



# David and Goliath

Lesson Aim: To know we can trust God.

## THE WORSHIP

**Who God Is:** The King Who Knows Our Hearts

## THE WORD

**Bible Story:** 1 Samuel 17:4-9, 32-45, 47-50

**What He Has Done:** God helped David defeat the giant.

## THE WAY

"Trust in God." John 14:1

Unit 8: The King Who Knows Our Hearts			
	Bible Story	What He Has Done	Lesson Aim
38	Samuel and Saul, 1 Samuel 10:1, 6-8, 20-24	God chose Saul to be king.	To know God will help us.
39	David and Goliath, 1 Samuel 17:4-9, 32-45, 47-50	God helped David defeat the giant.	To know we can trust God.
40	David and Jonathan, 1 Samuel 18:1-4; 20:17, 42	God gave David and Jonathan each other as friends.	To know God sends us friends.
41	David's Heart: David Praises God, 2 Samuel 6:5, 12-15	God saw David praise Him.	To know we can praise the Lord.
42	David and Mephibosheth, 2 Samuel 9:1-11	God helped David include Mephibosheth.	To know God wants us to be kind.

## TEACHER'S ENCOURAGEMENT

This week, read Hebrews 4:16. Please join us in praying, "Thank You, Lord, for letting us take part in Your victories. Fill us with Your Spirit so we might help the children understand they can trust You with their battles. Amen."

## TEACHER'S TIP

**Trust!** David and Goliath is a favorite story; who can resist the thought of a boy taking down a giant! I'm sure many of us have "giants" in our lives that we wish could be taken down with a stone. If we can encourage the children to trust God like David did, then they will know they can trust God to "slay their giants."



# THE WORSHIP THE WORD & THE WAY

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	<b>Welcome</b>	Treasure chest, stamp or sticker of a stone
		<b>Coloring Center:</b> David and Goliath	Coloring pages of David and Goliath, crayons or markers
		<b>Music Center:</b> A Boy Named David	Optional: Song: "Only a Boy Named David"
		<b>Play-Dough Center:</b> Five Little Stones	Play-dough, cookie cutters, play-dough tools
		<b>Block Center:</b> Tall, Tall Goliath	Blocks or other stackable toys
			<b>Preparing for Worship</b>
	Up to 5	<b>Prepare for Worship</b>	None
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.  <b>Additional Song Suggestions:</b> "Jesus Loves Me" "Only a Boy Named David"	Praise music, optional: musical instruments <b>Unit 8 Bible Memory Verse Song:</b> "Do Not Let Your Hearts Be Troubled" <b>Other Bible Memory Verse Song Suggestions:</b> "Do You Love Me?" "Guide Me" "I Can Do Everything" "Let Everything That Has Breath" "Praise Time: Love the Lord Your God" "Sing Praises" "We Love"
		<b>Offering</b>	Baskets
		<b>Worship Illustration</b>	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: Kings & Kingdoms Unit 8, Lesson 39
THE WORD	Up to 10	<b>Watch the Word:</b> 1 Samuel 17:4-9, 32-45, 47-50	Teacher's Bible with bookmark at 1 Samuel 17:40 Visual: Picture of the Bible story, a small bag, sticker or other treat
THE WAY	Up to 25	<b>Craft:</b> David's Door Hanger	White and gray sturdy paper, yarn, hole punch, glue or glue sticks, crayons or markers
		<b>Game:</b> The Battle Is the Lord's!	Several balls of tightly crumpled paper, floor tape
		<b>Game:</b> Stones in the Stream	Five smooth stones, shepherd's bag (cloth or plastic sack with optional drawstring), plastic bin or bucket containing water (about 5-inches deep), towel for drying hands
		<b>Snack:</b> Five Stones	Vanilla wafers or any snack with a stone-like appearance
	Final 5	<b>Final Five</b>	Ponder, Pray & Play for 2-3's: Unit 8, Lesson 39
GOT TIME?	Up to 10	<b>Say &amp; Do:</b> 1 Samuel 10:1, 6-8, 20-24	None
	Up to 10	<b>Game:</b> "Trust in God!" Cheer	None
	Up to 10	<b>Game:</b> Trust Bubbles	Bubbles, bubble wand, Unit 8 Bible Memory Verse Song "Do Not Let Your Hearts Be Troubled"
	Up to 10	<b>Story Time</b>	Any story about David and Goliath

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



The King who knows our hearts

# THE WELCOME

## WELCOME

Welcome each child as they arrive. **Hello \_\_\_\_\_. I'm glad you are here! Come open the Treasure Chest to find today's treasure.** Child unlocks the Treasure Chest to receive a stamp or sticker of a stone. **Let this stamp (or sticker) of a stone help you remember God helped David win the battle against the giant.**

**Teacher's Note:** These activity centers are designed to reinforce the lesson through hands-on learning experiences either individually or in small groups with the guidance of the teacher. Choose the Bible Activity Centers that best suit the children in your class. Set up the activity centers around the room before children arrive. Allow children to move freely among them.

## COLORING CENTER: DAVID AND GOLIATH

### SUPPLIES

Coloring pages of David and Goliath, crayons or markers

### DO

Children color their picture as they talk about today's story.

### TALK ABOUT

**Our picture today is of a boy named David and a giant named Goliath. Who has heard the story of David and Goliath?** (Children respond.) Allow children who are familiar with it, to tell you the story. If they are not familiar with the story, say, **Goliath was the enemy of God's people. Everyone was afraid of him. But, David trusted God to help him win against Goliath.**

## MUSIC CENTER: A BOY NAMED DAVID

### SUPPLIES

Optional: Song: "Only a Boy Named David"

### DO

Lead the children in singing the song while acting out the hand motions. Optional: Sing and do the motions for the song: "Only a Boy Named David."

<b>David was just a boy,</b>	(Hold hand waist high, parallel to the ground.)
<b>But he loved God with all his heart.</b>	(Hug hands over heart.)
<b>He trusted God would save him</b>	(Point up to heaven.)
<b>From Goliath, who was nine feet tall!</b>	(Stretch hands high.)
<b>He chose five smooth stones.</b>	(Hold five fingers in front of you.)
<b>One – two – three – four – five.</b>	(Point to each finger as you count.)
<b>Then, he faced Goliath saying,</b>	(Place hands on hips.)
<b>"The battle is the Lord's!"</b>	(Cup hands around mouth, as if shouting)
<b>Reaching into his bag</b>	(Pretend to reach into a bag.)
<b>And taking out a single stone.</b>	(Hold out one finger.)
<b>David placed it in his sling</b>	(Pretend to put a stone in a sling.)
<b>And swung it fast around.</b>	(Swing your arm around as if throwing a baseball.)
<b>Then, everyone watched as the stone went up, up, up</b>	(Point finger higher, higher, higher.)
<b>And the giant fell down, down, down.</b>	(Have the children fall down.)

# THE WELCOME *continued...*

## PLAY-DOUGH CENTER: FIVE LITTLE STONES

### SUPPLIES

Play-dough, cookie cutters, play-dough tools

### DO

Children play with the play-dough while talking about the five stones David had. Encourage children to make five stones with the play-dough.

### TALK ABOUT

**David was a shepherd. What kind of animals does a shepherd care for? (Sheep.) Sometimes shepherds have to protect their sheep from big animals like lions or bears. To fight off the lions and bears, shepherds would throw stones far and fast using a little bag called a sling. When David had to fight a giant named Goliath, he chose five smooth stones from a stream. Can you count to 5? Count to 5 with the children. Let's make five pretend stones with the play-dough.**

## BLOCK CENTER: TALL, TALL GOLIATH

### SUPPLIES

Blocks or other stackable toys

### DO

Children stack blocks, comparing the heights of the towers they build.

### TALK ABOUT

**Today, we will hear a story about a giant named Goliath who was 9-feet tall! Who is the tallest person you know? (Children respond.) Goliath was even taller than person named! Everyone was afraid of Goliath except for David, who was just a boy. David was small, but he trusted God to help him fight Goliath. Can you build a tall tower like Goliath and a short tower like David?**

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## PREPARE FOR WORSHIP

It's time for Praise Time. Let's sing a "Clean Up Song" as we put things away. Praise children as they help clean.

**Clean up! Clean up! Everybody, everywhere!  
Clean up! Clean up! Everybody do your share!**

### BIBLE MEMORY VERSE SIGN LANGUAGE

(For visual demonstrations, see [www.signingsavvy.com](http://www.signingsavvy.com))

<b>"Trust</b>	Touch pointer finger of one hand to forehead. Move hands together and squeeze them closed in front of you.
<b>in</b>	Hold one hand in front of you, thumb almost touching the fingers. Slide the other hand inside.
<b>God."</b>	The open right hand, with fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
<b>John 14:1</b>	Hold hands open, as if holding a Bible.

Adding sign language or motions to the Bible Memory Verse helps children recall what they are learning.



The King who knows our hearts

# THE WORSHIP

**Supplies:** Praise music, optional: musical instruments

**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play "Praise Time: Love the Lord Your God" as children move to that designated area.

**Today, we are going to hear the story of David and the giant Goliath. David wasn't afraid to fight Goliath because he knew he could trust God to help him. We can trust God to help us, too! Let's talk with Him right now.** Have children bow their heads and close their eyes. **Dear God, thank You for the story of David and Goliath. Help us remember to trust You like David did. Amen.**



Sing: "Guide Me."

Optional: Divide the class in two groups. Have them face each other. Have one group play the part of David and the other, Goliath. See Got Time? for the motions. Sing: "Only A Boy Named David."

**God knew David's heart. Let's show God that our hearts want to praise Him as we sing and give our offering to help His kingdom.** Sing: "Let Everything That Has Breath" while collecting the offering.



**Do you think Delbert and Lello know the story of David and Goliath? Let's call them both to come out for a visit.** Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Kings & Kingdoms Unit 8, Lesson 39.



**David trusted God to help him win against the giant, Goliath. Our Bible Memory Verse tells us what to do when we need help. Let's say it together with the motions.**

<b>"Trust</b>	Touch pointer finger of one hand to forehead. Move hands together and squeeze them closed in front of you.
<b>in</b>	Hold one hand in front of you, thumb almost touching the fingers. Slide the other hand inside.
<b>God."</b>	The open right hand, with fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
<b>John 14:1</b>	Hold hands open, as if holding a Bible.



**Just as God gave David the strength he needed to face the giant, you can trust that God will help you.** Sing: "Do Not Let Your Hearts Be Troubled."



David and Goliath

## THE WORD

**Supplies:** Teacher's Bible with bookmark at 1 Samuel 17:40, picture of the Bible story, a small bag, sticker or other treat

**Before we begin our Bible Time, let's say our Classroom Promise with the motions.**

<b>With my eyes on my teacher;</b>	Point to eyes.
<b>My mouth quiet as can be,</b>	Place index finger over mouth as quiet sign.
<b>I will listen to hear,</b>	Cup hand around ear.
<b>How God loves you and me.</b>	Hug self, point to others, and then self.

**Let's reach deep in our pockets and pull out our listening ears.** Reach in your pocket and cup your hands behind your ears as if listening.

Place the sticker or other treat in the bag. **I need a volunteer.** Choose a child. **I have a special surprise for you, but you have to trust me in order to get it. Will you trust me?** (Child responds.) **Close your eyes and hold out your hand.** When the child has closed his/her eyes, place the sticker or other treat in his/her hand. **You can open your eyes now. Because you trusted me, this sticker is yours.**

Name of child **trusted me to give him/her something good. Our story today is about a boy named David who trusted God to do what was best for him. Let's find out what happened.** Handle the Bible as a special treasure, leaving it open to 1 Samuel 17:40.



### **DAVID AND GOLIATH: 1 SAMUEL 17:4-9, 32-45, 47-50**

Read the story below or retell the passage in your own words. To illustrate the story, show a picture of the Bible story from a children's Bible, the coloring page, or other source.

- **God's people had an army.**
- **Their leader was King Saul.**
- **Their enemy was Goliath;**
- **He was nine feet tall.**
  
- **David fought Goliath,**
- **But he did not use a sword.**
- **One stone would win the battle,**
- **For the battle is the Lord's.**
  
- **He trusted the Lord who saved him**
- **From the bear and from the lion.**
- **He slung his stone and Goliath fell.**
- **David won against the giant!**

**Who helped David win the battle against Goliath? (God.) Who can we trust to help us? (God!)**



We can trust God

## THE WAY

**Teacher Tip:** Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

### **CRAFT: DAVID'S DOOR HANGER**

**Purpose:** To remind the children of the story of David and Goliath.

**Supplies:** White and gray sturdy paper, yarn, hole punch, glue or glue sticks, crayons or markers

**Prepare:** Make two door hangers by cutting a standard-size sheet of white paper in two (about 5½ inches x 8½ inches). On the door hanger, print:

**“The battle is the Lord’s!”  
1 Samuel 17:4-9, 32-45, 47-50**

Punch a hole in the two top corners of the door hanger. Cut a 10-inch length of yarn. From gray sturdy paper, cut five paper stones.

**Optional:** Decorate the stream on the door hanger with glitter paint, sandpaper, or real sand.

**Adaptation for Ages 2-3:** This craft has been adapted from the curriculum for ages 4-5. Real stones can be a choking hazard for this age. For a more tactile version of the stone, use craft foam or crumple paper into a ball. You may also choose to tie the yarn onto the door hanger before class.

#### **Directions:**

1. Color your door hanger to look like the stream where David picked up the five stones.
2. Tie one end of the yarn in each hole to create the door hanger.
3. Pick out five stones, just like David did.
4. Glue the stones to your door hanger.
5. Encourage children to hang the door hangers at home where they can remember God will help us with our giant problems.

#### **Craft Discussion:**

- **How many stones did David pick up to fight Goliath? (Five.) Let's pick out five smooth stones to put on our door hangers.**
- **Was Goliath small or very tall? (Very tall.)**
- **Who helped David win the battle against Goliath? (God.)**
- **David said, “The battle is the Lord’s.” David trusted that God would help him fight tall Goliath. That means David knew God would do what was best. We can trust God to do what is best for us as well.**

# THE WAY *continued...*

## **GAME: THE BATTLE IS THE LORD'S!**

**Purpose:** Children see how God will help them with their giant problems, just as He helped David.

**Supplies:** Several balls of tightly crumpled paper, floor tape

**Prepare:** Using tape, mark a start line and an end line 9 feet away.

**David threw a stone so far that it reached all the way up to Goliath's forehead. Let's see if you can throw a paper stone as far as David did. Who helped David win the battle against the giant, Goliath? (God.) God will help you do big, hard things, too!**

### **Directions:**

1. Children line up behind the start line.
2. Children take turns tossing a paper ball toward the end line.
3. With each toss, all the children say, **"The battle is the Lord's."**

## **GAME: STONES IN THE STREAM**

**Purpose:** Children experience gathering stones to connect trust with an action.

**Supplies:** Five smooth stones, shepherd's bag (cloth or plastic sack with optional drawstring), plastic bin or bucket containing water (about 5-inches deep), towel for drying hands

**Prepare:** Place five smooth stones in the plastic bin or bucket with water.

**Saul dressed David in his armor, but David did not want to use it. David trusted God would use his five little stones to win the battle with Goliath. Let's pretend to be David when he gathered the five smooth stones from the stream.**

### **Directions:**

1. Seat children in a circle around the "stream."
2. First child holds the shepherd's bag as "David."
3. While retrieving five stones from the stream, all the children say, **"The battle is the Lord's."**
4. Child collects all five stones in the shepherd's bag.
5. Use a towel to dry the child's hands.
6. Teacher returns the stones to the "stream."
7. Repeat until each child has a turn.



# THE WAY *continued...*

## **SNACK: FIVE STONES**

**Purpose:** Children enjoy a stone-shaped snack to remember David collected five stones.

**Snack Suggestion:** Vanilla wafers or any snack with a stone-like appearance

### **Directions:**

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.  
**God our Father, God our Father. Once again, once again.**  
**Thank You for our blessings. Thank You for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
  - **Who helped David win the battle against the giant, Goliath?** (God.)
  - **David trusted God to help him. He knew God would do what was best.**
  - **Are you ever afraid? What are you afraid of?**
  - **You can trust in God, just as David did.**



When only 5 minutes remain, begin this segment.

## **FINAL FIVE MINUTES**

### **BIBLE MEMORY VERSE**

Gather children in a circle sitting or standing and practice the words and motions.

<b>"Trust</b>	Touch pointer finger of one hand to forehead. Move hands together and squeeze them closed in front of you.
<b>in</b>	Hold one hand in front of you, thumb almost touching the fingers. Slide the other hand inside.
<b>God."</b>	The open right hand, with fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
<b>John 14:1</b>	Hold hands open, as if holding a Bible.

### **PRAY**

**Let's pray together.** Say a closing prayer with the children.

### **PLAY**

Allow children to play with selected toys or centers or choose a book to read to them.

### **DISMISSAL**

Have children take home their coloring page, craft, and a copy of the Ponder, Pray & Play for 2-3's.



If time remains, choose from the connected activities below.

## GOT TIME?

### SAY & DO: 1 SAMUEL 17:4-9, 32-45, 47-50

**Purpose:** This pantomime version of the Bible story helps children remember the story details.

**Supplies:** None

**Directions:** With each phrase, the teacher says the phrase and acts it out with hand motions; then repeats the same phrase and motions with the children.

- **God's people had an army.** (Salute.)
- **Their leader was King Saul.** (Put hands on head, as a crown.)
- **Their enemy was Goliath;** (Look afraid.)
- **He was nine feet tall.** (Stretch arms as high as they will go.)
  
- **David fought Goliath,** (Raise fist in the air.)
- **But he did not use a sword.** (Shake head no.)
- **One stone would win the battle,** (Raise one index finger.)
- **For the battle is the Lord's.** (Raise both fists above head, as if celebrating.)
  
- **He trusted the Lord who saved him** (Point to heaven.)
- **From the bear and from the lion.** (Raise hands, as lion claws.)
- **He slung his stone and Goliath fell.** (Swing fist above head, as a sling.)
- **David won against the giant!** (Raise both fists above head, as if celebrating.)



### BIBLE MEMORY VERSE ACTIVITIES

"Trust in God." John 14:1

### GAME: "TRUST IN GOD" CHEER

**Purpose:** Children memorize and review the Unit 8 Bible Memory Verse.

**Supplies:** None

**Our Bible Memory Verse says to trust in God. We know He will do what is best for us. Let's tell each other our Bible Memory Verse!**

**Directions:**

1. Divide children into two groups. Have the groups sit or stand facing each other.
2. The first group whispers "**Trust**" and the second group whispers "**in God.**"
3. Repeat step 2 three more times, getting louder each time.
4. Play again. This time the first group whispers "**Trust**" and the second group whispers "**in God.**"

# GOT TIME? *continued...*

## **GAME: TRUST BUBBLES**

**Purpose:** Children memorize and review the Unit 8 Bible Memory Verse.

**Supplies:** Bubbles, bubble wand, Unit 8 Bible Memory Verse Song "Do Not Let Your Hearts Be Troubled"

**God is the King who knows our hearts. He always knows what you are feeling because He made you and He made your heart. Our Bible Memory Verse Song tells us God will help you when your heart is troubled or worried. Let's listen as we blow some bubbles.**

### **Directions:**

1. Play the Unit 8 Bible Memory Verse Song "Do Not Let Your Hearts Be Troubled."
2. Blow bubbles while the children chase and pop them.
3. Play as long as you like or for as long as children are interested.



## **STORY TIME**

Gather the children and read a favorite story. This can be a Bible Story, a chapter from *The Adventures of Delbert & Lello*, or a story about David and Goliath.

### **PONDER, PRAY & PLAY**

Unit 8, Lesson 39: David and Goliath

**PONDER!** David trusted God will help defeat Goliath (1 Samuel 17:4-9, 32-45, 47-50). How did God help young David win the battle against the giant, Goliath? What big things can you trust God to help you do?

**PRAY!** Pray this prayer each day this week: "Lord, thank You for helping David. Help me trust You with the big things I must do. Amen."

**PLAY!** Ask each person in your family to search for a smooth stone. Mark it with a T for Trust in God. Keep your smooth stone in a special place. When you have to do something difficult, look at your stone. Remember to trust God will help you, just as He helped David battle Goliath!

### **BIBLE MEMORY VERSE**

- "Trust** Touch pointer finger of one hand to forehead. Move hands together and squeeze them closed in front of you.
- in** Hold one hand in front of you, thumb almost touching the fingers. Slide the other hand inside.
- God."** The open right hand, with fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
- John 14:1** Hold hands open, as if holding a Bible.