



# God Sends Manna

Lesson Aim: To know God sends us what we need.

## THE WORSHIP

**Who God Is:** The God Who Sends

## THE WORD

**Bible Story:** Exodus 16:2-5, 11-16, 32

**What He Has Done:** God sent manna so His people would survive in the wilderness.

## THE WAY - BIBLE MEMORY VERSE

"Here am I. Send me!" Isaiah 6:8

Unit 9: The God Who Sends			
	Bible Story	What He Has Done	Lesson Aim
43	God Sends Manna, Exodus 16:2-5, 11-16, 32	God sent manna so His people would survive in the wilderness.	To know God sends us what we need.
44	The Ten Commandments, Exodus 20:1-17	God sent the Ten Commandments.	To honor our fathers and mothers.
45	The Wilderness: Joshua and Caleb, Deuteronomy 1:21-36	God sends Joshua and Caleb to spy on the new land.	To know we can trust God with our fears.
46	Promised Land: Crossing the Jordan River, Joshua 1:6-9; 3:15-17; 4:4-9, 17-18	God sent His people across the Jordan River into the promised land.	To know we can be strong, brave leaders.
47	Joshua and Jericho, Joshua 6:1-20	God sent Joshua and His people to take over the city of Jericho.	To see we can trust God's plan.

## TEACHER'S ENCOURAGEMENT

This week, read Psalm 111. Please join us in praying, "Thank You, Lord, for giving us all we need to teach the children. Give them a hunger for Your Word and for a deeper relationship with You. Amen."

## TEACHER'S TIP

**The God Who Sends.** Not only does God send us what we need, but He sends us to do His will. All this requires is to trust in Him. Children want to trust those around them. We can facilitate that by being true to our word and showing we care.



Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 20	<b>Treasure Chest</b>	Treasure chest, stamp or sticker of bread
		<b>Coloring Center:</b> God Sends Manna	Coloring pages of the Israelites gathering manna, small squares of white paper, glue stick, crayons
		<b>Play-Dough Center:</b> Manna in the Desert	Play-dough, cookie cutters, play-dough tools
		<b>Block Center:</b> Manna, Manna Everywhere	Blocks
		<b>Dramatic Play Center:</b> Time to Eat!	Dishes, cups, napkins, play food
		<b>Preparing for Worship</b>	None
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs are available at ResourceWell.org.	<b>Unit 9 Bible Memory Verse Song:</b> "Here Am I" <b>Other Bible Memory Verse Song Suggestions:</b> "Children, Obey Your Parents" "Do Not Let Your Hearts Be Troubled" "Give Thanks to the Lord" "I Am with You" "I Can Do All Things" "I Will Remember" "Let Everything That Has Breath" "Praise Time: Love the Lord Your God"
		<b>Offering</b>	Baskets
		<b>Worship Illustration</b>	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: God of Wonders Unit 9, Lesson 43
THE WORD	Up to 10	<b>Watch the Word:</b> Exodus 16:2-5, 11-16, 32	Teacher's Bible with bookmark at Exodus 16:12 Visual: Picture of the Bible story, clear jar or basket with sweet cereal flakes
THE WAY	Up to 25	<b>Craft:</b> Jar of Manna	Sturdy white paper, tape or glue, crayons, optional: use a real glass jar or a cup instead of a paper jar
		<b>Game:</b> Sent from God	Laminated pictures (family, Bible, food, clothes), Unit 9 Bible Memory Verse Song "Here Am I"
		<b>Game:</b> What Is It?	Sweet, dried cereal flakes (one small handful per child) to represent manna, sand-colored sheet or banner paper to represent the desert floor
		<b>Snack:</b> Manna from God	Sweet, dried cereal flakes (without milk), sweet crackers, or small pieces of bread
	Final 5	<b>Final Five</b>	Ponder, Pray & Play: Unit 9 Lesson 43
GOT TIME?	Up to 10	<b>Say &amp; Do:</b> Exodus 16:2-5, 11-16, 32	None
	Up to 10	<b>Game:</b> Here Am I!	None
	Up to 10	<b>Game:</b> Send Me!	Unit 9 Bible Memory Verse Song "Here Am I"
	Up to 10	<b>Story Time</b>	Any story about the way God sends us what we need

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



## The God who sends **THE WELCOME**

Welcome each child as they arrive. **Hello \_\_\_\_\_. I am glad you are here! Come open the Treasure Chest to find today's treasure.** Child unlocks the Treasure Chest to receive a stamp or sticker of bread. **Let this stamp (or sticker) of bread remind you that food is a treasure from God.**

**Teacher's Note:** These activity centers are designed to reinforce the lesson through hands-on learning experiences either individually or in small groups with the guidance of the teacher. Choose the Bible Activity Centers that best suit the children in your class. Set up the activity centers around the room before children arrive. Allow children to move freely among them.

### **COLORING CENTER: GOD SENDS MANNA**

#### **SUPPLIES**

Coloring pages of the Israelites gathering manna, small squares of white paper, glue stick, crayons

#### **DO**

Children color their pictures while talking about the story.

#### **TALK ABOUT**

**Today, we will hear how God saved His people by sending them special food called manna. Manna is like little flakes of cereal. Every morning when the people woke, they would find manna covering the ground. Let's pretend these squares of paper are manna. You can glue some of them to the ground on your coloring page.**

### **PLAY-DOUGH CENTER: MANNA IN THE DESERT**

#### **SUPPLIES**

Play-dough, cookie cutters, play-dough tools

#### **DO**

Children create a bowl of cereal with the play-dough while discussing today's lesson.

#### **TALK ABOUT**

**When God's people were walking through the desert, they couldn't find any food to eat. God took care of them by sending them special bread, called manna. The Bible tells us manna looked like flakes of cereal. What kind of cereal do you like? (Children respond.) Let's make a bowl of cereal with the play-dough.**

# THE WELCOME *continued ...*

## **BLOCK CENTER: MANNA, MANNA EVERYWHERE**

### **SUPPLIES**

Blocks

### **DO**

Spread the blocks out on the floor and have the children collect them as you talk about how the Israelites gathered manna off the ground.

### **TALK ABOUT**

When God's people were hungry, he sent food for them to eat. Every morning, they collected a special bread called manna which covered the ground. Let's pretend these blocks are manna and collect them.

## **DRAMATIC PLAY CENTER: TIME TO EAT!**

### **SUPPLIES**

Dishes, cups, napkins, play food

### **DO**

Children make their favorite meal while talking about today's story.

### **TALK ABOUT**

God's people were very hungry when they were in the desert. God sent food for them to eat. It must have tasted very good to them after having been hungry for so long. What's your favorite food? (Children respond.) Can you make a meal for us to share?

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## **PREPARE FOR WORSHIP**

It's time for Praise Time. Let's sing a "Clean Up Song" as we put things away. Praise children as they help clean.

**Clean up! Clean up! Everybody, everywhere!**  
**Clean up! Clean up! Everybody do your share!**

### **BIBLE MEMORY VERSE SIGN LANGUAGE**

(For visual demonstrations, see [www.signingsavvy.com](http://www.signingsavvy.com).)

<b>"Here am I. Send me!"</b>	Palms up, hands circle close to the body at waist level. (I) Point to self. (send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
<b>Isaiah 6:8</b>	Hold hands open, as if holding a Bible.

Adding sign language or motions to the Bible Memory Verse helps children recall what they are learning.



## The God who sends **THE WORSHIP**

**Supplies:** Praise music, optional: musical instruments

**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play "Praise Time: Love the Lord Your God" as children move to that designated area.



**Name each child, I am so glad you came to church today. God is glad you are here, too. Let's talk to Him in prayer.** Have the children bow their heads and close their eyes. **Dear God, we come together to learn about You and to praise Your name. Thank You for sending us what we need. Amen.**



**Let's begin by giving our offering. We can ask God to use the money to send others what they need to grow closer to Him.** Sing: "Give Thanks to the Lord" while collecting the offering.

**When God's people were hungry in the wilderness, He sent them a special food called manna. The manna was like sweet flakes of bread. It was a miracle! It's important for us to remember the miracles God has done.** Sing: "I Will Remember."



**God sends us friends like Delbert and Lello. Let's see how they are doing today.** Perform *The Adventures of Delbert and Lello* puppet script or read storybook: God of Wonders Unit 9, Lesson 43.



**God sends us to love others and tell them about Jesus. He wants us to say, "Here am I. Send me!" That's our new Bible Memory Verse. Let's try it together with the motions.**

<b>"Here</b>	Palms up, hands circle close to the body at waist level.
<b>am I.</b>	(I) Point to self.
<b>Send me!"</b>	(send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
<b>Isaiah 6:8</b>	Hold hands open, as if holding a Bible.



**Let's sing our Bible Memory Verse Song. It is a promise to God that we love others and tell them about Jesus.** Sing: "Here Am I."



God sent manna for His people

## THE WORD

**Supplies:** Teacher's Bible with bookmark at Exodus 16:12, picture of the Bible story, clear jar or basket with sweet cereal flakes

**Before we begin our Bible Time, let's say our Classroom Promise with the motions.**

<b>With my eyes on my teacher;</b>	Point to eyes.
<b>My mouth quiet as can be,</b>	Place index finger over mouth as quiet sign.
<b>I will listen to hear,</b>	Cup hand around ear.
<b>How God loves you and me.</b>	Hug self, point to others, and then self.

**Let's reach deep in our pockets and pull out our listening ears.** Reach in your pocket and cup your hands behind your ears as if listening.

**Who can tell me what you ate for breakfast this morning?** (Children respond.) **Was it good?** (Children respond.) **I love to eat a good breakfast, especially if I am very hungry. Our story today is about a food the Israelites ate every day for forty years! That food was called manna.** Display the jar or basket with the cereal flakes. **Manna may have looked like these cereal flakes and tasted sweet like honey. Let's listen to our story.** Handle Bible as a special treasure, leaving it open to Exodus 16:12.



### **WATCH THE WORD: EXODUS 16:2-5, 11-16, 32**

Read the story below or retell the passage in your own words. To illustrate the story, show a picture of the Bible story from a children's Bible, the coloring page, or other source.

- **In the desert, the people grumbled.**
- **They were hungry; their tummies rumbled.**
- **Then the Lord heard them complain,**
- **So He sent them manna every day.**
  
- **When they woke each morning they found**
- **Thin flakes of bread right there on the ground.**
- **"What is it?" God's people said.**
- **Moses said, "God sent you bread."**
  
- **He said, "Take what you need each day."**
- **God watched to see if they would obey.**
- **Moses put some manna in a jar to keep**
- **To remind them that God sends what we need.**

**How did God know the Israelites were hungry?** (He heard them grumbling.) **What did God send them to eat?** (Manna, which is flakes of bread.)



God sends us what we need

## THE WAY

**Teacher Tip:** Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

### **CRAFT: JAR OF MANNA**

**Purpose:** To focus on God's plan for us to remember His miracles.

**Supplies:** Sturdy white paper, tape or glue, crayons

**Prepare:** Cut a 5-inch square of white paper for to tear into manna flakes. From sturdy white paper, cut out two of the same jar shapes. On one of the jar shapes, print:

**"The Lord gives you bread." Exodus 16:29**

**Adaptation for Ages 2-3:** This craft was developed for ages 4-5. To adapt the craft for younger children, you may choose to attach the two jar cutouts to a paper bag or large cup so that it's easier for the children to place the paper pieces (manna) into the jar.

#### **Directions:**

1. Decorate the jar cutouts with crayons.
2. Around the edges, tape or glue the jar cutouts together. Leave an opening at the top.
3. Tear white paper into small pieces to make manna.
4. Place the paper pieces (manna) into the jar.

#### **Craft Discussion:**

- **Manna is what the people called the bread flakes God sent each morning. The manna was a miracle from God. A miracle is something only God can do.**
- **God commanded Moses to place some of the manna in a special jar to remind the people that God sent them what they needed.**
- **You can take your jar of manna home to remind you that God will always send you what you need.**

# THE WAY *continued...*

## **GAME: SENT FROM GOD**

**Purpose:** Children play a game to remind them that God will always send what we need.

**Supplies:** Laminated pictures (family, Bible, food, clothes), Unit 9 Bible Memory Verse Song "Here Am I"

**Prepare:** Hang the four pictures around the play area.

**God sends us to love others and tell them about Jesus. He wants us to say, "Here am I. Send me!" No matter where or when God sends us, He will always give us what we need.**

### **Directions:**

1. Walk around the room and look at each of the pictures with the children.
2. After you have looked at all four pictures, ask the children, **"What else has God given us?"** (Friends, home, church, etc.)
3. **Let's play a game. While the music is playing, you can dance and move about the room. When the music stops, I want you to stand by one of the pictures.**
4. Play the Unit 9 Bible Memory Verse Song "Here Am I."
5. Periodically stop the music. Help the children find a picture to stand by.
6. Play as often as you like.

## **GAME: WHAT IS IT?**

**Purpose:** To help children identify with the Israelites and remember God's miracle of sending manna.

**Supplies:** Sweet, dried cereal flakes (one small handful per child) to represent manna, sand-colored sheet or banner paper to represent the desert floor

**Optional:** Small, torn pieces of paper can be used instead of cereal flakes.

**Teacher Tip:** Use this game to lead into snack time. Have some extra flakes handy to give to children who pick up few or no flakes.

**How do you feel when you are very hungry?** (Children respond.) **How do you feel when you wake up to a great surprise?** (Children respond.) **Let's pretend we are God's people in the desert when they were hungry and had no food.**

### **Directions:**

1. Lay the sand-colored sheet or banner paper on the floor to create the "desert floor."
2. Instruct the children not to walk on the sheet or banner paper.
3. Children wander around the desert (classroom) grumbling, **"I'm hungry."**
4. Children lay or sit on the floor with their head in their hands, snoring and pretending to sleep.
5. While the children's eyes are closed, the teacher spreads cereal flakes on the "desert floor."
6. The teacher says, **"Wake Up! Wake up! Come and see."**
7. The children sit up and ask, **"What is it? What is it?"**
8. The teacher says, **"There's manna here for you to eat!"**
9. The children collect the flakes. Move the children to the tables with their flakes for snack time.



# THE WAY *continued...*

## **SNACK: MANNA FROM GOD**

**Purpose:** To know God sends us what we need.

**Snack Suggestion:** Sweet, dried cereal flakes (without milk), sweet crackers, or small pieces of bread

### **Directions:**

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.  
**God our Father, God our Father, once again, once again.**  
**Thank You for our blessings. Thank You for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
  - **God sent His people sweet flakes of bread to eat. What does the Bible call the bread flakes God sent from heaven?** (Manna.)
  - **Every morning when they woke, the manna covered the ground outside. How would you feel if you woke up to find sweet flakes of bread on the ground outside?** (Children respond.)
  - **What kind of food would you like to find on the ground outside?**



When only 5 minutes remain, begin this segment.

## **FINAL FIVE MINUTES**

### **BIBLE MEMORY VERSE**

Gather children in a circle sitting or standing and practice the words and motions.

<b>"Here</b>	Palms up, hands circle close to the body at waist level.
<b>am I.</b>	(I) Point to self.
<b>Send me!"</b>	(send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
<b>Isaiah 6:8</b>	Hold hands open, as if holding a Bible.

### **PRAY**

**Let's pray together.** Say a closing prayer with the children.

### **PLAY**

Allow children to play with selected toys or centers or choose a book to read to them.

### **DISMISSAL**

Have children take home their coloring page, craft, and a copy of the Ponder, Pray & Play for 2-3's.



If time remains, choose from the connected activities below.

## **GOT TIME?**

### **SAY & DO: EXODUS 16:2-5, 11-16, 32**

**Purpose:** This pantomime version of the Bible Story helps children remember the story details.

**Supplies:** None

**Directions:** With each phrase, the teacher says the phrase and leads the children in doing the hand motions.

- **In the desert, the people grumbled.** (Make a grumpy face.)
- **They were hungry; their tummies rumbled.** (Rub tummy.)
- **Then the Lord heard them complain,** (Point to ear.)
- **So He sent them manna every day.** (Wiggle fingers downward, like falling rain.)
  
- **When they woke each morning they found** (Rub eyes, as if waking.)
- **Thin flakes of bread right there on the ground!** (Point to ground.)
- **"What is this?" God's people said.** (Shrug shoulders.)
- **Moses said, "God sent you bread."** (Wiggle fingers downward, like falling rain.)
  
- **He said, "Take what you need each day."** (Pretend to gather and eat flakes.)
- **God watched to see if they would obey.** (Point to heaven.)
- **Moses put some manna in a jar to keep** (Pretend to hold a jar.)
- **To remind them that God sends what we need.** (Point to heaven and to heart.)



### **BIBLE MEMORY VERSE ACTIVITIES**

"Here am I. Send me!" Isaiah 6:8

### **GAME: HERE AM I!**

**Purpose:** To help children memorize and review the Unit 9 Bible Memory Verse.

**Supplies:** None

Our Bible Memory Verse says, **"Here am I. Send me!"** God sends us to love others and tell them about Jesus. He wants us to say, **"Here am I. Send me!"** I'm going to walk around the circle. When I stop, I'm going to point to one of you. If it's you, I want you to jump up and say, **"Here am I. Send me!"** Demonstrate by pointing to one of the helpers or a child in the circle and having them jump up and say, **"Here am I. Send me!"**

**Directions:**

1. Children sit in a circle.
2. As you walk around the outside of the circle, say, **"I heard the voice of the Lord saying, 'Whom shall I send? And who will go for Us?'"**
3. Stop and point to one of the children in the circle.
4. The child jumps up and shouts, **"Here am I. Send me!"**
5. Repeat steps 2-4, giving each child to jump up and say the Bible Memory Verse.

# GOT TIME? *continued...*

## **GAME: SEND ME!**

**Purpose:** To help children memorize and review the Unit 9 Bible Memory Verse.

**Supplies:** Unit 9 Bible Memory Verse Song "Here Am I"

Let's sing our Bible Memory Verse song together as we march around the room. When you hear the words, "Here am I, send me," I want you to stop where you are and we're going to do two motions. Demonstrate the motions and have the children practice them with you.

"Here am I," Hold hands in front of you at waist level, palms up.

"Send me." Point thumb or pointer finger to self.

### **Directions:**

1. Choose a child as the leader. The other children line up behind the leader.
2. As you begin the music, instruct the leader to lead the other children around the room.  
**I heard the voice of the Lord saying, "Whom shall I send? Who will go for us?"**  
**I heard the voice of the Lord saying, "Whom shall I send?"**
3. When you hear "Here am I, send me. Here am I, send me. Here am I, send me. Here am I, send me." lead the children in stopping and doing the motions.
4. The children begin marching again. Repeat steps 2 and 3.
5. This is a short song (1:10). Play it several times, allowing each child a turn as the leader.



## **STORY TIME**

Gather the children and read a favorite story. This can be a Bible Story, a chapter from *The Adventures of Delbert & Lello*, or a story about the way God sends us what we need.

### **PONDER, PRAY & PLAY**

Unit 9, Lesson 43: God Sends Manna

**PONDER!** God sent manna to His people when they were hungry (Exodus 16:2-5, 11-16, 32). God watches over us wherever we go. He sends us what we need.

**PRAY!** Pray this prayer each day this week: "Thank You, Lord, for sending Your people the bread they needed to live. Thank You for sending us what we need each day. Amen."

**PLAY!** Use a clear container to create a "Miracle Manna Jar" for your family. Cut out white flake-shaped pieces of paper as manna. Read a children's Bible together. Put a piece of manna in the jar for every miracle you find. Add a piece of manna for every miracle God has done in your family.

### **BIBLE MEMORY VERSE**

"Here	Palms up, hands circle close to the body at waist level.
am I.	(I) Point to self.
Send me!"	(send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
Isaiah 6:8	Hold hands open, as if holding a Bible.