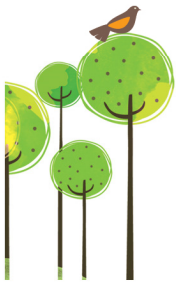




**PONDER!** Read Luke 10:38-42 with your family. Talk about how Mary was still and listened to Jesus. Martha was worried. Jesus knew spending time with Him was what Martha needed. Talk about favorite times and places where you like to be still and think about God, pray, or listen to Bible stories.



**PRAY!** Pray this prayer each day this week: "Lord, we want to be still and spend time with You. Help us think about You and read Your words in the Bible. Amen."



**PLAY!** Show your family how to play "Go! Be Still!" Every time you say, "Go!" everyone is to run. Every time you say, "Be still!" everyone is to freeze in place. After you play, show the back of your "Be Still Sign" to your family. Talk about different places you can spend time with Jesus.

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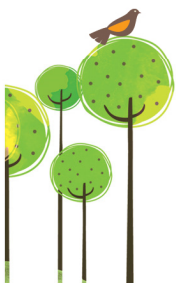
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