



# Jesus in the Garden

Lesson Aim: To know we should pray like Jesus prayed.

## THE WORSHIP

Who God is: The King Who Loves

## THE WORD

Bible Story: Matthew 26:36-41, Luke 22:42-43

What He has done: Jesus prayed before He faced His suffering.

Key Verse: Matthew 26:39

## THE WAY

Christ Connection: Psalm 88:2-3

## BIBLE MEMORY VERSE

"Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." Psalm 139:23-24

Unit 3: The King Who Loves			
	Bible Story	What He Has Done	Lesson Aim
12	Jesus is Anointed, John 12:2-8	Jesus received and delighted in Mary's sacrificial worship.	To give our treasures to Jesus as an act of worship, as Mary did.
13	The Triumphal Entry, Luke 19:30-32, 35-36; John 12:13	Jesus rode into Jerusalem as the humble King.	To praise Jesus as the humble King who came to save us.
14	Jesus Washes The Disciples' Feet, John 13:1, 4-5, 12-17	Jesus washed His disciples' feet.	To love others through serving as Jesus did.
15	Jesus and the Last Supper, Luke 22:14-20	Jesus gave His disciples a way to remember Him.	To see communion as a way for us to remember Jesus.
16	Jesus in the Garden, Matthew 26:36-41, Luke 22:42-43	Jesus prayed before He faced His suffering.	To know we should pray like Jesus prayed.
17	The Cross: Peter Denies Jesus, Luke 22:54-62	Jesus is denied three times by Peter.	To understand Peter's dilemma and to be ready to tell others we know Jesus.

## TEACHER'S ENCOURAGEMENT

This week, read Ephesians 6:18-20. Please join us in praying, "Thank you for submitting to Your Father's will to save us. Go before us this week, filling each classroom with Your Spirit that You might be pleased with our prayers and the students might somehow grasp the power of prayer. Amen."

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**THE WORSHIP  
THE WORD &  
THE WAY**

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	<b>Meet &amp; Greet</b>	None
		<b>Game:</b> Pick the Flowers	Paper in several different colors, Lord's Prayer poster (Matthew 6:9-13)
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org	<b>Unit 3 Bible Memory Verse Song:</b> "Search Me, O God" <b>Other Bible Memory Verse Song Suggestions:</b> "At the Name of Jesus" "Neither Death nor Life" "Praise the Lord, O My Soul" <b>Additional Hymn Suggestion:</b> "Lord, I Lift Your Name on High" "I Love You, Lord" <b>Additional Song Collection Suggestions:</b> Absolute All Time Favorites For Kids Cedarmont Worship for Kids: Volume 2
		<b>Worship Scripture Reading:</b> Matthew 6:10	Bible
		<b>Offering</b>	Baskets
		<b>Worship Illustration</b>	Lesson 16 Kingdom Adventures script or storybook
THE WORD	Up to 10	<b>Read the Word:</b> Matthew 26:36-41, Luke 22:42-43	Map—Area of Gethsemane outside Jerusalem, Bibles, Bible Story Scripture reference poster
THE WAY	Up to 25	<b>Discuss the Word</b>	Bibles, Christ Connection Scripture reference poster, Garden Prayer Leaves (To create a set for each child, cut three leaves from green paper. Print "ADORE," "ADMIT," and "ASK" each on one of the leaves.)
		<b>Christ Connection:</b> Psalm 88:2-3	
	Final 5	<b>Golden Bowl</b>	Golden Bowl, pencils, note cards
GOT TIME?	Up to 10	<b>Snack:</b> Garden Treats	Food that would be grown in a garden, juice
	Up to 10	<b>Game:</b> Garden Prayer Leaves	Green paper
	Up to 10	<b>Craft:</b> Prayer Pocket	Paper plates, scissors, crayons or markers, hole punch, yarn, optional: additional decorating supplies
	Up to 5	<b>Discussion:</b> The Lord's Prayer	Bible or the Lord's Prayer poster
	Up to 10	<b>Bible Memory Verse Activity:</b> Circle Tag	Unit 3 Bible Memory Verse poster or Bible
	Up to 5	<b>Bible Memory Verse Activity:</b> Heart Toss	Heart-shaped pillow, beanbag, or inflatable ball with heart drawn on it; Unit 3 Bible Memory Verse poster or Bible
	Up to 5	<b>Bible Timeline Review</b>	Timeline

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



Getting started

## THE WELCOME

To spark anticipation, encourage arriving children to meet and greet one another with today's question.  
**Meet & Greet Question: What is your favorite way to pray?**

### **GAME: PICK THE FLOWERS**

**Purpose:** Children are introduced to the Lord's Prayer in this race to put phrases in order.

**Supplies:** Paper in several different colors, Lord's Prayer poster (Matthew 6:9-13)

**Prepare:** Choose a separate paper color for each team. Cut three pieces of each color paper into quarters so you have twelve pieces per team. (Optional: cut quarters into flower shapes or draw flower shapes on the back side of each piece of paper.) Use the commas and periods as guides to divide the Lord's Prayer into twelve phrases. Write or print one phrase on each piece. Create a set for each team.

**Today, we will discover Jesus prayed in a garden called Gethsemane. In the middle of the room, we have a "garden of flowers." On each flower is one part of the Lord's Prayer. It is a special prayer Jesus taught us to pray. Collect all the flowers of your team's color and put them in order to complete the Lord's Prayer.**

#### **Directions:**

1. Mix the colors together and spread around play area to create a colorful "garden."
2. Display Lord's Prayer poster.
3. Using the poster, review the Lord's Prayer with the children.
4. Form teams of four or five players.
5. Assign a paper "flower" color to each team.
6. On your signal, the teams race to pick up all of the papers in their assigned color and put them in the correct order.

**Today, we will talk more about this prayer and how Jesus prayed in a garden the night before He died on the cross.**



Jesus as the King who loves

## THE WORSHIP

**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching worship illustration. Play music as children move to the designated area.

### The Seven Stars of Lent

If this lesson is taught during the Lenten season (the 40 days before Easter), we recommend the Seven Stars of Lent activity located at ResourceWell.org under Children - Other Resources. Choose one star for each week of the Lent season.



**After the Last Supper, Jesus prayed in the garden. Jesus prayed, "Not my will, but Your will be done." Jesus was willing to do whatever His heavenly Father wanted Him to do. Jesus teaches us to pray this same way in a prayer we call, "The Lord's Prayer." Read Matthew 6:10. Whenever we pray, "Your will be done," we are telling God we want things to happen God's way, not our way.**

**Jesus wants us to spend time in prayer. Through praise songs and our Bible Memory Verse song, we can offer prayers in three ways: we will adore Him, we will admit our sins to Him, and we will ask for His help. Let's begin by praying for our offering. Let's pray God will use it to build His kingdom, not as we want it but as He wants it done!**



Sing Unit 3 Bible Memory Verse Song, "Search Me, O God." Choose additional songs that focus on prayer and praise.



Perform Kingdom Adventures script or read storybook: Kings & Kingdoms Unit 3, Lesson 16.



Jesus prayed in the garden

## THE WORD

**Teacher Tip:** As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

**Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word; knowing God is my goal."**

**Last time, we learned that on the night before Jesus suffered and died, He had a last meal with His friends. The Last Supper would help them remember Jesus. What did they eat and drink? (Bread and wine.) What did Jesus say they should do every time they ate bread or drank from the cup? (Remember Him.) Today, we are learning what happened after the Last Supper; when Jesus went to the Garden of Gethsemane.** If a map of Jerusalem is available, point to the Gethsemane area on the Mount of Olives.



**If you brought your Bible, open it now and share with others.** Hand out spare Bibles. **Today's Scripture verse is behind the curtain** (or secret door, secret window, etc.). Child reveals Bible Story Scripture reference: Matthew 26:36-41, Luke 22:42-43.

**Before we read, let's stand and ask God to open our eyes, ears, hearts and minds to His Word today. Who'd like to pray that for us?** Child prays aloud. **Be seated.**

**Let's read Matthew 26:36-41 to find out what happened after Jesus' last meal with His friends.** Read Matthew 26:36-41. **Jesus prayed this prayer three times in the garden that night. Each time he left to pray, His friends fell asleep. Let's see who the Lord sent next to strengthen Jesus.** Read Luke 22:42-43.



Praying as Jesus prayed

## THE WAY

Jesus knew the soldiers were about to arrest Him and take Him away to die on the cross. He went to the Garden of Gethsemane to pray about this. People pray in many places, positions, and ways. Do you have a special place where you like to pray? (For example: outside, in a bedroom, on car rides, at church, etc.) We can pray while we are walking, standing, sitting, or kneeling. Do you like to pray out loud or quietly in your mind? (Children respond.)

Many prayers have three parts. They are the three 'A's of prayer:

1. Adore God: Tell God how great He is.
2. Admit our sin: Tell God our wrong thoughts and actions.
3. Ask for His help: Ask God to help us with our needs and the needs of others.

We can pray using the three A's. Just as Jesus did, we can close our prayer by saying, "Not my will, but Yours be done." This means we accept God's will, which is His plan for what He wants to do to build His kingdom.

Today's Treasure Treat is three garden leaves to remind you of these three A's of prayer. If time allows, lead children in the Garden Leaves Prayer activity located in the GOT TIME segment.

Jesus told His disciples His soul was overwhelmed with sorrow. He asked His disciples to keep watch and pray while He prayed in the garden. What did the disciples do instead? (They fell asleep.)

Jesus knew He was about to suffer; He called that suffering "this cup." Jesus asked God the Father to take His suffering away. God did not take Jesus' suffering away because His suffering and death were part of God's will (His plan) to save the world. He knew Jesus needed strength to face His suffering and death for us. Who did God send to strengthen Jesus in the garden? (An angel.)



Connecting the Old Testament, the New Testament and Us

## CHRIST CONNECTION

People who are sad and troubled often turn to God in prayer. Let's read a prayer from someone who was feeling that way hundreds of years before Jesus prayed in the garden.



Everyone, place your Bible on your lap. Choose a child to reveal the Christ Connection Scripture reference: Psalm 88:2-3. Let's find these verses. Read Psalm 88:2-3.

Have you ever prayed when you were troubled or sad? (Children respond.) God sent an angel to strengthen Jesus as He prayed in the garden. Have you ever felt strengthened as you prayed? (Children respond.) God does not always answer our prayer the way we want, but He will strengthen us so we can do what He wants us to do for His Kingdom.

# THE WAY *continued...*



Revelation 5:8

## GOLDEN BOWL

**Teacher Tip:** Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

**Revelation 5:8 says our prayers are like sweet smelling incense in the golden bowls at God's throne. I'm going to lift each one of your names to God's throne as you pray for each person silently. Then, we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.**

**Lord God, we lift up to Your throne the name of each child here. We trust You to watch over us and our needs, the ones we say aloud and the ones hidden in our hearts. First, we lift up to You \_\_\_\_, \_\_\_\_, \_\_\_\_. Read names in Golden Bowl.**

**Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.**



When only 5 minutes remain, begin this segment.

## FINAL FIVE MINUTES

**TREASURE TREAT:** Today, your Treasure Treat is a set of Garden Prayer Leaves. Keep them in your special place to use them as you pray the three A's of prayer: **ADORE-ADMIT-ASK.** Close your prayer with the words of Jesus, "Not my will but, Yours be done."

**DAILY WAY CHALLENGE:** Did anyone bring in their completed Daily Way from last time? Praise or reward those who return a Daily Way. Distribute Lesson 16 Daily Way 5-day Bible study. **Complete this week's Daily Way at home and let God speak to you through His own words in the Bible. Join the Daily Way Challenge by returning your completed Daily Way.**

**Teacher Tip:** Collect Daily Ways in a basket or other container and periodically reward children as a group for completing the challenge.

**OFFERING OF ART:** Until it is time to be dismissed, make an Offering of Art. For your offering, draw a picture of Jesus praying in the garden. The Offering of Art can be finished at home or given as an offering for the teacher to display.

**PRAYER REQUESTS:** As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

**BIBLE MEMORY VERSE SONG:** Play the Unit 3 Bible Memory Verse Song, "Search Me, O God," in the background as children wait to be dismissed.



If time remains, choose from the connected activities below.

## **GOT TIME?**

### **SNACK: GARDEN TREATS**

**Purpose:** To discuss prayer while enjoying a snack to remind them Jesus prayed in a garden.

**Snack Suggestion:** Food that would be grown in a garden (for example: carrots, celery, grapes), juice

**Jesus prayed in a garden before He died on the cross. He prayed many different times, in many different ways, and about many different things. Let's pray and thank God for our snack that was grown in a garden.**

#### **Directions:**

1. Give each child a snack and juice.
2. Ask a child to pray and thank God for the snack.
3. As you eat, ask children to answer the Snack Discussion Question: **"How have you seen God answer one of your prayers?"**

### **GAME: GARDEN PRAYER LEAVES**

**Purpose:** To provide the children with a way to pray.

**Supplies:** Green paper

**Prepare:** Create a set of Garden Prayer Leaves for each child by cutting three leaves from green paper. Write "ADORE," "ADMIT," and "ASK" each on one of the leaves.

**Many prayers have three parts. They are the three 'A's of prayer:**

1. **Adore God: Tell God how great He is and how much you love Him.**
2. **Admit our sin: Tell God our wrong thoughts and actions; admit we need forgiveness.**
3. **Ask for His help: Ask God to help us with our needs and the needs of others.**

**Today, we have three garden prayer leaves to remind us to pray the three 'A's.** Distribute a set of three leaves to each child.

**ADORE: Everyone hold your ADORE garden prayer leaf for PASS THE PRAISE.**

- Assign children to groups of ten or less. Gather each group into a circle.
- First child prays, **"God, You are \_\_\_\_\_."** (Say one great thing about God.)
- Continue around the circle until each child has a turn praying.

**ADMIT: Everyone hold your ADMIT garden prayer leaf for SIXTEEN SECONDS OF SILENCE.**

- Invite children to pray for Sixteen Seconds of Silence as follows:
  1. Admit in your heart any wrong thinking and any wrong actions in your life.
  2. Admit you need God to forgive you for those thoughts and actions.

**ASK: Everyone hold your ASK garden prayer leaf for SHARE A PRAYER.**

- Invite any child with a specific need to pray aloud asking for God's help. Encourage the other children to listen and pray along. **Just as Jesus did, let's close our prayer by saying, "Not my will, but Yours be done." This means we accept God's will, which is His plan for what He wants us to do.**



# GOT TIME? *continued...*

## **CRAFT: PRAYER POCKET**

**Purpose:** For children to create a prayer leaf holder to remind them to use the leaves as a prayer guide.

**Supplies:** Paper plates, scissors, crayons or markers, hole punch, yarn, optional: additional decorating supplies, such as glitter and glue, stickers, stamps with ink pads, tissue paper, buttons, and sequins

**Prepare:** Cut a 12" length of yarn for each child.

**God wants us to talk with Him. How do we talk with God?** (Through prayer.) **How should we pray?** (Like Jesus did; for God's will to be done.) **Jesus showed us that it is important that we talk with our heavenly Father. Earlier, we practiced praying using our Treasure Treat, the Garden Prayer Leaves. Let's make pockets to hold our prayer leaves. What are the three A's of prayer?** (Adore, Admit, and Ask.) **Hang your pocket where you can remember to use the three leaves to help you pray. You can also write down prayer requests and ways God has answered your prayers and put them in your Prayer Pocket.**

### **Directions:**

1. Cut a paper plate in half.
2. Put the half plate on top of a whole plate, tops facing inward to make a pocket, and match the round edges.
3. Staple along the outside round edges. Be sure to leave the center edge of the half plate open.
4. Punch a hole in the top of the whole plate, above the pocket.
5. Loop yarn through the hole to create a hanger and tie a knot to secure.
6. Decorate Prayer Pocket.

## **DISCUSSION: THE LORD'S PRAYER**

**Purpose:** To identify phrases in the Lord's Prayer which correspond to adoring, admitting, and asking.

**Supplies:** Bible or the Lord's Prayer poster

**Jesus prayed in the garden before He went to die. He also prayed all through His life. As I read the prayer Jesus taught us to pray, listen for the three 'A's in His prayer.** Read Matthew 6:9-13. **Believers usually close the Lord's Prayer with these words: "For Yours is the kingdom and the power and the glory forever. Amen."**

**Today, your treasure Treat is three leaves marked "Adore," "Admit," and "Ask." Let's find these three points of prayer in the Lord's Prayer.**

**Where in the Lord's Prayer does Jesus adore God?** ("Hallowed be Your name" adores God by saying He is holy. "For Yours is the kingdom and the power and the glory forever" is also adoring God.)

**Which phrase asks for God's help?** ("Give us this day our daily bread," "lead us not into temptation," "deliver us from the evil one.")

**Which phrase is about admitting sins?** ("Forgive us our sins" (sins, trespasses, or debts).)

**Which phrase reminds you of Jesus' prayer in the garden?** ("Your will be done.")

# GOT TIME? *continued...*



## BIBLE MEMORY VERSE ACTIVITIES

"Search me, O God, and know my heart; test me and know my anxious thoughts.  
See if there is any offensive way in me, and lead me in the way everlasting." Psalm 139:23-24

### **GAME: CIRCLE TAG**

**Purpose:** Children play an alternate version of the traditional game, "Duck, Duck, Goose," to learn the words of the Unit 3 Bible Memory Verse.

**Supplies:** Unit 3 Bible Memory Verse poster or Bible

**Our Bible Memory Verse uses many action words such as "Search me," "test me," and "lead me." In this fast action game, the leader will say the verse word for word as he or she taps the shoulder of everyone in the circle. The player tapped on the last word ("everlasting") is to race the leader around the circle to see who can reach the seat first.**

#### **Directions:**

1. Seat children in a circle and say the Bible Memory Verse together.
2. Choose one child to be the leader.
3. The Leader walks around the outside of the circle. Each time the leader gently taps a child on the shoulder, the leader say the next word in the Bible Memory Verse.
4. If the leader cannot remember the next word, then the child tapped or the teacher says it.
5. The child tapped on the last word of the verse ("everlasting") jumps up and chases the leader.
6. If the leader reaches the seat before being tagged by the child he or she tapped, that child becomes the leader. If the leader is tagged, he or she is the leader again or may choose a new child to be the leader.
7. Repeat as time allows.

### **GAME: HEART TOSS**

**Purpose:** To help children engage and memorize the Unit 3 Bible Memory Verse: Matthew 16:24; 4:19.

**Supplies:** One heart-shaped pillow, beanbag, or inflatable ball with heart drawn on it; Unit 3 Bible Memory Verse poster or Bible

#### **Directions:**

1. Seat children in a circle.
2. The first child says the first word of the Bible Memory Verse and quickly tosses the heart (pillow, beanbag, or ball) to another child.
3. The catcher says the next word in the verse and quickly tosses the heart to another child.
4. Continue tossing until the verse is completed and all children have had a turn.
5. See how quickly the verse can be recited.

# GOT TIME? *continued...*



## BIBLE TIMELINE REVIEW

Kings & Kingdoms Part One studies the life of Jesus (Circa 0-33 A.D.) beginning with the only story of His childhood and then focusing on His relationships, His ministry, His teachings, and the events surrounding His death, resurrection, and ascension. It concludes with a study of His kingdom parables. Review recent Bible stories to see the continuing story of who God is and what He has done.

**Jesus Washes the Disciples' Feet (Circa 30-33 A.D.)** Why did Jesus wash the disciples' feet? (To show His love and to give them an example of how to show love through serving.) **Why was it unusual to have an important person like Jesus wash feet?** (It was the job of a lowly servant.)

**Jesus and the Last Supper (Circa 30-33 A.D.)** What two symbols did Jesus choose to help His disciples remember Him? (The bread and the cup.) **What does the bread stand for?** (The bread stands for the body of Jesus given for the forgiveness of our sins.) **What does the cup stand for?** (The cup stands for His blood given for our new life.)

**Jesus in the Garden (Circa 30-33 A.D.)** Jesus knew the soldiers were about to arrest Him and take Him away to die on the cross. **Where did He go to pray about this?** (The Garden of Gethsemane.) **Jesus prayed, "Not my will, but Yours be done."** **What does that mean to you?** (Children respond.)

How to create a Bible Timeline for the Life of Jesus:

1. Print each footprint on sturdy paper.
2. Choose a wall or other visible location to display the timeline.
3. Before each lesson, add the footprint for that lesson to the Bible Timeline using the list below. Children can follow in Jesus' footsteps as they review past lessons.
4. To review, ask the corresponding questions as you point to the associated footprint.

Life of Jesus: Jesus and His Father's House > Jesus Is Baptized > Jesus Is Tempted > Jesus Calls His Disciples > Jesus Clears the Temple > Jesus Is Transfigured > Jesus Teaches the Beatitudes > Jesus and Nicodemus > Jesus and the Woman at the Well > Jesus with Mary and Martha > Jesus and Zacchaeus > Jesus Is Anointed > The Triumphal Entry > Jesus Washes His Disciples' Feet > Jesus and the Last Supper > Jesus in the Garden > Jesus and the Cross > Jesus Is Risen > The Road to Emmaus > Jesus Talks with Peter > The Great Commission > The King Ascends

Kingdom Parables: The Lost Sheep > The Sower > The Vine and the Branches > The Workers in the Vineyard > The Great Banquet > The Rich Fool > The Talents > Lazarus and the Rich Man > The Lost Son > The Good Samaritan