

Teacher's Guide: Ages 8-9 Kings and Kingdoms Part 1: The Life of Jesus Unit 4, Lesson 18

Jesus is Risen

Lesson Aim: To know the Easter story and its significance.

THE WORSHIP

Who God is: The King Who Rose

THE WORD

Bible Story: John 20:1-18

What He has done: Jesus rose from the grave.

Key Verse: John 20:18

THE WAY

Christ Connection: Job 19:25-27

BIBLE MEMORY VERSE

"I know that my Redeemer lives and that in the end He will stand upon the earth. And I will see God. I myself will see Him with my own eyes." Job 19:25, 27

	Unit 4: The King Who Rose						
	Bible Story	What He Has Done	Lesson Aim				
18	Jesus is Risen,	Jesus rose from the grave.	To know the Easter story and its				
	John 20:1-18		significance.				
19	The Road to Emmaus,	Jesus explained who He is.	To recognize who Jesus is and what He				
	Luke 24:13-18, 27-31		has done.				
20	Jesus Talks with Peter,	Jesus asked Peter to care for	To be invited to receive Christ as Savior				
	John 21:15-17	His followers.	and challenged to care for believers.				
21	The Great Commission,	Jesus sent His disciples to	To learn effective ways to carry out the				
	Matthew 28:16-20; 22:37-39	make disciples of all nations.	Great Commission.				
22	The King Ascends,	Jesus ascended into heaven.	To honor Jesus' final words and to look				
	Acts 1:8b-11		forward to His return.				

TEACHER'S ENCOURAGEMENT

This week, read 1 Corinthians 15:54-57. Please join us in praying, "Thank you for winning the victory over sin and death. Help the children know and worship you as the Risen King. Amen."

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Segment	Minutes	Activity	Supplies
THE	Up to 15	Meet & Greet	None
WELCOME		Game: Roll the Stone Away	Two stones (weight and shape should be easy for
THE	Up to 20	Worship	children to roll), two wood spoons or sticks Unit 4 Bible Memory Verse Song:
WORSHIP	Up to 20	Worship	"I Know That My Redeemer Lives"
WORSHIP		Sheet music and recordings for Bible Memory Verse Songs	Other Bible Memory Verse Song Suggestions:
		available at ResourceWell.org	"At the Name of Jesus"
		available at Resourcewell.org	"Follow Me"
			"To Him Who Sits on the Throne"
			Additional Hymn Suggestions:
			"Lord, I Lift Your Name on High"
			"Christ the Lord is Risen Today"
			Additional Song Collection Suggestions:
			Absolute All Time Favorites For Kids
			Cedarmont Worship for Kids: Volume 2
		Worship Scripture Reading:	Bible
		1 Corinthians 15:57	Biblio
		Offering	Baskets
		Worship Illustration	Lesson 18 Kingdom Adventures script or storybook
THE WORD	Up to 10	Read the Word: John 20:1-18	Map—Jerusalem, Bibles, Bible Story Scripture
	- F		reference poster, highlighters, Easter Symbols Egg
			(See Treasure Treat.)
THE WAY	Up to 25	Discuss the Word	Bibles, Christ Connection Scripture reference poster,
		Christ Connection:	highlighters
		Job 19:25-27	
		Golden Bowl	Golden Bowl, pencils, note cards
	Final 5	Final Five Minutes	Treasure Treat—Easter Symbols Egg: 4 symbols
			inside plastic egg (cross, purple-red cloth, white
			cloth scented with myrrh, stone), Daily Ways,
			basket, paper, pencils, crayons or markers, prayer
			notebook, Unit 4 Bible Memory Verse Song "I Know
			That My Redeemer Lives," CD player
GOT TIME?	Up to 10	Snack: Celebrate! Jesus is Risen!	Cupcakes, optional: Easter party decorations and
	Up to 10	Game: Get Up Tag	party favors None
	υρ το το	Game: He is Risen Indeed! Relay	Plastic egg per team, large spoon per child
	Up to 10	Craft: Jesus Is Risen Magnets	Sturdy paper, pencils, markers, scissors, glue,
	3p to 10	orart. Joseph 13 Miseri Wagnets	adhesive-backed magnets
	Up to 10	Discussion: Easter Symbols	Sample Easter Symbols Egg, Bible
	5, .0 .0	Review	
	Up to 10	Bible Memory Verse Activity:	Unit 4 Bible Memory Verse poster or Bible, paper,
		Four Corners of the Earth	marker
	Up to 5	Bible Memory Verse Activity:	Unit 4 Bible Memory Verse poster or Bible
		The Wave	, i
	Up to 5	Bible Timeline Review	Timeline

RESOURCES: Supplemental materials are available at ResourceWell.org.



To spark anticipation, encourage arriving children to meet and greet one another with today's question. **Meet & Greet Question: What is the most unbelievable thing you've seen?**

GAME: ROLL THE STONE AWAY

Purpose: Children will play a relay game to consider how the stone in front of the tomb was rolled away when Jesus rose from the dead.

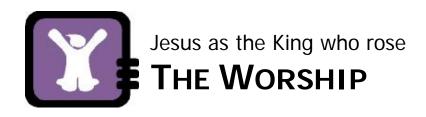
Supplies: Two stones (weight and shape should be easy for children to roll with a wooden spoon or stick), two wood spoons or sticks, floor tape

Teacher Tip: The stones will probably be difficult to roll. Encourage children to have fun with the challenge. Caution them to play safely by keeping the stones on the ground and pushing them carefully.

Who can tell me why we celebrate Easter? (Jesus died for our sins and then rose from the dead.) Jesus died and was buried on a Friday. Some of His friends went early on Sunday morning to visit His tomb. Who knows what they found? (The stone was rolled away and the tomb was empty.) Jesus had come back to life! He is alive!

The stone in front of Jesus' tomb was very heavy, but not too heavy for God to roll away. Let's race to see how quickly you can roll stones. These stones don't weigh as much as the stone in front of Jesus' tomb, but you may still have trouble rolling them!

- 1. Form two teams of equal number. If a team has one more player than the other team, choose a player on the other team to take two turns.
- 2. Line up each team at one end of playing area.
- 3. Mark a line at the opposite end of the play area with floor tape.
- 4. Give a stone and spoon to the first player in each line.
- 5. On your signal, the first player in each line is to put the stone on the ground, roll it to the line at the opposite end of the playing area and back to the next person in line. The player then sits down at the back of the line.
- 6. Each person on the team repeats step 5 until everyone has had a turn. The first team to complete the relay is the winner.



Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching worship illustration. Play music as children move to the designated area.

The Seven Stars of Lent

If this lesson is taught during the Lenten season (the 40 days before Easter), we recommend the Seven Stars of Lent activity located at ResourceWell.org under Children - Other Resources. Choose the final star for this closing week of the Lent season.



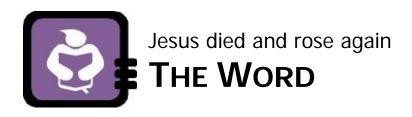
Today, we worship the King who rose from the dead. On the very first Easter, King Jesus won the victory over sin by paying fully for our sins when He died on the cross. He won the victory over death when God raised Him from the dead and He won life forever with God for every person who would believe in Him. We can celebrate the victory over sin and death every day! Read 1 Corinthians 15:57.



Sing Unit 4 Bible Memory Verse Song, "I Know That My Redeemer Lives." You may also choose to sing songs that focus on themes of victory, resurrection, and eternal life.



Perform Kingdom Adventures script or read storybook: Kings & Kingdoms Unit 4, Lesson 18.



Teacher Tips: As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

Supplies: Sample Treasure Treat (Easter Symbols Egg: plastic egg containing four symbols: cross, purple-red cloth, white cloth scented with myrrh, stone.)

Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word; knowing God is my goal."

Open one Easter Symbols Egg and display each symbol when it is mentioned. Last time, we learned what happened when Jesus was arrested and put on a cross to die. Display cross from Easter Symbols Egg. This took place outside the Jerusalem city wall. If a map is available, show Jerusalem. The moment Jesus died, the huge purple-red curtain in the temple was torn in two from the top all the way down to the bottom. Display purple-red cloth. Next, a man named Joseph of Arimathea took Jesus' body and wrapped it in a cloth with good smelling spices. Display white cloth scented with myrrh. Joseph placed Jesus' body in the tomb and a large stone was rolled in front of the entrance. Display stone. Today, we will find out what happened three days later.



Let's play Find It First! Bring out your Bible; keep it right in front of you. Hand out spare Bibles. Today's Scripture verse is behind the curtain (or secret door, secret window, etc.). Child reveals the Bible Story Scripture reference: John 20:1-18. Let's see who can Find It First. Ready? Set? Go! Children race to find it first. The winner helps others find it. Let's highlight our Key Verse: John 20:18.

Before we read, let's stand and ask God to open our eyes, ears, hearts and minds to His Word today. Who'd like to pray that for us? Child prays aloud. Be seated.

As I read, imagine you are Mary or Peter. Read John 20:1-18. (Note: This is an exciting but lengthy passage; have an adult read it with inflection as a narration.)



When Mary first reached the tomb, what did she notice about the stone? (It had been rolled away.) Who did Mary run and tell? (Peter and John.) What did Peter and John do when they heard about the empty tomb? (They ran to see it for themselves.)

Before He was arrested, Jesus had told the disciples He would rise from the dead. When John saw Jesus was not there and that the linen strips had been folded, the Bible says, "He believed." What do you think John believed? (Children respond.)

Was Jesus' body in the tomb where it had been laid? (No.) What did Peter and John see inside the tomb? (The folded strips of linen that had been Jesus' burial cloths.)

After Peter and John went home, who did Mary see seated inside the tomb? (Two angels.) Why was Mary crying? (She thought someone had taken Jesus' body and she did not understand He had risen.)

Later, a man spoke to Mary. She thought He was the gardener. Who was that man? (Jesus.) Mary had seen Jesus die on the cross. How do you think Mary felt to see Jesus alive? (Children respond.) What did Mary say to the disciples after she saw Jesus face to face? ("I have seen the Lord.") Mary was a witness that God had raised Jesus from the dead. The Lord Jesus was alive! What would you have done if you had been there to see Jesus in person that day? (Children respond.)



Connecting the Old Testament, the New Testament and Us

CHRIST CONNECTION

One of the symbols of Easter is the egg. Display Easter Symbols Egg. It stands for the new life with God that begins when we first believe in Jesus. This new life lasts forever—even after our bodies die. More than one thousand years before Jesus rose from the dead, a man named Job described what it will be like to see God face to face after our bodies die.



<u>FIND IT FIRST></u> Everyone, place your Bible closed on your lap. Choose a child to reveal the Christ Connection Scripture reference: Job 19:25-27. Let's see who can Find It First! Ready? Set? Go! Find it and highlight it. Read Job 19:25-27.

Job says his heart yearns within him. That means he is excited as he waits for the day he would see God face to face. How do you think you will feel to see God with your own eyes? (Children respond.) All who believe in Jesus will have life forever with Him in heaven. This is why believers celebrate Easter! Enjoy a Got Time activity such as the "He is Risen Indeed! Relay," review the meaning of the Easter Symbols Egg, or enjoy refreshments together to celebrate Easter.

THE WAY continued...



Teacher Tip: Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

Revelation 5:8 says our prayers are like sweet smelling incense in the golden bowls at God's throne. I'm going to lift each one of your names to God's throne as you pray for each person silently. Then, we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.

Lord God, we lift up to Your throne the name of each child here. We trust You to wa	atch over
us and our needs, the ones we say aloud and the ones hidden in our hearts. First, w	e lift up
to You, Read names in Golden Bowl.	_

Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

<u>TREASURE TREAT</u>: Today, your Treasure Treat is an Easter Symbols Egg (plastic egg containing four symbols: cross, purple-red cloth, white cloth scented with myrrh, stone). Tell your family what each symbol means in the victory Jesus won on the first Easter. To help you remember, the meaning of each item is explained in this week's Daily Way.

<u>DAILY WAY CHALLENGE</u>: Did anyone bring in their completed Daily Way from last time? Praise or reward those who return a Daily Way. Distribute Lesson 18 Daily Way 5-day Bible study. Complete this week's Daily Way at home and let God speak to you through His own words in the Bible. Join the Daily Way Challenge by returning your completed Daily Way.

Teacher Tip: Collect Daily Ways in a basket or other container and periodically reward children as a group for completing the challenge.

<u>OFFERING OF ART</u>: Until it is time to be dismissed, make an Offering of Art. For your offering, draw a picture of the empty tomb. The Offering of Art can be finished at home or given as an offering for the teacher to display.

PRAYER REQUESTS: As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

BIBLE MEMORY VERSE SONG: Play the Unit 4 Bible Memory Verse Song, "I Know That My Redeemer Lives," in the background as children wait to be dismissed.



SNACK: CELEBRATE! JESUS IS RISEN!

Purpose: Connect with your students while enjoying a snack to celebrate the true meaning of Easter. **Snack Suggestion:** Cupcakes, optional: Easter party decorations and party favors

God raised Jesus to life on the first Easter morning! He died for our sins, but He did not stay dead! His victory over death brings new life to all who believe in Him. Let's enjoy our snack as we celebrate that Jesus is alive.

Directions:

- 1. Give each child a snack and drink.
- 2. Ask a child to pray and thank God for the snack.
- 3. As you eat, ask the children to answer the Snack Discussion question: **"Why is Easter important to you?"** and/or talk about their families' Easter traditions.

GAME: GET UP TAG

Purpose: Celebrate that Jesus rose from the dead by playing a version of tag.

Supplies: None

Who can tell me why we are celebrating Easter? (To remind us Jesus rose from the dead.) Jesus died to take our sins away. He was dead for three days and then rose to life. Now He lives forever! His victory over death brings new life to all who believe in Him. Even though our bodies may die, our souls will rise and continue to live forever close with God.

Let's play a game of tag. When you are tagged, you must lie down on the floor until a friend touches your shoulder and says "Get up!" When you get up, think about how excited Jesus' friends must have been when they discovered Jesus was not in the tomb. God raised Him from the dead!

Teacher Tip: Caution children to walk carefully around the tagged children lying on the ground or instruct the tagged children to lie down on the side of the playing field.

- 1. Choose a child to be "It."
- 2. On your signal, the child who is "It" tries to tag the other children.
- 3. When a child is tagged, he or she must lie down on the floor.
- 4. Children who have not been tagged may free the children who have been tagged by touching them on the shoulder and saying, "Get up!" The freed child may then rejoin the game.
- 5. After a few minutes of playing, choose another player to be "It."

GAME: HE IS RISEN INDEED! RELAY

Purpose: Celebrate the new life won at Easter with a relay race carrying a plastic egg on a spoon.

Supplies: One plastic egg per relay team, one spoon per child

On the first Easter, Mary ran to tell Peter and John about the empty tomb. Then Peter and John ran back to the tomb to see it for themselves. Years later Peter wrote, "He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead."

In this celebration relay, run as fast as you can without dropping the egg from your spoon. Then say the good news, "He is risen!" and pass the egg onto the next runner's spoon.

Directions

- 1. Divide children into three or more relay teams with an equal number of children on each team.
- 2. Have each team form a large circle.
- 3. Give each child a large spoon.
- 4. Give one child on each team the plastic egg to balance on their spoon.
- 5. On your signal, the child with the egg runs to the next child in the circle. Before transferring the egg onto the next child's spoon, the child says, "He is risen!"
- 6. The child receiving the egg responds, "He is risen indeed!" and receives egg onto his/her spoon.
- 7. Once the egg has been transferred, the first child will sit down.
- 8. Repeat the race around the circle. The goal is to be the first team sitting down.

CRAFT: JESUS IS RISEN MAGNETS

Purpose: For children to create magnets to remember the true meaning of Easter.

Supplies: Light-colored sturdy paper, pencils, markers, scissors, glue, adhesive-backed magnets

Prepare: Precut several simple egg-shaped templates (approximately 2 inches wide) from sturdy paper.

Optional: Punch a hole in the top of the egg and thread with string to hang instead of making magnets.

Why do we celebrate Easter? (It is the day Jesus came back to life after dying to save us from our sins.) Jesus is alive! His victory over death brings new life to all who believe in Him. We can tell others about Jesus by showing them our Easter Symbols Eggs. Let's also make a magnet to help us remember the reason we celebrate Easter is because Jesus is alive.

- 1. Use a pencil to trace the egg template onto a sheet of any light-colored sturdy paper.
- 2. Cut out egg shape.
- 3. Draw and color something to remind you we celebrate Easter because Jesus is alive.
- 4. Press the sticky side of a magnet (or glue one side of the magnet) onto the back of your egg.
- 5. Take your magnet home to share the true meaning of Easter with your family or give the magnet to a friend.

DISCUSSION: EASTER SYMBOLS REVIEW

Purpose: Children use symbols to share the Easter story with each other, family, and friends.

Supplies: Sample Easter Symbols Egg

Directions:

- 1. Hold up each item and ask the children what it symbolizes.
- 2. If time allows, read the Bible verses that correspond to each symbol.
- 3. Challenge children to explain this to each other and to friends and family at home.

The CROSS stands for forgiveness. When Jesus died on the cross, it's like He erased our sins from God's memory. We're forgiven! (John 19:30.)

The PURPLE-RED CLOTH reminds us of the temple curtain that was torn in two from top to bottom when Jesus died. (Mark 15:37-39.)

The WHITE CLOTH SCENTED WITH MYRRH reminds us of the strips of cloth and spices Jesus' body was wrapped in after He died. (Luke 19:39-41.)

The STONE reminds us Jesus has risen! The stone was rolled away and His tomb was empty! (John 20:1.)

The EGG reminds us of the new life Jesus offers to all who believe in Him! (John 3:16.)



"I know that my Redeemer lives and that in the end He will stand upon the earth.

And I will see God. I myself will see Him with my own eyes."

Job 19:25, 27

GAME: FOUR CORNERS OF THE EARTH

Purpose: Children will play a game of Four Corners to learn the Bible Memory Verse.

Supplies: Unit 4 Bible Memory Verse poster or Bible, paper, marker

Prepare: Write the name of four different countries or continents each on a piece of paper. Post one of

the four signs in each of the four corners of the play area.

Optional: Have the children choose the four countries or continents you will use for the game.

Optional: For a more competitive version, the children whose corner is called recite the Bible Memory verse together and then sit down. Play continues until only a few remain in the game.

Today, we are celebrating that Jesus is alive forever. Let's read our Bible Memory Verse together. Read the Unit 4 Bible Memory Verse together. This verse from the Bible tells us Jesus is alive. He is our Redeemer; He took the punishment we deserve for sinning. Where will He stand one day when He returns? (Upon the earth.) Who will see Him? (We will.)

Let's practice our Bible Memory Verse by playing Four Corners of the Earth.

Directions:

- 1. Choose a Caller to stand in the middle of the room to count aloud to 10 with eyes closed.
- 2. Children rush to stand in different corners before the Caller says, "10."
- 3. Caller calls out one of the four corner countries/continents.
- 4. All children in that corner recite the Bible Memory verse together as quickly as possible.
- 5. Choose another Caller and play again. All children remain in the game.
- 6. Play as long as you like or as time allows.

GAME: THE WAVE

Purpose: To help children memorize the Unit 4 Bible Memory Verse.

Supplies: Unit 4 Bible Memory Verse poster or Bible

- 1. Assign one phrase from Job 19:25, 27 to each child or group.
- 2. As helper directs, each child/group quickly stands, says assigned phrase while raising both hands up to the sky, then down to thighs, and sits down.
- 3. Repeat three times, faster each time.



Kings & Kingdoms Part One studies the life of Jesus (Circa 0-33 A.D.) beginning with the only story of His childhood and then focusing on His relationships, His ministry, His teachings, and the events surrounding His death, resurrection, and ascension. It concludes with a study of His kingdom parables. Review recent Bible stories to see the continuing story of who God is and what He has done.

<u>Jesus in the Garden (Circa 30-33 A.D.)</u> Jesus knew that the soldiers were about to arrest Him and take Him away to die on the cross. Where did He go to pray about this? (the garden of Gethsemane.) Jesus prayed, "Not my will, but Yours be done." What does that meant to you? (Children respond.)

<u>Jesus and the Cross (Circa 30-33 A.D.)</u> When Jesus was arrested, which disciple denied knowing Him? (Peter.) After an unfair trial by the high priest, the Jews led Jesus to the Roman governor. What was his name? (Pontius Pilate.) What did Jesus mean on the cross when He said, "It is finished"? (By dying, He finished the plan to pay for our sins.)

<u>Jesus is Risen (Circa 30-33 A.D.</u>) After Jesus died on the cross, His body was wrapped in strips of linen and placed in a tomb which was sealed with a heavy stone. On the third day, what did Mary discover? (The stone had been rolled away and Jesus was not there.) Mary thought someone had taken Jesus' body. How did Mary discover the Lord had risen? (She spoke face to face with the risen Jesus.)

How to create a Bible Timeline for the Life of Jesus:

- 1. Print each footprint on sturdy paper.
- 2. Choose a wall or other visible location to display the timeline.
- 3. Before each lesson, add the footprint for that lesson to the Bible Timeline using the list below. Children can follow in Jesus' footsteps as they review past lessons.
- 4. To review, ask the corresponding questions as you point to the associated footprint.

<u>Life of Jesus</u>: Jesus and His Father's House > Jesus Is Baptized > Jesus Is Tempted > Jesus Calls His Disciples > Jesus Clears the Temple > Jesus Is Transfigured > Jesus Teaches the Beatitudes > Jesus and Nicodemus > Jesus and the Woman at the Well > Jesus with Mary and Martha > Jesus and Zacchaeus > Jesus Is Anointed > The Triumphal Entry > Jesus Washes His Disciples' Feet > Jesus and the Last Supper > Jesus in the Garden > Jesus and the Cross > Jesus Is Risen > The Road to Emmaus > Jesus Talks with Peter > The Great Commission > The King Ascends

<u>Kingdom Parables</u>: The Lost Sheep > The Sower > The Vine and the Branches > The Workers in the Vineyard > The Great Banquet > The Rich Fool > The Talents > Lazarus and the Rich Man > The Lost Son > The Good Samaritan