



Jesus and the Last Supper—Part 2

Lesson Aim: To remember what we have learned about Jesus.

THE WORSHIP

Who God is: The King Who Loves

THE WORD

Bible Story: Luke 22:14, 19-20

What He has done: Jesus gave His followers a way to remember Him.

THE WAY

Whisper Verse: "Watch and pray."

BIBLE MEMORY VERSE

"We love because He first loved us." 1 John 4:19

BIBLE MEMORY VERSE (Challenge Verse for older children)

"Search me, O God, and know my heart; test me and know my anxious thoughts.

See if there is any offensive way in me, and lead me in the way everlasting." Psalm 139:23-24

| Unit 3: The King Who Loves | | | |
|----------------------------|---|---|---|
| | Bible Story | What He Has Done | Lesson Aim |
| 12 | The Triumphal Entry—Part 1, Mark 11:1-10 | Jesus rode into Jerusalem as King. | To worship Jesus by giving whatever we have. |
| 13 | The Triumphal Entry—Part 2, Mark 11:1-10 | Jesus rode into Jerusalem as King. | To praise Jesus as the King who came to save us. |
| 14 | Jesus Washes His Disciples' Feet, John 13:1, 4-7, 12-17 | Jesus showed His love by washing His disciples' feet. | To see Jesus' example of loving through serving. |
| 15 | Jesus and the Last Supper—Part 1, Luke 22:14, 19-20 | Jesus gave His followers a way to remember Him. | To know Jesus used His Last Supper to help us remember Him. |
| 16 | Jesus and the Last Supper—Part 2, Luke 22:14, 19-20 | Jesus gave His followers a way to remember Him. | To remember what we have learned about Jesus. |
| 17 | The Cross: Jesus Died For Us, John 3:16; Acts 2:22-24 | Jesus died on the cross to save us. | To know Jesus died on purpose so whoever believes in Him shall have eternal life. |

TEACHER'S ENCOURAGEMENT

This week, read Ephesians 6:18-20. Please join us in praying, "Thank You for submitting to Your Father's will to save us. Go before us this week, filling each classroom with Your Spirit that You might be pleased with our prayers and the students might somehow grasp the power of prayer. Amen."

Permission is granted to reproduce these materials. Not for resale. Use is subject to the Terms of Use available at ResourceWell.org. Terms are subject to change without notice. All other rights are reserved.



THE WORSHIP THE WORD & THE WAY

| Segment | Minutes | Activity | Supplies |
|-------------|---|--|--|
| THE WELCOME | Up to 15 | Picture Schedule Cards | Cards with picture illustrating the activities: WELCOME, WORSHIP, BIBLE, CRAFT, PRAYER, SNACK, GAMES, COLORING, GOING HOME. Envelope labeled FINISHED. Optional: To display schedule, use Velcro to attach laminated Picture Schedule cards to a felt board. |
| | | Treasure Chest | Stamp or sticker of praying hands |
| | | Whisper Verse | Sign language for "Watch and pray." |
| THE WORSHIP | Up to 20 | Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org. | Unit 3 Bible Memory Verse Song: "We Love" or (Challenge) "Search Me, O God" Other Bible Memory Verse Song Suggestions: "Give Thanks to the Lord" "How Wide?" "I Will Remember" "It's Praise Time" "Let Everything That Has Breath" "Love One Another" "Sing Praises" "I Am the Way" Additional Song Suggestions: "Jesus Loves Me," "Oh, How I Love Jesus" |
| | | Offering | Baskets |
| | | Worship Illustration | Kings & Kingdoms Lesson 15 Delbert & Lello or Kingdom Adventures script or storybook |
| THE WORD | Up to 10 | Watch the Word: Luke 22:14, 19-20 | Teacher's Bible with bookmark at Luke 22:19a Visual: Piece of bread and a cup Flannel board and figures: Jesus, disciples, table of food with bread and cup |
| THE WAY | Up to 25 | Craft: The Last Supper Placemat | Sturdy, yellow paper (approximately 11 inch x 17 inch) Con-tact paper or laminating machine |
| | | Circle of Prayer or Lord's Prayer | Lord's Prayer word and picture book |
| | | Snack: Remembering Jesus | Grapes |
| | | Unit 3 Games: "Jesus Loves Me" Sand Search | Bin or container of clean sand, heart-shaped item, cross, small piece of fabric |
| | | Thumbs Up or Thumbs Down? | None, optional: hand puppet or finger puppets |
| | | Musical Chairs | Unit 3 Bible Memory Verse Song "We Love" or "Search Me, O God," CD player, chairs |
| | | Whisper Verse Ball Roll | Soft and textured ball |
| | Scenes From Kingdom Adventures (older children only) | Kingdom Adventure scripts for Lessons 13, 14, 15; crowns; royal costumes | |
| Act it Out | Bible times clothing or stick puppets of Jesus on a donkey, crowd, Jesus washing feet, Jesus and disciples at dinner table, cross | | |
| Final 5 | Final Five | Daily Way (Adaptation): Unit 3, Lesson 16 Color This Story: "Jesus and the Last Supper." | |

RESOURCES: Supplemental materials are available at ResourceWell.org.



Watch and pray

THE WELCOME

PICTURE SCHEDULE: WELCOME TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Welcome each child as they arrive. **Hello _____.** I'm glad you are here! Come and see what we are going to do today. Point to each card on the Picture Schedule board. **Today, we will WELCOME everyone. We will read the BIBLE story and make a CRAFT. We will have PRAYER time and eat a SNACK. We will play GAMES and enjoy COLORING a picture about today's story.**

Open the Treasure Chest to find today's treasure. Child unlocks the Treasure Chest to receive a stamp or sticker of praying hands. **Today, we will hear how Jesus prayed to give thanks when he ate the Last Supper with his friends. After supper Jesus told his friends to watch what was happening and to pray about it. Today's Whisper Verse is "Watch and pray."** Teach the Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.***

SIGN LANGUAGE: "Watch and pray."

(For visual demonstrations, see www.signingsavvy.com.)

Each time we say today's Whisper Verse, let's say it with two hand motions:

"Watch (and)" Make an upside down letter "V" shape with both hands. Start both hands by head and move hands away from the body and down continuing to keep the hands in the "V" shape.

"pray." Place palms together in the traditional gesture of prayer.

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

"Clean Up Song:" Clean up! Clean up! Everybody, everywhere!
Clean up! Clean up! Everybody do your share!

Gather and seat children in Praise Time area.

***Today's Whisper Verse:** "Watch and pray," Matthew 26:41a. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



Jesus as the King who loves

THE WORSHIP

PICTURE SCHEDULE: WORSHIP TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WELCOME picture card and place it in the FINISHED envelope. **We have finished our Welcome Time. Now, we will have our Worship Time.**

Children may worship in a large group setting with other classes or in a quiet room with a worship CD or DVD.

Teacher Tip: To help children identify time set aside for worship, play "It's Praise Time!" as children move to a designated place for praise songs, offering, and the worship illustration. Children who are nonverbal may enjoy participating in the music by playing children's percussion instruments such as maracas, jingle bells, wood blocks, or small tambourines. Children who are sensitive to sound may prefer to wear noise reduction headphones.

It's Praise Time—our time to sing praise to the King who loves. He loves to pray for us and He loves to hear our prayers. In fact, He tells us to "Watch and pray." That's our Whisper Verse for today. Review Whisper Verse together: "Watch and pray." Include sign language. **Jesus wants us to watch what is happening around us and to pray about it.**



Let's spend time with God today by praying to Him. We will begin with a special prayer giving thanks and asking Jesus to bless the offering. Play: "Give Thanks to the Lord" as background music while collecting the offering.



Let's see how Delbert and Lello are doing to day. Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Kings & Kingdoms Unit 3, Lesson 15.*



Remembering Jesus and all He has done for us is a great way to show Him we love Him. Sing: "We Love" and "I Will Remember." **Today, we will remember Jesus loves us. He loves to hear us pray. He loves it when we remember Him and His great love for us.** Sing: "Jesus Loves Me."

* May substitute Lesson 15 Kingdom Adventures script or storybook.



Jesus shares the Last Supper

THE WORD

PICTURE SCHEDULE: BIBLE TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WORSHIP picture card and place it in the FINISHED envelope. **We have finished our Worship Time. Now, we will have our Bible Time.**

Last time, we learned Jesus washed His friends' feet. Today, we will hear how Jesus then had supper with His friends. Handle the Bible as a special treasure, leaving it open to Luke 22:19a.

WATCH THE WORD: LUKE 22:14, 19-20

Read the points below or retell the passage in your own words using the points below as a general guide. To illustrate the story, display a piece of bread and a cup. Have children assist by placing Bible Story figures on flannel board. Other visual options include the craft sample, Color This Story, or a related picture. Optional: To help children focus, have them create a cup from clay or play-dough as they listen.

- **Jesus planned a special meal**
- **To have with all His friends.**
- **He knew they would need a way**
- **To always remember Him.**

- **He gave bread to all His friends.**
- **He blessed it and said, "Take and eat.**
- **And every time you eat this bread,**
- **Do it to remember Me."**

- **He took the cup and blessed it.**
- **He said, "Take it and drink it up.**
- **Do this to remember Me**
- **Each time you drink this cup."**



Who should we remember when we eat bread and drink from the cup? (Jesus.) **What did Jesus do with the bread?** (He thanked God for it, broke it into pieces, and gave it to His friends.) **Let's find our answer in the Bible.** Read Luke 22:19a from the teacher's Bible.



Remember the Lord

THE WAY

PICTURE SCHEDULE: CRAFT TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the BIBLE picture card and place it in the FINISHED envelope. **We have finished our Bible Time. Now, it is Craft Time.**

CRAFT: THE LAST SUPPER PLACEMAT

Purpose: To remember the Last Supper Jesus had with His friends

Supplies: Yellow sturdy paper, clear contact paper, crayons or paint

Prepare: Draw an outline of bread and a cup on the construction paper for children to color or paint. On the paper, print: **"Remember the Lord."** Cut 2 pieces of clear contact paper (slightly larger than paper).

Option: Substitute rectangular scraps of linoleum flooring for the sturdy paper. Use the underside of the linoleum as the front of the placemat. Omit the contact paper.

Directions:

1. Color bread with brown crayons or markers or paint.
2. Color cup with purple crayons or markers or paint for juice.
3. Decorate the rest of the mat with stickers or give magazine pictures of favorite foods.
4. Teacher places contact paper over the child's completed mat as a waterproof seal.

Craft Discussion:

- **Do you help your family get ready for supper? What kind of things do you do to help?** (Set the table, clean the dishes, etc.)
- **Who did Jesus have supper with?** (His friends.) **Jesus and His friends had to get ready for supper, just like you get ready for supper with your family.**
- **This was Jesus' last supper with His friends. Jesus gave His friends a way to remember Him. Who would they remember each time they ate bread and drank from the cup?** (Jesus.)
- **You may use your placemat at home. Each time you eat a meal on your placemat, be sure to give thanks as Jesus did. Then as you eat and drink, remember the Lord. Talk with others at your table about what Jesus has done.**

THE WAY *continued...*



CIRCLE OF PRAYER/THE LORD'S PRAYER

PICTURE SCHEDULE: PRAYER TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the CRAFT picture card and place it in the FINISHED envelope. **We have finished our Craft Time. Now, it is Prayer Time.**

God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.

Dear God, thank You for making us and loving us. We lift up to You a special prayer for ____, ____, ____ (say every name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen. You may add the Lord's Prayer with the word picture book.

PICTURE SCHEDULE: SNACK TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the PRAYER picture card and place it in the FINISHED envelope. **We have finished our Prayer Time. Now, it is Snack Time.**

Teacher Tip: It is important to keep a record of all dietary restrictions and allergies accessible. Some parents may prefer to bring their child's snack. Depending on the dietary needs of your classroom, you may determine it is best to omit snack time completely.

SNACK: REMEMBERING JESUS

Purpose: Children will enjoy a snack as they discuss the Last Supper.

Snack Suggestion: Bread, juice

Directions:

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.
God our Father, God our Father. Once again, once again.
Thank You for our blessings. Thank You for our blessings. Amen. Amen.
3. Lead discussion below while children enjoy their snack.
 - **Today, we are sitting around the table together, just like Jesus did when He had supper with His friends! What is your favorite part of supper with your family?**
 - **Jesus gave His friends a special way to remember Him. What special food did Jesus and His friends share? (Bread.)**
 - **They had bread and a drink from a cup, just as we are having bread and drink from a cup now. Who did Jesus say to remember each time we have the bread and the cup? (Remember Him.)**
 - **Just as Jesus prayed to give thanks for the food, we can pray and talk to God, too. Where can you pray? (At home, at church, outside, inside, on the playground, in the car, and everywhere.) God will always hear your prayers!**

THE WAY (GAME OPTIONS) *continued...*

UNIT 3 GAME OPTIONS

Choose one or more of the activities below. Play until the final five minutes of class then proceed to Final Five.

PICTURE SCHEDULE: GAMES TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > **GAMES** > COLORING > GOING HOME

Choose a child to remove the SNACK picture card and place it in the FINISHED envelope. **We have finished our Snack Time. Now, is our time to play Games.**

GAME: "JESUS LOVES ME" SAND SEARCH

Purpose: This sand sifting activity soothes children. It can be used to introduce the worship attribute: The King Who Loves, the Bible Memory Verse, or stories where Jesus showed His love (Lessons 13-17).

Supplies: Bin or container of clean sand, heart-shaped item, cross, small piece of fabric (representing the coats laid in the streets on Jesus' triumphal entry)

Prepare: Place all items beneath the surface of the sand.

Directions:

1. Children take turns reaching into the sand in search of the objects.
2. Teacher and children discuss each object, as it is located.
3. When all objects have been located, display them together on a tabletop or on the surface of the sand.
4. Children place the items in order (cross + heart + point to self) as symbols for the phrase: "Jesus loves me."

GAME: THUMBS UP OR THUMBS DOWN?

Purpose: This nonverbal true-false game helps children master the Bible story or Unit 3 Bible Memory Verse.

Supplies: None, optional: hand puppet or finger puppets

Directions:

1. Teacher or puppet retells today's Bible story, or Bible Memory Verse, pausing after each phrase to say "Thumbs up or thumbs down."
 - If retelling the Bible study, read it in phrases. For some phrases, state accurate story facts. For other phrases, replace story facts with silly facts. For example, say, "**Jesus rode into Jerusalem on a donkey. Thumbs up or thumbs down?**" (Children respond with thumbs up.) "**Jesus waved palm branches at the donkey. Thumbs up or thumbs down?**" (Children respond with thumbs down.)
 - If reviewing the Bible Memory Verse, read it in phrases. For some phrases, read it correctly. For others, replace a word with a word that makes no sense. For example, say, "**Search me, O God, and know my mother. Thumbs up or thumbs down?**" (Children respond with thumbs down.) "**We love because He first loved us. Thumbs up or thumbs down?**" (Children respond with thumbs up.)

THE WAY (GAME OPTIONS) *continued...*

GAME: MUSICAL CHAIRS

Purpose: This version of Musical Chairs familiarizes children with one of the Unit 3 Bible Memory Verse Songs: "We Love" or "Search Me, O God."

Supplies: Unit 3 Bible Memory Verse Song "We Love" or "Search Me, O God," CD player, chair for each child

Prepare: Set chairs back-to-back in a row.

Teacher Tip: In this version of musical chairs, no chair is removed; all children remain in the game. Encourage quick listening and affirm those who are the first to hear the music stop and are seated.

To practice our Bible Memory Verse Song, let's play Musical Chairs.

Directions:

1. As you play the Bible Memory Verse Song, children march around the row of chairs while singing.
2. Stop the music periodically during the song.
3. When the music stops, children find the nearest chair and sit immediately.
4. Play until the song ends or for as long as you like.

GAME: WHISPER VERSE BALL ROLL

Purpose: This game reminds the children of the Whisper Verse.

Supplies: Soft, textured ball

Prepare: Review the Whisper Verse motions.

Directions:

1. Children sit in a circle.
2. Teacher says and signs the Whisper Verse, "Give to the Lord."
3. Teacher rolls the ball to a child.
4. Teacher assists the child in saying and signing (using sign language or other aids) the Whisper Verse, "Give to the Lord."
5. Teacher assists the child in choosing another child and rolling the ball to that child.
6. Repeat until each child has a turn receiving the ball and saying the Whisper Verse.

GAME: SCENES FROM KINGDOM ADVENTURES

Purpose: To learn applications of the Unit 3 Bible stories, older children act out the Kingdom Adventures scripts.

Supplies: Kingdom Adventure scripts for Lessons 13, 14, 15; crowns; royal costumes

Directions:

1. Choose the script that corresponds with today's Bible story.
2. Assign each child a character name and improvise with the script so all children can be their favorite character, a new character, or children may just take turns being the same character.
3. Improvise with costumes and act it out!

THE WAY (GAME OPTIONS) *continued...*

GAME: ACT IT OUT

Purpose: To help learn the Unit 3 stories, children act them out in costumes or with stick puppets.

Supplies: Bible Times clothing or pictures of the following characters attached to craft sticks: Jesus on a donkey, crowd, Jesus washing feet, Jesus and disciples at dinner table, cross

Directions: With each phrase, the teacher says the phrase and acts it out with the hand motions, then repeats the same phrase and motions with the children. Optional: Children can wear costumes and act it out or children can act it out using the craft stick characters. You may choose one or more stories to act out.

THE TRIUMPHAL ENTRY

- **Jesus walked towards Jerusalem,** (Walk in place.)
- **He sent two friends ahead.** (Hold up two fingers.)
- **He sent them to the nearby village,** (Point far away.)
- **And this is what He said:** (Cup hands around ear, as if listening.)

- **“When you reach the village,** (Walk in place.)
- **A donkey you will find.** (Use hands to make donkey ears.)
- **Untie it there and bring it here.** (Pretend to untie a rope.)
- **Upon it I will ride.** (Point to self.)

- **“Here is what to say,** (Point to mouth.)
- **If anyone should ask:** (Palms up, as if asking a question.)
- **‘The Lord Jesus needs this donkey.** (Fold hands, as if begging.)
- **Soon we will send it back.’”** (Thumbs up.)

- **The people came to see Him ride,** (Use hands as binoculars.)
- **They spread coats on the ground.** (Pretend to lay coat on ground.)
- **They waved palm branches in the air.** (Wave hands in air.)
- **“Hosanna,” they did shout!** (Sign language or cup hands around mouth, as if shouting.)

JESUS WASHES THE DISCIPLES’ FEET

- **Jesus planned to show His friends** (Point to eyes.)
- **How much He loved each one of them.** (Hands hug over the heart.)
- **To show His love—that was His goal,** (Place fist on heart.)
- **So He poured water in a bowl.** (Pretend to pour from a pitcher.)

- **Then He began to wash their feet.** (Pretend to wash feet.)
- **With a towel He rubbed them dry.** (Rub hands together, as if drying.)
- **When it came time for Peter’s turn,** (Hold up index finger.)
- **Peter asked Jesus why.** (Scratch head as if wondering.)

- **“Are You washing my feet, too?”** (Point to self.)
- **He knew that’s not what kings do.** (Shake head no.)
- **Jesus asked, “Now do you see** (Point to eyes.)
- **The reason why I wash your feet?** (Point to feet.)

- **“This example is for you;** (Point to one another.)
- **So do for others what I’ve done for you.** (Point to self.)
- **Go show love to one another.** (Hands hug over the heart.)
- **You can do it by serving each other.”** (Reach palms forward as if to offer a gift.)

THE WAY (GAME OPTIONS) *continued...*

JESUS AND THE LAST SUPPER

- **Jesus planned a special meal** (Rub tummy.)
- **To have with all His friends.** (Point to friends.)
- **He knew that they would need a way** (Point to mind.)
- **To always remember Him.** (Point to heaven.)

- **He gave bread to each of them.** (Pretend to hold bread.)
- **He blessed it and said, "Take and eat.** (Fold hands in prayer.)
- **And every time you eat this bread,** (Point to mouth.)
- **Do it to remember Me."** (Point to mind, then to heaven.)

- **He took the cup and blessed it.** (Fold hands in prayer.)
- **He said, "Take and drink it up.** (Pretend to hold a cup.)
- **Do this to remember Me** (Point to mind.)
- **Each time you drink this cup."** (Pretend to drink from cup.)

THE CROSS: JESUS DIED FOR US

- **God so loved the world** (Hands hug over the heart.)
- **That He gave His only Son.** (Hold up index finger.)
- **He came to die upon the cross** (Point to heaven.)
- **To bring life for everyone.** (Point to everyone.)

- **He came to bring forgiveness** (Brush hands clean.)
- **And life forever more** (Hold palms face up.)
- **For all who believe in Jesus** (Point to mind.)
- **As the Savior and the Lord.** (Move right hand L shape from left shoulder to right hip.)

THE WAY (GAME OPTIONS) *continued...*



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

PICTURE SCHEDULE: COLORING TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the GAMES picture card and place it in the FINISHED envelope. **We have finished our Game Time. Now, is our time for coloring the picture of today's story.**

COMPLETED CRAFT: Take home your "The Last Supper Placemat" craft. Tell someone how Jesus gave thanks and ate supper with His friends.

DAILY WAY (ADAPTATION FOR CHILDREN WITH DISABILITIES): Distribute this version of the Daily Way, if available. **Show the Daily Way to your family. Talk about ways you can remember Jesus.**

COLOR THIS STORY: "Jesus and the Last Supper." Discuss Bible Story and play Unit 3 Bible Memory Verse song "We Love" or "Search Me, O God" as children color.

As coloring is completed or parents arrive:

PICTURE SCHEDULE: GOING HOME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the COLORING picture card and place it in the FINISHED envelope. **We have finished our Coloring Time. Now, it is time for Going Home.**

THE DAILY WAY

Unit 3, Lesson 16: Jesus and the Last Supper—Part 2

PONDER! Review Luke 22:14, 19-20 with your family. Talk about how Jesus had supper with His friends. He gave them a way to remember Him. Jesus gave thanks and then told them to remember Him each time they ate bread and drank from the cup. You can remember Jesus each time you eat bread and drink from a cup.

PRAY! Pray this prayer each day this week: "Lord, thank You for giving us a way to remember You. Help us always give thanks as You did. Help us to watch and pray to You for the needs of others. Amen."

PLAY! Jesus wants us to remember who He is and what He has done. Share your favorite Bible stories about Jesus with family members. Then take turns acting out each story for one another.

Unit 3 Bible Memory Verse: 1 John 4:19

"We love because He first loved us."

Unit 3 Bible Memory Challenge Verse: Psalm 139:23-24

"Search me, O God, and know my heart; test me and know my anxious thoughts.

See if there is any offensive way in me, and lead me in the way everlasting."