



Cain and Abel

Lesson Aim: To know God wants us
to be loving toward others.

THE WORSHIP

Who God Is: The God Who Provides

THE WORD

Bible Story: Genesis 4:2b-7a

What He Has Done: God showed mercy and justice to Cain.

BIBLE MEMORY VERSE

"I will always obey Your law." Psalm 119:44a

Unit 6: The God Who Provides			
	Bible Story	What He Has Done	Lesson Aim
27	Adam and Eve Disobey, Genesis 3:1-13	God gave fair punishment to Adam, Eve and the serpent.	To know God wants us to obey Him.
28	Cain and Abel, Genesis 4:2b-7a	God showed mercy and justice to Cain.	To know God wants us to be loving toward others.
29	Noah Builds an Ark, Genesis 6:5, 7-9, 14, 19, 22; 7:16-18, 23-24; 8:1, 7-12; 9:13-15	God provided a way to save Noah and the animals.	To know God will provide.
30	The Tower of Babel, Genesis 11:1-9	God stopped the builders when they tried to be more powerful than Him.	To know we are to act in ways which show God's greatness.
31	Abram Goes to a New Land, Genesis 12:1-8	God called Abram and promised to bless him.	To know we can trust and obey God's direction.

TEACHER'S ENCOURAGEMENT

This week, read 1 John 4:7-21. Please join us in praying, "Thank You, Lord, for relationships with family, friends, and with You. Forgive and remove our jealousies. Help the children love You and others as well. Amen."

TEACHER'S TIP

Wrap it up! The end of class is a great time to gather the children and talk about what they've learned. Sing the Bible Memory Verse Song. Ask the children to tell you the story. Show them the pictures in the storybook to help them remember details. Practice the Bible Memory Verse with the motions.



Segment	Minutes	Activity	Supplies
THE WELCOME		Welcome	Treasure chest, stamp or sticker of a heart
		Coloring Center: Cain and Abel	Coloring pages of Cain and Abel, crayons
		Play-Dough Center: Thank You, God	Play-dough, cookie cutters, play-dough tools
		Puppet Center: Love One Another	3-4 people puppets
		Activity Center: Loving God and Others	Any toy or activity center
		Preparing for Worship	None
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	Praise music, optional: musical instruments Unit 6 Bible Memory Verse Song: "I Will Always Obey Your Law" Other Bible Memory Verse Song Suggestions: "Blessed Are Those" "I Lift Up My Eyes" (BMVS Ages 6-12) "I Will Listen" "Let Everything That Has Breath" "Praise Time: Love the Lord Your God" Additional Song Suggestions: "Mr. Noah Had an Ark" by Little Praise Party "What a Mighty God We Serve" "Who Built the Ark?"
		Offering	Baskets
		Worship Illustration	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: God of Wonders Unit 6, Lesson 28
THE WORD	Up to 10	Watch the Word: Genesis 4:2b-7a	Teacher's Bible with bookmark at Genesis 4:7a Visual: Picture of the Bible story, offering basket
THE WAY	Up to 25	Craft: "I Love You" Heart Puzzle	Pink sturdy paper, foam heart (2 inches or smaller), heart sticker, business size envelope, crayons or markers (Template available at ResourceWell.org.)
		Game: I Have a Friend	Small beach ball
		Game: Bubble Blessings	Bubble solution, bubble wand
		Snack: Thank You For Blessings	A heart-shaped snack they can share
	Final 5	Final Five	Ponder, Pray & Play: Unit 6, Lesson 28
GOT TIME?	Up to 10	Say & Do: Genesis 4:2b-7a	None
	Up to 10	Game: Freedom Walk	Unit 6 Bible Memory Verse Song "I Will Always Obey Your Law"
	Up to 10	Game: Say It!	None
	Up to 10	Story Time	Any story about loving one another

RESOURCES: Supplemental materials are available at ResourceWell.org.



The God who provides **THE WELCOME**

WELCOME

Welcome each child as they arrive. **Hello _____. I'm glad you are here! Come open the Treasure Chest to find today's treasure.** Child unlocks the Treasure Chest to receive a stamp or sticker of a heart. **Let this stamp (or sticker) of a heart remind you to love one another.**

Teacher's Note: These activity centers are designed to reinforce the lesson through hands-on learning experiences either individually or in small groups with the guidance of the teacher. Choose the Bible Activity Centers that best suit the children in your class. Set up the activity centers around the room before children arrive. Allow children to move freely among them.

COLORING CENTER: CAIN AND ABEL

SUPPLIES

Coloring pages of Cain and Abel, crayons

DO

Children color their pictures while talking about the story.

TALK ABOUT

In our Bible Story today, we will hear about two of Adam and Eve's sons. Their names were Cain and Abel. Do you have a brother or sister? (Children respond.) **How do you show your brother or sister you love them?** (Children respond.)

PLAY-DOUGH CENTER: THANK YOU, GOD

SUPPLIES

Play-dough, cookie cutters, play-dough tools

DO

Children make offerings to God with the play-dough.

TALK ABOUT

In today's story, Cain and Abel were supposed to give their very best offering to God. An offering is anything we give to God to thank Him for loving us. What is something you could give to God to show you love Him? (Children respond.) **Can you make a pretend one out of play-dough?** (Children respond.)

THE WELCOME *continued...*

PUPPET CENTER: LOVE ONE ANOTHER

SUPPLIES

3-4 people puppets

DO

Use the puppets to act out ways we can show love to one another.

TALK ABOUT

God wants us to be loving to each other. Have you ever shown someone you loved them? How did you show them love? (Children respond.) **Let's act out ways we can show love with puppets.**

Teacher's Note: Choose situations not only where children can easily show love but also where they may find it more difficult to show love when others receive good things and maybe they did not.

Sample situations:

- Janis fell and hurt her knee. How could you show love to Janis?
- Anne is happy because she has a new toy. How could you show love to Anne?
- John is visiting our class for the very first time. How could you show love to John?
- Bruce is happy because he won the game you were playing together. How could you show love to Bruce?

ACTIVITY CENTER: LOVING GOD AND OTHERS

SUPPLIES

Any toy or activity center

DO

Children play while talking about how we can give God our best.

TALK ABOUT

How can we show God we love Him? (Pray, read the Bible, sing praises, etc.) **How can we show others we love them?** (Help each other, tell others about Jesus, etc.) **When you work together** insert activity the children are doing, such as building a tower or preparing lunch **you are showing love for God and for each other. What else could you do together?** (Children respond.)

PREPARING FOR WORSHIP

Once the service has begun, clean up and begin the planned activities.

Let's sing the "Clean Up Song" as we put toys away. Praise any child who helps.

Clean up! Clean up! Everybody, everywhere!

Clean up! Clean up! Everybody do your share!

BIBLE MEMORY VERSE SIGN LANGUAGE

(For visual demonstrations, see www.signingsavvy.com)

**"I will
always
obey
Your law."**

Psalms 119:44a

(I) Point to self.
Hold your index finger in the air, palm up, and draw a couple of large circles.
Place fists at forehead. Open fists as you move outward, staying level with forehead.
(law) Touch the palm of the right "L" hand to the left flat-hand palm. Pull it off, move it down an inch or two and touch the left palm again.
Hold hands open, as if holding a Bible.



The God who provides

THE WORSHIP

Supplies: Praise music, optional: musical instruments

Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play "Praise Time: Love the Lord Your God" as children move to that designated area.



When we come to church and praise God, we are showing our love for Him. Let's pray and tell God how much we love Him. Have the children bow their heads and close their eyes. Dear God, we love You so much. Help us show Your love to others. Amen.



Today, in our Bible story, we will hear how Cain and Abel were supposed to give their very best offering to God. Abel obeyed and gave the very best he had. We want to be like Abel and give our very best offering to God. At Praise Time, there are many offerings we can give, including singing songs of praise to God. Let's do that right now. Sing: "Let Everything That Has Breath."

Some of you brought money for an offering. Let's collect your money offering now while we sing another offering of praise. God blesses those who give Him their best. Sing: "Blessed Are Those" as the offering is collected.



Let's see if our friends Delbert and Lello know about the brothers, Cain and Abel. Perform *The Adventures of Delbert and Lello* puppet script or read storybook: God of Wonders Unit 6, Lesson 28.



Psalm 119:44a says, "I will always obey your law." To obey means to follow the rules. We can show God we love Him by following His rules. Practice with the motions.

**"I will
always
obey**

(I) Point to self.

Hold your index finger in the air, palm up, and draw a couple of large circles. Place fists at forehead. Open fists as you move outward, staying level with forehead.

Your law."

(law) Touch the palm of the right "L" hand to the left flat-hand palm. Pull it off, move it down an inch or two and touch the left palm again.

Psalm 119:44a

Hold hands open, as if holding a Bible.



Sing: "I Will Always Obey Your Law."



Cain and Abel

THE WORD

Supplies: Teacher's Bible with bookmark at Genesis 4:7a, picture of the Bible story, offering basket

Before we begin our Bible Time, let's say our Classroom Promise with the motions.

With my eyes on my teacher;	Point to eyes.
My mouth quiet as can be,	Place index finger over mouth as quiet sign.
I will listen to hear,	Cup hand around ear.
How God loves you and me.	Hug self, point to others, and then self.

Let's reach deep in our pockets and pull out our listening ears. Reach in your pocket and cup your hands behind your ears as if listening.

Hold up the offering basket. **Who can tell me what this is?** (Basket or offering basket.) **Some of you brought money which we will collect in this basket. We call that money an offering; it is a gift to God. There are many things we can give to God as an offering. We can sing songs to praise Him, we can spend time talking with Him in prayer, or one great offering is to obey God by loving one another. Whatever we offer God, we always want to give Him our best.**

Today, we will hear about two brothers who gave offerings to God. One of them pleased God and the other did not. Let's find out what happened. Handle Bible as a special treasure, leaving it open to Genesis 4:7a.



WATCH THE WORD: GENESIS 4:2B-7A

Read the story below or retell the passage in your own words. To illustrate the story, show a picture of the Bible story from a children's Bible, the coloring page, or other source.

- **Cain and Abel were brothers.**
- **Cain farmed the land all day.**
- **He gathered some crops as an offering,**
- **And gave them to the Lord one day.**

- **Abel also brought an offering to the Lord.**
- **He brought the very best lambs he had.**
- **The Lord was pleased with Abel but not with Cain.**
- **So Cain became very angry and his face was sad.**

- **The Lord asked Cain, "Why are you angry and sad?"**
- **Do right. You will be accepted and you will be glad."**
- **Rejoice with your friends when they are blessed.**
- **Love one another and give God your best.**

Why was the Lord happy with Abel's offering? (He brought his best.) **Cain was angry because God was happy with Abel. He did not show love to his brother. What does God want us to do to one another?** (Love each other.)



We can love others

THE WAY

Teacher Tip: Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

CRAFT: "I LOVE YOU" HEART PUZZLE

Purpose: To express love to a sibling or friend.

Craft template with instructions and sample is available at ResourceWell.org or use the following instructions to design your own:

Supplies: Pink sturdy paper, foam heart (2 inches or smaller), heart sticker, business size envelope, crayons or markers

Prepare: From pink sturdy paper, cut a large heart shape. On the front of the heart, print an "I" on the left side, draw the outline of a heart in the center, and print a "U" on the right side. On the center of the back of the heart, print "From:" Cut the heart into three vertical sections of equal width (puzzle pieces). On the front of the envelope, print: "Love one another." 1 Peter 1:22

Optional: Fabric, felt, or paper may be substituted for the foam heart.

God wants us to be happy for others when He blesses them. It is a great way to show them we love them. Another way to show our love is to write about it in a special message. Let's write a special message that shows our love and give it to someone special today.

Directions:

1. On the center section, write the child's name after the "From:"
2. Turn it over and place a small foam heart on the heart outline.
3. Children may color or decorate the heart and/or envelope.
4. Place all three heart puzzle pieces in the envelope.
5. Seal the envelope with a heart sticker.

Craft Discussion:

- **God wants us to give our best to Him. When we love others, we are giving Him our best.**
- **Who can you give your "I Love You" Heart Puzzle to as a gift? (Children respond.) What else could you do to show that person love? (Children respond.)**

THE WAY *continued...*

GAME: I HAVE A FRIEND

Purpose: Children practice loving one another by celebrating their friendships.

Supplies: Small beach ball

God made us to be friends with Him and friends with each other. Let's play a game with our friends and let's remember to love one another while we play.

Directions:

1. Children stand in a circle. Younger children may sit in a circle and roll the ball to each other.
2. Hold the ball while saying,

**I have a good friend, a good friend, a good friend,
I have a good friend and his/her name is insert a child's name."**

3. Toss the ball to the child you named.
4. Help that child say the chant while tossing the ball to another child.
5. Play until each child has been chosen at least once.

GAME: BUBBLE BLESSINGS

Purpose: Children remember to love one another.

Supplies: Bubble solution, bubble wand

Abel did what was right and God was pleased. I'm going to blow some bubbles while you try to catch them. When someone catches a bubble, I want you to give them a high-five..

Directions:

1. Teacher or helper blows bubbles.
2. Each time a child catches a bubble, encourage children to give that child a high-five.
3. After you have played for a time, change the high-five to shaking hands, giving a pat on the back, or a hug.

THE WAY *continued...*

SNACK: THANK YOU FOR BLESSINGS

Purpose: To give thanks for the blessings others receive.

Snack Suggestion: A heart-shaped snack they can share

Directions:

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or another familiar tune.
**God our Father, God our Father. Once again, once again,
Thank You for our blessings. Thank You for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
 - **We call the good things God give us blessings.** Ask each child, **"What blessing has God given you?"** After each child gives an answer, lead all the children in clapping and cheering for that blessing.
 - **We can love one another by being thankful for the good things God gives them.**



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

BIBLE MEMORY VERSE

Gather children in a circle sitting or standing and practice the words and motions.

"I will	(I) Point to self.
always	Hold your index finger in the air, palm up, and draw a couple of large circles.
obey	Place fists at forehead. Open fists as you move outward, staying level with forehead.
Your law."	(law) Touch the palm of the right "L" hand to the left flat-hand palm. Pull it off, move it down an inch or two and touch the left palm again.
Psalms 119:44a	Hold hands open, as if holding a Bible.

PRAY

Let's pray together. Say a closing prayer with the children.

PLAY

Allow children to play with selected toys or centers or choose a book to read to them.

DISMISSAL

Have children take home their coloring page, craft, and a copy of the Ponder, Pray & Play for 2-3's.



If time remains, choose from the connected activities below.

GOT TIME?

SAY & DO: GENESIS 4:2B-7A

Purpose: This pantomime version of the Bible Story helps children remember the story details.

Supplies: None

Directions: With each phrase, the teacher says the phrase and leads the children in doing the hand motions.

- **Cain and Abel were two brothers.** (Hold up two fingers.)
- **Cain farmed the land all day.** (Pretend to dig.)
- **He gathered some crops as an offering,** (Pretend to gather crops.)
- **And gave them to the Lord one day.** (Hold out hands with palms up.)

- **Abel also brought an offering to the Lord.** (Point to heaven.)
- **He brought the very best lambs he had.** (Pretend to carry a lamb.)
- **The Lord was pleased with Abel but not with Cain.** (Shake head as no.)
- **So Cain became very angry and his face was sad.** (Fold arms and make sad face.)

- **The Lord asked Cain, "Why are you angry and sad?"** (Shrug shoulders, as asking "Why?")
- **Do right. You'll be accepted, and you will be glad."** (Thumbs up.)
- **Rejoice with your friends when they are blessed.** (Clap hands.)
- **Love one another and give God your best.** (Point to each other, then point up.)



BIBLE MEMORY VERSE ACTIVITIES

"I will always obey Your law." Psalm 119:44a

GAME: FREEDOM WALK

Purpose: To help children memorize and review the Unit 6 Bible Memory Verse.

Supplies: Unit 6 Bible Memory Verse Song "I Will Always Obey Your Law"

Directions:

1. Stand in a circle with the children.
2. **Let's pretend we are standing in the Garden of Eden, as we say our Bible Memory Verse, then we will walk about in freedom.**
3. **Can you say our Bible Memory Verse with me?**
"I will always obey Your law." Psalm 119:44a
4. Play the Unit 6 Bible Memory Verse Song while children roam freely about the room.
5. Make up motions. Be sure to walk and dance freely when you "walk about in freedom!"
6. Periodically, stop the music. Children stop where they are. Lead the children in saying the Bible Memory Verse together.

GOT TIME? *continued...*

GAME: SAY IT!

Purpose: To help children memorize and review the Unit 6 Bible Memory Verse.

Supplies: None

God loves when we remember His words. Where do we find the words God has given us? (In the Bible.) **Let's practice our Bible Memory Verse. Before we begin, let's say it together. "I will always obey Your law," Psalm 119:44a.**

Directions:

1. Have the children stand in a circle with you.
2. Say to a child, **"Can you say the Bible Memory Verse in a whisper?"** Say the verse with the child, as needed. Encourage the child by saying, "Great job!" or give them a "high five."
3. Have each child say the Bible Memory Verse in a different way. Some suggestions might be:
 - **Say the Bible Memory Verse _____.**
 - loudly.** **quietly and slowly.** **as quickly as you can.**
 - slowly.** **while turning in a circle.** **while jumping up and down.**
 - Or, choose groups to say the verse together, such as: **"All the girls, say the Bible Memory Verse as loudly as you can."**
4. End by saying the Bible Memory Verse together in any way you choose.



STORY TIME

Gather the children and read a favorite story. This can be a Bible Story, a chapter from *The Adventures of Delbert & Lello*, or a story about loving one another.

PONDER, PRAY & PLAY

Unit 6, Lesson 28: Cain and Abel

PONDER! Let's read what happened when Cain and Abel gave their offerings to God (Genesis 4:2b-7a). God wants us to give our best. How can we give our best to God?

PRAY! Pray this prayer each day this week: "God, thank You for the way You bless us when we give You our best. Help us be glad for others when they receive good things. Amen."

PLAY! Play a favorite family game (Charades, Tag, Hide and Seek, etc.) and encourage everyone to cheer happily for those who win. Afterward, gather and encourage each other by sharing ways each family member has been blessed.

BIBLE MEMORY VERSE

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obey	Place fists at forehead. Open fists as you move outward, staying level with forehead.
Your law."	(law) Touch the palm of the right "L" hand to the left flat-hand palm. Pull it off, move it down an inch or two and touch the left palm again.
Psalm 119:44a	Hold hands open, as if holding a Bible.