



# Do Not Worry

Lesson Aim: To know God takes care of everything.

## THE WORSHIP

Who God is: The King Who Teaches

## THE WORD

Bible Story: Matthew 6:25-34

What He has done: Jesus taught that He takes care of the birds and the flowers.

## THE WAY

Whisper Verse: "Don't worry."

## BIBLE MEMORY VERSE

"Guide me in Your truth and teach me, for You are God my Savior." Psalm 25:5

Unit 6: The King Who Teaches—Parables 2			
	Bible Story	What He Has Done	Lesson Aim
28	The Rich Fool, Luke 12:15-21	Jesus taught about a rich man who stored up things for himself.	To know God wants us to be generous.
29	Let Your Light Shine, Matthew 5:14-16	Jesus taught that we should not hide our light.	To be the light of the world.
30	Do Not Worry, Matthew 6:25-34	Jesus taught that He takes care of the birds and the flowers.	To know God takes care of everything.
31	The Lost Son, Luke 15:11-24	Jesus taught about a father who welcomed his lost son home.	To know God welcomes us.
32	The Good Samaritan, Luke 10:30-37	Jesus taught about a man who was a good neighbor.	To show kindness to others.

## TEACHER'S ENCOURAGEMENT

This week, read Philippians 4:5-7. Please join us in praying, "Thank You Lord, for supplying all we need to teach Your children. Help us lead by example as we trust You to take care of everything. Amen.



**THE WORSHIP  
THE WORD &  
THE WAY**

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Treasure Chest	Treasure chest, sticker of a flower
		Whisper Verse	Sign language for "Don't worry."
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	<b>Unit 6 Bible Memory Verse Song:</b> "Guide Me" <b>Other Bible Memory Verse Song Suggestions:</b> "Do Not Let Your Hearts Be Troubled" "How Wide" "It's Praise Time" "Love One Another" "Sing Praises" "We Love" <b>Additional Hymn Suggestions:</b> "This Is the Day" "This Little Light of Mine" <b>Additional Song Collection Suggestions:</b> Cedarment Toddler Bible Songs The Ultimate Bible Song Collection for Kids Vol. 1
		Offering	Baskets
		Worship Illustration	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: Kings & Kingdoms Unit 6, Lesson 30
THE WORD	Up to 10	Watch the Word: Matthew 6:25-34	Teacher's Bible with bookmark at Matthew 6:26 Visual: "Don't Worry Flower" craft sample
THE WAY	Up to 25	Craft: Don't Worry Flower	Small paper plate or 5-inch round circle, sturdy colored paper, label or slip of paper, craft stick, tape or glue, crayons or markers, optional: sturdy paper
		Game: God Takes Care	Empty watering can, small bag of birdseed, cup of water, small bag of soil, gardening glove (or gardening apron or T-shirt)
		Game: Don't Worry, Cheer Up!	None
		Snack: For the Birds	Assorted seeds or nuts (Be aware of allergies.)
	Circle of Prayer	None	
Final 5	Final Five	Ponder, Pray & Play: Unit 6, Lesson 30 Color This Story: "Don't Worry" (birds and flowers)	
GOT TIME?	Up to 10	Say & Do: Matthew 6:25-34	None
	Up to 10	Game: "Guide Me" Memory Hop	Bible open to Psalm 25:5
	Up to 10	Game: Follow the Leader	None
	Up to 10	Story Time	Any story about how God provides for the needs of His creation

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



Don't worry

## THE WELCOME

**Teacher Tip:** For lessons 23-32, use stickers in the Treasure Chest for children to add to their Kingdom Stories Treasure Box. See the craft page for further instructions.

Welcome each child as they arrive. **Hello \_\_\_\_\_. I'm glad you are here! Come open the Treasure Chest to find today's treasure.** Child unlocks the Treasure Chest to receive a sticker of a flower. **Let this sticker of a flower remind you that God takes care of you, just like He takes care of the flowers. Today's Whisper Verse is "Don't worry."** Teach Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.\***

**SIGN LANGUAGE: "Don't worry."**

(For visual demonstrations, see [www.signingsavvy.com](http://www.signingsavvy.com).)

**Each time we say today's Whisper Verse, let's say it with two hand motions:**

- "Don't"** Both hands are crossed, palms down, in front of the chest and then thrust forward and uncrossed to indicate a stopping motion.
- "worry."** Both hands create the letter "B" hand shape by placing the fingers together and folding the thumb into the palm. Rotate both letter "B" hand shapes in opposite, inward circles in front of the face.

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

**"Clean Up Song": Clean up! Clean up! Everybody, everywhere!  
Clean up! Clean up! Everybody do your share!**

Gather and seat children in Praise Time area.

**\*Today's Whisper Verse:** "Don't worry," Matthew 6:25. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



Jesus as the King who teaches

## THE WORSHIP

**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play "It's Praise Time!" as children move to that designated area.



**It's Praise Time—our time to sing praise to King Jesus. In the Bible, Jesus tells us stories that help us understand God's kingdom. It is wonderful to live in God's kingdom. We can be full of joy every day!** Sing: "This Is the Day."

**Last time, Jesus taught us that He wants us to let our light shine. We do that by doing good things for others so they will praise God. Today, Jesus' words from the Bible will teach us not to worry. That's our Whisper Verse! Let's whisper, "Don't worry."** Review Whisper Verse together: "Don't worry." Include sign language.

**Jesus said, "Don't worry." Instead of worrying, He wants us to think about God and put Him first. Let's do that now by singing to God, listening to His stories, and giving Him our offering. Let's sing along with this song as the offering basket is passed.** Sing: "How Wide" while collecting the offering.



**Let's see if Ranger Ryan can tell us a story about not worrying.** Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Kings & Kingdoms Unit 6, Lesson 30.



**God takes care of the birds and the flowers. He will take even better care of us. God knows what we need and He gives it to us. We do not need to worry about anything.** Sing: "Do Not Let Your Hearts Be Troubled."

**God is so good to us. He helps us not to worry. He teaches us and guides us all day long.** Sing: "Guide Me."



## Don't worry **THE WORD**

**Additional Supplies:** Classroom Kingdom Stories Treasure Box, Lesson 29 "Shining Light Scope" craft sample

**Before we begin our Bible Time, let's say our Classroom Promise with the motions.**

<b>With my eyes on my teacher;</b>	Point to eyes.
<b>My mouth quiet as can be,</b>	Place index finger over mouth as quiet sign.
<b>I will listen to hear,</b>	Cup hand around ear.
<b>How God loves you and me.</b>	Hug self, point to others and then self.

Open the Classroom Kingdom Stories Treasure Box to display the Lesson 29 "Shining Light Scope" craft sample. **Last time, we learned to shine our light for Jesus. Show everyone how much you love Jesus so they can love Him, too! Who would like to tell everyone what we learned last time about letting your light shine?** Choose a volunteer to tell the story while they hold the craft sample.

**Today, we will learn why Jesus said, "Don't worry!"** Handle Bible as a special treasure, leaving it open to Matthew 6:26.

## **WATCH THE WORD: MATTHEW 6:25-34**

Read the points below or retell the passage in your own words using the points below as a general guide. To illustrate the story, hold a "Don't Worry Flower" craft sample. Other visual options include Color This Story or any related picture.

- **Jesus said, "Do not worry,**
- **About what you will eat or drink;**
- **For just as God feeds the birds of the air,**
- **God will take care of your needs.**
  
- **"Don't worry about what you will wear;**
- **Flowers don't worry about clothes.**
- **The beautiful petals God gives them to wear**
- **Are better than King Solomon's robes.**
  
- **"Don't worry about what you will eat or wear;**
- **For God always knows what you need.**
- **Put God first in all you do;**
- **And He will take care of you and me."**



**Who feeds the birds? (God.) Let's find our answer in the Bible.** Read Matthew 6:26 from the teacher's Bible.

**The birds do not need to worry. The flowers do not need to worry. Do you need to worry? (No.) Our Whisper Verse tells us the answer. Let's say it together: "Don't worry."** Include sign language or hand motions. **You don't have to worry because God is taking care of you!**



God takes care of you

## THE WAY

**Teacher Tip:** Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

**Teacher Tip:** Encourage families to use the instructions on the Ponder, Pray & Play card to make a Kingdom Stories Treasure Box to store children's Kingdom Stories Treasures for the next ten weeks (Lessons 23-32). Children should place their Treasure Chest Sticker on the outside of the box and their parable story crafts inside. Create a Kingdom Stories Treasure Box for the classroom to review the stories each week.

### **CRAFT: DON'T WORRY FLOWER**

**Purpose:** To remind the children not to worry. God will take care of them.

**Supplies:** Small paper plate or 5-inch round circle, sturdy colored paper, label or slip of paper, craft stick, tape or glue, crayons or markers, optional: sturdy paper

**Prepare:** Cut four large flower petals or triangle shapes from sturdy colored paper. On a label or slip of paper, print:

**"Do not worry."  
Matthew 6:25-34**

**Optional:** Cut out and attach green leaves to the craft stick. Print and cut out the outline of a bird for children to color. Have children attach the bird to the flower.

#### **Directions:**

1. Draw a happy face on one side of the flower center (small paper plate or 5-inch round circle).
2. Tape or glue four petals to the flower center.
3. Color the flower.
4. Glue or tape the craft stick to the back of the plate or circle for a stem.
5. Attach the label to the center of the flower.

#### **Craft Discussion:**

- **Who takes care of the flowers?** (God.)
- **What does God give to thirsty flowers?** (Water.) **God makes the rain to water the thirsty flowers.**
- **Who gives light to help the flowers grow?** (God.) **God makes the sun to shine.**
- **Who gives you food to eat?** (Children respond.) **God gives you special people to take care of you. God will help children who don't have clothes to wear or enough food to eat. He will help them not to worry.**
- **God takes care of everyone. Do you need to worry?** (No.) **Let's say our Whisper Verse with our motions right now!** Say Whisper Verse together with the hand motions.

# THE WAY *continued...*

## **GAME: GOD TAKES CARE**

**Purpose:** Children will see how God takes care of the flowers, birds, and children.

**Supplies:** Empty watering can, small bag of birdseed, cup of water, small bag of soil, gardening glove (or gardening apron or T-shirt)

**Teacher Tip:** May substitute supplies above with pictures of these items cut from magazines, printed from a computer, or drawn by hand.

### **Directions:**

1. Choose a child to pretend to be a bird.
2. **This bird is thirsty. What does God give this bird to drink?** (Water.)
3. Choose a child to wear the gardening glove and give a cup of water to the "bird."
4. **This bird is hungry. What does God give this bird to eat?** (Birdseed.)
5. Choose a child to wear the gardening glove and give the bag of birdseed to the "bird."
6. **God takes care of this bird. Does this bird need to worry?** (No!)
7. Choose a child to pretend to be a flower.
8. **This flower is thirsty. What does God give this flower to drink?** (Water.)
9. Choose a child to wear the gardening glove and pretend to water the "flower" with the watering can.
10. **This flower needs a place to grow. Where does God put this flower?** (In the ground.)
11. Choose a child to wear the gardening glove and give the bag of soil to the "flower."
12. Repeat game until each child has a turn as a bird, flower, or gardener.

## **GAME: DON'T WORRY, CHEER UP!**

**Purpose:** Children will tell each other not to worry.

**Supplies:** None

### **Directions:**

1. Children stand in a circle. Choose one child to stand in the center of the circle.
2. Teacher says, "Name of child is worried. What does Jesus say to name of child?"  
**Optional:** Have children help you suggest things they worry about such as "Name of child has lost his dog," or "Name of child is afraid of the dark."
3. Children shout and sign, "**Don't worry, name of child.**"
4. Repeat game until each child has stood in the center of the circle.

# THE WAY *continued...*

## **SNACK: FOR THE BIRDS**

**Purpose:** Children will enjoy a snack that reminds them God cares for everything.

**Snack Suggestion:** Assorted seeds or nuts (Be aware of allergies.)

### **Directions:**

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.  
**God our Father, God our Father. Once again, once again.**  
**Thank You for our blessings. Thank You for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
  - **God gives us people to feed and care for us. Through them, God gives us food, clothing, and a place to sleep. Before we eat our snack, let's pray for any children who do not have these things yet. Let's pray they do not worry and let's ask God to send people to care for their needs.** Pray briefly for God to take care of the needs of children everywhere.
  - **Who takes care of the birds? (God.) Do the birds need to worry? (No.)**
  - **God gives seeds and nuts for the birds to eat. Let's eat some seeds (and nuts) to remind us of the seeds God gives the birds to eat.** Serve snack.
  - **God takes care of you, too. What does God give you to eat? (Children respond.)**
  - **God gave you someone special to take care of you. Who cares for you? (Mommy, daddy, grandparents, aunts, uncles, or other parental figure.)**
  - **Do you need to worry? (No.) That's like our Whisper Verse! Who remembers our Whisper Verse?** Choose a child to demonstrate motions to Whisper Verse: "Don't worry."



## **CIRCLE OF PRAYER**

God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.

Dear God, thank You for making us and loving us. We lift up to You a special prayer for \_\_\_\_, \_\_\_\_, \_\_\_\_ (say each name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen.



When only 5 minutes remain, begin this segment.

## **FINAL FIVE MINUTES**

**COMPLETED CRAFT:** Take home your "Don't Worry Flower" craft. Show it to someone who is worried and say, "Don't worry. God will take care of you." Put your "Don't Worry Flower" in your Kingdom Stories Treasure Box when you get home. You can make your Treasure Box from any box. Remember to put your flower sticker on the outside of your Treasure Box.

**PONDER, PRAY & PLAY:** Distribute Ponder, Pray & Play cards, if available. **Show this card to your family. Talk about how we don't need to worry because Jesus said God takes care of everything.**

**COLOR THIS STORY:** "Don't worry." Discuss Bible Story and play Unit 6 Bible Memory Verse Song "Guide Me" as children color.





If time remains, choose from the connected activities below.

## **GOT TIME?**

### **SAY & DO: MATTHEW 6:25-34**

**Purpose:** This pantomime version of the Bible Story helps children remember the Bible Story details.

**Supplies:** None

**Directions:** With each phrase, the teacher says the phrase and acts it out with hand motions; then repeats the same phrase and motions with the children.

- **Jesus said, "Do not worry,** (Whisper Verse sign language.)
- **About what you will eat or drink;** (Pretend to drink.)
- **For just as God feeds the birds of the air,** (Flap arms.)
- **God will take care of your needs.** (Point to heaven.)
  
- **"Don't worry about what you will wear;** (Whisper Verse sign language.)
- **Flowers don't worry about clothes.** (Point to clothes.)
- **The beautiful petals God gives them to wear,** (Pretend to pick a flower.)
- **Are better than King Solomon's robes.** (Make fists with thumbs up as "Great!")
  
- **"Don't worry about what you will eat or wear;** (Whisper Verse sign language.)
- **For God always knows what you need.** (Point to heaven.)
- **Put God first in all you do;** (Raise index finger as a number one.)
- **He'll take care of you and me."** (Point to self and others.)



### **BIBLE MEMORY VERSE ACTIVITIES**

"Guide me in Your truth and teach me, for You are God my Savior." Psalm 25:5

### **GAME: "GUIDE ME" MEMORY HOP**

**Purpose:** To help children memorize and review the Unit 6 Bible Memory Verse.

**Supplies:** Bible, open to Psalm 25:5

**Let's review our Bible Memory Verse! With each word I say, I want you to repeat it and take one hop toward me. When you get close enough to touch the Bible I'm holding, you may sit.**

**Directions:**

1. Children stand shoulder to shoulder at one end of the room. If you have a large class, divide them into groups and have the groups take turns playing.
2. Teacher stands at the opposite end of the room, holding an open Bible.
3. Teacher says each word of the Bible Memory Verse. As the children repeat each word, they take one hop toward the teacher.
4. When each child is close enough, they touch the Bible and then sit down.
5. Teacher repeats the Bible Memory Verse until each child has touched the Bible and is seated.

# GOT TIME? *continued...*

## **GAME: FOLLOW THE LEADER**

**Purpose:** Children will play "Follow the Leader" to understand God is their leader who guides them in understanding His truth.

**Supplies:** None

### **Directions:**

1. **Let's play "Follow the Leader." Follow me and I will show you what to do.**
2. Line the children up behind you. Walk around the room acting out various actions for the children to imitate as they follow you. Actions may include hopping, skipping, patting your head, turning in circles, dancing, etc.
3. Play for a few minutes.
4. **You did a good job of following me. I am your teacher. I led you in the game by showing you the way to play. I was guiding you to know where to go. God guides us and teaches us in His Word, the Bible. Let's say our Bible Memory Verse together.** Children say the Bible Memory Verse.
5. **Everything God teaches us is called His Truth. We can always find His Truth in the Bible. In the Bible, God teaches us about Himself and His world. He guides us in knowing how to love Him.**
6. If time remains, let children take turns being the leader.



## **STORY TIME**

Gather the children and read a favorite story. This can be a Bible Story, a chapter from *The Adventures of Delbert & Lello*, or a story about how God provides for the needs of His creation.

### **PONDER, PRAY & PLAY**

Unit 6, Lesson 30: Do Not Worry

**PONDER!** Read Matthew 6:25-34 with your family. Talk about how Jesus told you not to worry because God makes sure you have everything you need. What do you need to live? How has God given those things to your family? Together, thank God for taking care of those needs.

**PRAY!** Pray this prayer each day this week: "Lord, thank You for taking care of us. Thank You for making sure we have everything we need. Help us not to worry. Amen."

**PLAY!** Find and decorate a box to be your Kingdom Stories Treasure Box. Put today's craft inside your Treasure Box. Put your Kingdom Stories Treasure Box Sticker on the outside of your Treasure Box. During the week, take out your craft treasures to remind your family of Jesus' stories. Count all the ways God takes care of you.

**Unit 6 Bible Memory Verse:** Psalm 25:5

"Guide me in Your truth and teach me, for You are God my Savior."