



# David and Goliath

Lesson Aim: To know we can trust God to help us with our problems.

## THE WORSHIP

**Who God is:** The King Who Knows Our Hearts

## THE WORD

**Bible Story:** 1 Samuel 17:4-9, 32-45, 47-50

**What He has done:** God helped David defeat the giant.

## THE WAY

**Whisper Verse:** "The battle is the Lord's."

## BIBLE MEMORY VERSE

"Do not let your hearts be troubled. Trust in God." John 14:1

Unit 8: The King Who Knows Our Hearts			
	Bible Story	What He Has Done	Lesson Aim
38	Samuel and Saul, 1 Samuel 10:1, 6-8, 20-24	God chose Saul to be king.	To know God helps us do what He chooses us to do.
39	David and Goliath, 1 Samuel 17:4-9, 32-45, 47-50	God helped David defeat the giant.	To know we can trust God to help us with our problems.
40	David and Jonathan, 1 Samuel 18:1-4, 20:17, 42	God gave David and Jonathan each other as friends.	To know God sends us friends.
41	David's Heart: David Praises God, 2 Samuel 6:5, 12-15	God saw David praise Him.	To explore ways to praise the Lord.
42	David and Mephibosheth, 2 Samuel 9:1-11	God helped David include Mephibosheth.	To learn the importance of showing kindness to everyone.

## TEACHER'S ENCOURAGEMENT

This week, read Hebrews 4:16. Please join us in praying, "Thank You, Lord, for letting us take part in Your victories. Fill us with Your Spirit so we might help the children understand they can trust You with their battles. Amen."

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**THE WORSHIP  
THE WORD &  
THE WAY**

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Treasure Chest	Treasure chest, stamp or sticker of a stone
		Whisper Verse	Sign language for "The battle is the Lord's."
THE WORSHIP	Up to 20	<b>Worship</b> Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	<b>Unit 8 Bible Memory Verse Song:</b> "Do Not Let Your Hearts Be Troubled" <b>Other Bible Memory Verse Song Suggestions:</b> "It's Praise Time" "I Can Do Everything" "Let Everything That Has Breath" "Sing Praises" "We Love" <b>Additional Hymn Suggestions:</b> "My God Is So Big" "Jesus Loves Me" <b>Additional Song Collection Suggestions:</b> Cedarmont Toddler Bible Songs The Ultimate Bible Song Collection for Kids Vol. 1
		Offering	Baskets
		Worship Illustration	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: Kings & Kingdoms Unit 8, Lesson 39
		THE WORD	Up to 10
THE WAY	Up to 25	<b>Craft:</b> David's Door Hanger	Colored sturdy paper, five smooth stones (optional: use buttons, flat marbles, or paper stone shapes), yarn, glue or glue sticks, crayons or markers
		<b>Game:</b> The Battle Is the Lord's!	Paper, tape or chalk
		<b>Game:</b> Stones in the Stream	Five smooth stones, cloth or plastic sack, plastic bin or bucket with water (about 5-inches deep), blue fabric or towel, towel
		<b>Snack:</b> Five Stones	Jelly beans (optional: gray or brown) or any snack with a stone-like appearance
	<b>Circle of Prayer</b>	None	
Final 5	<b>Final Five</b>	Ponder, Pray & Play: Unit 8, Lesson 39 Color This Story: "David and Goliath"	
GOT TIME?	Up to 10	<b>Say &amp; Do:</b> 1 Samuel 17:4-9, 32-45, 47-50	None
	Up to 10	<b>Game:</b> Trust in God!	None
	Up to 10	<b>Game:</b> "Trust in God" Cheer	None
	Up to 10	<b>Game:</b> Tall, Tall Goliath	Nine feet of paper (paper roll or poster board taped together), marker, tape or wall tacks
	Up to 10	<b>Story Time</b>	Any story about David and Goliath

**RESOURCES:** Supplemental materials are available at ResourceWell.org.



## The battle is the Lord's **THE WELCOME**

Welcome each child as they arrive. **Hello \_\_\_\_\_.** I'm glad you are here! **Come open the Treasure Chest to find today's treasure.** Child unlocks the Treasure Chest to receive a stamp or sticker of a stone. **Let this sticker of a stone help you remember God helped David to win the battle against the giant. Today's Whisper Verse is "The battle is the Lord's."** Teach the Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.\***

**SIGN LANGUAGE: "The battle is the Lord's."**

(For visual demonstrations, see [www.signingsavvy.com](http://www.signingsavvy.com).)

**Each time we say today's Whisper Verse, let's say it with two hand motions:**

- "(The) battle"** Tuck the thumb of each hand into the palm, so four fingers remain outstretched. Face both palms toward the body with about six inches between the outstretched fingers on each hand. Move hands back and forth in front of the body as if they are in a struggle.
- "(is the) Lord's."** Extend thumb and index finger of right hand to create an "L" shape. Bring "L" shape diagonal across chest from the left shoulder to the right hip as a royal sash.

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

**"Clean Up Song":** **Clean up! Clean up! Everybody, everywhere!**  
**Clean up! Clean up! Everybody do your share!**

Gather and seat children in Praise Time area.

**\*Today's Whisper Verse:** "The battle is the Lord's," 1 Samuel 17:47. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



The King who knows our hearts

## THE WORSHIP

**Teacher Tip:** To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play “It’s Praise Time!” as children move to that designated area.



**It’s Praise Time—that means it’s time to praise God as the King who knows our hearts. Let’s show Him our hearts want to praise Him as we sing and give our offering to help His kingdom.** Sing: “Let Everything That Has Breath” while collecting the offering.

**In today’s story, God helped young David to defeat the giant, Goliath. God knew David’s heart was trusting in Him. Let’s sing the same words David sang.** Sing: “Do Not Let Your Hearts Be Troubled.”

**David trusted God. He knew God would win the battle against Goliath. That reminds me of today’s Whisper Verse, “The battle is the Lord’s.” Let’s whisper it together.** Review the Whisper Verse together: “The battle is the Lord’s.” Include sign language.



**Do you think Delbert and Lello know the story of David and Goliath? Let’s call them both to come out for a visit.** Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Kings & Kingdoms Unit 8, Lesson 39.



**Just as God gave David the strength he needed to face the giant, you can trust that God will give you the strength you need to face any of your giant problems.** Sing: “I Can Do Everything.” **God is bigger than any giant problem you will ever have.** Sing: “My God Is So Big.”



David and Goliath

## THE WORD

Before we begin our Bible Time, let's say our Classroom Promise with the motions.

With my eyes on my teacher;

Point to eyes.

My mouth quiet as can be,

Place index finger over mouth as quiet sign.

I will listen to hear,

Cup hand around ear.

How God loves you and me.

Hug self, point to others and then self.

Last time, we learned God helped Saul. Today, we will hear how God used David to win the battle against the giant. Handle Bible as a special treasure, leaving it open to 1 Samuel 17:40.

### **WATCH THE WORD: 1 SAMUEL 17:4-9, 32-45, 47-50**

Read the points below or retell the passage in your own words using the points below as a general guide. To illustrate the story, display a paper or tape outline of 9-foot tall man on the wall or the floor. Other visual options include the craft sample, Color This Story, or any related picture.

- God's people had an army;
- Their leader was King Saul.
- Their enemy was Goliath;
- He was nine feet tall.
  
- David fought Goliath,
- But he did not use a sword.
- One stone would win the battle,
- For the battle was the Lord's.
  
- He trusted the Lord who saved him
- From the bear and from the lion.
- He slung his stone and Goliath fell.
- David won against the giant!



How many stones did David choose? (Five.) Let's find our answer in the Bible. Read 1 Samuel 17:40 from the teacher's Bible.

Who helped David win the battle against Goliath? (God.) Our Whisper Verse tells us the answer! Let's say it together: "The battle is the Lord's." Include sign language or hand motions. "Lord" is one of God's special names.



We can trust God

## THE WAY

**Teacher Tip:** Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

### **CRAFT: DAVID'S DOOR HANGER**

**Purpose:** To remind the children of the story of David and Goliath.

**Supplies:** White sturdy paper, five smooth stones, yarn, glue or glue sticks, crayons or marker, hole punch

**Prepare:** Cut a standard-size sheet of white paper in two (about 5½ inches x 8 ½ inches) for a door hanger. Print the Whisper Verse, **"The battle is the Lord's!"** on the door hanger. Punch a hole in the two top corners. Cut a 10 inch length of yarn.

**Optional:** Use buttons, flat marbles, or paper stone shapes instead of stones. Use glitter paint, glitter glue, sandpaper, or glue real sand to sturdy paper as a background.

#### **Directions:**

1. Color your door hanger to look like the stream where David picked up the five stones.
2. Tie one end of the yarn in each hole to create the door hanger.
3. Pick out five smooth stones, just like David did.
4. Glue the stones to your door hanger.
5. Encourage children to hang the door hangers at home where they can remember God will help us with our giant problems.

#### **Craft Discussion:**

- **How many stones did David pick up to fight Goliath? (Five.) Let's pick out five smooth stones to put on our door hangers.**
- **Was Goliath small or very tall? (Very tall.)**
- **Who helped David win the battle against Goliath? (God.)**
- **That reminds me of our Whisper Verse! Let's say it with our motions right now!** Say Whisper Verse together with hand motions: "The battle is the Lord's."
- **David said, "The battle is the Lord's." David trusted that God would help him fight tall Goliath. That means David knew God would do what was best. We can trust God to do what is best for us as well.**

# THE WAY *continued...*

## **GAME: THE BATTLE IS THE LORD'S!**

**Purpose:** Children see how God will help them with their giant problems, just as He helped David.

**Supplies:** Several balls of tightly crumpled paper, tape or chalk

**Prepare:** Using tape or chalk, mark a line on a wall 9 feet above the floor.

**Option:** If you are outdoors or have low ceilings, mark two lines nine feet apart on floor.

**David slung the stone so far that it reached all the way up to Goliath's forehead.** Show the mark on the wall. **This mark shows how tall Goliath was. Can you throw a paper stone as far as David threw his stone?**

### **Directions:**

1. Children take turns tossing paper balls at the 9 foot mark.
2. With each toss, all the children chant, "**The battle is the Lord's.**"

**David used a slingshot to send a stone a long way to hit Goliath in the forehead. That was a very hard thing to do. Who helped David win the battle against the giant, Goliath? (God.) God will help you do big, hard things, too!**

## **GAME: STONES IN THE STREAM**

**Purpose:** Children experience gathering stones to connect trust with an action.

**Supplies:** Five smooth stones, shepherd's bag (cloth or plastic sack with optional drawstring), plastic bin or bucket containing water (about 5-inches deep), blue fabric or blue towel, towel for drying hands

**Prepare:** Place five smooth stones in a plastic bin or bucket with water. Wrap the bin or bucket in blue fabric or a blue towel to decorate as a stream.

**Saul dressed David in his armor, but David did not want to use it. David trusted God would use his five little stones to win the battle with Goliath. You each get a turn to see how David may have felt as he gathered the five smooth stones from the stream.**

### **Directions:**

1. Seat children in a circle around the "stream."
2. First child holds the shepherd's bag as "David."
3. While retrieving five stones from the stream, the child says David's five words, "**The - battle - is - the - Lord's.**"
4. Child collects all five stones in the shepherd's bag.
5. Use a towel to dry the child's hands.
6. Return the five stones to the "stream."
7. Play until each child has a turn.

# THE WAY *continued...*

## **SNACK: FIVE STONES**

**Purpose:** Children enjoy a stone-shaped snack to remember David collected five stones.

**Snack Suggestion:** Jelly beans (optional: gray or brown) or any snack with a stone-like appearance

### **Directions:**

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.  
**God our Father, God our Father. Once again, once again.**  
**Thank you for our blessings. Thank you for our blessings. Amen. Amen.**
3. Lead discussion below while children enjoy their snack.
  - **Who remembers our Whisper Verse?** Choose a child to demonstrate motions to Whisper Verse: "The battle is the Lord's."
  - **Who helped David win the battle against the giant, Goliath?** (God.)
  - **Battling Goliath was a big problem for little David. Do you have any big problems?** (Challenges at home, at school, with health, in relationships, etc.)
  - **David trusted God to help him beat Goliath. To trust God means to know God will do what is best. You can trust in God, just as David did.**
  - **No matter how tall or small we are, we can always trust God to help us do big things for Him!**



## **CIRCLE OF PRAYER**

God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.

Dear God, thank You for making us and loving us. We lift up to You a special prayer for \_\_\_\_, \_\_\_\_, \_\_\_\_ (say each name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen.



When only 5 minutes remain, begin this segment.

## **FINAL FIVE MINUTES**

**COMPLETED CRAFT:** Take home your "David's Door Hanger" craft. Tell someone how God helped young David win the battle against the giant, Goliath.

**PONDER, PRAY & PLAY:** Distribute Ponder, Pray & Play cards, if available. **Show this card to your family. Talk about how you can trust God to help you do big things even though you are small.**

**COLOR THIS STORY:** "David and Goliath." Discuss Bible story and play Unit 8 Bible Memory Verse Song "Do Not Let Your Heart Be Troubled" as children color.





If time remains, choose from the connected activities below.

## GOT TIME?

### **SAY & DO: 1 SAMUEL 17:4-9, 32-45, 47-50**

**Purpose:** This pantomime version of the Bible story helps children remember the story details.

**Supplies:** None

**Directions:** With each phrase, the teacher says the phrase and acts it out with hand motions; then repeats the same phrase and motions with the children.

- **God's people had an army.** (Salute.)
- **Their leader was King Saul.** (Put hands on head as a crown.)
- **Their enemy was Goliath;** (Look afraid.)
- **He was nine feet tall.** (Stretch arms as high as they will go.)
  
- **David fought Goliath,** (Raise fist in the air.)
- **But he did not use a sword.** (Shake head "No.")
- **One stone would win the battle,** (Raise one index finger.)
- **For the battle is the Lord's.** (Whisper Verse sign language.)
  
- **He trusted the Lord who saved him** (Point to heaven.)
- **From the bear and from the lion.** (Raise hands as lion claws.)
- **He slung his stone and Goliath fell.** (Swing fist above head as a sling.)
- **David won against the giant!** (Raise both fists above head as if celebrating.)



## BIBLE MEMORY VERSE ACTIVITIES

"Do not let your hearts be troubled. Trust in God." John 14:1

### **GAME: TRUST IN GOD!**

**Purpose:** Children will realize they can trust in God.

**Supplies:** None

**The Bible says, "Do not let your hearts be troubled. Trust in God." To trust in God is to know He will do what is best. Can you help each other remember to trust in God?**

**Directions:**

1. Have children stand in a circle.
2. Choose one child to be the "Troubled Heart."
3. Child stands and says, "**I am troubled when I child's activity.**" (For example: try to ride a bike, tie my shoe, go to a new place, play a hard game, tell time, etc.)
4. Children say, "**Do not let your hearts be troubled. Trust in God.**" **John 14:1**
5. Give a gentle group hug to the Troubled Heart.
6. Play until each child has a turn as the Troubled Heart.

# GOT TIME? *continued...*

## **GAME: "TRUST IN GOD" CHEER**

**Purpose:** Children memorize and review the Unit 8 Bible Memory Verse.

**Supplies:** None

**Our Bible Memory Verse says, "Do not let your hearts be troubled." That means "Don't worry!" Then it says, "Trust in God." To trust in God is to know He will do what is best. Let's tell each other our Bible Memory Verse!**

### **Directions:**

1. Say Bible Memory Verse pausing after each word for children to repeat it. Practice verse twice.
2. Divide children into two groups (give each group a name, for example the Bears and the Lions). Each group stands on opposite sides of the play area.
3. From across the play area, the Bears whisper, "**Do not let your hearts be troubled!**" to the Lions.
4. The Lions answer by whispering, "**Trust in God!**" to the Bears.
5. Repeat steps 3 and 4 three more times, getting louder each time, until the children are using their strongest voices.
6. Play again. This time the Bears whisper, "**Trust in God!**" and the Lions whisper, "**Do not let your hearts be troubled!**"

## **GAME: TALL, TALL GOLIATH**

**Purpose:** Children will understand how tall Goliath was.

**Supplies:** Nine feet of paper (paper roll or poster board taped together), marker, tape or wall tacks

**Prepare:** Draw the outline of a man measuring 9 feet in height. Hang the poster so children can see Goliath's actual height or place the poster on the floor.

**Optional:** If nine feet of paper or poster board is not available, use tape to mark Goliath's height on the floor or wall.

**David was only a teenager when he fought Goliath, so he would have been small compared to Goliath. Look how big the giant, Goliath was!**

### **Directions:**

1. Child stands next to or lies down on the Goliath poster.
2. Child stretches arms above his or her head to be tall as possible. (This helps children see how tall Goliath was.)
3. Repeat until each child has a turn comparing their height to Goliath.
4. As an additional activity, have groups of children lie on the ground head-to-foot, to see how many of them it takes to be as tall as Goliath.

# GOT TIME? *continued...*



## STORY TIME

Gather the children and read a favorite story. This can be a Bible story, a chapter from *The Adventures of Delbert & Lello*, or a story about David and Goliath.

### **PONDER, PRAY & PLAY**

Unit 8, Lesson 39: David and Goliath

**PONDER!** Read 1 Samuel 17:4-9, 32-45, 47-50 with your family. Talk about how God helped young David win the battle against the giant, Goliath. David trusted the Lord to win the battle. What big things can you trust God to help you do?

**PRAY!** Pray this prayer each day this week: "Lord, thank You for helping David. Help me trust You with the big things I must do. Amen."

**PLAY!** Ask each person in your family to search for a smooth stone. Mark it with a T for Trust in God. Keep your smooth stone in a special place. When you have to do something difficult, look at your stone. Remember to trust God will help you, just as He helped David battle Goliath!

**Unit 8 Bible Memory Verse:** John 14:1

"Do not let your hearts be troubled. Trust in God."