







PONDER! Read Judges 13:5; 16:2-3 with your family to hear how God made Samson strong. What did God promise Samson's mother? Who made Samson strong? Who makes you strong? How have you grown stronger as you have gotten older?



PRAY! Pray this prayer each day this week: "Lord, thank You for helping me grow up and be stronger. Please give me strength to do things Your way and to build Your kingdom. Amen."



PLAY! As a family, brainstorm ways you can use your muscles together to help someone else. Here are a few ideas: help a neighbor care for his or her yard, clean someone's room, or help your parent carry groceries. Be sure to tell the person you help God gave you the strength to help them!

K&K Ages 4-K U7L35

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