

The Daily Way

Name: _____

Unit 7

Challenge Verse

Psalm 121:1, 2, 4, 8

"I lift up my eyes to the hills—
where does my help come from?
My help comes from the Lord, the Maker of
heaven and earth." "He who watches over Israel will
neither slumber nor sleep." "The Lord will watch
over your coming and going
now and forevermore."

Unit 7

Bible Memory Verse

Philippians 4:13

"I can do everything
through Him who gives me
strength."

Pray!

Pray this prayer each day this week:

"Lord, thank you for helping me
grow up and be stronger.
Please give me strength
to do things Your
way and to build
Your kingdom.
Amen."

What's the
Whisper Verse?

"The Lord is my
strength."

Play!

As a family, brainstorm ways you
can use your muscles together to
help someone else.

Here are a few ideas:
help a neighbor care for his or her yard,
clean someone's room,
or help your parent carry groceries.
Be sure to tell the person you help
God gave you the strength to help them!

Ponder!

Read Judges 13:5; 16:2-3
with your family
to hear how God made
Samson strong. What did
God promise Samson's
mother?
Who made Samson strong?
Who makes you strong?
How have you grown stronger
as you have gotten older?