



The Ten Commandments

Lesson Aim: To honor our fathers and mothers.

THE WORSHIP

Who God Is: The God Who Sends

THE WORD

Bible Story: Exodus 20:1-17

What He Has Done: God sent the Ten Commandments.

THE WAY - BIBLE MEMORY VERSE

"Here am I. Send me!" Isaiah 6:8

Unit 9: The God Who Sends			
	Bible Story	What He Has Done	Lesson Aim
43	God Sends Manna, Exodus 16:2-5, 11-16, 32	God sent manna so His people would survive in the wilderness.	To know God sends us what we need.
44	The Ten Commandments, Exodus 20:1-17	God sent the Ten Commandments.	To honor our fathers and mothers.
45	The Wilderness: Joshua and Caleb, Deuteronomy 1:21-36	God sends Joshua and Caleb to spy on the new land.	To know we can trust God with our fears.
46	Promised Land: Crossing the Jordan River, Joshua 1:6-9; 3:15-17; 4:4-9, 17-18	God sent His people across the Jordan River into the promised land.	To know we can be strong, brave leaders.
47	Joshua and Jericho, Joshua 6:1-20	God sent Joshua and His people to take over the city of Jericho.	To see we can trust God's plan.

TEACHER'S ENCOURAGEMENT

This week, read Deuteronomy 30:1-10. Please join us in praying, "Thank You, Lord, for the Ten Commandments. Fill us with Your Spirit that we might help instill in the children a love for Your law. Amen."

TEACHER'S TIP

The God Who Sends. Not only does God send us what we need, but He sends us to do His will. All this requires trust in Him. Children want to trust those around them. We can facilitate that by being true to our word and showing we care.



THE WORSHIP THE WORD & THE WAY

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 20	Treasure Chest	Treasure chest, stamp or sticker of the number "10"
		Coloring Center: My Family	Coloring pages of a photo frame, crayons
		Play-Dough Center: The Ten Commandments	Play-dough, cookie cutters, play-dough tools
		Block Center: Count to Ten	Blocks
		Dramatic Play Center: Family Time	Dishes, cups, napkins, play food
		Clean Up Time!	None
		Preparing for Worship	None
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs are available at ResourceWell.org.	Unit 9 Bible Memory Verse Song: "Here Am I" Other Bible Memory Verse Song Suggestions: "Children, Obey Your Parents" "Do Not Let Your Hearts Be Troubled" "Give Thanks to the Lord" "I Am with You" "I Can Do All Things" "I Will Remember" "Let Everything That Has Breath" "Praise Time: Love the Lord Your God"
		Offering	Baskets
		Worship Illustration	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: God of Wonders Unit 9, Lesson 44
THE WORD	Up to 10	Watch the Word: Exodus 20:1-17	Teacher's Bible with bookmark at Exodus 20:12 Visual: Teacher's Bible with bookmark at Exodus 20:12, picture of the Bible story, photo of your family
THE WAY	Up to 25	Craft: Commandment Magnet	Sturdy white paper or foam sheet, adhesive magnetic strip or a small magnet and glue, crayons
		Game: Mother, May I?	None
		Game: Honor Your Father and Mother	None
		Snack: A Family Meal	A snack the children can share
	Final 5	Final Five	Ponder, Pray & Play: Unit 9 Lesson 44
GOT TIME?	Up to 10	Say & Do: Exodus 20:1-17	None
	Up to 10	Game: Here Am I!	None
	Up to 10	Game: Send Me!	Unit 9 Bible Memory Verse Song "Here Am I"
	Up to 10	Story Time	Any story about obeying or honoring our parents

RESOURCES: Supplemental materials are available at ResourceWell.org.



The God who sends **THE WELCOME**

Welcome each child as they arrive. **Hello _____.** **I am glad you are here! Come open the Treasure Chest to find today's treasure.** Child unlocks the Treasure Chest to receive a stamp or sticker of the number '10.' **Can you count to 10 with me?** Count to 10 together. **Let this stamp (or sticker) remind you that God sent us ten rules to help us love God and each other. They are called the Ten Commandments.**

Teacher's Note: These activity centers are designed to reinforce the lesson through hands-on learning experiences either individually or in small groups with the guidance of the teacher. Choose the Bible Activity Centers that best suit the children in your class. Set up the activity centers around the room before children arrive. Allow children to move freely among them.

COLORING CENTER: MY FAMILY

SUPPLIES

Coloring pages of a photo frame, crayons

DO

Children draw a picture of their family in the photo frame while talking about the story.

TALK ABOUT

Today, we will hear how God wants us to honor our fathers and mothers. To honor our parents means to obey them or to say and do the things that would make them glad. Can you draw a picture of your family? How could you show your Mom or Dad you honor them? (Children respond.)

PLAY-DOUGH CENTER: THE TEN COMMANDMENTS

SUPPLIES

Play-dough, cookie cutters, play-dough tools

DO

Children make sets of ten things with the play-dough while discussing today's lesson.

TALK ABOUT

God sent us ten rules, called the Ten Commandments, to help us remember to love God and to love each other. "Commandments" is a big word. Can you say it with me? "Commandments." Can you count to ten with me? 1-2-3-4-5-6-7-8-9-10. Let's make a set of ten things with the play-dough. You may want to suggest what they make ten of, such as rolling play-dough into balls or cutting out ten shapes with the cookie cutters.

THE WELCOME *continued ...*

BLOCK CENTER: COUNT TO TEN

SUPPLIES

Blocks

DO

Have the children stack blocks in sets of ten or place ten blocks in a line on the floor.

TALK ABOUT

God sent His people Ten Commandments to live by. Commandments are rules. God wrote the Ten Commandments on two large stones. Can you make a stack of ten blocks as a reminder of the Ten Commandments God sent?

DRAMATIC PLAY CENTER: FAMILY TIME

SUPPLIES

Dishes, cups, napkins, play food

DO

Children work together to make a family dinner.

TALK ABOUT

God wants us to love Him and to love each other. We spend time with the people we love. One way families spend time with each other is eating together. Let's spend time cooking a family dinner together. Ask children what they need to do to prepare for a special meal: cook, set the table, sit down to dinner, pray, eat, and clean up.

CLEAN UP TIME!

When it is time to clean up, use the following discussion. **We can honor each other by helping clean up. When we honor each other, we say and do things that are kind and show we care. Do you honor your parents or grandparents by helping them clean up at home?** (Children respond.)

PREPARE FOR WORSHIP

It's time for Praise Time. Let's sing a "Clean Up Song" as we put things away. Praise children as they help clean.

**Clean up! Clean up! Everybody, everywhere!
Clean up! Clean up! Everybody do your share!**

BIBLE MEMORY VERSE SIGN LANGUAGE

(For visual demonstrations, see www.signingsavvy.com.)

"Here am I.	Palms up, hands circle close to the body at waist level.
Send me!"	(I) Point to self. (send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
Isaiah 6:8	Hold hands open, as if holding a Bible.

Adding sign language or motions to the Bible Memory Verse helps children recall what they are learning.



The God who sends **THE WORSHIP**

Supplies: Praise music, optional: musical instruments

Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play "Praise Time: Love the Lord Your God" as children move to that designated area.



Today, we're going to celebrate the Moms and Dads who God has sent us. Let's thank God for our families. Have the children bow their heads and close their eyes. **Dear God, thank You for sending me a family to love and care for me. Help me to show I love them, too. Amen.**



Because God loves us, He sends us grownups, like parents or grandparents, to care for us. God wants us to honor them. To honor means to show respect with our words and our actions. We honor our father and our mother when we obey them. Let's sing about that. March in place or around the worship area as you sing: "Children, Obey Your Parents."

Giving our offering, singing, and praying to Him are great ways we can thank Him for all He has sent us. Let's give our offering now. Sing: "Give Thanks to the Lord" while collecting the offering.



Let's see what our friends, Delbert and Lello, have to share with us today. Perform *The Adventures of Delbert and Lello* puppet script or read storybook: God of Wonders Unit 9, Lesson 44.



Let's review our Bible Memory Verse together. When I say, "I heard the voice of the Lord saying, 'Whom shall I send? And who will go for Us?'" you say, "Here am I. Send me!" Are you ready? Let's try it. Say verse and lead children in the reply. Repeat with the motions.

"Here	Palms up, hands circle close to the body at waist level.
am I.	(I) Point to self.
Send me!"	(send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
Isaiah 6:8	Hold hands open, as if holding a Bible.



Sing, "Here am I."



God sent the Ten Commandments

THE WORD

Supplies: Teacher's Bible with bookmark at Exodus 20:12, picture of the Bible story, photo of your family

Before we begin our Bible Time, let's say our Classroom Promise with the motions.

With my eyes on my teacher;	Point to eyes.
My mouth quiet as can be,	Place index finger over mouth as quiet sign.
I will listen to hear,	Cup hand around ear.
How God loves you and me.	Hug self, point to others, and then self.

Let's reach deep in our pockets and pull out our listening ears. Reach in your pocket and cup your hands behind your ears as if listening.

Hold up the photo of your family. **Who can tell me what you see in this photo?** (Children respond.) Share who is in the photo. **Each of our families look different, but they are all special. God sent each of us a family who cares for us.** If you have time, allow children to share about their own families.

Today, we will learn God sent us fathers and mothers and He wants us to honor them. To honor our parents means to obey or to say and do the things that would make them glad. We will also hear the word, "commandment." A commandment is a rule given to us by God. God gave Moses ten commandments for people to follow. Let's find out what they were. Handle Bible as a special treasure, leaving it open to Exodus 20:12.



WATCH THE WORD: EXODUS 20:1-17

Read the story below or retell the passage in your own words. To illustrate the story, show a picture of the Bible story from a children's Bible, the coloring page, or other source.

- **God called from the mountaintop.**
- **Moses heard and came right up.**
- **God sent commandments one through ten.**
- **Moses told us each of them.**

- **1: God must be your only god.**
- **2: To idols, do not bow down.**
- **3: Do not misuse God's name.**
- **4: Remember our day of rest now.**

- **5: Honor your father**
- **And your mother, too.**
- **6: Do not kill.**
- **7: In marriage, be true.**

- **8: Do not steal.**
- **9: Do not lie about one another.**
- **10: Do not want things**
- **That belong to others.**

Who does God want us to honor? (Our fathers and mothers.)



Honor your father and mother

THE WAY

Teacher Tip: Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

CRAFT: COMMANDMENT MAGNET

Purpose: To show God wants us to honor our parents.

Supplies: Sturdy white paper or foam sheet, adhesive magnetic strip or a small magnet and glue, crayons

Prepare: Cut a 2-inch piece of the magnetic strip or a piece strong enough to hold up the Ten Commandment tablets. From sturdy white paper, cut a 4½-inch x 7-inch shape of the Ten Commandment tablets. On the left side of the tablets, print:

**“Honor your father and your mother.”
Exodus 20:12.**

Directions:

1. On the right side of the tablets, draw a picture of your parents or the people you know God wants you to honor.
2. Attach the magnet to the back side of the tablets.

Craft Discussion:

- **Who remembers what honor means?** (To honor our parents means to obey or to say and do the things that would make them glad.)
- **What can you do to show your Mom or your Dad honor?** (Speak kindly about them, listen and obey.)
- **Display your magnet in your home so you are reminded to honor your parents with everything you say and do.**

THE WAY *continued...*

GAME: MOTHER, MAY I?

Purpose: In this game, children practice honoring "mother" or "father" with good manners.

Supplies: None

Being kind with our words is a great way to honor our mothers and fathers. In this game, you must ask, "Mother (or Father), may I?" before following the instructions. Listen carefully. If I say, "No, you may not," you must remain still.

Directions:

1. Children line up about ten feet away from the teacher who acts as the "Mother" or "Father."
2. Teacher gives a simple instruction to the first child. For example, "Jim, take one step forward." Other instructions might include: Jump up and down. Laugh out loud. Flap your arms. Run in place. Sit on the floor. Spin in a circle.
3. Child must first ask, "**Mother (or Father), may I?**" before moving. If you say, "**Yes, you may,**" the child follows the instruction. If you say, "**No, you may not,**" the child remains still. If you say, "No you may not," give the child another instruction and say "Yes" the second time.
4. Repeat steps 2-3 with each child.
5. If you have more time, allow children to take a turn as "Mother" or "Father."

GAME: HONOR YOUR FATHER AND MOTHER

Purpose: To help the children identify honorable behavior.

Supplies: None

Have children sit on the floor. **Who remembers what it means to honor our parents?** (To obey or to say and do the things that would make them glad.) **God is pleased when we honor our parents. How do you think your father or your mother feel when you honor them?** (Happy, proud.) **Can you show me your happy face?** Encourage all the children to show you their best smile. **How do you think they would feel if you didn't honor them?** (Sad.) **Can you show me your sad face?** Encourage all the children to frown. **Let's play a game. I will describe a child's words or actions. If you think the parent is being honored, I want you to jump up and show me your best smile. If you think the parent is not being honored, I want you to sit down and frown.**

Directions:

1. Teacher describes one of the situations below (or make your own).
2. Children vote by standing and smiling (honored) or sitting and frowning (not honored).

Situation examples:

- John picks up his toys without being reminded.
- Jeffrey pretends not to hear his mother ask for his help.
- Anna helps sweep the floor.
- Marie stomps her feet in anger.
- Sarah tells her Mom she loves her.
- Inez pouts and whines to get her way.
- Steven gets a drink of water for his father.
- Naomi refuses to go to bed.
- Emily gives her Dad a big hug!

THE WAY *continued...*

SNACK: A FAMILY MEAL

Purpose: To remember to honor our mothers and fathers.

Snack Suggestion: A snack the children can share

We can honor each other by sharing our snack today. When we honor someone, we say and do things that are kind and show we care.

Directions:

1. Serve snack and drink.
2. **Let's sing "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.
God our Father, God our Father, once again, once again.
Thank You for our blessings. Thank You for our blessings. Amen. Amen.
3. Lead discussion below while children enjoy their snack.
 - **God sent us the Ten Commandments to remind us to love Him and to love others.**
 - **What is commandment number five?** ("Honor your father and your mother.")
 - **How do you think your father or mother feel when you honor them?** (Happy.)
 - **How do you think God feels when you honor your father or mother?** (Happy.)
 - **What can you say or do to honor your parents or the people who care for you?** (Children respond.)



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

BIBLE MEMORY VERSE

Gather children in a circle sitting or standing and practice the words and motions.

"Here	Palms up, hands circle close to the body at waist level.
am I.	(I) Point to self.
Send me!"	(send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.
Isaiah 6:8	Hold hands open, as if holding a Bible.

PRAY

Let's pray together. Say a closing prayer with the children.

PLAY

Allow children to play with selected toys or centers or choose a book to read to them.

DISMISSAL

Have children take home their coloring page, craft, and a copy of the Ponder, Pray & Play for 2-3's.



If time remains, choose from the connected activities below.

GOT TIME?

SAY & DO: EXODUS 20:1-17

Purpose: This pantomime version of the Bible Story helps the children remember the story details.

Supplies: None

Directions: With each phrase, the teacher says the phrase and leads the children in doing the hand motions.

- **God called from the mountaintop.** (Hands around the mouth, as if calling.)
- **Moses heard and came right up.** (Climb in place.)
- **God sent commandments one through ten.** (Hold up ten fingers.)
- **Moses told us each of them.** (Point the index finger up, as if teaching.)
- **1: God must be your only god.** (Hold up 1 finger.)
- **2: To idols, do not bow down.** (Hold up 2 fingers.)
- **3: Do not misuse God's name.** (Hold up 3 fingers.)
- **4: Remember our day of rest now.** (Hold up 4 fingers.)
- **5: Honor your father** (Hold up 5 fingers.)
- **And your mother too.** (Salute.)
- **6: Do not kill.** (Hold up 6 fingers.)
- **7: In marriage, be true.** (Hold up 7 fingers.)
- **8: Do not steal.** (Hold up 8 fingers.)
- **9: Do not lie about one another.** (Hold up 9 fingers.)
- **10: Do not want things** (Hold up 10 fingers.)
- **That belong to others.** (Point to others.)



BIBLE MEMORY VERSE ACTIVITIES

"Here am I. Send me!" Isaiah 6:8

GAME: HERE AM I!

Purpose: To help children memorize and review the Unit 9 Bible Memory Verse.

Supplies: None

Our Bible Memory Verse says, **"Here am I. Send me!"** God sends us to love others and tell them about Jesus. He wants us to say, **"Here am I. Send me!"** I'm going to walk around the circle. When I stop, I'm going to point to one of you. If it's you, I want you to jump up and say, **"Here am I. Send me!"** Demonstrate by pointing to one of the helpers or a child in the circle and having them jump up and say, **"Here am I. Send me!"**

Directions:

1. Children sit in a circle.
2. As you walk around the outside of the circle, say, **"I heard the voice of the Lord saying, 'Whom shall I send? And who will go for Us?'"**
3. Stop and point to one of the children in the circle.
4. The child jumps up and shouts, **"Here am I. Send me!"**
5. Repeat steps 2-4, giving each child to jump up and say the Bible Memory Verse.

GOT TIME? *continued...*

GAME: SEND ME!

Purpose: To help children memorize and review the Unit 9 Bible Memory Verse.

Supplies: Unit 9 Bible Memory Verse Song "Here Am I"

Let's sing our Bible Memory Verse song together as we march around the room. When you hear the words, "Here am I, send me," I want you to stop where you are and we're going to do two motions. Demonstrate the motions and have the children practice them with you.

"Here am I," Hold hands in front of you at waist level, palms up.

"Send me." Point thumb or pointer finger to self.

Directions:

1. Choose a child as the leader. The other children line up behind the leader.
2. As you begin the music, instruct the leader to lead the other children around the room.
I heard the voice of the Lord saying, "Whom shall I send? Who will go for us?"
I heard the voice of the Lord saying, "Whom shall I send?"
3. When you hear "Here am I, send me. Here am I, send me. Here am I, send me. Here am I, send me." lead the children in stopping and doing the motions.
4. The children begin marching again. Repeat steps 2 and 3.
5. This is a short song (1:10). Play it several times, allowing each child a turn as the leader.



STORY TIME

Gather the children and read a favorite story. This can be a Bible Story, a chapter from *The Adventures of Delbert & Lello*, or a story about obeying or honoring our parents.

PONDER, PRAY & PLAY

Unit 9, Lesson 44: The Ten Commandments

PONDER! God sent the Ten Commandments to His people to help us love God and each other. Commandment five is "Honor your father and your mother" (Exodus 20:12). When we honor someone, we say and do things that are kind and show we care. How can you honor your father, mother, or another person who cares for you?

PRAY! Pray this prayer each day this week: "Thank You, Lord, for sending Your Ten Commandments. Thank You for the parents and the caregivers You have given us. Help us honor them with what we say and do. Amen."

PLAY! Draw a picture, make a card or gift, or do something special for your mother, father, or another person who cares for you to show you honor them.

BIBLE MEMORY VERSE

"Here Palms up, hands circle close to the body at waist level.

am I. (I) Point to self.

Send me!" (send) Left hand facing down, the fingertips of the right hand flick outward from the back of the right hand.

Isaiah 6:8 Hold hands open, as if holding a Bible.