

Teacher's Guide: Ages 10-12 Kings and Kingdoms Part 1: The Life of Jesus

Unit 1, Lesson 6

# Jesus Is Transfigured

Lesson Aim: To know Jesus is both God and man, and the fulfillment of the Law and the Prophets.

#### THE WORSHIP

Who God is: The King Who is With Us

#### THE WORD

**Bible Story:** Matthew 17:1-9; 5:17-18

What He has done: Jesus' appearance changed and He spoke to Moses and Elijah.

Key Verse: Matthew 17:5

#### THE WAY

Christ Connection: Exodus 33:18-20

#### **BIBLE MEMORY VERSE**

"The Word became flesh and made His dwelling among us. We have seen His glory, the glory of the One and Only, Who came from the Father, full of grace and truth." John 1:14

	Unit 1: The King Who is With Us				
	Bible Story	What He Has Done	Lesson Aim		
1	Jesus and His Father's House,	God came to earth and grew up	To challenge children to make choices		
	Luke 2:41-52	as a boy of faith.	as Jesus did in his youth.		
2	Jesus Is Baptized,	God told Jesus He loved Him and	To study the relationship between God		
	Mark 1:1-11	was pleased with Him.	the Father, God the Son, and God the		
			Holy Spirit.		
3	Jesus Is Tempted,	Jesus resisted temptation and	To study the three kinds of		
	Matthew 4:1-11	battled Satan using God's Word.	temptations we most often face.		
4	Jesus Calls His Disciples,	Jesus called regular people to	To know Jesus calls ordinary people		
	Luke 5:1-11	follow Him.	and does extraordinary things through		
			them.		
5	Jesus Clears the Temple,	Jesus cleared the temple.	To challenge children to treat God's		
	Mark 11:15-17		house and their own life as special and		
			holy to God.		
6	Jesus Is Transfigured,	Jesus' appearance changed and	To know Jesus is both God and man,		
	Matthew 17:1-9; 5:17-18	He spoke to Moses and Elijah.	and the fulfillment of the Law and the		
			Prophets.		

#### **TEACHER'S ENCOURAGEMENT**

This week, read 2 Corinthians 3:7-18. Please join us in praying, "Thank you for showing Yourself in the cloud. Show Yourself to the children this week through Your Word and through Your Spirit working in Your servants as we teach this story. Amen."

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Segment	Minutes	Activity	Supplies
THE	Up to 15	Meet & Greet	None
WELCOME		Game: Changing Appearances	None
THE Worship	Up to 20	Worship Sheet music and recordings for	Unit 1 Bible Memory Verse Song: "The Word Became Flesh"
WORSHIP		Bible Memory Verse Songs	Other Bible Memory Verse Song Suggestions:
		available at ResourceWell.org	"Follow Me"
		available at Resource vell.org	"Chosen People"
			"Think About These Things"
			"Do Justly"
			Additional Hymn Suggestion:
			"Take My Life and Let It Be"
			Additional Song Collection Suggestions:
			Absolute All Time Favorites For Kids
			Cedarmont Worship for Kids: Volume 2
		Worship Scripture Reading:	Bible
		2 Corinthians 3:18	
		Offering	Baskets
		Worship Illustration	Lesson 6 Kingdom Adventures script or storybook
THE WORD	Up to 10	Read the Word:	Map— Mt. Herman near Jerusalem, Bibles, Bible
		Matthew 17:1-9; 5:17-18	Story Scripture reference poster, highlighters
THE WAY	Up to 25	Discuss the Word	Bibles, Christ Connection Scripture reference poster,
		Christ Connection:	highlighters
		Exodus 33:18-20	
		Golden Bowl	Golden Bowl, pencils, note cards
	Final 5	Final Five Minutes	Treasure Treat—"Ask Me About The Transfiguration"
			sticker, W <sup>3</sup> s, paper, pencils, crayons or markers,
			prayer notebook, Unit 1 Bible Memory Verse Song
			"The Word Became Flesh," CD player
GOT TIME?	Up to 10	Snack: Marshmallow Clouds	Marshmallows (or cotton candy)
	Up to 10	Game: Show Me God's Glory	White, inflated balloon (not helium)
	Up to 10	Craft: Jesus is Transfigured	Heavy paper (any color), yellow or shiny paper,
			white cloth, glue, scissors, markers or crayons,
		<b>5</b>	cotton balls
	Up to 10	<b>Discussion:</b> The Law and the	Bible
	11m += 10	Prophets	Hait 1 Dible Mamony Verse market at Dible
	Up to 10	<b>Bible Memory Verse Activity:</b> The Wave	Unit 1 Bible Memory Verse poster or Bible
	Up to 5	Bible Memory Verse Activity:	Four Bibles, Unit 1 Bible Memory Verse poster, four
		Find the Verse Race	pieces of different colored paper, marker
	Up to 5	Bible Timeline Review	Timeline

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



To spark anticipation, encourage arriving children to meet and greet one another with today's question. **Meet & Greet Question: What do you think God looks like?** 

## **GAME: CHANGING APPEARANCES**

**Purpose:** Play this game to help children begin to think about how Jesus' appearance changed.

Supplies: None

Can you tell when something changes? Sometimes seeing how something has changed is easy and sometimes it is hard. Today, we are going to learn how Jesus' appearance changed on the mountain. Everyone who was with Jesus noticed the change. Before we discover what happened, let's play a game to see how well you see changes.

#### **Directions:**

- 1. Form teams of three or four children.
- 2. Have all the teams sit on the floor facing the front of the classroom.
- 3. Have the first team stand in front of the other teams. Tell the seated teams to carefully study the appearance of the standing team. Have them pay special attention to details like clothing, hairstyle, and jewelry.
- 4. After a minute, send the first team out of the room to secretly choose one thing to change about the appearance of one player on the team. For example, they might turn a hat backwards, put their hair in ponytail, or switch jewelry with another team member.
- 5. Have the team stand in front of the other teams again.
- 6. The seated players must guess what change the team made.
- 7. Repeat steps 3-6 until all teams have had a turn.

**Teacher Tip:** If playing the game with younger children, either you or an assistant may help the team choose and make a change.



**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play music as children move to the designated area.

#### The Seven Stars of Lent

If this lesson is taught during the Lenten season (the 40 days before Easter), we recommend the Seven Stars of Lent activity located at ResourceWell.org under Children - Other Resources. Choose one star for each week of the Lent season.

Today, we worship Jesus as the King who is with us. When Jesus was with us on earth as a man, Peter, James and John saw His appearance change. This is called the Transfiguration. They heard God the Father speak from heaven. Imagine how amazed they were to see Jesus' face shining like the sun and to hear God's voice from heaven claiming Jesus as His Son. They saw the glory of the Lord and they knew Jesus was truly God's Son.



Sing Unit 1 Bible Memory Verse Song, "The Word Became Flesh." You may also choose to sing songs that focus on the glory of Jesus, the Son of God.



The Holy Spirit is with all who believe in Jesus. He is with us, changing us to be more and more like Jesus; to reflect His glory so others will also believe in Him. Read Worship Scripture: 2 Corinthians 3:18.

Today, as we collect the offering, let's ask Jesus to use it to somehow show many people that Jesus is God's Son. Child leads an offering prayer.



Perform Kingdom Adventures script or read storybook: Kings & Kingdoms Unit 1, Lesson 6.



**Teacher Tip:** As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word; knowing God is my goal."

Last time, we learned Jesus cleared the temple of buyers and sellers. Today's Bible story has a long title: "The Transfiguration." Let's say it slowly together. Ready? "Transfiguration." A transfiguration is a big change in the appearance of something or someone. Jesus took His followers up on a mountain where they saw an amazing change in His face and clothes. If a map is available, have a child locate Mt. Herman, which is near Jerusalem. It is known as a likely location where the transfiguration took place.



Let's play Find It First! Bring out your Bible; keep it right in front of you. Hand out spare Bibles. Today's scripture verse is behind the curtain (or secret door, secret window, etc.). Child reveals the Bible Story Scripture reference: Matthew 17:1-9; 5:17-18. Let's see who can Find It First. Ready? Set? Go! Children race to find it first. The winner helps others find it. Let's highlight our key verse: Matthew 17:5.

Before we read, let's stand and ask God to open our eyes, ears, hearts and minds to His Word today. Who'd like to pray that for us? Child prays aloud. Be seated.

Only God can fully understand how Jesus is both man and God at the same time. It is a mystery! Peter, James and John must have pondered this mystery on the mountain with Jesus. As I read what happened, close your eyes and imagine that you were there with Jesus and His friends. Read Matthew 17:1-9.

To understand more about who Jesus is and what He has done, let's read what Jesus said in Matthew 5:17-18. Read Matthew 5:17-18.



Before He changed, what did Jesus look like? (A regular man.) What did Jesus look like when His face and clothes changed on the mountain? (Shining face, bright white clothes.) When Jesus' clothes and face changed and God spoke, Peter, James, and John could see Jesus was God. Afterward, when Jesus touched them and spoke to them, what did He look like? (A regular man.) How does this story show you Jesus is both God and man? (Children respond.)

First, let's make a list of things Jesus did on earth that showed He was like other humans. (He was born, grew, had friends, ate meals, died, etc.) Now, let's make a list of all the things He did on earth that showed He was God. (Any miracles, the transfiguration, etc.)

On the way down the mountain, what did Jesus tell Peter, James, and John to do? (Wait until He raised from the dead to tell others what happened on the mountain.) How does this prove Jesus already knew He would die and rise again? (He spoke about it so He must have known.)

Who were the two people who suddenly appeared with Jesus on the mountain? (Moses and Elijah.) Jesus said He came to fulfill the Law and the Prophets. Why do you think God chose to have Moses and Elijah appear? (Children respond.) God gave Moses the Ten Commandments, so Moses could represent God's Law. Elijah was a prophet, so he may have stood for all of God's prophets. The word "fulfill" means to fill something full—to completely finish something. When Moses and Elijah appeared with Jesus, it meant Jesus fulfilled all of the laws and promises in the Old Testament.

Why is Jesus the One who fulfilled the Law? (He is the only One who has obeyed all the commandments perfectly and completely. He never sinned.) How is Jesus the One who fulfilled the prophecies? (Only through Him did all the promises of God's prophets come true. He was the One they were talking about when they spoke of the coming Savior!)



Connecting the Old Testament, the New Testament and Us

## CHRIST CONNECTION

To see Jesus' face shining like the sun and to hear God's voice from heaven was to see the glory of the Lord. Let's find out what Moses prayed for when he was alone on a mountain many years before this story.



<u>FIND IT FIRST></u> Everyone, place your Bible closed on your lap. Choose a child to reveal the Christ Connection Scripture reference: Exodus 33:18-20. Let's see who can Find It First! Ready? Set? Go! Find it and highlight it. Read Exodus 33:18-20.

What did Moses ask God to show Him? (His glory.) How does God describe His glory? (All His goodness, and His name proclaimed as Lord.) How was Moses' prayer answered 1500 years later at the Transfiguration? (Moses saw Jesus face shine and His clothes change to bright white.)

## THE WAY continued...



**Teacher Tip:** Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

Revelation 5:8 says our prayers are like sweet smelling incense in the golden bowls at God's throne. I'm going to lift each one of your names to God's throne as you pray for each person silently. Then we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.

Lord God, we lift up to Your throne the name of each child here. We trust You to watch over
us and our needs, the ones we say aloud and the ones hidden in our hearts. First, we lift up
to You, Read names in Golden Bowl.

Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.



When only 5 minutes remain, begin this segment.

### FINAL FIVE MINUTES

TREASURE TREAT: Today, your Treasure Treat is an "Ask Me About The Transfiguration" sticker. Transfiguration means change. Tell everyone how Jesus' face and clothes changed on the mountain. Tell them what God's voice said from heaven, too!

<u>W</u><sup>3</sup>: Take home today's W<sup>3</sup> Journal Entry #6 as your personal devotional study. Keep your journal entries together at home in a notebook or in your Bible. Distribute W<sup>3</sup> Journal Entry #6. Complete this at home and let God speak to you through His own words in the Bible!

<u>OFFERING OF ART</u>: Until it is time to be dismissed, make an Offering of Art. For your offering, draw a picture of Jesus shining on the mountain with the clouds surrounding all those who were there. The Offering of Art can be finished at home or given as an offering for the teacher to display.

**PRAYER REQUESTS:** As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

**BIBLE MEMORY VERSE SONG:** Play the Unit 1 Bible Memory Verse Song in the background as children wait to be dismissed.



#### **SNACK: MARSHMALLOW CLOUDS**

**Purpose:** To prompt an informal visit and discussion of the transfiguration Bible Story.

**Snack Suggestion:** Marshmallows (or cotton candy)

Today, we learned God spoke from a cloud to Jesus and three of His disciples. Our marshmallow snack reminds us of the cloud in our Bible Story.

#### Directions:

- 1. Serve the snack and drink.
- 2. Ask a child to pray and thank God for the snack.
- 3. Ask the Snack Discussion Question: "What do you think God looks like?"

### **GAME: SHOW ME GOD'S GLORY**

**Purpose:** By sharing their own examples, children are inspired to look for God's glory in their lives.

**Supplies:** White, inflated balloon (not helium)

In the Bible, God's glory is sometimes connected to heavenly light. In Exodus 33:18-19, Moses asked God, "Show me Your glory." God Himself described His glory to Moses as His goodness and the proclaiming of His name as Lord.

In this game, we will pass a bright white balloon to each other as we share times we have seen God's glory. Your example can be from the Bible or from something you have seen with your own eyes. It might be a situation in which God's goodness was shown or a time when His name was given the credit for one of His mighty acts or miracles. When the balloon comes to you, if you can't think of an example, say, "Show me God's glory" and toss the balloon to another child.

#### **Directions:**

- 1. Seat children in a circle.
- 2. Toss balloon in the air. The child who catches it holds it and completes the sentence, 'I saw God's glory when..."
- 3. After sharing an example of God's glory, the child tosses the balloon in the air again and the process repeats.
- 4. If the child catching the balloon has no example, he or she says, **"Show me God's glory"** before tossing it to another child.
- 5. Play until each child gets a turn.

## GOT TIME? continued...

### **CRAFT: JESUS IS TRANSFIGURED**

**Purpose:** For children to make pictures to help them remember Jesus was transfigured to show He is both God and man.

**Supplies:** Heavy paper (any color), yellow or shiny paper, white cloth, glue, scissors, markers or crayons, cotton balls, optional: glow-in-the-dark puff paint

**Prepare:** Cut the cloth into small pieces. Optional: Print or draw a picture of Jesus for each child.

Today, we discovered Jesus was transfigured; He changed how He looked. What did Jesus look like when He changed? (His face glowed like the sun and His clothes were white like light.) Why did Jesus change? (To show He is both God and man.) Let's make a picture to help us remember how Jesus transfigured to show He is both God and man.

#### Directions:

- 1. Draw a picture of Jesus on the yellow (or shiny) paper and cut it out.
- 2. Glue Jesus onto a sheet of heavy paper, any color.
- 3. Glue a small piece of white cloth as Jesus' robe.
- 4. Make the cloud by gluing cotton balls to your picture.
- 5. Decorate your picture with markers or crayons.
- 6. Optional: Use glow-in-the-dark puff paint to outline your picture.

#### **DISCUSSION: THE LAW AND THE PROPHETS**

**Purpose:** To discuss the meaning of the Law and the Prophets in Matthew 5:17-18.

Supplies: Bible

Read Matthew 5:17-18. Jesus said He came to fulfill the Law and the Prophets. The Law is the rules and the Ten Commandments God gave to Moses. They are found in Genesis, Exodus, Leviticus, Numbers and Deuteronomy.

The prophets were people who spoke of God's warnings and promises. Their writings can be found in Joshua, Judges, 1 and 2 Samuel, 1 and 2 Kings, Isaiah, Jeremiah, Ezekiel, Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, and Malachi.

Jesus said He came to fulfill what is written in the Law and in the Prophets. Where do we find these books in the Bible? (The Old Testament.) Why do you think the laws found in the Bible are important? (Children respond.) Why do you think the writings of the prophets are important? (Children respond.)

## GOT TIME? continued...



## **BIBLE MEMORY VERSE ACTIVITIES**

"The Word became flesh and made His dwelling among us. We have seen His glory, the glory of the One and Only, Who came from the Father, full of grace and truth." John 1:14

## **GAME: THE WAVE**

Purpose: Children memorize the Unit 1 Bible Memory Verse: John 1:14.

**Supplies:** Unit 1 Bible Memory Verse poster or Bible

Let's read our Bible Memory Verse and talk about its meaning. Children read John 1:14 using Bibles or a Bible Memory Verse Poster. Another name for Jesus is "the Word." "The Word became flesh" means Jesus who is God became human while He was still fully God. He "made His dwelling among us" means Jesus lived on earth with regular people like us. "We have seen His glory" means we have seen His greatness; greatness only God has. God is full of grace and truth. Now let's say our Bible Memory Verse in a wave!

#### **Directions:**

- 1. Assign one phrase from John 1:14 to each child or group.
- 2. As helper directs, each child/group quickly stands, says assigned phrase while raising both hands up to the sky, then down to thighs and sits down.
- 3. Repeat three times going faster each time.

## **GAME: FIND THE VERSE RACE**

Purpose: Use this game to introduce, discuss, and memorize the Unit 1 Bible Memory Verse.

**Supplies:** Four Bibles, Unit 1 Bible Memory Verse poster, four pieces of different colored paper, marker **Prepare:** Write **John 1:14** on each sheet of colored paper. Hide the sheets around the room. Place four Bibles in the center of the room.

#### **Directions:**

- 1. Divide the class into four teams and assign one of the paper colors to each team.
- 2. On your signal, the teams are to search the room to find the paper color assigned to their team.
- 3. As soon as a team finds its paper, that team must get a Bible from the center of the room, find the verse and read it aloud. The goal is to be the first team to read the verse aloud.
- 4. Hold up the Bible Memory Verse poster and have the class repeat the verse together with you.
- 5. Finish this activity by saying the verse together as a class.

Who is "The Word"? (Jesus.) Why do you think Jesus is called "The Word"? (Children respond.) Jesus speaks God's words because He is God's Son. God the Father sent Jesus to help us know and be close to Him.

## GOT TIME? continued...



Kings & Kingdoms Part One studies the life of Jesus (Circa 0-33 A.D.) beginning with the only story of His childhood and then focusing on His relationships, His ministry, His teachings, and the events surrounding His death, resurrection, and ascension. It concludes with a study of His kingdom parables. Review recent Bible stories to see the continuing story of who God is and what He has done.

<u>Jesus Calls His Disciples (Circa 30 A.D.)</u> Who are the fishermen mentioned in this story? (Simon Peter, James and John.) What did the fishermen do after they caught so many fish and pulled their boats to shore? (They left everything and followed Jesus.)

<u>Jesus Clears the Temple (Circa 30 A.D.</u>) How did Jesus stop the men from charging unfair prices for the dove and animal offerings people needed when they came to worship in God's house? (He turned over their sales tables and would not let them walk through the temple to sell doves or animals.) What did Jesus say His house will be called? (A house of prayer for the nations.)

<u>Jesus is Transfigured (Circa 30 A.D.)</u> How did Jesus' face and clothes change on the mountain? (His face shone; His clothes were bright white.) What two men suddenly appeared with Jesus? (Moses and Elijah.) What did God's voice say? ("This is my Son, whom I love. Listen to Him.") How does this story show you Jesus is both God and man? (Children respond.)

How to create a Bible Timeline for the Life of Jesus:

- 1. Print each footprint on sturdy paper.
- 2. Choose a wall or other visible location to display the timeline.
- 3. Before each lesson, add the footprint for that lesson to the Bible Timeline using the list below. Children can follow in Jesus' footsteps as they review past lessons.
- 4. To review, ask the corresponding questions as you point to the associated footprint.

<u>Life of Jesus</u>: Jesus and His Father's House > Jesus Is Baptized > Jesus Is Tempted > Jesus Calls His Disciples > Jesus Clears the Temple > Jesus Is Transfigured > Jesus Teaches the Beatitudes > Jesus and Nicodemus > Jesus and the Woman at the Well > Jesus with Mary and Martha > Jesus and Zacchaeus > Jesus Is Anointed > The Triumphal Entry > Jesus Washes His Disciples' Feet > Jesus and the Last Supper > Jesus in the Garden > Jesus and the Cross > Jesus Is Risen > The Road to Emmaus > Jesus Talks with Peter > The Great Commission > The King Ascends

<u>Kingdom Parables</u>: The Lost Sheep > The Sower > The Vine and the Branches > The Workers in the Vineyard > The Great Banquet > The Rich Fool > The Talents > Lazarus and the Rich Man> The Lost Son > The Good Samaritan