

Teacher's Guide: Ages 8-9 Kings and Kingdoms Part 1: The Life of Jesus Unit 3, Lesson 16

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Jesus in the Garden

Lesson Aim: To know we should pray for God's will to be done and then obey His will as Jesus did.

THE WORSHIP

Who God is: The King Who Loves

THE WORD

Bible Story: Matthew 26:36-41, 47-54; Luke 22:51

What He has done: After praying, Jesus was betrayed and arrested.

Key Verse: Matthew 26:39

THE WAY

Christ Connection: Psalm 88:2-3

BIBLE MEMORY VERSE

"Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." Psalm 139:23-24

Unit 3: The King Who Loves					
	Bible Story	What He Has Done	Lesson Aim		
12	Jesus is Anointed,	Jesus received and delighted	To give our treasures to Jesus as an		
	John 12:2-11	in Mary's sacrificial worship.	act of worship, as Mary did.		
13	The Triumphal Entry,	Jesus rode into Jerusalem as	To see the noble choice Jesus made by		
	Luke 19:30-32, 35-36;	the humble King.	entering Jerusalem as a humble King		
	John 12:13; Luke 19:41-42		facing death to save us.		
14	Jesus Washes The Disciples' Feet,	Jesus washed His disciples'	To love others through serving as		
	John 13:1, 4-5, 12-17	feet.	Jesus did.		
15	Jesus and the Last Supper,	Jesus gave His disciples a	To see communion as a declaration of		
	Luke 22:7-20	way to remember Him.	the new covenant between God and		
			sinners.		
16	Jesus in the Garden,	After praying, Jesus was	To know we should pray for God's will		
	Matthew 26:36-41, 47-54;	betrayed and arrested.	to be done and then obey His will as		
	Luke 22:51		Jesus did.		
17	The Cross: An Unfair Trial,	Jesus chose to suffer and die	To know the events leading up to the		
	John 19:1-3, 6-11, 16, 19, 30	to save us from our sins.	crucifixion and to understand Jesus		
			died for us on purpose.		

TEACHER'S ENCOURAGEMENT

This week, read Ephesians 6:18-20. Please join us in praying, "Thank you for submitting to Your Father's will to save us. Go before us this week, filling each classroom with Your Spirit that You might be pleased with our prayers and the students might somehow grasp the power of prayer. Amen."

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Segment	Minutes	Activity	Supplies
THE	Up to 15	Meet & Greet	None
WELCOME		Game: Pick the Flowers	Paper in several different colors, Lord's Prayer
			poster (Matthew 6:9-13)
THE	Up to 20	Worship	Unit 3 Bible Memory Verse Song:
Worship		Sheet music and recordings for	"Search Me, O God"
		Bible Memory Verse Songs	Other Bible Memory Verse Song Suggestions:
		available at ResourceWell.org	"At the Name of Jesus"
			"Neither Death nor Life"
			"Praise the Lord, O My Soul"
			Additional Hymn Suggestion:
			"Lord, I Lift Your Name on High"
			"I Love You, Lord"
			Additional Song Collection Suggestions:
			Absolute All Time Favorites For Kids
		Worship Sorinture Deading	Cedarmont Worship for Kids: Volume 2
		Worship Scripture Reading: Matthew 6:10	Bible
		Offering	Baskets
		Worship Illustration	
THE WORD	Up to 10	Read the Word: Matthew 26:36-	Lesson 16 Kingdom Adventures script or storybook Map—Area of Gethsemane outside Jerusalem,
THE WORD	ορ το το	41, 47-54; Luke 22:51	Bibles, Bible Story Scripture reference poster,
		41, 47-34, Luke 22.31	highlighters
THE WAY	Up to 25	Discuss the Word	Bibles, Christ Connection Scripture reference poster,
	-	Christ Connection:	highlighters, Garden Prayer Leaves (To create a set
		Psalm 88:2-3	for each child, cut three leaves from green paper.
			Print "ADORE," "ADMIT," and "ASK" each on one of
			the leaves.)
		Golden Bowl	Golden Bowl, pencils, note cards
	Final 5	Final Five Minutes	Treasure Treat—Garden Prayer Leaves, Daily Ways,
			basket, paper, pencils, crayons or markers, prayer
			notebook, Unit 3 Bible Memory Verse Song "Search
			Me, O God," CD player
GOT TIME?	Up to 10	Snack: Garden Treats	Food that would be grown in a garden, juice
	Up to 10	Game: Garden Prayer Leaves	Green paper
	Up to 10	Craft: Prayer Pocket	Paper plates, scissors, crayons or markers, hole
		D	punch, yarn, optional: additional decorating supplies
	Up to 5	Discussion: The Lord's Prayer	Bible or the Lord's Prayer poster
	Up to 10	Bible Memory Verse Activity:	Unit 3 Bible Memory Verse poster or Bible
	Un to F	Circle Tag	Hoort showed willout be only or inflately by the
	Up to 5	Bible Memory Verse Activity:	Heart-shaped pillow, beanbag, or inflatable ball with
		Heart Toss	heart drawn on it; Unit 3 Bible Memory Verse poster
	Un to F	Piblo Timolino Povious	or Bible
	Up to 5	Bible Timeline Review	Timeline

RESOURCES: Supplemental materials are available at ResourceWell.org.



To spark anticipation, encourage arriving children to meet and greet one another with today's question. **Meet & Greet Question: What is your favorite way to pray?**

GAME: PICK THE FLOWERS

Purpose: Children are introduced to the Lord's Prayer in this race to put phrases in order.

Supplies: Paper in several different colors, Lord's Prayer poster (Matthew 6:9-13)

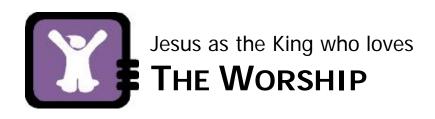
Prepare: Choose a separate paper color for each team. Cut three pieces of each color paper into quarters so you have twelve pieces per team. (Optional: cut quarters into flower shapes or draw flower shapes on the back side of each piece of paper.) Use the commas and periods as guides to divide the Lord's Prayer into twelve phrases. Write or print one phrase on each piece. Create a set for each team.

Today, we will discover Jesus prayed in a garden called Gethsemane. In the middle of the room, we have a "garden of flowers." On each flower is one part of the Lord's Prayer. It is a special prayer Jesus taught us to pray. Collect all the flowers of your team's color and put them in order to complete the Lord's Prayer.

Directions:

- 1. Mix the colors together and spread around play area to create a colorful "garden."
- 2. Display Lord's Prayer poster.
- 3. Using the poster, review the Lord's Prayer with the children.
- 4. Form teams of four or five players.
- 5. Assign a paper "flower" color to each team.
- 6. On your signal, the teams race to pick up all of the papers in their assigned color and put them in the correct order.

Today, we will talk more about this prayer and how Jesus prayed in a garden the night before He died on the cross.



Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching worship illustration. Play music as children move to the designated area.

The Seven Stars of Lent

If this lesson is taught during the Lenten season (the 40 days before Easter), we recommend the Seven Stars of Lent activity located at ResourceWell.org under Children - Other Resources. Choose one star for each week of the Lent season.



After the Last Supper, Jesus prayed in the garden. Jesus prayed, "Not my will, but Your will be done." Jesus was willing to do whatever His heavenly Father wanted Him to do. Jesus teaches us to pray this same way in a prayer we call, "The Lord's Prayer." Read Matthew 6:10. Whenever we pray, "Your will be done," we are telling God we want things to happen God's way, not our way.

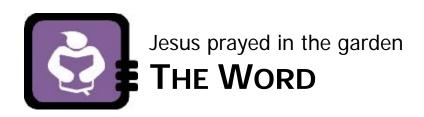
Jesus wants us to spend time in prayer. Through praise songs and our Bible Memory Verse song, we can offer prayers in three ways: we will adore Him, we will admit our sins to Him, and we will ask for His help. Let's begin by praying for our offering. Let's pray God will use it to build His kingdom, not as we want it but as He wants it done!



Sing Unit 3 Bible Memory Verse Song, "Search Me, O God." Choose additional songs that focus on prayer and praise.



Perform Kingdom Adventures script or read storybook: Kings & Kingdoms Unit 3, Lesson 16.



Teacher Tip: As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word; knowing God is my goal."

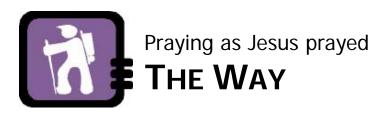
Last time, we learned that on the night before Jesus suffered and died, He had a last meal with His friends. What did they eat and drink? (The Passover meal, bread, wine.) What did the bread and wine stand for? (His body and blood.) What did Jesus say they should do each time they ate bread or drank from the cup? (Remember Him.) Today, we are learning what happened after the Last Supper; when Jesus went to the Garden of Gethsemane. If a map of Jerusalem is available, point to the Gethsemane area on the Mount of Olives.



Let's play Find It First! Bring out your Bible; keep it right in front of you. Hand out spare Bibles. Today's Scripture verse is behind the curtain (or secret door, secret window, etc.). Child reveals the Bible Story Scripture reference: Matthew 26:36-41, 47-54; Luke 22:51. Let's start with Matthew 26:36-41, 47-54 and see who can Find It First. Ready? Set? Go! Children race to find it first. The winner helps others find it. Let's highlight our Key Verse: Matthew 26:39.

Before we read, let's stand and ask God to open our eyes, ears, hearts and minds to His Word today. Who'd like to pray that for us? Child prays aloud. Be seated.

Let's read in the Bible to find out what happened after Jesus' last meal with His friends. Read Matthew 26:36-41, 47-54; Luke 22:51.



Jesus knew the soldiers were about to arrest Him and take Him away to die on the cross. Where did He go to pray about this? (The Garden of Gethsemane.) Jesus told His disciples His soul was overwhelmed with sorrow. He asked them to keep watch and pray while He was praying in the garden. What did they do instead? (They fell asleep.) How do you think Jesus felt when He saw them sleeping? (Children respond.) Have you ever prayed when you were troubled or sad? (Children respond.)

Many prayers have three parts. They are the three 'A's of prayer:

- 1. Adore God: Tell God how great He is.
- 2. Admit our sin: Tell God our wrong thoughts and actions.
- 3. Ask for His help: Ask God to help us with our needs and the needs of others.

We can pray using the three A's. Just as Jesus did, we can close our prayer by saying, "Not my will, but Yours be done." This means we accept God's will, which is His plan. Today's Treasure Treat is three garden leaves to remind you of these three A's of prayer. If time allows, lead children in the Garden Leaves Prayer activity located in the GOT TIME segment.

Jesus knew He was about to suffer; He called that suffering "this cup". What did Jesus ask God the Father to do with this cup? (He asked if it was possible to take the cup away.) Did God the Father change His plan for Jesus to suffer and die? (No.) God the Father did not take Jesus' suffering away because His suffering and death were part of God's will (His plan) to save the world.

God's will is His plan for what He wants to happen. What does "Not my will, but Yours be done" mean to you? (Children respond.) Even though Jesus did not want to suffer, He did want to obey God's will and do His part in God's plan to save the world. Jesus wants us to pray for what God wants, not just for what we think is best. Jesus could have asked His Father to send an army of angels to stop the soldiers from arresting Him. Instead, He chose to obey. Jesus made many choices to obey God's will. When have you chosen to obey God's will instead of doing things your own way? (Children respond.)



Connecting the Old Testament, the New Testament and Us

CHRIST CONNECTION

People who are sad and troubled often turn to God in prayer. Let's read a prayer from someone who was feeling that way hundreds of years before Jesus prayed in the garden.



<u>FIND IT FIRST></u> Everyone, place your Bible closed on your lap. Choose a child to reveal the Christ Connection Scripture reference: Psalm 88:2-3. Let's see who can Find It First! Ready? Set? Go! Find it and highlight it. Read Psalm 88:2-3.

Have you ever prayed when you were troubled or sad? (Children respond.) God does not always answer our prayer the way we want, but He will strengthen us so that we can do what He wants us to do for His kingdom.

THE WAY continued...



Teacher Tip: Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

Revelation 5:8 says our prayers are like sweet smelling incense in the golden bowls at God's throne. I'm going to lift each one of your names to God's throne as you pray for each person silently. Then we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.

Lord God, we lift up to Your throne the name of each child here. We trust You to watch over
us and our needs, the ones we say aloud and the ones hidden in our hearts. First, we lift up
to You, Read names in Golden Bowl.

Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

<u>TREASURE TREAT</u>: Today, your Treasure Treat is a set of Garden Prayer Leaves. Keep them in your special place to use them as you pray the three A's of prayer: ADORE-ADMIT-ASK. Close your prayer with the words of Jesus, "Not my will but, Yours be done."

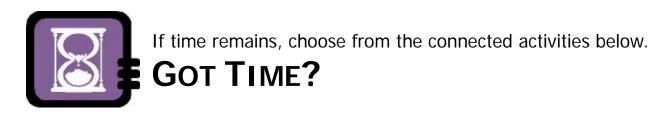
<u>DAILY WAY CHALLENGE</u>: Did anyone bring in their completed Daily Way from last time? Praise or reward those who return a Daily Way. Distribute Lesson 16 Daily Way 5-day Bible study. Complete this week's Daily Way at home and let God speak to you through His own words in the Bible. Join the Daily Way Challenge by returning your completed Daily Way.

Teacher Tip: Collect Daily Ways in a basket or other container and periodically reward children as a group for completing the challenge.

<u>OFFERING OF ART</u>: Until it is time to be dismissed, make an Offering of Art. For your offering, draw a picture of Jesus praying in the garden. The Offering of Art can be finished at home or given as an offering for the teacher to display.

PRAYER REQUESTS: As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

BIBLE MEMORY VERSE SONG: Play the Unit 3 Bible Memory Verse Song, "Search Me, O God," in the background as children wait to be dismissed.



SNACK: GARDEN TREATS

Purpose: To discuss prayer while enjoying a snack to remind them Jesus prayed in a garden.

Snack Suggestion: Food that would be grown in a garden (for example: carrots, celery, grapes), juice

Jesus prayed in a garden before He died on the cross. He prayed many different times, in many different ways, and about many different things. Let's pray and thank God for our snack that was grown in a garden.

Directions:

- 1. Give each child a snack and juice.
- 2. Ask a child to pray and thank God for the snack.
- 3. As you eat, ask children to answer the Snack Discussion Question: "How have you seen God answer one of your prayers?"

GAME: GARDEN PRAYER LEAVES

Purpose: To provide the children with a way to pray.

Supplies: Green paper

Prepare: Create a set of Garden Prayer Leaves for each child by cutting three leaves from green paper.

Write "ADORE," "ADMIT," and "ASK" each on one of the leaves.

Many prayers have three parts. They are the three 'A's of prayer:

- 1. Adore God: Tell God how great He is and how much you love Him.
- 2. Admit our sin: Tell God our wrong thoughts and actions; admit we need forgiveness.
- 3. Ask for His help: Ask God to help us with our needs and the needs of others.

Today, we have three garden prayer leaves to remind us to pray the three 'A's. Distribute a set of three leaves to each child.

ADORE: Everyone hold your ADORE garden prayer leaf for PASS THE PRAISE.

- Assign children to groups of ten or less. Gather each group into a circle.
- First child prays, "God, You are _____." (Say one great thing about God.)
- Continue around the circle until each child has a turn praying.

ADMIT: Everyone hold your ADMIT garden prayer leaf for SIXTEEN SECONDS OF SILENCE.

- ➤ Invite children to pray for Sixteen Seconds of Silence as follows:
 - 1. Admit in your heart any wrong thinking and any wrong actions in your life.
 - 2. Admit you need God to forgive you for those thoughts and actions.

ASK: Everyone hold your ASK garden prayer leaf for SHARE A PRAYER.

Invite any child with a specific need to pray aloud asking for God's help. Encourage the other children to listen and pray along. Just as Jesus did, let's close our prayer by saying, "Not my will, but Yours be done." This means we accept God's will, which is His plan for what He wants us to do.

GOT TIME? continued...

CRAFT: PRAYER POCKET

Purpose: For children to create a prayer leaf holder to remind them to use the leaves as a prayer guide. **Supplies:** Paper plates, scissors, crayons or markers, hole punch, yarn, optional: additional decorating supplies, such as glitter and glue, stickers, stamps with ink pads, tissue paper, buttons, and sequins **Prepare:** Cut a 12" length of yarn for each child.

God wants us to talk with Him. How do we talk with God? (Through prayer.) How should we pray? (Like Jesus did; for God's will to be done.) Jesus showed us that it is important that we talk with our heavenly Father. Earlier, we practiced praying using our Treasure Treat, the Garden Prayer Leaves. Let's make pockets to hold our prayer leaves. What are the three A's of prayer? (Adore, Admit, and Ask.) Hang your pocket where you can remember to use the three leaves to help you pray. You can also write down prayer requests and ways God has answered your prayers and put them in your Prayer Pocket.

Directions:

- 1. Cut a paper plate in half.
- 2. Put the half plate on top of a whole plate, tops facing inward to make a pocket, and match the round edges.
- 3. Staple along the outside round edges. Be sure to leave the center edge of the half plate open.
- 4. Punch a hole in the top of the whole plate, above the pocket.
- 5. Loop yarn through the hole to create a hanger and tie a knot to secure.
- 6. Decorate Prayer Pocket.

DISCUSSION: THE LORD'S PRAYER

Purpose: To identify phrases in the Lord's Prayer which correspond to adoring, admitting, and asking. **Supplies:** Bible or the Lord's Prayer poster

Jesus prayed in the garden before He went to die. He also prayed all through His life. As I read the prayer Jesus taught us to pray, listen for the three 'A's in His prayer. Read Matthew 6:9-13. Believers usually close the Lord's Prayer with these words: "For Yours is the kingdom and the power and the glory forever. Amen."

Today, your treasure Treat is three leaves marked "Adore," "Admit," and "Ask." Let's find these three points of prayer in the Lord's Prayer.

Where in the Lord's Prayer does Jesus adore God? ("Hallowed be Your name" adores God by saying He is holy. "For Yours is the kingdom and the power and the glory forever" is also adoring God.)

Which phrase asks for God's help? ("Give us this day our daily bread," "lead us not into temptation," "deliver us from the evil one.")

Which phrase is about admitting sins? ("Forgive us our sins" (sins, trespasses, or debts).)

Which phrase reminds you of Jesus' prayer in the garden? ("Your will be done.")

GOT TIME? continued...



BIBLE MEMORY VERSE ACTIVITIES

"Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." Psalm 139:23-24

GAME: CIRCLE TAG

Purpose: Children play an alternate version of the traditional game, "Duck, Duck, Goose," to learn the words of the Unit 3 Bible Memory Verse.

Supplies: Unit 3 Bible Memory Verse poster or Bible

Our Bible Memory Verse uses many action words such as "Search me," "test me," and "lead me." In this fast action game, the leader will say the verse word for word as he or she taps the shoulder of everyone in the circle. The player tapped on the last word ("everlasting") is to race the leader around the circle to see who can reach the seat first.

Directions:

- 1. Seat children in a circle and say the Bible Memory Verse together.
- 2. Choose one child to be the leader.
- 3. The Leader walks around the outside of the circle. Each time the leader gently taps a child on the shoulder, the leader say the next word in the Bible Memory Verse.
- 4. If the leader cannot remember the next word, then the child tapped or the teacher says it.
- 5. The child tapped on the last word of the verse ("everlasting") jumps up and chases the leader.
- 6. If the leader reaches the seat before being tagged by the child he or she tapped, that child becomes the leader. If the leader is tagged, he or she is the leader again or may choose a new child to be the leader.
- 7. Repeat as time allows.

GAME: HEART TOSS

Purpose: To help children engage and memorize the Unit 3 Bible Memory Verse: Matthew 16:24; 4:19. **Supplies:** One heart-shaped pillow, beanbag, or inflatable ball with heart drawn on it; Unit 3 Bible Memory Verse poster or Bible

Directions:

- 1. Seat children in a circle.
- 2. The first child says the first word of the Bible Memory Verse and quickly tosses the heart (pillow, beanbag, or ball) to another child.
- 3. The catcher says the next word in the verse and quickly tosses the heart to another child.
- 4. Continue tossing until the verse is completed and all children have had a turn.
- 5. See how quickly the verse can be recited.

GOT TIME? continued...



Kings & Kingdoms Part One studies the life of Jesus (Circa 0-33 A.D.) beginning with the only story of His childhood and then focusing on His relationships, His ministry, His teachings, and the events surrounding His death, resurrection, and ascension. It concludes with a study of His kingdom parables. Review recent Bible stories to see the continuing story of who God is and what He has done.

<u>Jesus Washes the Disciples' Feet (Circa 30-33 A.D.)</u> Why did Jesus wash the disciples' feet? (To show His love and to give them an example of how to show love through serving.) Why was it unusual to have an important person like Jesus wash feet? (It was the job of a lowly servant.)

<u>Jesus and the Last Supper (Circa 30-33 A.D.)</u> What two symbols did Jesus choose to help His disciples remember Him? (The bread and the cup.) What does the bread stand for? (The bread stands for the body of Jesus given for the forgiveness of our sins.) What does the cup stand for? (The cup stands for His blood given for our new life.)

<u>Jesus in the Garden (Circa 30-33 A.D.)</u> Jesus knew the soldiers were about to arrest Him and take Him away to die on the cross. Where did He go to pray about this? (The Garden of Gethsemane.) Jesus prayed, "Not my will, but Yours be done." What does that mean to you? (Children respond.)

How to create a Bible Timeline for the Life of Jesus:

- 1. Print each footprint on sturdy paper.
- 2. Choose a wall or other visible location to display the timeline.
- 3. Before each lesson, add the footprint for that lesson to the Bible Timeline using the list below. Children can follow in Jesus' footsteps as they review past lessons.
- 4. To review, ask the corresponding questions as you point to the associated footprint.

<u>Life of Jesus</u>: Jesus and His Father's House > Jesus Is Baptized > Jesus Is Tempted > Jesus Calls His Disciples > Jesus Clears the Temple > Jesus Is Transfigured > Jesus Teaches the Beatitudes > Jesus and Nicodemus > Jesus and the Woman at the Well > Jesus with Mary and Martha > Jesus and Zacchaeus > Jesus Is Anointed > The Triumphal Entry > Jesus Washes His Disciples' Feet > Jesus and the Last Supper > Jesus in the Garden > Jesus and the Cross > Jesus Is Risen > The Road to Emmaus > Jesus Talks with Peter > The Great Commission > The King Ascends

<u>Kingdom Parables</u>: The Lost Sheep > The Sower > The Vine and the Branches > The Workers in the Vineyard > The Great Banquet > The Rich Fool > The Talents > Lazarus and the Rich Man > The Lost Son > The Good Samaritan