



David and Goliath: Part 2

Lesson Aim: To know we can trust God to help us with our problems.

THE WORSHIP

Who God is: The King Who Knows Our Hearts

THE WORD

Bible story: 1 Samuel 17:4-9, 32-45, 47-50

What He has done: God helped David defeat the giant.

THE WAY

Whisper Verse: "The battle is the Lord's."

BIBLE MEMORY VERSE

"Do not let your hearts be troubled. Trust in God." John 14:1

Challenge Verse for older children:

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever." Psalm 23

Unit 8: The King Who Knows Our Hearts			
	Bible story	What He Has Done	Lesson Aim
38	David and Goliath: Part 1, 1 Samuel 17:4-9, 32-45, 47-50	God helped David defeat the giant.	To know God will help us.
39	David and Goliath: Part 2, 1 Samuel 17:4-9, 32-45, 47-50	God helped David defeat the giant.	To know we can trust God to help us with our problems.
40	David and Jonathan, 1 Samuel 18:1-4; 20:17, 42	God gave David and Jonathan each other as friends.	To know God sends us friends.
41	David's Heart: David Praises God, 2 Samuel 6:5, 12-15	God saw David praise Him.	To explore ways to praise the Lord.
42	David and Mephibosheth, 2 Samuel 9:1-11	God helped David include Mephibosheth.	To learn the importance of showing kindness to everyone.

TEACHER'S ENCOURAGEMENT

This week, read Psalm 139. Please join us in praying, "Thank You, Lord, for loving us. Fill us with Your Spirit and change our hearts so we may teach and lead Your children in building Your kingdom. Amen."

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THE WORSHIP THE WORD & THE WAY

Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Picture Schedule Cards	Cards with picture illustrating the activities: WELCOME, WORSHIP, BIBLE, CRAFT, PRAYER, SNACK, GAMES, COLORING, GOING HOME. Envelope labeled FINISHED. Optional: To display schedule, use Velcro to attach laminated Picture Schedule cards to a felt board.
		Treasure Chest	Stamp or sticker of a stone
		Whisper Verse	Sign language for "The battle is the Lord's."
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org.	Unit 8 Bible Memory Verse Song: "Do Not Let Your Hearts Be Troubled" "The Lord Is My Shepherd" Other Bible Memory Verse Song Suggestions: "It's Praise Time" "I Can Do Everything" "Let Everything That Has Breath" "Sing Praises" "We Love" Additional Hymn Suggestions: "My God Is So Big," "Jesus Loves Me"
		Offering	Baskets
		Worship Illustration	Kings & Kingdoms Lesson 39 Delbert & Lello or King City Chronicles script or storybook
THE WORD	Up to 10	Watch the Word: 1 Samuel 17:4-9, 32-45, 47-50	Teacher's Bible with bookmark at 1 Samuel 17:40 Visual: Paper or tape outline of 9-foot tall man Flannel board/figures: David and Goliath
THE WAY	Up to 25	Craft: David's Door Hanger	Colored sturdy paper, five smooth stones (or other round item), yarn, glue, crayons or markers
		Circle of Prayer or Lord's Prayer	Lord's Prayer word and picture book
		Snack: Five Stones	Jelly beans (optional: gray or brown) or any snack with a stone-like appearance
		Unit 8 Games: Sand Search	Bin of clean sand, 5 smooth stones, toy heart
		Thumbs Up or Thumbs Down	None, optional: hand puppet or finger puppets
		Blanket Ball	Blanket or sturdy tablecloth, ball or balloon
		Scenes from King City Chronicles (older children only)	King City Chronicles scripts for Lessons 39-41, optional: capes, eye masks or sunglasses
		Musical Chairs	Unit 8 Bible Memory Verse Song "Do Not Let Your Hearts Be Troubled" or "The Lord is My Shepherd," CD player, chairs
		Freeze Dance	Unit 8 Bible Memory Verse Song "The Lord is My Shepherd," CD player
	Act it Out	Bible Times clothing or stick puppets of: David, Goliath, Jonathan, Mephibosheth at dinner table	
Final 5	Final Five	Access Daily Way: Unit 8, Lesson 39 Color This Story: "David and Goliath."	

RESOURCES: Supplemental materials are available at ResourceWell.org.



The battle is the Lord's

THE WELCOME

PICTURE SCHEDULE: WELCOME TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Welcome each child as they arrive. Hello _____. I'm glad you are here! Come and see what we are going to do today. Point to each card on the Picture Schedule board. Today, we will WELCOME everyone. We will read the Bible story and make a CRAFT. We will have PRAYER time and eat a SNACK. We will play GAMES and enjoy COLORING a picture about today's story.

Open the Treasure Chest to find today's treasure. Child unlocks Treasure Chest to receive a stamp or sticker of a stone. **Let this sticker of a stone remind you that God helped David to win the battle against the giant, Goliath. Today's Whisper Verse is "The battle is the Lord's."** Teach the Whisper Verse in spoken language and in sign language below. **We call it the Whisper Verse so you can whisper it to others.***

SIGN LANGUAGE: "The battle is the Lord's."

(For visual demonstrations, see www.signingsavvy.com.)

Each time we say today's Whisper Verse, let's say it with two hand motions:

- "(The) battle"** Tuck the thumb of each hand into the palm, so four fingers remain outstretched. Face both palms toward the body with about six inches between the outstretched fingers on each hand. Move hands back and forth in front of the body as if they are in a struggle.
- "(is the) Lord's."** Extend thumb and index finger of right hand to create an "L" shape. Bring "L" shape diagonal across chest from the left shoulder to the right hip as a royal sash.

Allow children to enjoy free play until everyone has arrived. **Let's sing the "Clean Up Song" as we put toys away before Praise Time.** Praise any child who helps. Allow several minutes for clean up.

**"Clean Up Song": Clean up! Clean up! Everybody, everywhere!
Clean up! Clean up! Everybody do your share!**

Gather and seat children in Praise Time area.

***Today's Whisper Verse:** "The battle is the Lord's," 1 Samuel 17:47. The Whisper Verse is a tool to help the children learn a major point in the lesson. It is coupled with sign language or hand motions as a memory aid. The verse is not necessarily chosen from today's Bible story.



The King who knows our hearts

THE WORSHIP

PICTURE SCHEDULE: WORSHIP TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WELCOME picture card and place it in the FINISHED envelope. **We have finished our Welcome Time. Now, we will have our Worship Time.**

Children may worship in a large group setting with other classes or in a quiet room with a worship CD or DVD.

Teacher Tip: To help children identify time set aside for worship, play "It's Praise Time!" as children move to a designated place for praise songs, offering, and worship illustration. Children who are nonverbal may enjoy participating in songs by playing children's percussion instruments such as maracas, jingle bells, wood blocks, or small tambourines. Children who are sensitive to sound may prefer to wear noise reduction headphones.



It's Praise Time—that means it's time to praise God as the King who knows our hearts. Let's show God that our hearts want to praise Him as we sing and give our offering to help His kingdom. Sing: "Let Everything That Has Breath" while collecting the offering.

In today's story, God helped young David to defeat the giant, Goliath. God knew David's heart was trusting in Him. Let's sing the same words David sang. Sing: "Do Not Let Your Hearts Be Troubled."

David trusted God. He knew God would win the battle against Goliath. That reminds me of today's Whisper Verse, "The battle is the Lord's." Let's whisper it together. Review the Whisper Verse together: "The battle is the Lord's." Include sign language.



Do you think Delbert and Lello remember the story of David and Goliath? Let's call them both to come out for a visit. Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Kings & Kingdoms Unit 8, Lesson 39.*



Just as God gave David the strength he needed to face the giant, you can trust that God will give you the strength you need to face any of your giant problems. Sing: "I Can Do Everything." **God is bigger than any giant problem you will ever have.** Sing: "My God Is So Big."

* May substitute Lesson 39 King City Chronicles script or storybook.



David and Goliath

THE WORD

PICTURE SCHEDULE: BIBLE TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the WORSHIP picture card and place it in the FINISHED envelope. **We have finished our Worship Time. Now, we will have our Bible Time.**

Today, we will review how God helped David win the battle against the giant. Handle Bible as a special treasure, leaving it open to 1 Samuel 17:40.

WATCH THE WORD: 1 SAMUEL 17:4-9, 32-45, 47-50

Read the points below or retell the passage in your own words using the points below as a general guide. To illustrate the story, hold a smooth stone. Have children assist by placing Bible story figures on a flannel board. Other visual options include Color This Story or a related picture.

- **God's people had an army;**
- **Their leader was King Saul.**
- **Their enemy was Goliath;**
- **He was nine feet tall.**

- **David fought Goliath,**
- **But he did not use a sword.**
- **One stone would win the battle,**
- **For the battle was the Lord's.**

- **He trusted the Lord who saved him**
- **From the bear and from the lion.**
- **He slung his stone and Goliath fell.**
- **David won against the giant!**



How many stones did David choose? (Five.) Let's find our answer in the Bible. Read 1 Samuel 17:40 from the teacher's Bible.

Who helped David win the battle against Goliath? (God.) Our Whisper Verse tells us the answer! Let's say it together: "The battle is the Lord's." Include sign language or hand motions. **"Lord" is one of God's special names.**



We can trust God

THE WAY

PICTURE SCHEDULE: CRAFT TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the BIBLE picture card and place it in the FINISHED envelope. **We have finished our Bible Time. Now, it is Craft Time.**

CRAFT: DAVID'S DOOR HANGER

Purpose: To remind the children of the story of David and Goliath.

Supplies: White sturdy paper, five smooth stones, yarn, glue or glue sticks, crayons or marker, hole punch

Prepare: Cut a standard-size sheet of white paper in two (about 5½ inches x 8 ½ inches) for a door hanger. Print the Whisper Verse, **"The battle is the Lord's!"** on the door hanger. Punch a hole in the two top corners. Cut a 10 inch length of yarn.

Optional: Use buttons, flat marbles, or paper stone shapes instead of stones. Use glitter paint, glitter glue, sandpaper, or glue real sand to sturdy paper as a background.

Directions:

1. Color your door hanger to look like the stream where David picked up the five stones.
2. Tie one end of the yarn in each hole to create the door hanger.
3. Pick out five smooth stones, just like David did.
4. Glue the stones to your door hanger.
5. Encourage children to hang the door hangers at home where they can remember God will help us with our giant problems.

Craft Discussion:

- **How many stones did David pick up to fight Goliath? (Five.) Let's pick out five smooth stones to put on our door hangers.**
- **Was Goliath small or very tall? (Very tall.)**
- **Who helped David win the battle against Goliath? (God.)**
- **That reminds me of our Whisper Verse! Let's say it with our motions right now! Say Whisper Verse together with hand motions: "The battle is the Lord's."**
- **David said, "The battle is the Lord's." David trusted that God would help him fight tall Goliath. That means David knew God would do what was best. We can trust God to do what is best for us as well.**

THE WAY *continued...*



CIRCLE OF PRAYER/THE LORD'S PRAYER

PICTURE SCHEDULE: PRAYER TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the CRAFT picture card and place it in the FINISHED envelope. **We have finished our Craft Time. Now, it is Prayer Time.**

God made you and He cares for you. He loves to hear you pray with private words or words you say out loud. Let's fold our hands and close our eyes. As I lift up your name to God in heaven, I will lay my hand on your shoulder. Let's pray together.

Dear God, thank You for making us and loving us. We lift up to You a special prayer for ____, ____, ____ (say every name). We pray for our families and friends. Thank You for teaching us how to love one another. Amen. You may add the Lord's Prayer with the word picture book.

PICTURE SCHEDULE: SNACK TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the PRAYER picture card and place it in the FINISHED envelope. **We have finished our Prayer Time. Now, it is Snack Time.**

Teacher Tip: It is important to keep a record of all dietary restrictions and allergies accessible. Some parents may prefer to bring their child's snack. Depending on the dietary needs of your classroom, you may determine it is best to omit snack time completely.

SNACK: FIVE STONES

Purpose: Children enjoy a stone-shaped snack to remember David collected five stones.

Snack Suggestion: Jelly beans (optional: gray or brown) or any snack with a stone-like appearance

Directions:

1. Serve drink. Wait to serve the snack.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or other familiar tune.
God our Father, God our Father. Once again, once again.
Thank you for our blessings. Thank you for our blessings. Amen. Amen.
3. Lead discussion below while children enjoy their snack.
 - **Who remembers our Whisper Verse?** Choose a child to demonstrate motions to Whisper Verse: "The battle is the Lord's."
 - **Who helped David win the battle against the giant, Goliath?** (God.)
 - **Battling Goliath was a big problem for little David. Do you have any big problems?** (Challenges at home, at school, with health, in relationships, etc.)
 - **David trusted God to help him beat Goliath. To trust God means to know God will do what is best. You can trust in God, just as David did.**
 - **No matter how tall or small we are, we can trust God to help us do big things for Him!**

THE WAY (GAME OPTIONS)

UNIT 8 GAME OPTIONS

Choose one or more of the activities below. Play until the final five minutes of class then proceed to Final Five.

PICTURE SCHEDULE: GAMES TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the SNACK picture card and place it in the FINISHED envelope. **We have finished our Snack Time. Now, is our time to play Games.**

GAME: SAND SEARCH

Purpose: This sand sifting activity soothes children. The items in the bin can be used to introduce the Bible stories or the Unit 8 Worship Attribute: The King Who Knows Our Hearts.

Supplies: Bin or container of clean sand, five smooth stones, toy heart

Prepare: Place all items beneath the surface of the sand.

Directions:

1. Children take turns reaching into the sand in search of the objects.
2. Teacher and children discuss each object as it is located.
3. When all objects have been located, display them together on a tabletop or on the surface of the sand.
4. Children feel each item as the teacher explains their connection to the Unit 8 Bible stories. The five smooth stones remind us of the five stones David chose in his battle against Goliath. The heart reminds us that God gives us friends, and that God knows our hearts.

GAME: THUMBS UP OR THUMBS DOWN?

Purpose: This nonverbal true-false game helps children master the Bible story or Unit 8 Bible Memory Verse.

Supplies: None, optional: hand puppet or finger puppets

Directions:

1. Teacher or puppet retells today's Bible story or Bible Memory Verse, pausing after each phrase to say "Thumbs up or thumbs down?"
2. If retelling the Bible study, read it in phrases. For some phrases, state accurate story facts. For other phrases, replace story facts with silly facts. For example, say, "**David defeated Goliath with a sling and a smooth stone. Thumbs up or thumbs down?**" (Children respond with thumbs up.) "**David defeated Goliath with a sword. Thumbs up or thumbs down?**" (Children respond with thumbs down.)
3. If reviewing the Bible Memory Verse, read it in phrases. For some phrases, read it correctly. For other phrases, replace a word with a word that makes no sense. For example, say, "**Do not let your hearts be troubled. Trust in God. Thumbs up or thumbs down?**" (Children respond with thumbs up.) "**Do not let your giant be troubled. Thumbs up or thumbs down?**" (Children respond with thumbs down.)

THE WAY (GAME OPTIONS) *continued...*

GAME: BLANKET BALL

Purpose: Children catch a ball in a blanket to remember to trust in God.

Supplies: Blanket or sturdy tablecloth, ball or balloon

In this game, we will remind each other that when our hearts are troubled, we can trust in God. First we will tell about something that is worrying us. Then, let's lift the blanket and toss the ball in the air saying, "Do not let your hearts be troubled." When the ball lands in the blanket, together we will tell each other, "Trust in God!"

Directions:

1. Children stand in a circle holding the edges of the blanket.
2. Place a ball or balloon in the center of the blanket.
3. One child tells about something that is worrying him or her.
4. Together, the children say, "Do not let your heart be troubled," and then quickly raise the blanket to toss the ball or balloon into the air.
5. As the ball lands, lead children in saying, "**Trust in God.**"
6. Play several times.

GAME: SCENES FROM KING CITY CHRONICLES

Purpose: To learn applications to the Unit 8 Bible stories, older children can act out today's King City Chronicles script.

Supplies: King City Chronicles scripts for Lessons 39-41, optional: capes, eye masks or sunglasses

Directions:

1. Choose the script that corresponds with today's Bible story.
2. Assign each child a character name and improvise with the script so all children can be their favorite character, a new character, or children may just take turns being the same character.
3. Improvise with costumes and act it out!

GAME: MUSICAL CHAIRS

Purpose: This version of Musical Chairs familiarizes children with the Unit 8 Bible Memory Verse Song.

Supplies: Unit 8 Bible Memory Verse Song "Do Not Let Your Hearts Be Troubled" or "The Lord Is My Shepherd" CD player, chair for each child

Prepare: Set chairs back-to-back in a row. Place CD in player.

Teacher Tip: In this version of musical chairs, no chair is removed; all children remain in the game. Encourage quick listening and affirm those who are the first to hear the music stop and are seated.

To practice our Bible Memory Verse Song, let's play Musical Chairs.

Directions:

1. As the Bible Memory Verse Song plays, children march around the row of chairs and sing the song.
2. The teacher stops the music at different times during the song.
3. When the music stops, children find the nearest chair and sit immediately.

THE WAY (GAME OPTIONS) *continued...*

GAME: FREEZE DANCE

Purpose: To help learn the Unit 8 Bible Memory Verse Song.

Supplies: Unit 8 Bible Memory Verse Song "The Lord Is My Shepherd," CD player

To practice our Bible Memory Verse Song, let's play Freeze Dance. Be sure to stop and freeze when you hear the music stop.

Directions: Children dance as the Bible Memory Verse Song is played. Have a helper periodically pause the music. When the music stops, everyone "freezes" (stops suddenly in place and doesn't move). Play as long as you like.

GAME: ACT IT OUT

Purpose: To help learn the Unit 8 stories, children act them out in costumes or with stick puppets.

Supplies: Bible Times clothing or pictures of the following characters attached to craft sticks: David, Goliath, Jonathan, Mephibosheth at dinner table

Directions: With each phrase, teacher says phrase and acts it out with hand motions, then repeats same phrase and motions with children. Optional: Children can wear costumes and act it out or children can hold craft sticks with characters. You may choose one or more stories.

DAVID AND GOLIATH

- **God's people had an army.** (Salute.)
- **Their leader was King Saul.** (Put hands on head as a crown.)
- **Their enemy was Goliath;** (Look afraid.)
- **He was nine feet tall.** (Stretch arms as high as they will go.)

- **David fought Goliath,** (Raise fist in the air.)
- **But he did not use a sword.** (Shake head "No.")
- **One stone would win the battle,** (Raise one index finger.)
- **For the battle was the Lord's.** (Point to heaven.)

- **He trusted the Lord who saved him** (Point to heaven.)
- **From the bear and from the lion.** (Raise hands as lion claws.)
- **He slung his stone and Goliath fell.** (Swing fist above head as a sling.)
- **David won against the giant!** (Raise both fists above head as if celebrating.)

THE WAY (GAME OPTIONS) *continued...*

GAME: ACT IT OUT continued)

DAVID AND JONATHAN

- **A friend loves at all times.** (Hug self.)
- **Jonathan and David were friends.** (Hold partner's hand.)
- **Jonathan and David made a promise,** (Give partner a handshake.)
- **To be best friends to the end.** (Hold hands with partner.)

- **Jonathan gave David his robe and belt.** (Pretend to buckle a belt.)
- **He gave David his bow and sword.** (Pretend to shoot an arrow into the sky.)
- **They promised to show to each other's families,** (Give partner a handshake.)
- **The kindness of the Lord.** (Point to heart and then towards heaven.)

DAVID PRAISES GOD

- **David danced with all his might.** (Dance in place.)
- **He danced before the Lord.** (Dance and point to heaven.)
- **The people celebrated, too.** (Children hug one another.)
- **They loudly played their horns.** (Pretend to play a horn.)

- **They beat their tambourines.** (Shake imaginary tambourines.)
- **They strummed and plucked their harps.** (Pretend to play harp.)
- **They played their cymbals and their drums,** (Pretend to play drums.)
- **For the King who knows our hearts.** (Point to heaven.)

DAVID AND MEPHIBOSHETH

- **David kept the promise,** (Raise right hand as a promise.)
- **He had made to Jonathan:** (Put hand on heart.)
- **To be kind to each others families,** (Reach arms out as giving a gift.)
- **And to be forever friends.** (Put hand on heart.)

- **He found Jonathan's son, Mephibosheth,** (Put hand above eyes in searching pose.)
- **Who was a man with two hurt feet.** (Point to both feet.)
- **David invited him to always come,** (Beckon with hand as if inviting someone to join you.)
- **To King David's table to eat.** (Pretend to eat a fancy dinner.)

THE WAY (GAME OPTIONS) *continued...*



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

PICTURE SCHEDULE: COLORING TIME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the GAMES picture card and place it in the FINISHED envelope. **We have finished our Game Time. Now, is our time for coloring the picture of today's story.**

COMPLETED CRAFT: Take home your "David's Door Hanger" craft. Tell someone how God helped young David win the battle against the giant, Goliath.

ACCESS VERSION OF THE DAILY WAY: Distribute the Access Ministries version of the Daily Way, if available. **Show the Daily Way to your family. Talk about how you can trust God to help you do big things even though you are small.**

COLOR THIS STORY: "David and Goliath." Discuss today's Bible story and play the Unit 8 Bible Memory Verse song "Do Not Let Your Heart Be Troubled" or "The Lord Is My Shepherd" as children color.

As coloring is completed or parents arrive:

PICTURE SCHEDULE: GOING HOME

WELCOME > WORSHIP > BIBLE > CRAFT > PRAYER > SNACK > GAMES > COLORING > GOING HOME

Choose a child to remove the COLORING picture card and place it in the FINISHED envelope. **We have finished our Coloring Time. Now, it is time for Going Home.**

THE DAILY WAY

Unit 8, Lesson 39: David and Goliath: Part 2

PONDER! Read 1 Samuel 17:4-9, 32-45, 47-50 with your family. Talk about how God helped young David win the battle against the giant, Goliath. David trusted the Lord to win the battle. What big things can you trust God to help you do?

PRAY! Pray this prayer each day this week: "Lord, thank You for helping David. Help me trust You with the big things I must do. Amen."

PLAY! Ask each person in your family to search for a smooth stone. Mark it with a T for Trust in God. Keep your smooth stone in a special place. When you have to do something difficult, look at your stone. Remember to trust God will help you, just as He helped David battle Goliath!

Unit 8 Bible Memory Verse: John 14:1

"Do not let your hearts be troubled. Trust in God."

Unit 8 Bible Memory Challenge Verse: Psalm 23

"The Lord is my shepherd, I shall not be in want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."