



God Sends Manna and Quail

Lesson Aim: To trust God enough to obey His instructions.

THE WORSHIP

Who God is: The God Who Sends

THE WORD

Bible Story: Exodus 16:4-5, 11-16, 19-20, 27-32, 35

What He has done: God sent manna and quail so His people would survive in the wilderness.

Key Verse: Exodus 16:4

THE WAY

Christ Connection: John 6:32-33

BIBLE MEMORY VERSE

"For God so loved the world that He gave His one and only Son,
that whoever believes in Him shall not perish but have eternal life." John 3:16

Unit 9: The God Who Sends			
	Bible Story	What He Has Done	Lesson Aim
43	God Sends Manna and Quail, Exodus 16:4-5, 11-16, 19-20, 27-32, 35	God sent manna and quail so His people would survive in the wilderness.	To trust God enough to obey His instructions.
44	The Golden Calf, Exodus 20:3-8, 12-21; 32:1-4, 7-8, 19-20, 25-26	God sent the Ten Commandments so the Israelites could be His people.	To know our holy God requires us to be holy and obey the Ten Commandments.
45	The Wilderness: Water from the Rock, Numbers 20:1-13	God sent water from a rock to quench the Israelites' thirst.	To know when we trust and obey God with our words and actions, we are honoring Him.
46	Promised Land: Rahab and the Spies, Joshua 2:2-15, 17, 21, 23-24	God sent salvation through Rahab.	To see salvation comes to all who believe, so we must spread the word.
47	Joshua and Jericho, Joshua 6:1-5, 8, 10, 14-16, 20, 23	God sent Joshua and His people to conquer Jericho.	To trust God to do the impossible to accomplish His plan.

TEACHER'S ENCOURAGEMENT

This week, read Psalm 111. Please join us in praying, "Thank You, Lord, for giving us all we need to teach the children. Give them a hunger for Your Word and for a deeper relationship with You. Amen."



Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Meet & Greet	None
		Game: What Is It?	2 bags, several small familiar objects such as a crayon, shoestring, coin, eraser, cotton ball, clay or play dough, paper clip, earring, piece of manna snack, shell, marble, etc.
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org	Unit 9 Bible Memory Verse Song: "For God So Loved the World" Other Bible Memory Verse Song Suggestions: "Praise the Lord, O My Soul" "I Will Always Obey Your Law" Additional Hymn Suggestions: "Great Is Thy Faithfulness" "'Tis So Sweet to Trust in Jesus" Additional Song Collection Suggestions: Shout Praises! Kids Gospel Songs 4 Worship KIDS - Awesome God
		Worship Scripture Reading: Exodus 25:23-30	Bible
		Offering	Baskets
		Worship Illustration	Lesson 43 High Seas Adventures script or storybook
THE WORD	Up to 10	Read the Word: Exodus 16:4-5, 11-16, 19-20, 27-32, 35	Map—Desert of Sin in Sinai Peninsula, Bibles, Bible Story Scripture reference poster, highlighters
THE WAY	Up to 25	Discussion	Bibles, Christ Connection Scripture reference poster, highlighters, jar, manna (sweet, dry cereal flakes; honey graham crackers; or honey wafers)
		Christ Connection: John 6:32-33	
		Golden Bowl	Golden Bowl, pencils, note cards
	Final 5	Final Five Minutes	Treasure Treat—Miracle Memory Jar (clear jar containing printed copy of the Bible Memory Verse), Daily Ways, basket, paper, pencils, crayons or markers, Unit 9 Bible Memory Verse Song "For God So Loved the World," CD player
GOT TIME?	Up to 10	Snack: Manna From God	Sweet dry cereal flakes, honey graham crackers, or honey wafers
	Up to 10	Game: Missing Manna	Sweet, dry cereal flakes or small slips of paper
	Up to 10	Discussion: Grumbling at God	Bible
	Up to 10	Craft: Miracle Frame	Standard-size sturdy paper (white and any other color), crayons or markers, glue or glue sticks, hole punch, yarn, optional: old magazines and scissors
	Up to 5	Bible Memory Verse Activity: The Wave	Unit 9 Bible Memory Verse poster or Bible
	Up to 5	Bible Memory Verse Activity: Manna Scrambler	Large container for the manna jar, paper, Unit 9 Bible Memory Verse Song "For God So Loved the World," CD player, Unit 9 Bible Memory Verse poster or Bible
	Up to 5	Bible Timeline Review	Timeline

RESOURCES: Supplemental materials are available at ResourceWell.org.



Getting started

THE WELCOME

To spark anticipation, encourage arriving children to meet and greet one another with today's question.

Meet & Greet Question: What do you want God to send you?

GAME: WHAT IS IT?

Purpose: To introduce the Bible story.

Supplies: 2 bags, several small familiar objects such as a crayon, shoestring, coin, eraser, cotton ball, clay or play dough, paper clip, earring, piece of manna snack, shell, marble, etc.

Prepare: Before class, place all the objects in the larger of the two bags. Choose one object to place in the smaller bag for use in the game.

Today, we will learn how God sent His people food they called manna when they were starving. The word manna means, "What is it?" God's people named the flakes of bread, "manna," because they didn't know what it was. Let's play a guessing game called "What Is It?" and see if we can guess the items in this bag just by touching them.

Directions:

1. Choose a child to begin the game.
2. Give the child ten seconds to feel the item inside the smaller bag.
3. The remaining children count back from ten aloud, "**10-9-8-7-6-5-4-3-2-1-What is it?**"
 - If the child guesses correctly, the item is revealed.
 - If the child does not guess correctly, the item remains in the bag. Choose another child to guess. Continue until someone guesses what the item is.
4. Place another object in the small bag without children seeing what it is.
5. Continue playing until all the items have been identified.



The God who sends

THE WORSHIP

Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting the offering, and watching the worship illustration. Play music as children move to the designated area.

Worship in the Tabernacle: During each lesson of Unit 9, we will incorporate an element of the tabernacle during worship. Today's element is the golden table as described in Exodus 25:23-30.



Today, we worship the God who sends us what we need, just as He did when He sent manna and quail to His people in the wilderness. Let's ask God to bless our offering and use it to send others whatever they need to come closer to Him. Sing: "Praise the Lord, O My Soul" while the offering is collected.

Sing Unit 9 Bible Memory Verse Song: "For God So Loved the World."

You may also choose to sing songs that focus on God's provision.



Moses worshiped God in the tabernacle. The tabernacle was a large tent which the Israelites took everywhere as a place to meet with God. In the tabernacle, there was a golden table and on it the Israelites placed the bread of the Presence on a plate of gold. The bread was a reminder that God was present with them when He sent the manna and quail. Volunteer reads Exodus 25:30. "Put the bread of the Presence on this table to be before Me at all times."



Perform High Seas Adventures script or read storybook: God of Wonders Unit 9, Lesson 43.



God sends manna and quail

THE WORD

Teacher Tip: As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word; knowing God is my goal."

If a Bible Timeline is available, point to Moses (Circa 1500 B.C.). For a Bible Timeline Review activity, see the GOT TIME? segment of this lesson. **Last time, we learned God parted the Red Sea. What is your favorite part of that miracle?** (Children respond.) **After crossing the Red Sea, God's people wandered in the desert wilderness for forty years. Today, that desert is called the Sinai Peninsula.** If a map is available, point to the Sinai Peninsula. **Let's read about a miracle that continued for the forty years the people wandered.**



Let's play Find It First! Bring out your Bible; keep it right in front of you. Hand out spare Bibles. **Today's Scripture verse is behind the curtain** (or secret door, secret window, etc.). Child reveals the Bible Story Scripture reference: Exodus 16:4-5, 11-16, 19-20, 27-32, 35. **Let's see who can Find It First. Ready? Set? Go!** Children race to find it first. The winner helps others find it. **Let's highlight our Key Verse: Exodus 16:4.**

Before we read, let's stand and ask God to open our eyes, ears, hearts, and minds to His Word today. Who would like to pray that for us? Child prays aloud. **Be seated.**

Listen carefully to the instructions God gave to the Israelites. Read Exodus 16:4-5, 11-16, 19-20, 27-32, 35.



Do we trust and obey?

THE WAY

Additional Supplies: Jar, manna (sweet, dry cereal flakes; honey graham crackers; or honey wafers)

Why were the people grumbling? (They were very hungry.) **What did God send on the night before he sent the manna?** (Quail.) **What did God send from heaven each morning?** (Manna.) **What did the manna look like?** (White frosted flakes of bread on the desert floor.) **What did it taste like?** (Wafers made with honey.) **As we talk about this miracle, let's enjoy something that tastes a bit like manna may have tasted.** Give each child a small handful of "manna." Invite a volunteer to bless the food.

Why did God say He sent manna to the Israelites? (To test them and see if they would follow His instructions.) **What were God's instructions about collecting the manna?** (To collect only what they needed each day.) **Did everyone follow these instructions?** (No.) **What happened when they collected more than they needed?** (The manna became full of maggots and smelled bad.) **What were God's instructions about the sixth day?** (Collect enough for two days.) **What happened to those who tried to collect manna on the Sabbath day?** (There was none.)

Why was Moses angry? (Some Israelites disobeyed God's instructions and took more than they needed.) **Why do we sometimes take more than we need?** (Children respond.) **What do you need this week?** (Children respond.) **What is the difference between what you need and what you want?** (Children respond.) **Do you trust God to meet your needs?** (Children respond.) **How does obeying God show you trust Him?** (Children respond.)

How long did God faithfully send manna from heaven? (Forty years.) **What did God tell them to do so everyone would remember He sent manna?** (Collect some in a jar.) Give each child one final manna-like flake. Instruct the children not to eat it. Display the Miracle Memory Jar. **I have given each of you a "manna flake" for our Miracle Memory Jar. As we pass the jar, name one thing you have needed that God has sent to you. Place your manna flake in the jar so we can see all God has provided for us.**



Connecting the Old Testament, the New Testament, and Us

CHRIST CONNECTION

How was God saving His people by sending manna, like a picture of God saving the world by sending His Son, Jesus? (Manna and Jesus were sent from God in heaven. Both saved people.) **Let's find out what Jesus says about that.**



FIND IT FIRST Everyone, place your Bible closed on your lap. Choose a child to reveal the Christ Connection Scripture reference: John 6:32-33. **Let's see who can Find It First! Ready? Set? Go! Find it and highlight it.** Read John 6:32-33.

Who is the true Bread from Heaven that gives life to the world by dying on the cross for our sins? (Jesus.) **How is Jesus like manna from heaven?** (Children respond.) **How is He different?** (Children respond.)

THE WAY *continued...*



Revelation 5:8

GOLDEN BOWL

Teacher Tip: Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

Revelation 5:8 says our prayers are like sweet smelling incense in the golden bowls at God's throne. I will lift each one of your names to God's throne as you pray for each person silently. Then, we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.

Lord God, we lift up to Your throne the name of each child here. We trust You to watch over us and our needs, the ones we say aloud and the ones hidden in our hearts. First, we lift up to You ____, ____, ____. Read names in Golden Bowl.

Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

TREASURE TREAT: Today, your Treasure Treat is a Miracle Memory Jar. In it is our new Bible Memory Verse because it tells of God's greatest miracle. When you get home, write down more of your favorite miracles and keep them in your Miracle Memory Jar to forever remind you to trust God will provide.

DAILY WAY CHALLENGE: Did anyone bring in a completed Daily Way from last time? Praise or reward those who return a Daily Way. Distribute Lesson 43 Daily Way 5-day Bible study. **Complete this week's Daily Way at home and let God speak to you through His own words in the Bible. Join the Daily Way Challenge by returning your completed Daily Way.**

Teacher Tip: Collect Daily Ways in a basket or other container and periodically reward children as a group for completing the challenge.

OFFERING OF ART: Until it is time to be dismissed, let's make an Offering of Art. For your offering, draw a picture of the people gathering flakes of manna from the desert floor. The Offering of Art can be finished at home or given as an offering for the teacher to display.

PRAYER REQUESTS: As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

BIBLE MEMORY VERSE SONG: Play the Unit 9 Bible Memory Verse Song, "For God So Loved the World," in the background as children wait to be dismissed.



If time remains, choose from the connected activities below.

GOT TIME?

SNACK: MANNA FROM GOD

Purpose: To enjoy a manna-like snack while participating in THE WAY segment discussion.

Snack Suggestion: Manna (sweet, dry cereal flakes; honey graham crackers; or honey wafers)

Directions: See THE WAY segment of this Teacher's Guide.

GAME: MISSING MANNA

Purpose: This game of trust reminds children that the Israelites had to trust God.

Supplies: Sweet, dry cereal flakes or small slips of paper

Teacher's Tip: This game uses a single sweet, dry cereal flake or small slip of paper, however, you may want to have extras on hand.

Each night, the Israelites went to bed trusting they would find manna to eat in the morning. In this game, one of you will trust the others to lead you to the missing manna.

Directions:

1. Choose one child to be the searcher.
2. The searcher hides his or her eyes while the others hide a flake of manna (cereal flake or slip of paper).
3. The children coach the searcher by saying "warmer" as he or she nears the hidden manna and "colder" as he or she moves away from the hidden manna.
4. When the searcher finds the manna, play again. Choose another child to be the searcher.

DISCUSSION: GRUMBLING AT GOD

Purpose: To identify the temptation within ourselves to grumble at God.

Supplies: Bible

Read Exodus 16:6-8. **Moses explained that when the people grumbled and complained against him, they were really complaining against God because He is the one in control. How do you think they felt to know God heard them grumbling?** (Embarrassed, afraid, etc.)

What kinds of things do you grumble about? (Children respond.) **When we complain and grumble to our friends and family about things we can't improve, against whom are we truly grumbling?** (God.)

GOT TIME? *continued...*

CRAFT: MIRACLE FRAME

Purpose: Children will create a framed picture of their favorite miracle as a miracle reminder.

Supplies: Standard-size sturdy paper (white and any other color), crayons or markers, glue or glue sticks, hole punch, yarn, optional: old magazines and scissors

Prepare: From the colored sturdy paper, cut two 2-inch strips that are the width of the paper. From another sheet of colored sturdy paper, cut two 2-inch strips that are the length of the paper. You should be able to get a few crafts from each sheet of paper.

Optional: Instead of drawing pictures, have children cut out pictures from old magazines to represent their favorite miracles. For example, water might represent the parting of the Red Sea.

Just as God sent manna to His people, He does miracles for His people today. Today we will make a framed picture of your favorite miracle, so you can always remember it.

Directions:

1. Have the children glue the 2-inch colored strips of paper to the outside of the sturdy white paper to make a picture frame.
2. Write "God Sends Miracles" on the top of the frame.
3. Inside the picture frame, have children draw a favorite miracle God has done for them or a favorite miracle from the Bible.
4. As the children create their picture and frame, have each child share his or her favorite miracle.
5. Punch two holes in the top of the frame.
6. Thread yarn through the holes and tie to make a wall hanging.

GOT TIME? *continued...*



BIBLE MEMORY VERSE ACTIVITIES

"For God so loved the world that He gave His one and only Son,
that whoever believes in Him shall not perish but have eternal life." John 3:16

GAME: THE WAVE

Purpose: To help children memorize the Unit 9 Bible Memory Verse.

Supplies: Unit 9 Bible Memory Verse poster or Bible

Directions:

1. Assign one phrase from John 3:16 to each child or group.
2. As the teacher or a helper directs, each child/group quickly stands, says the assigned phrase while raising both hands up to the sky and back down to their thighs, and sits down.
3. Repeat three times, moving faster each time.
4. Challenge children to recite John 3:16 in another language, such as the Spanish version below.

*"Porque tanto amó Dios al mundo, que dio a su Hijo unigénito,
para que todo el que cree en él no se pierda, sino que tenga vida eternal." Juan 3:16*

GAME: MANNA SCRAMBLER

Purpose: To help the children memorize the Unit 9 Bible Memory Verse Song.

Supplies: Large container for the manna jar, paper, Unit 9 Bible Memory Verse Song "For God So Loved the World," CD player, Unit 9 Bible Memory Verse poster or Bible

Prepare: Tear paper into 26 flake-shaped pieces (about 4-inches x 8-inches) for manna flakes. On each flake, print one word of the Bible Memory Verse in large, bold print. Place the flakes in the manna jar.

Directions:

1. Display the Unit 9 Bible Memory Verse poster or have a Bible open to John 3:16.
2. Children take turns selecting a manna flake from the manna jar until all the flakes are gone.
3. As the Unit 9 Bible Memory Verse Song plays, have the children race to see how quickly they can lay the John 3:16 manna flakes in order on the floor. The goal is to finish before the song ends.
4. If time permits, redistribute the manna flakes and play again.

Variation: Divide the group into two teams. Have teams take turns laying the manna flakes in order. The team who does it in the shortest amount of time is the winner.

Large Group Variation: If you have 26 or more children, have each child hold onto their manna flake. On your signal, have the children work together to line up so the John 3:16 manna flakes are in order.

GOT TIME? *continued...*



BIBLE TIMELINE REVIEW

God of Wonders Part Two studies the miracles and stories of the Bible from Genesis through Joshua. Review recent Bible stories to see the continuing story of who God is and what He has done.

Jacob and Esau (Circa 1900 B.C.) **What did Jacob do to Esau?** (He tricked him out of his birthright. He took his blessing by tricking their father Isaac into giving it to him.) **What did Jacob dream about when he ran away from Esau?** (Angels on a ladder going to heaven.) **What did Jacob do the whole night before he reunited with Esau?** (He wrestled with a mysterious man until God gave him a blessing.)

Joseph (Circa 1850 B.C.) **What did Jacob give his son Joseph?** (A colorful robe.) **What did Joseph's jealous brothers do to him?** (They threw him in an empty well and sold him into slavery.) **What good things happened for Egypt and for Joseph's family as a result of Joseph being sold and taken to Egypt?** (His family and all of Egypt had enough to eat during the famine.)

Moses (Circa 1500 B.C.) **What did Moses hear and see while he was tending his sheep?** (God's voice coming from a burning bush.) **What did God tell Moses to do?** (Tell Pharaoh and the Israelites God would bring the Israelites out of Egypt.) **What did God say His name was?** ("I Am.") **How many plagues did God send to make Pharaoh let God's people go?** (Ten.) **What did Moses tell the people just before God parted the Red Sea?** ("God will fight for you. You only need to be still.") **What did God send from heaven to feed the Israelites in the wilderness?** (Manna and quail.)

How to create a Bible Timeline from Genesis through Joshua:

1. Print each scroll on sturdy paper.
2. Choose a wall or other visible location to display the timeline.
3. Before each lesson, add the scroll for that lesson to the Bible Timeline using the list below. Add the two Unit 10 cards for God of Wonders Advent: Lessons 48-52.
4. To review the Bible Timeline, ask the corresponding questions as you point to the associated scroll.

Genesis through Joshua: Creation > Adam and Eve > Cain and Abel > Noah (Circa 2350 B.C.) > Tower of Babel > Abram (Circa 2100 B.C.) > Hagar and Ishmael (Circa 2065 B.C.) > Abraham and Isaac (Circa 2050 B.C.) > Isaac and Rebekah > Jacob and Esau (Circa 1900 B.C.) > Joseph (Circa 1850 B.C.) > Moses (Circa 1500 B.C.) > Joshua (Circa 1450 B.C.)

Unit 10: John the Baptist (Circa 7-2 B.C.) > Jesus on Earth (Circa 2 B.C.-33 A.D.)