



Living as a Disciple

Step 2

Mentor's Journal

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Living as a Disciple Step 2 Mentor's Journal

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Introduction

Welcome to Young Disciples Step 2, a 6-session course that is the second in a series of three steps recommended for children and teens expressing a desire to grow in their faith. A disciple is a follower of Christ. Every disciple needs support and accountability; in your role as a mentor, Young Disciples presents you with opportunities to provide both.

Young Disciples Step 1 focuses on what it means to become a disciple, exploring topics such as salvation, the Church, the Apostles' Creed, and baptism. At the conclusion of Step 1, you and your young disciple will have the opportunity to attend a baptism together, either as participants or as witnesses.

Young Disciples Step 2 centers on living as a disciple according to Jesus' commandments in Matthew 22:37-39. At the conclusion of Step 2, you and your young disciple will have the opportunity to participate in communion together.

The goal of Young Disciples is for your young disciple to gain a deeper understanding of what it means to become a disciple of Christ and to belong to God's family, the Church. During this journey, you and your young disciple can develop a positive relationship of mentor and disciple that will continue for years to come!



Mentor's Responsibilities

Please read the following statements, and provide your signature and the date below:

- I will invest in my young disciple by making every effort to attend each session.
- During each week, I will complete Daily Steps and Moving Forward, located in my Mentor's Journal.
- I will bring my Mentor's Journal to each class, and encourage my young disciple to bring his or her Student Journal to each class.
- I will make every effort to attend the communion celebration with my young disciple at the conclusion of Step 2.
- I will pray that God might use Step 2 to bring my young disciple and me closer to God, and to one another.
- I will look for opportunities to reinforce what my young disciple is learning in class.
- I will look for opportunities to build my relationship with my young disciple.

Mentor's Signature: _____

Name of your Young Disciple: _____

Today's Date: _____



Communion Celebration

At the conclusion of Young Disciples Step 2, all students, mentors and their families are invited to participate in communion together. Details will be provided by your class facilitator.

Next Steps

After you have completed Young Disciples Step 2, pray for God to guide your next steps. Consider the suggestions below and explore other ideas as God leads you. Whatever activity you choose, look for opportunities to support and encourage your young disciple in his or her walk with Christ.

Suggestions:

- Make plans to meet regularly with your young disciple to discuss life as a disciple, especially as it applies to current challenges and recent victories or failures that have inspired his or her spiritual growth.
- Find fun ways to invest in your young disciple. You may choose to attend a special event, bake cookies, eat a meal, play a sport, or enjoy a bicycle ride together.
- Look for opportunities for you and your young disciple to serve the church and/or the local community together,



Dictionary

Baptism: The sprinkling or immersion of a believer in water. Going under the water and coming up stands for the death, burial, and resurrection of Jesus. It also stands for the way new believers have died to their old ways and now have a new identity as a follower of Christ.

Notes: _____

Body of Christ: The entire group (past, present and future) of all who follow Christ. Each member of the body of Christ is different, yet important to the whole body.

Notes: _____

Born again: The transformation that occurs when we choose to follow Jesus. We are given a second birth as a new creation - changed from a person who lives and dies apart from God, to a child of God who will live forever close with God.

Notes: _____

The Church: The entire group (past, present and future) of all who follow Christ. The Church is also known as the body of Christ, the Bride of Christ, and God's family.

Notes: _____

Christian: A follower of Christ, also known as a disciple, believer, or saint.

Notes: _____

Communion: A holy meal of bread that stands for the body of Christ, and juice or wine that stands for the blood of Christ. Believers share this holy meal often to remember how Jesus gave His life (His body and His blood) to save us.

Notes: _____

Disciple: A follower of Christ also known as a Christian, believer, or saint.

Notes: _____

Fasting: Going without food. Believers sometimes fast when they pray to help them focus on God and to come closer to Him.

Notes: _____

God's family: The entire group (past, present, and future) of all who follow Christ. All who follow Christ are adopted by God as His own children.

Notes: _____

God's Word: The Bible is called God's Word, or the Scriptures. The Word is also used in John 1 as the name for Jesus Christ.

Notes: _____

Dictionary continued ...

Holy: Perfect and without sin.

Notes: _____

Redeemed: Purchased. Jesus is our Redeemer because He fully paid for our sins. All who believe in Him belong to Him and are free from the punishment of sin.

Notes: _____

Saved: Rescued. Jesus is the Savior who rescues us from a life without God by taking the punishment for our sins. When Jesus saves us, our souls live forever close with God.

Notes: _____

Sin: Doing wrong in God's eyes.

Notes: _____

Spiritual Gifts

Prophecy: The ability to see what is right and wrong in God's eyes, and speak that truth to others.

Serving: The ability to see the needs of others and provide for them by doing something.

Teaching: The ability to explain the truth found in God's Word so that others can understand it.

Encouraging: The ability to challenge and inspire others to be their very best for God.

Giving: The ability to joyfully share with others the resources of time, talents, and money that God gives.

Leading: The ability to lead and organize others for God's work.

Showing Mercy: the ability to feel deeply the pain of others and care for their hurts.

Notes: _____

Tithing: Giving one tenth (a tithe) of one's earnings as an offering to the Church.

Notes: _____



The Lord's Prayer and Bible Memory Verses

The Lord's Prayer

Matthew 6:9-13 (NIV) with the doxology

Our Father in heaven,
hallowed be Your name,
Your kingdom come,
Your will be done, on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one.
For Yours is the kingdom
and the power
and the glory forever
Amen.

Bible Memory Verses

"For I know the plans I have for you," declares the Lord,
"plans to prosper you and not to harm you,
plans to give you hope and a future.
Then you will call on Me and come and pray to Me,
and I will listen to you.
You will seek Me and find Me
when you seek Me with all your heart."
Jeremiah 29:11-13 (NIV)



Song Lyrics

Follow Me (Matthew 16:24, 4:19)

(Sheet music, song & track available at ResourceWell.org)

If anyone would come after Me, he must deny himself and take up his cross.
If anyone would come after Me, he must deny himself and take up his cross and follow Me.

Follow Me, come follow Me. And I will make you fishers of men. (2x.)

(Repeat from the beginning.)

Come follow, come follow. Come follow, come follow. Come follow Me!

I Will Listen (Genesis 28:15)

(Sheet music, song & track available at ResourceWell.org)

God speaks to me through ev'ry rainbow that I see.
He speaks to me through Bible stories that I read.
He speaks to me through ev'ryone who cares for me and I will listen to the Lord.
I will listen to what God, the Lord will say. (3x.)
I will listen to the Lord.

(Repeat from the beginning.)

I will listen to what God, the Lord will say. (3x.)
I will listen to the Lord. I will listen to the Lord. I will listen to the Lord.

You Will Seek Me (Jeremiah 29:11-14)

(Sheet music, song & track available at ResourceWell.org)

You will seek Me and you will find Me, when you seek Me with all your heart.
You will seek Me and you will find Me, when you seek Me with all your heart.
For I know the plans I have for you declares the Lord.
Plans to prosper you and not to harm you, to give you hope and a future.
Then you will call on Me and come and pray to Me.
And I will listen to you.

(Repeat from the beginning.)

You will seek Me and you will find Me, when you seek Me with all your heart. (2x.)

Song Lyrics continued ...

Search Me, O God (Psalm 139:23-24)

(Sheet music, song & track available at ResourceWell.org)

Search me, O God and know my heart; search me, O God and know my heart.
Search me, O God and know my heart; search me, O God.

Test me and know my anxious thoughts; test me and know my anxious thoughts.
Test me and know my anxious thoughts; test me, O God.
See if there is any offensive way in me.
And lead me in the way; lead me in the way everlasting, everlasting.

Search me, O God and know my heart; search me, O God and know my heart.
Search me, O God and know my heart; search me, O God.

Test me and know my anxious thoughts; test me and know my anxious thoughts.
Test me and know my anxious thoughts; test me, O God.
See if there is any offensive way in me.
And lead me in the way; lead me in the way, everlasting, everlasting, everlasting.
Come search my heart. Come search my heart. Come search my heart.

He Who Began A Good Work by Steve Green

He who began a good work in you
He who began a good work in you
Will be faithful to complete it
He'll be faithful to complete it
He who started the work will be faithful to complete it in you

If the struggle you're facing is slowly replacing your hope with despair
Or the process is long and you're losing your song in the night
You can be sure that the Lord has His hand on you
Safe and secure, He will never abandon you
You are His treasure and He finds His pleasure in you

Song Lyrics continued ...

Thy Word by Amy Grant

Thy word is a lamp unto my feet and a light unto my path. (2x.)
When I feel afraid, and think I've lost my way. Still, you're there right beside me.
Nothing will I fear as long as you are near. Please be near me to the end.

Thy word is a lamp unto my feet and a light unto my path. (2x.)
I will not forget Your love for me and yet, my heart forever is wandering.
Jesus by my guide, and hold me to your side, and I will love you to the end.
Nothing will I fear as long as you are near; please be near me to the end.

Thy word is a lamp unto my feet and a light unto my path. (2x.)
And a light unto my path. You're the light unto my path.

Our Father by Jared Anderson, Don Poythress

Verse 1

Our Father in heaven, hallowed be Your name.
Your children in worship, give You the highest praise.
Our lives are changed in Your presence. We pray today, Lord, have Your way.

On earth as it is in heaven, on earth as it is in heaven, come down, come down. (2x.)

Verse 2

Our Father in heaven, you give us what we need
Forgive our transgressions and set your people free
Our lives are changed in Your presence. We pray today, Lord, have Your way.

On earth as it is in heaven, on earth as it is in heaven, come down, come down. (2x.)
Thine is the kingdom, and the power, and the glory forever and ever. (2x.)

On earth as it is in heaven, on earth as it is in heaven, come down, come down. (2x.)
Thine is the kingdom, and the power, and the glory forever and ever. (2x.)
Amen

Song Lyrics continued ...

Tuombe Mungu (Swahili translation: Let us pray to God)

(Sheet music, song & track available at ResourceWell.org)

Tuombe Mungu. (Let us pray to God.)
Baba yetu mbinguni (Our Father in heaven,)
Ufalme wako uje. (Your kingdom come.)
Kutoa ajili yetu. (Provide for us.)
Utusamehe. (Forgive us.)
Utuokoe. (Protect us.)
Amina. Amina. (Amen.)
Tuombe Mungu! Tuombe Mungu! Tuombe Mungu! Tuombe Mungu!

Verse 1

Our Father in heaven, Our Father in heaven,
Hallowed be Your name. Hallowed be Your name.
Our Father in heaven, Our Father in heaven,
Hallowed be Your name. Hallowed be Your name.
Your kingdom come, Your kingdom come,
Your will be done, Your will be done
On earth as in heaven. On earth as in heaven.
Tuombe Mungu! Tuombe Mungu!

Chorus

Tuombe Mungu! Let us pray to the Father. Tuombe Mungu! Pray the words of the Son.
Tuombe Mungu! Let us pray in the Spirit. Let us pray as one.

Interlude: Tuombe Mungu! Tuombe Mungu!

Verse 2

Give us now our daily bread. Give us now our daily bread.
Forgive us as we forgive. Forgive us as we forgive.
Lead us not into temptation. Lead us not into temptation.
Deliver us. Deliver us.

Chorus

Verse 3

For Yours is the kingdom. For Yours is the kingdom.
Yours is the power. Yours is the power.
Yours is the glory. Yours is the glory.
Forever and ever! Forever and ever!

Chorus

Closing: Tuombe Mungu! Tuombe Mungu! Tuombe Mungu! Tuombe Mungu!



Daily Steps Session 1: Reading the Bible

This week, your young disciple will be reading various Bible passages. Look for ways to encourage him or her to use the Daily Steps Journal as a way to grow closer to God.



Day 1 Read Psalm 119:10-18.

What does it mean to you to "hide God's Word in your heart"? _____

How might you best explain that to your young disciple? _____

When has remembering a certain Bible story or Bible verse kept you from sinning against God? _____

In Verse 13, the phrase "recount Your law" means to tell of God's laws and of His decisions. To see God's most important law, read Matthew 22:37.

Psalm 119:16 says, "I will not neglect Your Word." List some ways we neglect God's Word.

Take a moment now to ask God to help you and your student each hide His Word in your hearts and not neglect it.



Day 2 Read Deuteronomy 6:5-9.

In this week's session, we learned "write it on your foreheads" refers to an ancient custom of the Jewish people who would write a scripture on a tiny scroll. They would put it in a locket that was placed on their foreheads to remind them of God's Word all day long.

What are some examples you can give your young disciple of ways to apply this passage today? _____

What are some ways that you can apply this passage to your own life? _____

What examples can you give your young disciple of loving God with all one's heart? _____

With all one's soul? _____

With all one's mind? _____



Day 3 Read 2 Peter 1:16-21.

In verses 16-18, what did Peter say they has seen as eyewitnesses to the life of Jesus? _____

What did Peter say was most important to understand about the prophecies in the Bible? _____

The Bible is called God's Word because it was written by people whose words were inspired by Him. From time to time, you or people you know (like your young disciple) may wonder if the Bible is actually from God or if it is just a collection of made up stories. You may have doubts about whether or not the teachings, stories, or prophecies are true. If you have questions or doubts, write them here, or use this space to write the questions or doubts your young disciple or others have about the Bible.

Reassure your young disciple that God understands when we have doubts, and that God is not angry with us for having questions or doubts. God wants us to search for truth! Knowing that the Bible is true does not come through our own understanding; it comes as a gift from God. This week, ask God to show you truth about Himself and about the Bible. Read Paul's words of thankfulness for those who the way God's Word is at work in those who believe. Read 1 Thessalonians 2:13.



Day 4 Read 2 Timothy 3:16-17.

In your own words, explain 2 Timothy 3:16-17. _____

What good works do you believe God has prepared you to do? _____

Describe a time when knowing what the Bible says has helped you to do a good work. _____

How might you express this to your young disciple? _____



Day 5 Read Hebrews 4:12.

Why do you think God wants us to read the Bible? _____

What does this verse say that the Word of God judges? _____

What does that mean to you? _____

The writer of Hebrews says the Word of God is "alive and active". Because it is alive and active, each time you read it, it will have more meaning, and will often connect to something that is happening in your life. It can be as if God is speaking to you personally in your current situation. How would you express this characteristic of God's Word to your young disciple? _____

A double-edged sword is sharp on both edges; it can cut the enemy but it can also cut the one who is holding it. To say something is "like a double-edged sword" means it can have both favorable and unfavorable consequences. For example, God's Word can encourage you when others sin against you but it also can also point out your own sin. It can show us the truth about God and about ourselves. Sometimes the truth about our thoughts and attitudes is good news and sometimes it is not!

When has God's word showed you something about your thoughts or your attitudes that you had never before realized about yourself? _____



Day 6 Read Psalm 119:18.

Describe something wonderful God has shown you in the Bible recently. _____

Starting or resuming or redesigning a daily habit of reading the Bible takes planning. Currently, what is the best time and place in your day to take 15 minutes for reading the Bible each day? _____

In this week's Daily Steps, your young disciple has been challenged to begin his or her habit of reading the Bible by reading a few verses from the book of John each day, and using the questions on the Young Disciples Bible Bookmark as a personal guide. Pray that God will give you insight and wisdom in guiding your young disciple with practical support, realistic expectations, and positive consistent encouragement in developing this habit in a way that is sustainable for someone with his or her personality, learning style, and life style.

Find time this week to talk with your young disciple about any challenges he or she may be facing in reading the Bible on a regular basis. (Your young disciple may need a reading partner, so be prepared to invest and participate in some way to help your young disciple meet his or her challenges.) List a few ideas of ways you might encourage your young disciple on an ongoing basis to develop the habit of daily Bible reading?

What has God been showing you this week ...

about Himself? _____

about your young disciple? _____

about yourself? _____



Moving Forward

Things to remember about your young disciple:

Ideas for building your relationship with your young disciple:

Ideas for encouraging spiritual growth with your young disciple:



Daily Steps Session 2: Praying

This week, your young disciple will be reading various Bible passages. Look for ways to encourage him or her to use the Daily Steps Journal as a way to grow closer to God.



Day 1 Read Matthew 6:9

Jesus greeted God the Father with praise by praying, "Our Father in heaven, hallowed be Your name." "Hallowed" is another word for holy. Holy means pure, right and perfect in every way. It is good to start our prayer to God with a greeting of praise as Jesus did. Choose an attribute of God (good, loving, all powerful, merciful, etc.) that has been especially meaningful to you recently. Meditate on this attribute of God throughout your day, as God brings it to your mind.

Prayer is a conversation with God. Like every good conversation, we spend some of the time listening, and some of the time talking. In the same way, in our conversation with God, we spend some time listening and some time talking. Use the Lord's Prayer each day as your guide for a conversation with God. After each part of the prayer, pause and just wait for God to guide your thoughts. He may want to show you something about Himself, others or yourself. He might just want you to wait with Him for a moment before you continue the prayer.

How might you describe to your young disciple what it means to personalize each phrase of the Lord's Prayer (using the Lord's Prayer as a prayer guide)? _____



Day 2 Read Matthew 6:19.

God's kingdom is made up of all who trust in Jesus as their Lord and Savior. What do you think it means for His kingdom to come here on earth as it is in heaven? _____

Read 1 Thessalonians 5:12-17. Paul describes God's will for our lives as followers of Christ. Use this space to summarize these verses in your own words. _____

Read Mark 14:33-36.

When we trust God, we want His will to be done, instead of our own will. Just before the soldiers came to arrest Jesus, we read He was upset and troubled. He prayed and asked God to not let this time of dying on the cross happen to Him. But Jesus knew God's will to save the world was more important than His desires. He prayed for God's will to be done. What example from your own life might you give to your young disciple to illustrate the concept of wanting God's will to be done more than you want your own will? _____



Day 3 Read Matthew 6:11.

Matthew 6:11 can guide your prayer for the needs of others and for your own needs. Make a list here of what you and others truly need today.

Find time this week to talk with your young disciple about your experience with the many ways God has answered prayer. Talk about specific times when God answered his or her prayer just as they hoped He would. Discuss times when God did not answer a prayer in the way they hoped He would.

Look for opportunities to encourage your young disciple to remember that in times when we are disappointed in God's answer, we can trust in His goodness and His love for everyone He has made. God always answers our prayers. Sometimes His answer is "yes," sometime it is "no," and sometimes His answer is "not yet."

When you pray for the needs of others today, ask God to help your young disciple to trust God's goodness and His answers to our prayers.



Day 4 Read Matthew 6:12.

Most Bible versions translate Matthew 6:12 using the word debt and debtors. Over the years, when praying The Lord's Prayer, the church has chosen different wording for this verse, using "trespasses" or "sins" in place of "debts". All three wordings (debts, trespasses, and sins) point to owing or wronging someone, and they each require forgiveness.

Read the promise in 1 John 1:9.

Take a moment now to ask God to bring to your mind any ways you have sinned against Him or others. Ask Him to forgive you and He will do it!

Read Matthew 6:14-15. Jesus' teaching here is clear. If there is someone in your life that you have not forgiven, take a moment now to ask God to help you do that.

How can forgiving others help you better understand God's forgiveness? _____

When you show true forgiveness to someone who has sinned against you, how might that help them understand God's forgiveness? _____



Day 5 Read Matthew 6:13.

In this world, there will always be temptations. Being tempted to sin is not a sin. Sin is making the choice to give in to a temptation to sin. What are some temptations to sin that are particularly difficult for you to resist? What are some ways God might lead you away from these temptations?

For encouragement when you face temptation, read 1 Corinthians 10:13 and Psalm 50:15.

When we ask God to deliver us from evil, we are asking Him to rescue us from the harm that comes from evil, and to free us from any evil desires or influences in our lives. God can deliver us because He is more powerful than any force of evil. Take a moment to ask God to lead you away from anything that is tempting you lately, and to free you from any evil that may be in your life now.



Day 6 Read 1 Chronicles 29:11.

These words of praise from King David are very similar to the closing words of praise the church added to the Lord's Prayer. Write this verse in your own words.

Why do you think the church chose to add the closing praise (doxology) to the end of the Lord's Prayer? _____

Ask God to show you a good time in your day to establish a quiet moment for prayer. You might consider adding a time of prayer at the close of your Bible reading time, or you may prefer to pray in the morning before you begin your day, or in the evening before you sleep. Perhaps you prefer to meet with a friend or loved one to pray on a regular basis. You can use the Lord's Prayer as a guide to your daily prayer time. After each line of the prayer, add a similar prayer that relates to your life that day.

Create a prayer request list of the needs of others. You can pray using specific details or simply lift up the names of those in need to God. Ask God to lead you in how He wants you to pray.

What has God been showing you this week ...

about Himself? _____

about your young disciple? _____

about yourself? _____



Moving Forward

Things to remember about your young disciple:

Ideas for building your relationship with your young disciple:

Ideas for encouraging spiritual growth with your young disciple:



Daily Steps Session 3: Living Generously

This week, your young disciple will be reading various Bible passages. Look for ways to encourage him or her to use the Daily Steps Journal as a way to grow closer to God.



Day 1 2 Corinthians 9:6.

What connection do you make between the sowing generously and giving generously?

In our last session, we discussed four types of gifts from God that we can give generously to others: love, money, time and treasures. Circle the gift(s) you are already giving generously to others.

Love Money Time Treasures

Read 2 Corinthians 9:7-8. Why do you think God want us to decide in our hearts what we should give? _____

Why might making your own decision about giving generously help you to be a cheerful giver? _____

Write verse 8 in your own words here: _____

King David and the Israelites gave generous offerings to God for the building of the temple. Read 1 Chronicles 29:14 to learn what King David prayed when the offerings were given. How might remembering that everything belongs to God help you to give more generously?

How might you describe to your young disciple what it means from your own experience to be a cheerful giver. _____



Day 2 Read Colossians 3:12-14

God wants us to be generous with everything He has given us, including His love. Paul lists the virtues necessary to love others generously. Loving generously means to love unconditionally instead of withholding love. It means bearing with one another, even when it is inconvenient or difficult. Fill in the lines below to explore your current strengths and weaknesses in loving others generously.

A situation in which ...

you've shown compassion: _____

you need God's help to be more compassionate: _____

you've shown kindness: _____

you need God's help to be more kind: _____

you've shown humility: _____

you need God's help to be more humble: _____

you've shown gentleness: _____

you need God's help to be more gentle: _____

you've shown patience: _____

you need God's help to show more patience: _____

you've been tolerant of someone (bearing with each other): _____

you need God's help to be more tolerant of someone: _____

you've forgiven someone: _____

you need God's help to be more forgiving: _____

How would you explain being generous in loving others to your young disciple? _____

Ask God to help you take the next step in being more generous with your love.



Day 3 Read Malachi 3:10.

In Bible times, farmers would bring ten percent of the grain they harvested into the temple storehouse. There it would be used to feed the Levites (temple workers) and their families. Since then tithing has continued to be a powerful way that God brings us closer to Him.

Read Malachi 3:10. God wants us to tithe and to be generous with our money. He even invites us to test Him to see if He will bless us when we tithe. These may be blessings of encouragement, restored relationships, protection, wisdom, strength, health, provision, etc. Have you ever received some kind of blessing from giving generously to the church or to others? _____

Tithing is an act of worship, trust and obedience. Through it, God blesses us and brings us closer to Him. When our heart tells us to give additional offerings to those in need, God will bless us then as well! Reread that promise in 2 Corinthians 9:8.

Ask God to help you take the next step in being more generous with your finances. Next steps might include giving more consistently, tithing, or giving offerings above your tithe. Pray for your young disciple to be generous with his or her money.



Day 4 Read 1 Timothy 6:12-19.

Today, think of ways to be generous with the time God has given you. It takes time to do any good deed. List five good deeds you can do for someone. Pray for God to guide you in doing these good deeds. _____

When you spend your time doing good deeds for others, what does 1 Timothy 6:19 say you will be laying up for yourself for the coming age? _____

Ask God to help you take the next step in being more generous with your time. Next steps might include making more time for praying with others, looking for opportunities to serve others, or investing time in building relationship with others, including your young disciples.



Day 5 Read Acts 4:32-35.

Our treasures may be something we own or a favorite activity. What is a treasure to you?

What did the people in the first church do with their treasured possessions?

Earthly treasures will not last forever. The treasures that last forever are the moments we have loved God with all our heart and when we have loved others as we love ourselves. List examples of some of the eternal treasures (good deeds) found in Acts 4:32-34.

Read Matthew 6:20-21. What are some ways you have stored up treasures in heaven by being generous in doing good deeds for others? _____

What do you think is the meaning of Matthew 6:21? _____

Ask God to help you take the next step in being more generous with your treasures.



Day 6 Read 2 Corinthians 9:12-15.

What's the easiest way for you to be generous (love, money, time, or treasures)? _____

What does the Bible say is the result that comes from our generosity? _____

Write your thanks to God for the way someone was generous to you, _____

What has God been showing you this week ...

about Himself? _____

about your young disciple? _____

about yourself? _____



Moving Forward

Things to remember about your young disciple:

Ideas for building your relationship with your young disciple:

Ideas for encouraging spiritual growth with your young disciple:



Daily Steps Session 4: Serving Others

This week, your young disciple will be reading various Bible passages. Look for ways to encourage him or her to use the Daily Steps Journal as a way to grow closer to God.



Day 1 Romans 12:6-8.

Describe in your own words each of the seven spiritual gifts listed in Romans 12:6-8.

Prophesying: _____

Serving: _____

Teaching: _____

Encouraging: _____

Giving: _____

Leading: _____

Showing Mercy: _____

Write your name to the left of the gift below that best describes how God has gifted you to serve others. Write your young disciple's name to the right of the gift you believe best describes how God has gifted him or her.

Mentor

Young Disciple

Prophesying

Serving

Teaching

Encouraging

Giving

Leading

Showing Mercy



Day 2 Read 1 Corinthians 13:1-7.

Our spiritual gifts and our good deeds are nothing without love. On the line next to each sentence below, write what you could do, or stop doing, to show that kind of love as you serve.

Love is patient. _____

Love is kind. _____

Love does not envy. _____

Love does not boast; it is not proud. _____

Love does not dishonor others. _____

Love is not selfish. _____

Love it is not easily angered. _____

Love keeps no record of wrongs. _____

Love does not delight in evil but rejoices with the truth. _____

Love always protects. _____

Love always trusts. _____

Love always hopes. _____

Love never gives up. _____

Circle one (or more) of the above sentences that present the greatest challenge for you when you are serving others.

Which sentence do you think would be the most challenging for your young disciple as he or she serves others? _____

How would you explain serving with love to your young disciple? _____



Day 3 Read Psalm 139:1-4.

Our personalities influence and impact the way we serve others. God designed your personality and that of your young disciple.

Use positive terms to list some of your personality traits.

Use positive terms to describe some of your young disciple's personality traits. _____

God cares about our thoughts and feelings and He cares about what is important to us. What are some things that are most important to your young disciple?

God often uses our passions to show us how He wants us to serve others. For example, if your passion is sports, God may lead you to serve those who are connected to sports. If your passion is helping the poor, God may lead you to serve in a ministry to the poor. Pray for God to make you aware of opportunities for your young disciple to serve in ways that best suit his or her personality, passions, and gifts. Over time, as you see these opportunities, be sure to share them with your young disciple, and encourage him or her to serve in that way, if possible.



Day 4 Read Psalm 139:13-16.

God made you just as you are on purpose. Take a few minutes now to praise God for the way He creates us to be different from one another, yet equally special in His eyes.

God has already planned all the days of your life. He uses your life experiences to prepare you for serving others. How you might explain this concept to your young disciple? Give examples from your own life in age-appropriate terms.

Read Ephesians 2:10. According to this verse, what did God create us to do? _____

How might you use this verse to encourage your young disciple? _____



Day 5 Read Matthew 25:31-46.

What do you think is the main point of this parable? _____

How do you think serving others is connected to serving Jesus? _____

What is one specific way you might use this parable to encourage your young disciple regarding the eternal value of his or her serving others?



Day 6 Read Matthew 5:16.

How might you explain the meaning of this passage to your young disciple? _____

When we can use our gifts and talents, most of us enjoy serving. But we are also called to serve others at times when those talents and gifts are not needed. It is important that you teach and demonstrate to your young disciple that we don't pass by those in need just because we are not specifically gifted to meet that need.

Serving others can sometimes be an overwhelming challenge. Whenever God presents an opportunity, be sure to encourage your young disciple that we must simply do what we can, with what we have, where we are, no matter the need.

What has God been showing you this week ...

about Himself? _____

about your young disciple? _____

about yourself? _____



Moving Forward

Things to remember about your young disciple:

Ideas for building your relationship with your young disciple:

Ideas for encouraging spiritual growth with your young disciple:



Daily Steps Session 5: Being in Community

This week, your young disciple will be reading various Bible passages. Look for ways to encourage him or her to use the Daily Steps Journal as a way to grow closer to God.



Day 1 Read Matthew 18:19-20.

How might you explain the meaning of Matthew 18:20 to your young disciple?

God designed us to be in community with other people. Living as disciples of Jesus requires being in community with His believers. All over the world, the Church (people who believe in Jesus) gathers in communities. We come together as a community because we belong to Jesus and He has promised to be with us.

Why do you think it is important to be in a community with others? _____

Who are some of the people in your young disciple's group or community? _____



Day 2 Read 1 Corinthians 13:4-7.

The love described in 1 Corinthians 13 comes from Jesus and His Spirit in us. Next to each sentence below, write an example of how you can demonstrate or describe that kind of love to your young disciple.

Love is patient. _____

Love is kind. _____

Love does not envy. _____

Love does not boast; it is not proud. _____

Love does not dishonor others. _____

Love is not selfish. _____

Love it is not easily angered. _____

Love keeps no record of wrongs. _____

Love does not delight in evil but rejoices with the truth. _____

Love always protects. _____

Love always trusts. _____

Love always hopes. _____

Love never gives up. _____



Day 3 Read Acts 2:42-47.

List the four things in Acts 2:42 that the first community of believers did as a group.

1. _____
2. _____
3. _____
4. _____

What might be different about your life if you were in a community where people sold their possessions and gave to anyone that had need?

Describe a modern day version of the community described in Acts 2:42-47.



Day 4 Read Ephesians 5:19-20.

How might you explain the meaning of this passage to your young disciple? _____

What are you and your community thankful for?



Day 5 Read Colossians 3:12-17.

Describe a time when you had to bear with someone during a time when he or she was being difficult?

To “forgive whatever grievances you have against one another” is to forgive the complaints you are holding against someone. Who is someone you are holding a complaint against, or someone who has wronged you?

Ask God to help you bear with that person and forgive your complaint against them.

Make time to talk with your young disciple about bearing with one another and forgiving one another. Discuss relationships where these two things are a challenge for your young disciple.



Day 6 Read John 13:34-35.

According to Jesus, what does the community of believers loving one another show to all people?

What has God been showing you this week ...

about Himself? _____

about your young disciple? _____

about yourself? _____



Moving Forward

Things to remember about your young disciple:

Ideas for building your relationship with your young disciple:

Ideas for encouraging spiritual growth in your young disciple:



Daily Steps Session 6: Worshiping

Review of Young Disciples Step 2

This week, your young disciple will be reading multiple Bible passages. Look for ways to encourage him or her to use the Daily Steps Journal as a way to grow closer to God.



Day 1 Reading the Bible

There are many things that we can do to help us grow closer to God and others. The first is reading the Bible. God wants us to meditate on His Word for several reasons: to allow the Holy Spirit to keep it in our hearts to encourage us when we are sad, tired, discouraged, or alone; to keep us from sinning against God and one another; and most importantly, to show us how to love God and others.

God wants us to think about His Word every day. Read Deuteronomy 6:5-9. Write this in your own words.

Read Psalm 119:18. Make it your prayer for your young disciple today.



Day 2 Praying

Praying is the way we communicate with God, so it's an important part of a disciple's daily life. God calls us to pray. Jesus teaches us how to pray. Read Matthew 6:5-15.

"Our Father in heaven, hallowed be Your name."

Write an attribute of God that you think is especially meaningful to your young disciple by finishing this sentence: God, You are _____

"Your kingdom come."

God's kingdom comes when we put Him first above everything. Complete this prayer: God, show my young disciple how to put You first when he or she is _____

"Your will be done on earth as it is in heaven."

We need God to guide us in making choices that are pleasing to His will. Complete this prayer: God, guide my young disciple in his or her choices about _____

"Give us this day our daily bread."

God, knows our true needs each day. List some of the needs of your young disciple.

"Forgive us our debts as we forgive our debtors."

Pray: We each have sinned today by what we have done or what we have left undone. Ask God to help your young disciple to receive God's forgiveness and to forgive others.

"Lead us not into temptation."

Complete this sentence prayer: Protect my young disciple from being tempted to _____

"Deliver us from the evil one."

God protects us from Satan's attacks that make us feel discouraged or left out. Complete this sentence: Protect my young disciple from _____

Commit to pray for your young disciple on a regular basis. What is the best way for you to remember to pray for him or her? _____



Day 3 Living Generously

Living generously involves giving to others. God wants us to live generously not only by giving our money to the church, but also by giving our love, our money, our time and our treasures as the disciples did in the early church.

Read Acts 4:32-35.

How can you be more generous with your time, giving more of your time to others including your young disciple? _____

How can you be more generous with your talents, using them to point others to God? _____

How can you be more generous with your treasures, giving more of your money and possessions to others? _____

Read Malachi 3:10. Why do you think God wants us to give so generously to the church? _____



Day 4 Serving Others

Read Romans 12:6-8. Write the name of someone you know next to the spiritual gift that you see them using to serve others.

Serving: _____

Teaching: _____

Encouraging: _____

Giving: _____

Leading: _____

Showing Mercy: _____

Seeing and speaking God's truth (prophesying): _____

Ask God to provide multiple opportunities to encourage your young disciple to develop his or her spiritual gift.

Read Matthew 5:16. In your own words, explain the reason Jesus wants us to do good deeds? _____

Look for opportunities to serve others together with your young disciple.



Day 5 Being in Community

God designed us to be in a community. Read the command Jesus gave His followers in John 13:34-35. How would you explain this scripture to your young disciple? _____

After Jesus returned to heaven, His followers obeyed that command and grew as a strong community of believers. Read Acts 2:42-47. How would you describe this community to your young disciple? _____

Living as a disciple of Jesus requires being in a community of His believers. Ask God to bless your young disciple with a community of believers in which he or she will love others, feel loved, grow, serve, and bring glory to God. How might you express to your young disciple the importance of being in community? _____



Day 6 Worshiping

Read Psalm 100. We worship God with music and singing. We are also worshiping Him whenever we are reading the Bible, praying, living generously, serving, or sharing our stories about our lives with God.

To worship God is to show Him that we love Him. We do that by obeying His commands. Read the greatest commandments from Jesus in Luke 10:27:

“Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind”; and, “Love your neighbor as yourself.”

You have now completed Young Disciples Step 2 as a mentor for your young disciple. During this experience, what new thing did you learn about God? _____

What new thing did you learn about your young disciple? _____

What new thing did you learn about yourself? _____

Ask God to show your young disciple how these classes and the Daily Steps take-home devotionals can help him or her to live every day as a disciple of Jesus. Remind your young disciple to start each day with a prayer asking Jesus, “How can I worship You today?” Encourage your young disciple to look for ways God will answer that prayer!



Moving Forward

Things to remember about your young disciple:

Ideas for building your relationship with your young disciple:

Ideas for encouraging spiritual growth in your young disciple:
