



At-A-Glance: Ages 8-9  
Kings & Kingdoms Part 2: Judges - Esther  
Unit 7, Lesson 35

## Samson and His Strength

Lesson Aim: To know God gives us power.

### THE WELCOME

**MEET & GREET:** What is your greatest strength?

**GAME:** Mighty Strong

### THE WORSHIP THE KING WHO WATCHES OVER US

Read Worship Scripture: Ephesians 3:20-21.

Sing songs and worship God. Bless and collect the offering.

Perform King City Chronicles script or read storybook.

### THE WORD GOD STRENGTHENED SAMSON

Children sign note cards; place in Golden Bowl. Classroom Covenant.

Review: Gideon defeats the Midianites.

**Today, we will hear how Samson grew up to defend Israel against the Philistines.** Reveal Bible Story Scripture Reference: Judges 14:5-6a; 15:12-15, 20. Find Judges 14:5-6a First. Pray. Read. Find Judges 15:12-15, 20. Highlight Key Verse: Judges 15:14. Read.

### THE WAY THE HOLY SPIRIT STRENGTHENS US

**What happened when the lion came at Samson?** (He fought and killed it.) **How did he get the power to fight the lion?** (The Spirit of the Lord came upon him in power.) **Later, Samson was tied up. What happened to those ropes when the Spirit of the Lord came upon Samson in power?** (They became like burned ropes and dropped from his hands.)

**The Spirit of the Lord is God. He is also called the Holy Spirit. The Holy Spirit not only gives strength to our bodies, but also to our hearts and minds. He sends the strength believers need to protect others and fight against wrongdoing.**

**Everyone who believes in Jesus has the Holy Spirit always in their hearts. The Holy Spirit fills us with power so we can build His kingdom. When we need it, the Holy Spirit gives strength to our bodies, hearts, and minds to do what is right.**

**We all need strength to make right choices in what we say, do, and think. We all have times when it is hard to do the right thing. What are some hard choices you have had to make to do the right thing at home, at school, and with friends?** (Obeying when no one is looking, being kind to those who are unkind to us, letting others go first, etc.)

**In the end, the Philistines cut Samson's hair and he lost his strength. They captured him and put him in prison. When his hair began to grow again, Samson prayed one last time for strength. Since the Holy Spirit had given Samson powerful strength many times, do you think Samson trusted God to send him strength when he needed it? Did God answer Samson's prayer? God strengthened him so he was able to defeat 3,000 Philistines by pushing down the pillars and bringing down their temple.**

### **CHRIST CONNECTION:**

**What happened to Samson each time before he showed amazing strength?** (The Spirit of the Lord came upon him in power.) **Let's see what Jesus said about that same Spirit.** Reveal Acts 1:8. Find It First. Highlight. Read.

**What did Jesus say would happen after the Holy Spirit came upon them?** (They would receive power and be His witnesses.) **Jesus promised we would receive power from the Holy Spirit. That's the same Spirit who came upon Samson to strengthen him. The Holy Spirit gives us power to tell others about Jesus. He gives us the strength we need to do everything He asks us to do.**

**Do you think God will strengthen you with His Spirit? Just as Samson asked God for strength, let's remember each day to ask the Holy Spirit for strength.**

**THE GOLDEN BOWL:** Pray for individuals. Pray the Lord's Prayer.

### **FINAL FIVE MINUTES:**

- TREASURE TREAT: Piece of strong rope
- DAILY WAY CHALLENGE
- OFFERING OF ART: Samson pushing down the temple pillars
- PRAYER REQUESTS
- BIBLE MEMORY VERSE SONG

### GOT TIME?

**SNACK:** Grow Up Strong

**GAME:** Thumb Wrestling Tournament

**CRAFT:** Strong as a Rope

**BIBLE MEMORY VERSE ACTIVITIES:** Watch Tag, Hot Potato Scramble

**BIBLE TIMELINE REVIEW**