals, and people.)



What did God do on the seventh day of the world He had made? (He rested.) Let's find our answer in the Bible. Read Genesis 2:3 from the teacher's Bible. **Let's say our Whisper Verse together: "God rested."** Include sign language or hand motions.



Our day of rest

THE WAY

PICTURE SCHEDULE: CRAFT TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the BIBLE picture card and place it in the FINISHED envelope. **We have finished our Bible Time. Now, it is Craft Time.**

CRAFT: GOD'S CREATION BOOKLET

Purpose: To participate in active rest by creating a way to remember God's 7 days of creation.

Supplies needed per child:

- Creation booklet (on white sturdy paper and stapled) printed with pictures of the seven days of creation and labeled: **God's Creation**
- Yellow and black crayons
- Cotton ball
- Star sticker
- Smiley face sticker
- Fish and bird stamps
- Animal stamps
- Stamp pad
- Crayons or markers

Each page stands for one of the seven days of the Creation Story. Let's talk about each day as we decorate each page.

Directions:

1. Open booklet to Day One and color the picture using only yellow and black crayons.
2. On Day Two page, attach cotton ball to clouds and color.
3. On Day Three page, color the picture.
4. On Day Four page, attach star sticker to page.
5. On Day Five page, stamp page with fish and bird stamps.
6. On Day Six page, color the picture.
7. On Day Seven page, attach smiley face sticker and rest.
8. Color pages as time allows or take the booklet home to color.

Look at all of the pages of the booklet and enjoy what God has created for us!

THE WAY *continued...*



CIRCLE OF PRAYER/THE LORD'S PRAYER

PICTURE SCHEDULE: PRAYER TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the CRAFT picture card and place it in the FINISHED envelope. **We have finished our Craft Time. Now, it is Prayer Time.**

God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.

Dear God, thank You for making us and loving us. We lift up to You a special prayer for ____, ____, ____ (say every name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen. You may add the Lord's Prayer with the word picture book.

PICTURE SCHEDULE: SNACK TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the PRAYER picture card and place it in the FINISHED envelope. **We have finished our Prayer Time. Now, it is Snack Time.**

Teacher Tip: It is important to keep a record of all dietary restrictions and allergies accessible. Some parents may prefer to bring their child's snack. Depending on the dietary needs of your classroom, you may determine it is best to omit snack time completely.

SNACK: CREATION CELEBRATION

Purpose: Children will celebrate all God has created.

Snack Suggestion: Animal crackers

Directions:

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.
God our Father, God our Father. Once again, once again.
Thank You for our blessings. Thank You for our blessings. Amen. Amen.
3. Lead discussion below while children enjoy their snack.
 - **Who remembers the Whisper Verse?** ("God rested.") **Let's say it together. To rest means to stop working. God stopped working on the seventh day because He had finished creating the world.**
 - **God wants us take a special day of rest each week. On our day of rest, we think about who God is and what He has done. It is not meant to be boring. Whatever you do on your day of rest, keep God first in your thoughts. Thank Him for everything you see and hear throughout the day.**
 - **On our day of rest, we take time to come to church and learn about God together. That gives rest to our hearts. What do you like most about going to church?** (Children respond.)
 - **CREATION CARE:** Think of ways you can recycle to protect God's creation. Save your used disposable cups, paper lunch bags, or paper towel rolls. Reuse them in future craft projects. Take a walk to see all God has made. As you walk, thank God for each thing He has created.

THE WAY (GAME OPTIONS)

UNIT 5 GAME OPTIONS

Play one or more of the activities below until the last five minutes of class then proceed to Final Five.

PICTURE SCHEDULE: GAMES TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > **GAMES** > COLORING > GOING HOME

Choose a child to remove the SNACK picture card and place it in the FINISHED envelope. **We have finished our Snack Time. Now, is our time to play Games.**

GAME: SAND SEARCH

Purpose: This sand sifting activity soothes children. The items in the bin can be used to introduce the Bible stories or the Unit 5 Worship Attribute: The God Who Creates.

Supplies: Bin or container of clean sand, star shape, toy flower, toy fish, toy bird, toy bug, toy dog, and miniature doll

Prepare: Place all items beneath the surface of the sand.

Directions:

1. Children take turns reaching into the sand in search of the objects.
2. Teacher and children discuss each object as it is located.
3. When all the objects have been located, display them on a tabletop or on the surface of the sand.
4. Children feel each item as the teacher explains their connection to the Unit 5 Bible stories. The stars remind us that God created the sky and filled it with stars. The flower reminds us that God created the land and filled it with plants and other living things. The fish reminds us that God created the seas and filled them with fish and other sea creatures. The bug reminds us that God created all creeping things. The dog reminds us that God created all the creatures and people in the world.

GAME: THUMBS UP OR THUMBS DOWN?

Purpose: This nonverbal true-false game helps children master the Bible story or the Unit 5 Bible Memory Verse.

Supplies: None, optional: hand puppet or finger puppets

Directions:

1. Teacher or puppet retells today's Bible story or Bible Memory Verse, pausing after each phrase to say, "Thumbs up or thumbs down?"
 - If retelling the Bible story, read it in phrases. For some phrases, state accurate descriptions. For other phrases, replace the truth with silly facts. For example, say, **In the beginning, on the first day, God created people. Thumbs up or thumbs down?** Children respond with thumbs down. **In the beginning on the first day, God created light. Thumbs up or thumbs down?** Children respond with thumbs up.
 - If reviewing the Bible Memory Verse, read it in phrases. For some phrases, read it correctly. For other phrases, replace a word with another word that makes no sense. For example, say, **In the beginning, angels created the heavens and the earth. Thumbs up or thumbs down?** Children respond with thumbs down. **"In the beginning, God created the heavens and the earth." Thumbs up or thumbs down?** Children respond with thumbs up.

THE WAY (GAME OPTIONS) *continued...*

GAME: MUSICAL CHAIRS

Purpose: This version of Musical Chairs familiarizes children with the Unit 5 Bible Memory Verse Song.

Supplies: Unit 5 Bible Memory Verse Song "In the Beginning" or "I Praise You," CD player, chair for each child

Prepare: Set chairs back-to-back in a row.

Teacher Tip: In this version of musical chairs, no chair is removed; all the children remain in the game. Leave one or more spaces at the end of the row of chairs for any children in wheelchairs. Encourage quick listening and affirm those who are the first to hear the music stop and are seated.

To practice our Bible Memory Verse Song, let's play Musical Chairs.

Directions:

1. As the Bible Memory Verse Song plays, children march around the row of chairs and sing.
2. The teacher stops the music at different times during the song.
3. When the music stops, children find the nearest chair and sit immediately.

GAME: IN THE BEGINNING

Purpose: To help children give thanks for God's creation.

Supplies: Beanbag, pictures of nature (planets, seas, land forms, plants, creatures, etc.)

Directions:

1. Sit in a circle with the children.
2. Display various pictures of nature on the floor in the center of the circle.
3. **In the beginning God created the heavens and the earth. Let's take turns thanking God for the many things He has created. You may point to something God created, or say its name.**
4. Toss the beanbag to one of the children in the circle.
5. Child gives thanks, naming one thing God created (trees, flowers, dogs, bugs, people): **"Thank You, God, for _____."**
6. If a child communicates non-verbally, assist him or her in pointing to a picture or using sign language to give God thanks.
7. Child tosses the beanbag to another child.
8. Repeat until each child has a turn.

THE WAY (GAME OPTIONS) *continued...*

GAME: FREEZE DANCE

Purpose: To practice the Unit 5 Bible Memory Verse Song.

Supplies: Unit 5 Bible Memory Verse Song "In the Beginning" or "I Praise You," CD player

To practice our Bible Memory Verse Song, let's play Freeze Dance. When you hear the music stop, be sure to stop and freeze.

Directions:

1. Children dance as the Bible Memory Verse Song is played.
2. Have a helper periodically pause the music.
3. When the music stops, everyone "freezes" (stops in place and doesn't move). When the helper restarts the music, the children begin dancing again.
4. Play as long as you like.

GAME: "AND THERE WAS LIGHT!"

Purpose: Children connect the spoken command with the resulting creation.

Supplies: Flashlight or nightlight

Note: To avoid frightening children with complete darkness, turn on a flashlight or nightlight before turning off the lights.

Directions:

1. Child turns off the lights.
2. Children say together: **"In the beginning God created the heavens and the earth. And God said, 'Let there be light.'"**
3. Child turns on the lights and says: **"And there was light!"**
4. Repeat until each child has a turn at the light switch.

Option: To extend this game to include more of God's creation, have children crouch on the floor as shapeless lumps of clay. The teacher names a creature. The children, then, pretend to come to life as that creature. For example, if the teacher says, **"Let there be frogs,"** together the children say, **"And there were frogs."** The children jump and croak like frogs. Play several times suggesting a different animal each time, such as dogs, cats, snakes, monkeys, sheep, lions, fish, and birds.

GAME: SCENES FROM THE BIBLE BARN

Purpose: To learn applications of the Unit 5 Bible stories, older children act out The Bible Barn scripts.

Supplies: The Bible Barn scripts for Lessons 22-26

Directions:

1. Choose the script that corresponds with today's Bible story.
2. Assign each child a character name and improvise so all the children can be their favorite character, a new character, or just take turns being the same character.
3. Act it out!

THE WAY (GAME OPTIONS) *continued...*

GAME: ACT IT OUT

Purpose: To help learn the Unit 5 stories, children act them out in costumes or with stick puppets.

Supplies: Bible times clothing or stick puppets of Adam and Eve, clouds, stars or planets, plants, birds, fish, bugs, animals

Optional: Children can wear costumes and act out the story or they can hold craft sticks with the story characters attached. You may choose one or more stories.

Directions: With each phrase, the teacher says phrase and acts it out with hand motions, then repeats the same phrase and motions with the children.

CREATING THE WORLD: DAYS 1 & 2

- **In the beginning God did create** (Point upward to God in heaven.)
- **The heavens and the earth.** (Use hands to make a round earth shape.)
- **Then God said, "Let there be light."** (Cup hands at mouth, as if calling to someone.)
- **God saw it was good. And He was right.** (Thumbs up.)

- **Then God called the light, "day."** (The middle finger is flicked by the front of the mouth.)
- **He called the darkness, "night."** (Rest cheek on folded hands.)
- **That was the first day and night.** (Display index finger.)
- **On the second day, He made the sky!** (Point to the sky.)

CREATING THE WORLD: DAYS 3 & 4

- **On the first day,** (Raise index finger.)
- **God made light.** (Point to open eyes.)
- **On the second day,** (Raise two fingers.)
- **God made the sky.** (Point to sky.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

- **On the third day,** (Raise three fingers.)
- **God made land and seas.** (Move hands in wavy sea motion.)
- **He filled the land** (Spread arms far apart.)
- **With plants and fruit trees.** (Pretend to pick and eat an apple.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

- **On the fourth day,** (Raise four fingers.)
- **God put the sun in the sky** (Point to sky and shield eyes.)
- **With the moon and stars** (Wiggle fingers like twinkling stars.)
- **So we'd know day from night.** (Lay head on folded hands, as if sleeping.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

* Sign language for "good": One palm moves forth from the mouth to the palm of other hand (as if something tasted is judged as good and offered to others).

THE WAY (GAME OPTIONS) *continued...*

CREATING THE WORLD: DAYS 5 & 6

- **On the first day, God made light.** (Raise index finger, point to open eyes.)
- **On the second day, God made the sky.** (Raise 2 fingers. Point to sky.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

- **On the third day, God made land and seas.** (Raise 3 fingers. Make wave motions.)
- **He filled them with plants and fruits and trees.** (Pretend to pick and eat an apple.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

- **On the fourth day, God put the sun in the sky** (Raise 4 fingers, point up, shield eyes.)
- **With the moon and stars so we'd know day from night.** (Wiggle fingers as twinkling stars.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

- **On the fifth day, God put birds in the air,** (Raise 5 fingers.)
- **Fish in the sea and flying things everywhere!** (Flap wings.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

- **On the sixth day, God made the creatures on the land,** (Raise 6 fingers.)
- **Wild animals, creeping things, woman, and man.** (Thumbs up.)
- **And God saw that it was good.** (Thumbs up or sign language.*)

* Sign language for "good": One palm moves forth from the mouth to the palm of other hand (as if something tasted is judged as good and offered to others).

ADAM AND EVE IN THE GARDEN

- **God made Adam from the dirt on the ground,** (Pretend to scoop dirt into hand.)
- **He was the first man, so no one else was around.** (Hold up one index finger.)
- **God gave him the job of caring for the land.** (Dig with an imaginary shovel.)
- **But, Adam was alone, and he needed a friend.** (Fold arms, as if sad to be alone.)

- **So, God sent animals for Adam to name.** (Hold and pet an imaginary bunny.)
- **But, he needed a friend to be a bit more the same.** (Shake head no.)
- **When Adam was asleep, God took a rib from him.** (Rest cheek on folded hands.)
- **From it, God made a helper named Eve to be his friend.** (Put hands on heart.)

THE DAY OF REST

- **On the first day, God made day and night.** (Raise index finger, point to open eyes.)
- **On the second day, He made the clouds and the sky.** (Raise 2 fingers. Point to sky.)
- **On the third day, God made the land and the seas.** (Raise 3 fingers. Make wave motions.)
- **He filled them with plants and fruits and trees.** (Pretend to pick and eat an apple.)

- **On the fourth day, God put the sun in the sky** (Raise 4 fingers, point up, shield eyes.)
- **With the moon and stars so we'd know day from night.** (Wiggle fingers as twinkling stars.)
- **On the fifth day, God put creatures in the sea and air—** (Raise 5 fingers.)
- **Fish and birds and flying things everywhere!** (Flap wings.)

- **On the sixth day, God made creatures to live on the land—** (Raise 6 fingers.)
- **Wild animals, creeping things, woman, and man.** (Point to each other.)
- **God's work was done, so on the seventh day He rested.** (Rest cheek on folded hands.)
- **He made the seventh day holy after He had blessed it.** (Raise 7 fingers, fold hands in prayer.)

THE WAY (GAME OPTIONS) *continued...*



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

PICTURE SCHEDULE: COLORING TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the GAMES picture card and place it in the FINISHED envelope. **We have finished our Game Time. Now, is our time for coloring the picture of today's story.**

COMPLETED CRAFT: Take home your "Creation Booklet" craft. Use it to tell someone the story of creation.

DAILY WAY (ADAPTATION FOR CHILDREN WITH DISABILITIES): Distribute this version of the Daily Way, if available. **Show the Daily Way to your family. Talk about ways to spend your day of rest.**

COLOR THIS STORY: "The Day of Rest." Discuss the Bible story and play the Unit 5 Bible Memory Verse Song "In the Beginning" or "I Praise You" as the children color.

As coloring is completed or parents arrive:

PICTURE SCHEDULE: GOING HOME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the COLORING picture card and place it in the FINISHED envelope. **We have finished our Coloring Time. Now, it is time for Going Home.**

THE DAILY WAY

Unit 5, Lesson 26: The Day of Rest

PONDER! Read Genesis 2:1-3 with your family. On the seventh day, after creating the world, God rested. To rest means to stop working. On our day of rest, we think about who God is and what He has done. Playing games, watching a movie, visiting together, or taking a walk can be ways of resting if the focus is on God. What is your family's favorite way to rest?

PRAY! Pray this prayer each day this week: "God, thank You for blessing the seventh day and making it holy. Show us how to rest from work and enjoy all that You have done. Amen."

PLAY! When God made the seventh day holy, He gave it a special godly purpose. Set aside a day each week to be given especially to God. Worship Him together that day. Brainstorm ways to make it a special day of rest and take time to think about God and all He has made and done.

Unit 5 Bible Memory Verse:

"In the beginning God created the heavens and the earth.
And God said, 'Let there be light,' and there was light." Genesis 1:1, 3

Unit 5 Bible Memory Challenge Verse:

"For You created my inmost being; You knit me together in my mother's womb.
I praise You because I am fearfully and wonderfully made;
Your works are wonderful, I know that full well." Psalm 139:13-14