



Jesus with Mary and Martha

Lesson Aim: To focus on Jesus and give priority to time with Him.

THE WORSHIP

Who God is: The King Who Serves

THE WORD

Bible Story: Luke 10:38-42

What He has done: Jesus encouraged Martha to spend time with Him.

Key Verse: Luke 10:42

THE WAY

Christ Connection: Psalm 34:4-5

BIBLE MEMORY VERSE

"If anyone would come after Me, he must deny himself and take up his cross and follow Me."

"Come, follow Me," Jesus said, "and I will make you fishers of men." Matthew 16:24; 4:19

Unit 2: The King Who Serves			
	Bible Story	What He Has Done	Lesson Aim
7	Jesus Teaches: The Beatitudes, Matthew 5:1-12	Jesus taught the crowds about God's blessings.	To know the blessings of the heart God provides for those in His kingdom.
8	Jesus and Nicodemus, John 3:1-5, 16	Jesus answers Nicodemus' questions about salvation.	To consider personal salvation and to voice questions about God.
9	Jesus and the Woman at the Well, John 4:6-11, 13-14, 25-26, 28-30, 39-42	Jesus spoke with the woman at the well about eternal life and His identity.	To consider the meaning of living water and how to tell others about Jesus.
10	Jesus with Mary and Martha, Luke 10:38-42	Jesus encouraged Martha to spend time with Him.	To focus on Jesus and give priority to time with Him.
11	Jesus and Zacchaeus, Luke 19:1-10	Jesus sought Zacchaeus and went to his home.	To see Jesus transforms us.

TEACHER'S ENCOURAGEMENT

This week, read Matthew 6:25-34. Please join us in praying, "Thank you, Lord, for giving us Your perspective on priorities. Help us teach the children to fix their eyes upon You and not on their worries. Amen."



Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Meet & Greet	None
		Game: Be Still Tag	None
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org	Unit 2 Bible Memory Verse Song: "Follow Me" Other Bible Memory Verse Song Suggestions: "For God So Loved the World" "I Am the Way" "Praise the Lord, O My Soul" "Search Me, O God" Additional Hymn Suggestion: "I Want to Know You" "Turn Your Eyes Upon Jesus" Additional Song Collection Suggestions: Absolute All Time Favorites For Kids Cedarmont Worship for Kids: Volume 2
		Worship Scripture Reading: Matthew 6:33	Bible
		Offering	Baskets
		Worship Illustration	Lesson 10 Kingdom Adventures script or storybook
THE WORD	Up to 10	Read the Word: Luke 10:38-42	Map—Bethany, near Jerusalem, Bibles, Bible Story Scripture reference poster, highlighters
THE WAY	Up to 25	Discuss the Word	Bibles, Christ Connection Scripture reference poster, highlighters, clear jar with lid, bucket, large rock, smaller rocks, pebbles or gravel, sand, container of water
		Christ Connection: Psalm 34:4-5	
		Golden Bowl	Golden Bowl, pencils, note cards
	Final 5	Final Five Minutes	Treasure Treat—"Jesus rock" (A rock symbolizing time with Jesus.), W's, paper, pencils, crayons or markers, prayer notebook, Unit 2 Bible Memory Verse Song "Follow Me," CD player
GOT TIME?	Up to 10	Demonstration: Filling Your Day	Clear jar with lid, bucket, large rock, smaller rocks, pebbles/gravel, sand, container of water
	Up to 10	Snack: Can't Stop Movin' Gelatin	Flavored gelatin snack
	Up to 10	Game: Busy Charades	Slips of paper, bag, pencils
	Up to 10	Craft: Time with Jesus Doorknob Hanger	Sturdy paper, crayons or markers, pencils
	Up to 10	Discussion: Focus on Following Jesus	Copy of the Unit 2 Bible Memory Verse for each child
	Up to 10	Bible Memory Verse Activity: Come, Follow Me	Sturdy paper, marker, Unit 2 Bible Memory Verse poster
	Up to 5	Bible Memory Verse Activity: The Wave	Unit 2 Bible Memory Verse poster or Bible
	Up to 5	Bible Timeline Review	Timeline

RESOURCES: Supplemental materials are available at ResourceWell.org.



Getting started

THE WELCOME

To spark anticipation, encourage arriving children to meet and greet one another with today's question.

Meet & Greet Question: What is your favorite food?

GAME: BE STILL TAG

Purpose: This game will introduce the idea that everyone needs to stop and spend time with Jesus.

Supplies: None

Directions:

1. Choose one child to be the "Stopper."
2. The Stopper must try to tag the other children as they run from him or her.
3. The Stopper tags another child by touching the child and saying, "Be Still."
4. The child who has been touched then sits down in place and is still for the rest of the game.
5. After all (or most) of the children are sitting down, let another child be the Stopper and play again.

While you were playing Be Still Tag, what were you thinking about? (Not getting tagged by the Stopper.) **Which did you pay more attention to, not getting tagged or what the other players were doing?** (Not getting tagged.) **After you had to sit still, you didn't have to worry about getting tagged anymore. You probably noticed a lot more of what was going on around you, like what the other players were doing or even what I was doing.**

Today, we will discover what happened when Jesus visited two sisters. One sister sat still and listened to Jesus. The other sister was very worried about the work she had to do. Let's find out what happened.



Jesus as the King who serves

THE WORSHIP

Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play music as children move to the designated area.

The Seven Stars of Lent

If this lesson is taught during the Lenten season (the 40 days before Easter), we recommend the Seven Stars of Lent activity located at ResourceWell.org under Children - Other Resources. Choose one star for each week of the Lent season.

Today, we worship the King who serves. To serve is to give someone what they need. In today's Bible Story, Martha invited Jesus for dinner. Martha was distracted by all the preparations but Mary focused on listening to Jesus. Jesus wants us to focus on Him and not worry about other things.



Listen to how Jesus explains it to the crowd in His Sermon on the Mount. Volunteer reads Matthew 6:33.



Together we can focus on Jesus as we give our offering and songs of praise. Sing: "Turn Your Eyes Upon Jesus" as offering is collected. **We can thank Him for calming our worries and giving us different ways to listen and follow Him.** Sing: Unit 2 Bible Memory Verse Song, "Follow Me." You may also choose to sing songs that keep our focus on Jesus.



Perform Kingdom Adventures script or read storybook: Kings & Kingdoms Unit 2, Lesson 10.



Jesus visits Mary and Martha

THE WORD

Teacher Tip: As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word; knowing God is my goal."

Last time, we learned Jesus told the woman at the well about living water. Who remembers what living water stands for? (Life forever close with God.) Today, we will learn Jesus wants us to choose to focus on Him instead of being busy or worrying. He explained this to Martha at her home in Bethany. If a map is available, show Bethany, located near Jerusalem.



Let's play Find It First! Bring out your Bible; keep it right in front of you. Hand out spare Bibles. **Today's Scripture verse is behind the curtain** (or secret door, secret window, etc.). Child reveals Bible Story Scripture reference: Luke 10:38-42. **Let's see who can Find It First. Ready? Set? Go!** Children race to find it first. The winner helps others find it. **Let's highlight our key verse:** Luke 10:42.

Before we read, let's stand and ask God to open our eyes, ears, hearts and minds to His Word today. Who'd like to pray that for us? Child prays aloud. **Be seated.**

Let's read in the Bible to hear what happened when Jesus came to Mary and Martha's home. Read Luke 10:38-42.



Spending time with Jesus

THE WAY

What was distracting Martha? (All the preparations she had to make.) **What kinds of things distract you from focusing on Jesus?** (Children respond.) **What do you think Jesus would say to you about the things that distract you from spending time with Him and following Him?** (Children respond.)

Why do you think Martha was worried and upset? (Children respond.) **What worries or upsets you?** (Children respond.) **In Martha's eyes, it must have seemed unfair for Mary to sit and listen to Jesus while she needed her help. What did Martha ask Jesus to do?** (Tell Mary to help Martha.) **What did Jesus say about Mary?** (He said Mary made the better choice and it would not be taken from her.) **Sometimes we see something that seems unfair, but Jesus sees it differently. How might spending time with Jesus in prayer and reading the Bible help us to see things His way?** (Children respond.) **How might it help us with our worries?** (Children respond.)

In this situation, Martha thought making the preparations and getting Mary to help were important. In each situation, how can we know what is most important for us to be doing? (By asking Jesus to show us how He wants us to spend our time.)

FILLING YOUR DAY: To demonstrate setting daily priorities, see DEMONSTRATION: FILLING YOUR DAY located in the GOT TIME? segment of this lesson.



Connecting the Old Testament, the New Testament and Us

CHRIST CONNECTION

Mary knew there was nothing more important than being with the Lord. One thousand years earlier, King David showed he knew the same thing! Check out the song King David wrote to the Lord about spending time with Him.



FIND IT FIRST Everyone, place your Bible closed on your lap. Choose a child to reveal the Christ Connection Scripture reference: Psalm 34:4-5. **Let's see who can Find It First! Ready? Set? Go! Find it and highlight it.** Read Psalm 34:4-5.

How does David describe the faces of those who look to the Lord? (Radiant.) **Mary looked to the Lord when she sat at His feet and listened to Him. In what way do you look to the Lord?** (Children respond.)

THE WAY *continued...*



Revelation 5:8

GOLDEN BOWL

Teacher Tip: Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

Revelation 5:8 says our prayers are like sweet smelling incense in the golden bowls at God's throne. I'm going to lift each one of your names to God's throne as you pray for each person silently. Then we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.

Lord God, we lift up to Your throne the name of each child here. We trust You to watch over us and our needs, the ones we say aloud and the ones hidden in our hearts. First, we lift up to You ____, ____, _____. Read names in Golden Bowl.

Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

TREASURE TREAT: Today, your Treasure Treat is a "Jesus rock." Take this rock home and remember: just as we put the biggest rock in the jar first (See GOT TIME? DEMONSTRATION: FILLING YOUR DAY.), it is important to put Jesus first in our day by spending time with Him.

W³: Take home today's W³ Journal Entry #10 as your personal devotional study. Keep your journal entries together at home in a notebook or in your Bible. Distribute W³ Journal Entry #10. Complete this at home and let God speak to you through His own words in the Bible!

OFFERING OF ART: Until it is time to be dismissed, make an Offering of Art. For your offering, draw a picture of Mary sitting by Jesus' feet, listening to Him. The Offering of Art can be finished at home or given as an offering for the teacher to display.

PRAYER REQUESTS: As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

BIBLE MEMORY VERSE SONG: Play the Unit 2 Bible Memory Verse Song in the background as children wait to be dismissed.



If time remains, choose from the connected activities below.

GOT TIME?

DEMONSTRATION: FILLING YOUR DAY

Purpose: Demonstrate the importance of setting daily priorities.

Supplies: Clear jar with lid, bucket, large rock, smaller rocks, pebbles/gravel, sand, container of water

Prepare: Place items on a table.

1. **This jar stands for one day in your life. In the bucket, are items which stand for the things that can fill up your day.**
2. **This is the biggest rock I have. It stands for Jesus. We spend time with Him when we pray or read the Bible or just think about God. Jesus said Mary made the best choice by spending time with Him, so we are going to put our Jesus rock first in our day.** Volunteer places the largest rock, the "Jesus rock," in the jar.
3. **Next, who are the people who are most important to you?** (Family members, friends, etc.) **Each of these smaller rocks will stand for people who are very important to you.** Volunteer fills the jar to the top with smaller rocks.
4. **Is the jar full?** (Yes.) **What a busy life you have! But we've forgotten to add the things you have to do each day. What are those things?** (School, chores, bath, etc.) **These smaller pebbles will stand for each of those things.** Volunteer adds the pebbles to the jar until full.
5. **Is the jar full?** (Yes.) **But wait, what about your favorite things? What are your favorite things to do each day?** (Play games, sports, music, watch shows, computer games, etc.) **How can you fit any of those in? This sand will stand for all your favorite things to do each day.** Volunteer adds sand until the jar is filled to the top.
6. **Is the jar full?** (Yes.) **There is no more room! But we've forgotten the special things you get to do every once in a while, like a surprise visit from a relative, going for a swim, or a special treat baked just for you. Can you think of surprises that happen sometimes? This water stands for those surprises.** Volunteer pours water into the jar until it is filled to the top.
7. **Is the jar full?** (Yes.) **What a full day you each have! Why do you we need to put the biggest rock, the Jesus rock, in first?** (It is too big to be squeezed in later like the sand and water.) **Let's be sure to spend time with Jesus at the start of our day, before we fill it with other things. As Jesus told Martha, spending time with Him is the better choice.**

SNACK: CAN'T STOP MOVIN' GELATIN

Purpose: Connect with your students while enjoying a snack to talk about taking time to be with Jesus.

Snack Suggestion: Flavored gelatin snack

Mary sat at Jesus' feet and listened to Him. Martha worried about the work to be done. Jesus knew Martha's work was important; she was probably fixing dinner for Him! But even as we work, we can stop and give our worries to Jesus. Spending time with Jesus is very important. Let's eat a snack of gelatin. What is one thing you have noticed about gelatin? (It moves.) Unlike gelatin, we can stop and spend time with Jesus. Since Martha was probably fixing dinner, let's talk about food as we eat our snack.

Directions:

1. Give each child a snack and drink.
2. Ask a child to pray and thank God for the snack.
3. As you eat, ask the children to answer the Snack Discussion Question: **"What is your favorite food to prepare for others, and how do you make it?"**

GOT TIME? *continued...*

GAME: BUSY CHARADES

Purpose: For children to remember activities that can distract us from time with Jesus.

Supplies: Slips of paper, bag, pencils

God blesses us with many activities to enjoy, but it is important for us to put Him first in every activity. Sometimes, we become distracted with our activities as Martha did in today's story. In this game, we will act out and guess the different activities that can keep us busy.

On a slip of paper, print an activity you have to do every day or one you enjoy doing whenever you can.

Teacher Tip: To simplify for younger children, have children suggest activities to you while you write them on one piece of paper. Whisper one of the listed activities to the first child who silently acts it out for the other children to guess the activity. Repeat until each child has a turn.

Directions:

1. Children print an activity on a slip of paper. Teacher collects slips of paper in a bag.
2. The first child draws a slip of paper from the bag and silently acts out the activity as the other children try to guess the name of the activity.
3. Repeat until each child has a turn.

CRAFT: TIME WITH JESUS DOORKNOB HANGER

Purpose: Children create a doorknob hanger to let others know they are spending time with Jesus.

Supplies: Sturdy paper, crayons or markers, pencils

Prepare: Cut a 10 x 6 inch strip of paper for each child. Two inches from the top of paper, cut an opening for a doorknob. Write, **"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."** Psalm 46:10 where children can see it.

What did Mary do when Jesus visited her home? (Sat at Jesus' feet and listened to Him.) **What did Martha do?** (She was busy and worried. She got upset Mary was not helping.) **What do you worry about?** (Children respond.) **Let's make a doorknob hanger you can hang on your bedroom door when you want to spend quiet time with Jesus. During your quiet time, be sure to tell Him your worries. He will always take care of you!**

Directions:

1. Copy the words from Psalm 46:10 onto doorknob hanger.
2. Decorate doorknob hanger.

Each time you want to spend some quiet time with Jesus, put your doorknob hanger on the outside of your door so you will not be interrupted.

GOT TIME? *continued...*

DISCUSSION: FOCUS ON FOLLOWING JESUS

Purpose: Children will spend a few minutes of quiet reflection on what the Unit 2 Bible Memory Verse means to them.

Supplies: Copy of the Unit 2 Bible Memory Verse for each child.

Jesus wants us to take a break and focus on Him. Let's focus on what He wants to tell us through our Bible Memory Verse. Everyone, find a quiet place in the room to sit for a few minutes. Read the Bible Memory Verse; you can read it several times. Pray and ask Jesus to help you understand His words. Ask Him to show you how He wants you to follow Him. Don't worry if you don't understand after spending a few minutes with Jesus. Keep spending time alone with Him and He will show you what He wants you to know.

Directions:

1. Give a copy of the Bible Memory Verse to each child.
2. Ask the children to spread out, away from each other.
3. Give the children three to five minutes to sit quietly and focus on what Jesus might be telling them through the Bible Memory Verse. Use your judgment as to the amount of time your class can handle sitting quietly by themselves.
4. Call the children back together.
5. Let the children, who wish to share, tell what Jesus showed them.

GOT TIME? *continued...*



BIBLE MEMORY VERSE ACTIVITIES

"If anyone would come after Me, he must deny himself and take up his cross and follow Me."

"Come, follow Me," Jesus said, "and I will make you fishers of men." Matthew 16:24; 4:19

GAME: COME, FOLLOW ME

Purpose: Children step on footprints to learn the words and meaning of the Unit 2 Bible Memory Verse.

Supplies: Sturdy paper, a marker, Unit 2 Bible Memory Verse poster

Prepare: Cut 31 footprint shapes from sturdy paper. Write one word of the Bible Memory Verse on each footprint. Display the poster where the children can see it.

Shuffle the footprints as you ask the following questions:

Who should we follow? (Jesus.) **Jesus says we must do some things to follow Him. What does He want us to do?** (Deny yourself and take up your cross.) **This means following Jesus is not easy. Denying ourselves means not being selfish. Taking up our cross means following Jesus even when it's hard or we don't want to. When might serving Jesus be hard?** (When others make fun of us, when it's more fun to make fun of someone instead of help them, when we should stand up for what is right when everyone else likes the wrong way.)

What does Jesus say He will do for us? (Make us fishers of men.) **What is a "fisher of men?"** (Someone who helps others learn about and follow Jesus.) **If we follow Jesus with all of our hearts by obeying and serving Him no matter what, He will lead us to help others follow Him, too.**

Directions:

1. Say the Bible Memory Verse together.
2. Distribute the footprints as evenly as possible among the children.
3. On your signal, children race to place the footprints on the floor in the correct order.

Teacher Tip: For a more competitive version of this game, divide the children into two teams. Time the first team as they place the 31 footprints in order. Then have the second team race to see which team is the fastest at placing the footprints in the correct order.

GAME: THE WAVE

Purpose: Children memorize the Unit 2 Bible Memory Verse: Matthew 16:24; 4:19.

Supplies: Unit 2 Bible Memory Verse poster or Bible

Directions:

1. Assign one phrase from Matthew 16:24; 4:19 to each child or group.
2. Direct each child or group to quickly stand, say the assigned phrase while raising both hands up to the sky and then down to the thighs and then sit down.
3. Repeat three times, faster each time.

GOT TIME? *continued...*



BIBLE TIMELINE REVIEW

Kings & Kingdoms Part One studies the life of Jesus (Circa 0-33 A.D.) beginning with the only story of His childhood and then focusing on His relationships, His ministry, His teachings, and the events surrounding His death, resurrection, and ascension. It concludes with a study of His kingdom parables. Review recent Bible stories to see the continuing story of who God is and what He has done.

Jesus and Nicodemus (Circa 30 A.D.) What time of day did Nicodemus come to ask Jesus questions? (At night.) What did Jesus say we must do to see the kingdom of God? (Be born again.) How did Jesus say we receive the gift of eternal life? (Believe in Him.)

Jesus and the Woman at the Well (Circa 30 A.D.) Who did Jesus meet at the well? (A Samaritan woman.) What did He ask her for? (A drink of water.) What did Jesus mean when He said He gives living water? (Living water stands for eternal life. Jesus gives life forever close with God.) What did the woman do after she talked with Jesus? (She put down her water jug to go tell everyone to come and see Jesus.)

Jesus with Mary and Martha (Circa 30 A.D.) What did Mary do when Jesus came to her home? (Sat at His feet and listened.) What was distracting Martha? (All the preparations for Jesus' visit.) Did Jesus tell Mary to go help Martha? (No. He said Mary's choice was the better one and it would not be taken from her.)

How to create a Bible Timeline for the Life of Jesus:

1. Print each footprint on sturdy paper.
2. Choose a wall or other visible location to display the timeline.
3. Before each lesson, add the footprint for that lesson to the Bible Timeline using the list below.
Children can follow in Jesus' footsteps as they review past lessons.
4. To review, ask the corresponding questions as you point to the associated footprint.

Life of Jesus: Jesus and His Father's House > Jesus Is Baptized > Jesus Is Tempted > Jesus Calls His Disciples > Jesus Clears the Temple > Jesus Is Transfigured > Jesus Teaches the Beatitudes > Jesus and Nicodemus > Jesus and the Woman at the Well > Jesus with Mary and Martha > Jesus and Zacchaeus > Jesus Is Anointed > The Triumphal Entry > Jesus Washes His Disciples' Feet > Jesus and the Last Supper > Jesus in the Garden > Jesus and the Cross > Jesus Is Risen > The Road to Emmaus > Jesus Talks with Peter > The Great Commission > The King Ascends

Kingdom Parables: The Lost Sheep > The Sower > The Vine and the Branches > The Workers in the Vineyard > The Great Banquet > The Rich Fool > The Talents > Lazarus and the Rich Man > The Lost Son > The Good Samaritan