



"Do not let your hearts be troubled. Trust in God." John 14:1





**PONDER!** Read 2 Samuel 9:1-11 with your family. Talk about how David showed kindness to Mephibosheth. What did David invite Mephibosheth to do? You can show kindness, too! Who can you show kindness to? How can you show kindness to them?



**PRAY!** Pray this prayer each day this week: "Thank You, God, for showing kindness to us. Help us to show kindness to each other. Amen."



**PLAY!** Make a snack to show kindness to your family or friends. Invite them to eat at the table with you. Tell them about how David invited Mephibosheth to eat with him at his table. Teach them how to say the name Mephibosheth: Meff + hibbo + sheth.

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