



David and Goliath

Lesson Aim: To trust God with the challenges we face.

THE WORSHIP

Who God is: The King Who Knows Our Hearts

THE WORD

Bible Story: 1 Samuel 17:4-5, 32-40, 47-50

What He has done: God gave David the victory over Goliath.

Key Verse: 1 Samuel 17:47

THE WAY

Christ Connection: Ephesians 6:10

BIBLE MEMORY VERSE

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever." Psalm 23

Unit 8: The King Who Knows Our Hearts			
	Bible Story	What He Has Done	Lesson Aim
38	Samuel and Saul, 1 Samuel 9:15-16; 10:1, 6-7, 9, 20-24	God chose Saul to be the first king of Israel.	To know God has chosen us to do special jobs for Him.
39	David and Goliath, 1 Samuel 17:4-5, 32-40, 47-50	God gave David the victory over Goliath.	To trust God with the challenges we face.
40	David, Jonathan, and Saul, 1 Samuel 18:1-9; 19:1-5; 20:13-24, 30-34, 41-42	God gave David a brave friend that helped him through hard times.	To know God gives us true friends.
41	David's Heart: David Spares Saul, 1 Samuel 24:1-13	God helped David spare Saul's life.	To trust God for justice over our enemies.
42	David and Mephibosheth, 2 Samuel 9:2-3, 5-7	God helped David keep his promise.	To promise to show kindness.

TEACHER'S ENCOURAGEMENT

This week, read Hebrews 4:16. Please join us in praying, "Thank You, Lord, for letting us be part of Your victories. Fill us with Your Spirit so we might help the children understand they can trust You with their battles. Amen."

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**THE WORSHIP
THE WORD &
THE WAY**

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Meet & Greet	None
		Game: Paper Stone Toss	Floor tape, 15 standard size sheets of colored paper: five sheets each of three colors
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org	Unit 8 Bible Memory Verse Song: "The Lord Is My Shepherd" Other Bible Memory Verse Song Suggestions: "Chosen People" "You Will Seek Me" Additional Hymn Suggestion: "Change My Heart, O God" "Open the Eyes of My Heart" " 'Tis So Sweet to Trust in Jesus" Additional Song Collection Suggestions: Songs 4 Worship Kids Volume 1 Sunday School Jamz by Worship Jamz
		Worship Scripture Reading: 1 Samuel 16:7	Bible
		Offering	Baskets
		Worship Illustration	Lesson 39 King City Chronicles script or storybook
THE WORD	Up to 10	Read the Word: 1 Samuel 17:4-5, 32-40, 47-50	Bibles, Bible Story Scripture reference poster
THE WAY	Up to 25	Discuss the Word	Bibles, Christ Connection Scripture reference poster
		Christ Connection: Ephesians 6:10	
		Golden Bowl	
	Final 5	Final Five Minutes	Treasure Treat—Psalm 23 Bookmark with shepherd design, Daily Ways, basket, paper, pencils, crayons or markers, prayer notebook, Unit 8 Bible Memory Verse Song "The Lord Is My Shepherd," CD player
GOT TIME?	Up to 10	Snack: Giant Snack	Large snack (large cookies, crackers, muffins, etc.)
	Up to 10	Game: Thumbs Up!	None
	Up to 10	Game: Trust Me	None
	Up to 10	Craft: "God Makes Me Ready!" Door Hanger	Sturdy paper, sand, glue, crayons or markers, scissors, yarn, hole punch, small smooth stones
	Up to 5	Discussion: The Lord's Battle	None
	Up to 10	Bible Memory Verse Activity: My Heart Knows Psalm 23	Unit 8 Bible Memory Verse poster, Unit 8 Bible Memory Verse Song "The Lord Is My Shepherd," CD player
	Up to 15	Bible Memory Verse Activity: Psalm 23 Balloon Toss	1 inflated non-helium balloon, Bible, optional: Unit 8 Bible Memory Verse poster
	Up to 10	Bible Memory Verse Activity Discussion: Psalm 23	Unit 8 Bible Memory Verse poster
	Up to 5	Bible Timeline Review	Date with story title or name printed on card

RESOURCES: Supplemental materials are available at ResourceWell.org.



Getting started

THE WELCOME

To spark anticipation, encourage arriving children to meet and greet one another with today's question.
Meet & Greet Question: Who is the tallest person you know?

GAME: PAPER STONE TOSS

Purpose: This paper "stone" toss game introduces the story of David and Goliath.

Supplies: Floor tape, 15 standard-size sheets of colored paper (five sheets each of three colors)

Prepare: At one end of the play area, tape three start lines, one for each team. Allow as much room as possible between the start line and the other end of the play area. If possible, play this game outside.

Limited Space? Have children aim for a basket or bin instead of throwing the paper stones for distance. The team which gets the most paper stones in the basket wins.

Directions:

1. Divide the children into three teams.
2. Give five sheets of the same color paper to each team.
3. Teams crumple each sheet of paper into a tight ball to create five "stones."
4. Teams place their five stones on their starting line and form a line behind their stones.
5. Each child takes a turn throwing all five paper stones.
6. Use tape to mark the landing place of each child's furthest stone.
7. Child collects the five stones and gives them to the next child on their team.
8. After all the children have taken their turn, compare each team's furthest tape mark. The team with the furthest mark is the winner.

In our Bible story, we will hear about David when he was a teenager. He threw stones to defeat the giant, Goliath. Let's see how God prepared David to fight Goliath with just five smooth stones.



The King who knows our hearts

THE WORSHIP

Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play music as children move to the designated area.



We worship the King who knows our hearts. God does not think about what we look like, how old we are, or how tall we are. He doesn't look at how much money we have. He looks at our hearts. As we give our offering, let's ask Jesus to open our hearts to worship Him. Sing: "Open the Eyes of My Heart" as offering is collected.



Read 1 Samuel 16:7.



In Psalm 23, King David tells God that even though he walks through the valley of the shadow of death, he will fear no evil because he knows God is with him. In today's story, we will hear about a time when David was a teenager. He had to walk through the valley of Elah to face Goliath. David was not afraid, because he trusted God was with him. All who believe in Jesus never need to be afraid because the Holy Spirit is with us now and forevermore. Sing Unit 8 Bible Memory Verse Song "The Lord Is My Shepherd" and "'Tis So Sweet to Trust in Jesus." You may also choose to sing songs that focus on trusting God.



Perform King City Chronicles script or read storybook: Kings & Kingdoms Unit 8, Lesson 39.



David battles Goliath

THE WORD

Teacher Tip: As you move from worship to instruction, change rooms or locations within a room to help redirect the children's focus to the Bible story. During this transition time, have each child write his or her name on a card and place it in the Golden Bowl.

Before we read God's Word, let's go over our Class Covenant. A covenant is an agreement. Just as God made a covenant with His people, I ask each of you to make this covenant promise with me today. Listen as I read our Class Covenant: "I will keep my eyes on my teacher, my mouth in control, my ears on God's Word—knowing God is my goal."

Last time, we learned God chose Saul to be the first king of Israel. Samuel anointed him. What does it mean to anoint someone? (To put oil on a person to show that God has chosen him or her to do a special job for Him.)

If a Bible Timeline is available, point out David (Circa 1020 B.C.). For a Bible Timeline Review activity, see the Got Time? segment of this lesson. **Today, we will learn about the second person Samuel anointed. King Saul disobeyed God, so God sent Samuel to anoint a teenager named David to be the future king of Israel. Samuel found David tending sheep and anointed him in front of his brothers. From that day on, the Holy Spirit came upon David in power.**

Our story today starts when David took food to his brothers when they were with the Israelite army in the Valley of Elah. If a map is available, point out the Valley of Elah which extends northwest from Gath, midway between the Mediterranean and Dead Seas. **In the Valley of Elah, David saw the Philistine giant, Goliath, making fun of the Israelite army. Goliath challenged them to send one man to fight against him.**



If you brought your Bible, open it now and share with others. Hand out spare Bibles. **Today's Scripture verse is behind the curtain** (or secret door, secret window, etc.). Child reveals the Bible Story Scripture reference: 1 Samuel 17:4-5, 32-40, 47-50.

Before we read, let's stand and ask God to open our eyes, ears, hearts, and minds to His Word today. Who'd like to pray that for us? Child prays aloud. **Be seated.**

Who remembers the story of David and Goliath? (Children respond.) **If you know the story, listen for something new that you haven't noticed before. Count how many times David talks about the Lord. Let's see what really happened that day.** Read 1 Samuel 17:4-5, 32-40, 47-50.



Trusting God **THE WAY**

As a shepherd boy, David had been anointed by Samuel to be the next king of Israel. Do you think knowing God had chosen him to be the next king may have helped David to trust God in the battle against Goliath? (Children respond.)

What wild animals had David killed to protect his sheep? (A lion and a bear.) **Who did David say saved him from the lion and the bear?** (The Lord.) **David told King Saul that it was the Lord who saved him from the lion and the bear. How did fighting them help David trust God in the battle against Goliath?** (Children respond.)

King Saul gave David his armor and helmet. Why didn't David wear the armor? (He wasn't used to it.) **What weapon did David choose instead of a sword?** (A sling and five smooth stones.) **What else did David carry with him?** (His staff.) **David told Goliath this battle was the Lord's. When young David defeated the giant Goliath without a sword or spear, everyone knew it was the Lord who won the battle.**

Battling the bear, the lion, and the giant Goliath were three challenges David could not face without God's help. What challenges are you facing now in your life? (Children respond.) Lead the children in a prayer asking God to help everyone trust Him with their challenges.



Connecting the Old Testament, the New Testament and Us **CHRIST CONNECTION**

Over 1000 years after David trusted in the Lord and His mighty power, Paul challenged everyone to do the same.



Everyone, place your Bible on your lap. Choose a child to reveal the Christ Connection Scripture reference: Ephesians 6:10. **Let's find this scripture.** Read Ephesians 6:10.

To be strong in the Lord is to trust in Him completely. David trusted in the Lord in the battle against Goliath. When have you trusted in the Lord? (Children respond.) **David trusted in the mighty power of God. We see God's mighty power in many Bible stories, in all He has created, and in the miracles He performs. When have you seen God's mighty power?** (Children respond.) **How does seeing His mighty power help you trust God with the challenges and battles you face in your life?** (Children respond.)

THE WAY *continued...*



Revelation 5:8

GOLDEN BOWL

Teacher Tip: Write the names of classmates, local church leaders, and children in other nations or others who need prayer on small pieces of paper. Place the papers in a golden bowl.

The Bible says our prayers are like sweet smelling incense in the golden bowls at God's throne. I'm going to lift each one of your names to God's throne as you pray for each person silently. Then, we will pray the Lord's Prayer (Matthew 6:9-13) aloud together. Let's pray.

Lord God, we lift up to Your throne the name of each child here. We trust You to watch over us and our needs, the ones we say aloud and the ones hidden in our hearts. First, we lift up to You ____, ____, ____. Read names in Golden Bowl.

Now, we pray the prayer Your Son taught us: Our Father, who art in heaven, hallowed be Your name. Your kingdom come, Your will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

TREASURE TREAT: Today, your Treasure Treat is a Psalm 23 bookmark with a picture of a shepherd. David wrote this psalm. As a shepherd boy, David learned to trust the Lord as his Shepherd. It was that trust which gave him the courage to battle Goliath. Keep your bookmark in a journal or Bible to remind you that you can trust God no matter the challenges you are facing.

DAILY WAY CHALLENGE: Did anyone bring in their completed Daily Way from last time? Praise or reward those who return a Daily Way. Distribute Lesson 39 Daily Way 5-day Bible study. **Complete this week's Daily Way at home and let God speak to you through His own words in the Bible.** Join the Daily Way Challenge by returning your completed Daily Way.

Teacher Tip: Collect Daily Ways in a basket or other container and periodically reward children as a group for completing the challenge.

OFFERING OF ART: Until it is time to be dismissed, make an Offering of Art. For your offering, draw a picture of David and Goliath.

PRAYER REQUESTS: As children work on their Offering of Art, ask how you can pray for them this week. Write requests in a prayer notebook.

BIBLE MEMORY VERSE SONG: Play the Unit 8 Bible Memory Verse Song, "The Lord Is My Shepherd," in the background as children wait to be dismissed.



If time remains, choose from the connected activities below.

GOT TIME?

SNACK: GIANT SNACK

Purpose: Children eat a “giant” snack while personally connecting to the story of David and Goliath.

Snack Suggestion: Large snack (large cookies, crackers, muffins, etc.)

God helped David defeat the giant, Goliath. David was a teenager and Goliath was over nine feet tall. Can you imagine fighting a giant like David did? Let’s eat a giant snack while we think about some of the giant challenges we face.

Directions:

1. Serve snack and drinks.
2. Child prays to thank God for the snack.
3. Ask the Snack Discussion Question: **“When has God given you courage to face a giant challenge?”**

GAME: THUMBS UP!

Purpose: Review the facts of the David and Goliath story.

Supplies: None

Let’s see how much you can remember about today’s story. I’m going to read some statements about the story. Raise your thumbs up if you believe the statement is true, give me a thumbs down if you believe the statement is false. If the answer is false, be ready to correct it. Move quickly through these, keeping the pace lively and challenging!

Directions:

1. **Goliath was a Philistine warrior.** (Thumbs up.)
2. **Goliath wore bronze armor.** (Thumbs up.)
3. **David wore Saul’s armor.** (Thumbs down.) Correction: **What did David do when he tried on Saul’s armor?** (He took it off and refused to wear it.)
4. **David used Saul’s sword.** (Thumbs down.) Correction: **What were David’s weapons?** (Five stones and a slingshot.)
5. **David told Saul “The battle is mine.”** (Thumbs down.) Correction: **What did David tell Saul?** (“The battle is the Lord’s.”)
6. **The stone struck Goliath in the heart.** (Thumbs down.) Correction: **Where did the stone strike Goliath?** (On the forehead.)

GOT TIME? *continued...*

GAME: TRUST ME

Purpose: Children experience trusting in their teacher just like David trusted in the Lord.

Supplies: None

Just like David trusted God to keep him safe, each of you can trust me to keep you from falling in this game.

Directions:

1. The child stands completely straight, body stiff, feet together, arms folded across the chest with his or her back to the teacher.
2. The teacher stands less than an arm's length behind the child, arms extended, with one leg in front of the other.
3. When the teacher says, "**Trust me,**" the child shuts his or her eyes and falls back into the teacher's arms.

CRAFT: "GOD MAKES ME READY!" DOOR HANGER

Purpose: Make a door hanger to remember God prepares us for our giant battles.

Supplies: Bible, sturdy paper, sand, yarn, small smooth stones, glue, crayons or markers, hole punch

Prepare: Cut yarn to 20-inch lengths. Display: "**Put on the full armor of God.**" **Ephesians 6:11a**

Optional: Use buttons, flat marbles, or stones cut from paper instead of stones. Protect the craft area with tablecloths or large sheets of paper. Provide a bin or bag for children to shake off the extra sand.

How did David fight Goliath? (He defeated Goliath with a smooth stone from a slingshot.) **How had God made David ready to defeat Goliath?** (He helped David defeat a lion and a bear.) **That's why David knew he could trust God to help him defeat Goliath.**

God prepares you for giant battles, too. He helps you stand up against evil and do what is right. He gives you the invisible armor of God. Listen to the way the Bible describes the armor of God. Read Ephesians 6:14-17. Let's make a door hanger for your home. Each morning when you open the door, remember God makes you ready to face your battles.

Directions:

1. Copy Ephesians 6:11a onto a sturdy sheet of paper.
2. Punch a hole in the top corners of the paper.
3. Tie the ends of the yarn through each hole to create a door hanger.
4. Spread a thin layer of glue over the sturdy paper. Do not cover the Bible verse with glue.
5. Sprinkle sand over the glue. Gently shake off the extra sand.
6. Glue five stones around the Bible verse.
7. Lay flat until the glue is dry.

GOT TIME? *continued...*

DISCUSSION: THE LORD'S BATTLE

Purpose: To further discuss the Lord's role in our battles.

Supplies: None

When David said, "The battle is the Lord's," he meant the Lord would fight and win the battle for him because it builds His kingdom. Did David battle his enemies to win things for himself? (No.) Why did David battle the bear and the lion? (To save the sheep.) Why did David battle Goliath? (To defend God's honor, encourage the Israelite army, show God's power, etc.) What are selfish battles? (Battles to be first; to get things like attention, toys, the best seat, the most candy, etc.) Can selfish battles be the Lord's kind of battles? (No.) What are the Lord's battles? (Battles that build His kingdom such as fighting temptation or defending someone in danger.)



BIBLE MEMORY VERSE ACTIVITIES

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever." Psalm 23

GAME: MY HEART KNOWS PSALM 23

Purpose: Children will learn the Unit 8 Bible Memory Verse in four parts.

Supplies: Unit 8 Bible Memory Verse poster, Unit 8 Bible Memory Verse Song "The Lord Is My Shepherd," CD player

Prepare: On the Bible Memory Verse poster, draw a large, colored heart at the beginning of each part according to the designations below.

Directions:

1. Play and sing the Unit 8 Bible Memory Verse Song "The Lord Is My Shepherd."
2. Divide the children into four teams. Assign a part/heart color to each team.
3. Teams practice reciting their part while acting out the motions.
4. Ask each team to sing and act out their part for the whole class as you play the song.
5. Repeat this activity during Lessons 38-41 with children learning a different part each time.
6. During Lesson 42, have the children sing and act out all four parts together.

Part 1—Green heart: "The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul." One child acts as a shepherd and leads others as sheep. The sheep pretend to lie on cool grass next to water.

Part 2—Blue heart: "He guides me in the paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me." One child acts as an evil villain. The other children pretend not to notice.

Part 3—Gold heart: "Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows." Children hug and then sit down as if at a table together and pretend to eat dinner.

Part 4—Red heart: "Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever." Children pat their hands over their hearts and pretend to walk through a door.

GOT TIME? *continued...*

GAME: PSALM 23 BALLOON TOSS

Purpose: To help children memorize the Unit 8 Bible Memory Verse.

Supplies: Inflated non-helium balloon, Bible, optional: Bible Memory Verse poster

Option: To make the game easier, allow each team to tap the balloon two or three times as they recite their verse, and display the Bible Memory Verse poster.

Directions:

1. Divide children into six teams.
2. Assign one verse of Psalm 23 to each team.
3. Give teams time to memorize their verses.
4. Children stand in a circle.
5. The first team tosses a balloon high into the air. They must recite their verse before the balloon touches the floor. Team members may help one another remember their verse.
6. As soon as the team completes its verse, a member of the next team taps the balloon as high as possible. That team recites their verse before the balloon touches the floor.
7. Continue until all six verses have been recited.

DISCUSSION: PSALM 23

Purpose: Children learn the meaning of the Unit 8 Bible Memory Verse.

Supplies: Unit 8 Bible Memory Verse poster

Teacher Tip: For older children, divide the children into seven teams. Assign each team one of the sentences below. Ask teams to brainstorm the meaning of their sentence and share it with the class.

Our Bible Memory Verse is Psalm 23. There are 150 psalms in the Bible. Psalms are songs or poems that were used to worship God. Do you know who wrote many of the psalms? (David.) David was the second King of Israel. He loved to worship God. Let's put each part of Psalm 23 into our own words. Lead children in discussion of each phrase.

- **"The Lord is my Shepherd, I shall not want."** (God will take care of all of my needs, just like a shepherd takes care of his sheep.)
- **"He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul."** (God makes sure my body and soul get rest.)
- **"He guides me in paths of righteousness for His name's sake."** (God shows me how to follow Him and do what is right in His eyes so more people will know who He is.)
- **"Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me."** (Even in hard times, I don't have to be afraid, because You are with me. I don't have to be afraid of evil, of death, or of my enemies. Your rules and the way You lead me will keep me calm when I am worried.)
- **"You prepare a table before me in the presence of my enemies."** (You have a good plan for me even when I'm surrounded by those who want to hurt me.)
- **"You anoint my head with oil; my cup overflows."** (You have chosen a special job for me to do. My heart is like a cup that is filled and overflowing with blessings from You.)
- **"Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."** (God will always be good to me and love me. I will always be a part of His family.)

GOT TIME? *continued...*



BIBLE TIMELINE REVIEW

Kings & Kingdoms Part Two studies the miracles and stories of the Bible from Judges through Esther. Review recent Bible stories to see the continuing story of who God is and what He has done.

Samuel (Circa 1100 B.C.) God called to Samuel when he was a boy in the temple. God chose him to be a prophet and judge for the Israelites. What did the Philistines capture while Samuel was judge? (The ark of God.) Why did they return it? (Their Dagon statue broke and their people became sick when the ark was in their town.) What did Samuel name the stone used to remember God's help? (Ebenezer stone.)

Saul (Circa 1050 B.C.) God chose Saul to be the first king of Israel. Samuel anointed Saul. What does anoint mean? (To put oil on a person to show God has chosen him or her to do a special job for Him.) What happened to Saul's heart when the Holy Spirit came upon him in power? (God changed his heart.)

David (Circa 1020 B.C.) David had been anointed by Samuel. He saved his sheep by battling a lion and a bear. How did these battles make David ready to trust God in his battle with Goliath? (They proved to David that God had chosen him and was with him in every battle.) What did David say about the battle right before he defeated Goliath? ("The battle is the Lord's.")

How to create a Bible Timeline from Judges through Esther:

1. Print each scroll on sturdy paper.
2. Choose a wall or other visible location to display the timeline.
3. Before each lesson, add the scroll for that lesson to the Bible Timeline using the list below. Add the Unit 10 card for Kings & Kingdoms Lessons 48-52.
4. To review, ask the corresponding questions as you point to the associated scroll.

Judges – Esther: Deborah (Circa 1350 B.C.) > Gideon (Circa 1250 B.C.) > Samson (Circa 1150 B.C.) > Ruth > Samuel (Circa 1100 B.C.) > Saul (Circa 1050 B.C.) > David (Circa 1020 B.C.) > Solomon (Circa 970 B.C.) > Josiah (Circa 640 B.C.) > Ezra (Circa 500 B.C.) > Esther (Circa 470 B.C.) > Nehemiah (Circa 430 B.C.)

Unit 10: Jesus on Earth (Circa 2 B.C.-33 A.D.)

Teacher Tip: To view Bible Timeline and lessons from Genesis through Joshua, see Year One, God of Wonders Lessons 22-47.