



# Ruth and Naomi: Part 2

Lesson Aim: To know we can worship and listen to God with our friends.

## THE WORSHIP

Who God is: The King Who Watches Over Us

## THE WORD

Bible Story: Ruth 1:8-18

What He has done: God gave Ruth and Naomi a special friendship.

## THE WAY

Whisper Verse: "I will listen."

## BIBLE MEMORY VERSE

"I can do everything through Him who gives me strength." Philippians 4:13

### Challenge Verse for older children:

"I lift up my eyes to the hills--where does my help come from? My help comes from the Lord, the Maker of heaven and earth." "He who watches over Israel will neither slumber nor sleep." "The Lord will watch over your coming and going now and forevermore." Psalm 121:1, 2, 4, 8

Unit 7: The King Who Watches Over Us			
	Bible Story	What He Has Done	Lesson Aim
33	Gideon Goes to Battle: Part 1, Judges 7:17-21	God gave the Israelites a judge named Gideon.	To know God gives us people to lead us.
34	Gideon Goes to Battle: Part 2, Judges 7:17-21	God gave Gideon and His people a victory.	To know we can trust God's plan.
35	Samson and the Gate, Judges 13:5; 16:2-3	God made Samson strong.	To know God makes us strong.
36	Ruth and Naomi: Part 1, Ruth 1:8-18	God gave Ruth and Naomi a special friendship.	To know God gives us special friends who worship Him with us.
37	Ruth and Naomi: Part 2, Ruth 1:8-18	God gave Ruth and Naomi a special friendship.	To know we can worship and listen to God with our friends.

## TEACHER'S ENCOURAGEMENT

This week, read Psalm 145. Please join us in praying, "Thank You, Lord, for watching over us all. Help the children understand how to listen to Your voice. Reassure them of Your presence every day. Amen."



**THE WORSHIP  
THE WORD &  
THE WAY**

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	<b>Picture Schedule Cards</b>	Cards with picture illustrating the activities: WELCOME, WORSHIP, BIBLE, CRAFT, PRAYER, SNACK, GAMES, COLORING, GOING HOME. Envelope labeled FINISHED. Optional: To display schedule, use Velcro to attach laminated Picture Schedule cards to a felt board.
		<b>Treasure Chest</b>	Stamp or sticker of an ear
		<b>Whisper Verse</b>	Sign language for "I will listen."
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	<b>Unit 7 Bible Memory Verse Song:</b> "I Can Do Everything" "I Lift Up My Eyes" <b>Other Bible Memory Verse Song Suggestions:</b> "It's Praise Time" "I Will Listen" "I Am with You" <b>Additional Hymn Suggestions:</b> "He's Got the Whole World in His Hands" "I'm in the Lord's Army" "How Great Is Our God"
		<b>Offering</b>	Baskets
		<b>Worship Illustration</b>	Kings & Kingdoms Lesson 36 Delbert & Lello or King City Chronicles script or storybook
THE WORD	Up to 10	<b>Watch the Word:</b> Ruth 1:8-18	Teacher's Bible with bookmark at Ruth 1:16 Visual: Heart-shaped rock or paper Flannel board/figures: Ruth and Naomi (younger woman and older woman)
THE WAY	Up to 25	<b>Craft:</b> Tambourines Together	2 paper plates, hole punch, 4 jingle bells, 3 streamers, twist ties or pipe cleaners, stapler, crayon or markers, stickers, Unit 7 Bible Memory Verse Song and player
		<b>Circle of Prayer or Lord's Prayer</b>	Lord's Prayer word and picture book
		<b>Snack:</b> Crunchy Munchies	Crunchy snack (Chips, crackers, carrot sticks, etc.)
		<b>Unit 7 Games:</b> Sand Search	Bin of clean sand, penlight, toy horn, toy heart, eyeglasses
		Thumbs Up or Thumbs Down	None, optional: hand puppet or finger puppets
		"Jesus Gives Me Strength" Ball Roll	Soft ball for rolling
		Scenes from King City Chronicles (older children only)	King City Chronicles scripts for Lessons 34-36, optional: capes, eye masks, or sunglasses
		Blanket Ball	Blanket or sturdy tablecloth, ball, or balloon
		Musical Chairs	Unit 7 Bible Memory Verse Song "I Can Do Everything" or "I Lift Up My Eyes," CD player, chairs
	Act it Out	Bible Times clothing or stick puppets of: Gideon, torch, trumpet, Samson, Ruth, Naomi	
Final 5	<b>Final Five</b>	Access Daily Way: Unit 7, Lesson 37 Color This Story: "Ruth Goes with Naomi"	

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



I will listen

# THE WELCOME

## PICTURE SCHEDULE: WELCOME TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Welcome each child as they arrive. Hello \_\_\_\_\_. I'm glad you are here! Come and see what we are going to do today. Point to each card on the Picture Schedule board. Today, we will WELCOME everyone. We will read the BIBLE story and make a CRAFT. We will have PRAYER time and eat a SNACK. We will play GAMES and enjoy COLORING a picture about today's story.

**Open the Treasure Chest to find today's treasure.** Child unlocks Treasure Chest to receive a stamp or sticker of an ear. **Let this sticker of an ear help you remember to listen to God. Today's Whisper Verse is "I will listen."** Teach the Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.\***

**Teacher Tip:** For children with impaired hearing, be sure to explain and reinforce throughout this lesson that that we listen to God with our heart by learning Bible stories, seeing His creation, feeling His love from others.

### SIGN LANGUAGE: "I will listen."

(For visual demonstrations, see [www.signingsavvy.com](http://www.signingsavvy.com).)

**Each time we say today's Whisper Verse, let's say it with two hand motions:**

- |                  |  |
|------------------|--|
| "I"              | Point to self.                               |
| "(will) listen." | The hand cups the ear, as if to hear better. |

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

**"Clean Up Song": Clean up! Clean up! Everybody, everywhere!  
Clean up! Clean up! Everybody do your share!**

Gather and seat children in Praise Time area.

**\*Today's Whisper Verse:** "I will listen," Psalm 85:8. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



The King who watches over us

## THE WORSHIP

### PICTURE SCHEDULE: WORSHIP TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WELCOME picture card and place it in the FINISHED envelope. **We have finished our Welcome Time. Now, we will have our Worship Time.**

Children may worship in a large group setting with other classes or in a quiet room with a worship CD or DVD.

**Teacher Tip:** To help children identify time set aside for worship, play “It’s Praise Time!” as children move to a designated place for praise songs, offering, and worship illustration. Children who are nonverbal may enjoy participating in songs by playing children’s percussion instruments such as maracas, jingle bells, wood blocks, or small tambourines. Children who are sensitive to sound may prefer to wear noise reduction headphones.



**It’s Praise Time. That means it’s time to praise God! He is the One who watches over us. Let’s sing about God’s promise to watch over us while we praise Him with our offering.** Sing: “I Am with You” while collecting the offering.

**In today’s Bible story, Ruth and Naomi were together. They were able to praise God together. It is good to come together to praise God. It is good to listen to Bible stories together, too. That reminds me of today’s Whisper Verse: “I will listen.” Let’s whisper it together.** Review Whisper Verse together: “I will listen.” Include sign language.



**When we listen to God, we listen with our hearts. God speaks to our hearts through the Bible, through people, and through the world He made.** Sing: “I Will Listen.”

**God gives us strength to do everything—even to listen to Him.** Sing: “I Can Do Everything” and “How Great Is Our God.”



**God has given us two friends named Delbert and Lello. Let’s call them to come out for a visit!** Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Kings & Kingdoms Unit 7, Lesson 36.\*

\* May substitute Lesson 36 King City Chronicles script or storybook.



## Ruth and Naomi

# THE WORD

### PICTURE SCHEDULE: BIBLE TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WORSHIP picture card and place it in the FINISHED envelope. **We have finished our Worship Time. Now, we will have our Bible Time.**

**Last time, we learned how God gave Ruth and Naomi a special friendship. Today, we will review that story.** Handle Bible as a special treasure, leaving it open to Ruth 1:16.

### WATCH THE WORD: RUTH 1:8-18

Read the points below or retell the passage in your own words using the points below as a general guide. To illustrate the story, hold a heart-shaped rock or paper. Have children assist by placing Bible story figures on a flannel board. Other visual options include Color This Story or a related picture.

- **Ruth grew up in Moab.**
- **Naomi came from Bethlehem.**
- **Naomi missed her home and family.**
- **Naomi and Ruth were friends.**
  
- **When Naomi went back to Bethlehem,**
- **Ruth wouldn't let her go alone.**
- **"Your people will be my people,"**
- **Ruth said, "Where you go, I go."**



**Did Ruth want to go with Naomi? (Yes.) Let's find our answer in the Bible.** Read Ruth 1:16 from the teacher's Bible.



God gives us friends

## THE WAY

### PICTURE SCHEDULE: CRAFT TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the BIBLE picture card and place it in the FINISHED envelope. **We have finished our Bible Time. Now, it is Craft Time.**

### CRAFT: TAMBOURINES TOGETHER

**Purpose:** To create and play tambourines, reminding the children they can worship together.

**Supplies:** Two paper plates, 4 jingle bells, 3 crepe paper or ribbon streamers, twist ties or pipe cleaners, stapler, stickers, crayons or markers, Unit 7 Bible Memory Verse Song, CD player

**Prepare:** Punch 4 evenly spaced holes on the edge of a paper plate. Place a second paper plate face down on top of the first plate. Punch 4 holes to match the first plate so the holes line up together. If using pipe cleaners, cut them into 2 or 3-inch pieces as twist ties.

#### **Directions:**

1. Using crayons, markers, and stickers, decorate the back of both paper plates.
2. Place the paper plates together so the front of the plates are facing each other.
3. Using twist ties or 2 or 3-inch pieces of pipe cleaner, attach a jingle bell to each of the four holes.
4. Staple one end of each crepe paper or ribbon streamer to any edge of the plate as decoration.

#### **Praising God Together:**

1. Play the Bible Memory Verse Song.
2. Shake and tap the tambourines to make noise with the jingle bells and to move the streamers.
3. Teacher may conduct the beat so children with impaired hearing may more easily participate.

#### **Craft Discussion:**

- **Where was Naomi going?** (To her home in Bethlehem, Israel.)
- **Who wanted to go with Naomi?** (Ruth.)
- **What did Ruth say to Naomi?** ("Where you go, I go".)
- **God gave Ruth and Naomi to each other to be friends.**
- **Ruth and Naomi loved God together. We are friends that love God.**
- **As friends, we can learn Bible stories together.**
- **We can tell each other great things about God.**
- **Together as friends, we can praise God with our tambourines.**

# THE WAY *continued...*



## CIRCLE OF PRAYER/THE LORD'S PRAYER

### PICTURE SCHEDULE: PRAYER TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the CRAFT picture card and place it in the FINISHED envelope. **We have finished our Craft Time. Now, it is Prayer Time.**

**God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.**

**Dear God, thank You for making us and loving us. We lift up to You a special prayer for \_\_\_\_, \_\_\_\_, \_\_\_\_ (say every name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen.** You may add the Lord's Prayer with the word picture book.

### PICTURE SCHEDULE: SNACK TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the PRAYER picture card and place it in the FINISHED envelope. **We have finished our Prayer Time. Now, it is Snack Time.**

**Teacher Tip:** It is important to keep a record of all dietary restrictions and allergies accessible. Some parents may prefer to bring their child's snack. Depending on the dietary needs of your classroom, you may determine it is best to omit snack time completely.

### SNACK: CRUNCHY MUNCHIES

**Purpose:** Children enjoy a noisy snack as they discuss listening to God's Word.

**Snack Suggestion:** Crunchy snack (chips, crackers, carrot sticks, etc.)

#### **Directions:**

1. Serve drink. Wait to serve the snack.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.  
**God our Father, God our Father. Once again, once again.**  
**Thank you for our blessings. Thank you for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
  - **We can listen to God's words. Where are God's words?** (In the Bible.)
  - **Let's eat a crunchy snack. Eat your snack as loudly as you can!**
  - **Now eat your snack as quietly as you can.**
  - **If we are always loud, can we listen to God's words?** (No.) **When someone is reading God's words in the Bible, we should listen very quietly.**
  - **What should we say when someone is about to read the Bible?** ("I will listen.")
  - **That's our Whisper Verse! Let's say it together.** Children say and sign motions to Whisper Verse: "I will listen."
  - **When we listen to God, we listen with our hearts. God speaks to our hearts through the Bible, through people, and through the world He made.**

# THE WAY (GAME OPTIONS)

## UNIT 7 GAME OPTIONS

Choose one or more of the activities below. Play until the final five minutes of class then proceed to Final Five.

## PICTURE SCHEDULE: GAMES TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > **GAMES** > COLORING > GOING HOME

Choose a child to remove the SNACK picture card and place it in the FINISHED envelope. **We have finished our Snack Time. Now, is our time to play Games.**

## GAME: SAND SEARCH

**Purpose:** This sand sifting activity soothes children. The items in the bin can be used to introduce the Bible stories or the Unit 7 Worship Attribute: The King Who Watches Over Us.

**Supplies:** Bin or container of clean sand, penlight, toy horn, toy heart, eyeglasses

**Prepare:** Place all items beneath the surface of the sand.

### **Directions:**

1. Children take turns reaching into the sand in search of the objects.
2. Teacher and children discuss each object as it is located.
3. When all objects have been located, display them together on a tabletop or on the surface of the sand.
4. Children feel each item as the teacher explains their connection to the Unit 7 Bible stories. The penlight reminds us of the torches Gideon used to win the battle. The horn reminds us that Gideon's army blew their trumpets. The heart reminds us that God gives us friends who we can worship with as He did with Ruth and Naomi. The eyeglasses remind us that God is watching over us.

## GAME: THUMBS UP OR THUMBS DOWN?

**Purpose:** This nonverbal true-false game helps children master the Bible story or Unit 7 Bible Memory Verse.

**Supplies:** None, optional: hand puppet or finger puppets

### **Directions:**

1. Teacher or puppet retells today's Bible story or Bible Memory Verse, pausing after each phrase to say "Thumbs up or thumbs down?"
2. If retelling the Bible study, read it in phrases. For some phrases, state accurate story facts. For other phrases, replace story facts with silly facts. For example, say, "**Gideon told the army to blow their trumpets. Thumbs up or thumbs down?**" (Children respond with thumbs up.) "**Gideon told the army to blow their whistles. Thumbs up or thumbs down?**" (Children respond with thumbs down.)
3. If reviewing the Bible Memory Verse, read it in phrases. For some phrases, read it correctly. For other phrases, replace a word with a word that makes no sense. For example, say, "**I can do everything through Him who gives me strength. Thumbs up or thumbs down?**" (Children respond with thumbs up.) "**I can do everything through Samson who gives me strength. Thumbs up or thumbs down?**" (Children respond with thumbs down.)



# THE WAY (GAME OPTIONS) *continued...*

## **GAME: "JESUS GIVE ME STRENGTH" BALL ROLL**

**Purpose:** Children will realize that Jesus gives them strength.

**Supplies:** Soft ball for rolling

**The Bible says, "I can do everything through Him who gives me strength."**

### **Directions:**

1. Have children sit in a circle.
2. Teacher rolls the ball to a child.
3. The child holds the ball and says an activity that is hard for that child to do. (Tying a shoe, riding a bike, sharing toys, counting, reading, swimming, etc.)
4. All say together to child with ball, "**Jesus can give you strength to child's activity.**"
5. Child rolls ball to another child. Continue playing until all children have had a turn.

## **GAME: SCENES FROM KING CITY CHRONICLES**

**Purpose:** To learn applications to Unit 7 Bible stories, older children act out today's King City Chronicles script.

**Supplies:** King City Chronicles scripts for Lessons 34, 35, and 36, optional: capes, eye masks or sunglasses

### **Directions:**

1. Choose the script that corresponds with today's Bible story.
2. Assign each child a character name and improvise with the script so all children can be their favorite character, a new character, or children may just take turns being the same character.
3. Improvise with costumes and act it out!

## **GAME: BLANKET BALL**

**Purpose:** Children catch a ball in a blanket to remember God watches over us.

**Supplies:** Blanket or sturdy tablecloth, ball or balloon

**In this game, we will remind each other that God watches over us. Let's lift the blanket and toss the ball in the air. When the ball lands in the blanket, together we will tell each other, "God watches over you!"**

### **Directions:**

1. Children stand in a circle holding the edges of the blanket.
2. Place a ball or balloon in the center of the blanket.
3. Together, the children quickly raise the blanket to toss the ball or balloon into the air.
4. As the ball lands, lead children in saying, "God watches over you."
5. Play several times.

# THE WAY (GAME OPTIONS) *continued...*

## **GAME: MUSICAL CHAIRS**

**Purpose:** This version of Musical Chairs familiarizes children with the Unit 7 Bible Memory Verse Song.

**Supplies:** Unit 7 Bible Memory Verse Song "I Can Do Everything" or "I Lift Up My Eyes", CD player, chair for each child

**Prepare:** Set chairs back-to-back in a row. Place CD in player.

**Teacher Tip:** In this version of musical chairs, no chair is removed; all children remain in the game. Encourage quick listening and affirm those who are the first to hear the music stop and are seated.

**To practice our Bible Memory Verse Song, let's play Musical Chairs.**

### **Directions:**

1. As the Bible Memory Verse Song plays, children march around the row of chairs and sing the song.
2. The teacher stops the music at different times during the song.
3. When the music stops, children find the nearest chair and sit immediately.

## **GAME: ACT IT OUT**

**Purpose:** To help learn the Unit 7 stories, children act them out in costumes or with stick puppets.

**Supplies:** Bible Times clothing or pictures of the following characters attached to craft sticks: Gideon, torch, trumpet, Samson, Ruth, Naomi

**Directions:** With each phrase, teacher says phrase and acts it out with hand motions, then repeats same phrase and motions with children. Optional: Children can wear costumes and act it out or children can hold craft sticks with characters. You may choose one or more stories.

### **GIDEON GOES TO BATTLE**

- **One day, the Lord told Gideon,** (Point to heaven.)
- **"My army you shall lead.** (Salute as a soldier.)
- **Stand them in a circle 'round the enemy.** (Stand up straight as a soldier.)
- **And I'll give you the victory."** (Grasp and shake own hands high in victory.)
  
- **So Gideon gave everyone a trumpet,** (Raise imaginary trumpet in right hand.)
- **And a jar with a light inside.** (Hold imaginary jar in left hand.)
- **He said, "Watch me. Do what I do.** (Point to self.)
- **And shout the battle cry!"** (Cup hands around mouth as if shouting.)
  
- **They blew their trumpets and broke their jars,** (Blow imaginary trumpet.)
- **And held their lights up high.** (Raise left fist high as a torch.)
- **The Lord gave Gideon the victory,** (Grasp and shake own hands high in victory.)
- **And the enemy ran away and cried.** (Cover face as if weeping.)

# THE WAY (GAME OPTIONS) *continued...*

(GAME: ACT IT OUT continued)

## SAMSON AND THE GATE

- **There once was a boy named Samson.** (Raise index finger.)
- **God made him very strong.** (Make fists to flex arm muscles.)
- **God told Samson's mother,** (Point to heaven.)
- **"Let Samson's hair grow long."** (Point to hair.)
  
- **He grew up to lead God's people.** (Place hands on hips.)
- **He was found by the enemy.** (Use hands as binoculars.)
- **They locked him behind the city gate,** (Lock imaginary gate.)
- **One night when he fell asleep.** (Rest head on folded hands, as if sleeping.)
  
- **Samson woke in the middle of the night.** (Stretch arms, as if waking.)
- **He tore loose that huge city gate.** (Shake imaginary doors.)
- **He put the pieces upon his shoulders,** (Pretend to lift heavy doors.)
- **And carried them all away!** (Pretend to carry doors while walking in place.)

## RUTH AND NAOMI

- **Ruth grew up in Moab.** (Point far away.)
- **Naomi came from Bethlehem.** (Point in opposite direction.)
- **Naomi missed her home and family.** (Make a sad face.)
- **Naomi and Ruth were friends.** (Place hands on heart.)
  
- **When Naomi went back to Bethlehem,** (Walk in place.)
- **Ruth wouldn't let her go alone.** (Shake head "no.")
- **"Your people will be my people."** (Point to others and then to self.)
- **Ruth said, "Where you go, I go."** (Hold hands and walk in place.)

# THE WAY (GAME OPTIONS) *continued...*



When only 5 minutes remain, begin this segment.

## FINAL FIVE MINUTES

### **PICTURE SCHEDULE: COLORING TIME**

**WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME**

Choose a child to remove the GAMES picture card and place it in the FINISHED envelope. **We have finished our Game Time. Now, is our time for coloring the picture of today's story.**

**COMPLETED CRAFT:** Take home your "Tambourines Together" craft. Take turns playing the tambourine with a friend as you sing praises together.

**ACCESS VERSION OF THE DAILY WAY:** Distribute Access Ministries version of the Daily Way, if available. Show the Daily Way to your family. Talk about how you can love God with your friends.

**COLOR THIS STORY:** "Ruth Goes with Naomi." Discuss today's Bible story and play Unit 7 Bible Memory Verse song "I Can Do Everything" or "I Lift Up My Eyes To The Hills" as children color.

As coloring is completed or parents arrive:

### **PICTURE SCHEDULE: GOING HOME**

**WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME**

Choose a child to remove the COLORING picture card and place it in the FINISHED envelope. **We have finished our Coloring Time. Now, it is time for Going Home.**

#### **THE DAILY WAY**

Unit 7, Lesson 37: Ruth and Naomi: Part 2

**PONDER!** Read Ruth 1:8-18 with your family. God gave Ruth and Naomi to each other. They loved God together. Do you have a friend or family member who loves God? Can you name three things you can do with your friend to love God?

**PRAY!** Pray this prayer each day this week: "Lord, show us how we can love You. Help us love You with our friends. Amen."

**PLAY!** Play Bible Story Charades. Silently act out your favorite Bible story for your friends or family members. When they guess the name of the story, have others act out their favorite stories. After everyone has had a turn, talk about your favorite part of each story. Sharing Bible stories is a great way we can love God together.

**Unit 7 Bible Memory Verse:** Philippians 4:13

"I can do everything through Him who gives me strength."

**Unit 7 Bible Memory Challenge Verse:** Psalm 121:1, 2, 4, 8

"I lift up my eyes to the hills--where does my help come from? My help comes from the Lord, the Maker of heaven and earth." "He who watches over Israel will neither slumber nor sleep."

"The Lord will watch over your coming and going now and forevermore."