



Living as a Disciple

Step 2

Student's Journal

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Living as a Disciple Step 2 Student's Journal

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Introduction

Welcome to Young Disciples Step 2. In this course, you and your mentor will explore what it means to live as a disciple of Christ.

A disciple is someone who follows Christ. No matter what age you are or how much you know about Jesus, if you want to follow Him, you will need encouragement, friendship, and guidance along the way. That's why God put us all together in the family of God—the Church. We are to love Him, to love one another, and to reach out to help others follow Him.

In Young Disciples Step 2, you will learn more about what means to live as a disciple of Christ, including what God has taught us about reading the Bible, prayer, living generously, serving others, living in community, and worshiping Him. At the conclusion of Step 2, you and your mentor will be invited to celebrate communion together.

In this journal, you will find a daily devotional called Daily Steps. Each day of the week, you will be reading a Bible passage and answering the questions in your Daily Steps devotional for that day. Bring your journal to each class so we can discuss some of our answers together. The journal contains a dictionary to help you understand some of the words of our faith. It also includes the Lord's Prayer, our Bible Memory Verse for this study, and the lyrics to several Bible Memory Verse Songs and worship songs.

It is our prayer that your experience with Young Disciples Step 2 will help you for years to come in your journey as a disciple of Christ!



Student's Responsibilities

Please read the following statements, and provide your signature and the date below:

- I will attend each session if I am able.
- During each week, I will complete the Daily Steps in my Student's Journal.
- I will bring my Student's Journal and my Bible to each class.
- I will make every effort to attend the communion celebration at the conclusion of Step 2.
- I will pray that God might use Step 2 class time and the Daily Steps to help me grow closer to Him.
- I will look for opportunities to make positive changes in my life as I learn more about what it means to become a disciple of Christ.

Student's Signature: _____

Name of your Mentor: _____

Today's Date: _____



Communion Celebration

At the conclusion of Young Disciples Step 2, all students, mentors and their families will be invited to participate in communion together. Details will be provided by your class facilitator.

Next Steps

After you have completed Young Disciples Step 2, pray for God to guide your next steps. Consider the suggestions below and explore other ideas as God leads you.

Suggestions:

- Commit to a daily habit of spending time with God. It may be a time of prayer, reading your Bible, thinking about God, singing to Him, drawing a picture about your feelings about Him, talking with others about Him or a combination of any of these things. Be creative and do your best to do it every day!
- Ask God how you can serve Him, serve others, and love the people God has placed in your life.
- Remember to talk with your mentor often to discuss the good things that happen in your life as well as the challenges you face along the way as a young disciple of Christ.
- Sign up for Young Disciples Step 3!



Dictionary

Baptism: The sprinkling or immersion of a believer in water. Going under the water and coming up stands for the death, burial, and resurrection of Jesus. It also stands for the way new believers have died to their old ways and now have a new identity as a follower of Christ.

Notes: _____

Body of Christ: The entire group (past, present and future) of all who follow Christ. Each member of the body of Christ is different, yet important to the whole body.

Notes: _____

Born again: The transformation that occurs when we choose to follow Jesus. We are given a second birth as a new creation - changed from a person who lives and dies apart from God, to a child of God who will live forever close with God.

Notes: _____

The Church: The entire group (past, present and future) of all who follow Christ. The Church is also known as the body of Christ, the Bride of Christ, and God's family.

Notes: _____

Christian: A follower of Christ, also known as a disciple, believer, or saint.

Notes: _____

Communion: A holy meal of bread that stands for the body of Christ, and juice or wine that stands for the blood of Christ. Believers share this holy meal often to remember how Jesus gave His life (His body and His blood) to save us.

Notes: _____

Disciple: A follower of Christ also known as a Christian, believer, or saint.

Notes: _____

Fasting: Going without food. Believers sometimes fast when they pray to help them focus on God and to come closer to Him.

Notes: _____

God's family: The entire group (past, present, and future) of all who follow Christ. All who follow Christ are adopted by God as His own children.

Notes: _____

God's Word: The Bible is called God's Word, or the Scriptures. The Word is also used in John 1 as the name for Jesus Christ.

Notes: _____

Dictionary continued ...

Holy: Perfect and without sin.

Notes: _____

Redeemed: Purchased. Jesus is our Redeemer because He fully paid for our sins. All who believe in Him belong to Him and are free from the punishment of sin.

Notes: _____

Saved: Rescued. Jesus is the Savior who rescues us from a life without God by taking the punishment for our sins. When Jesus saves us, our souls live forever close with God.

Notes: _____

Sin: Doing wrong in God's eyes.

Notes: _____

Spiritual Gifts

Prophesying: The ability to see what is right and wrong in God's eyes, and speak that truth to others.

Serving: The ability to see the needs of others and provide for them by doing something.

Teaching: The ability to explain the truth found in God's Word so that others can understand it.

Encouraging: The ability to challenge and inspire others to be their very best for God.

Giving: The ability to joyfully share with others the resources of time, talents, and money that God gives.

Leading: The ability to lead and organize others for God's work.

Showing Mercy: the ability to feel deeply the pain of others and care for their hurts.

Notes: _____

Tithing: Giving one tenth (a tithe) of one's earnings as an offering to the Church.

Notes: _____



The Lord's Prayer and Bible Memory Verses

The Lord's Prayer

Matthew 6:9-13 with the doxology

Our Father in heaven,
hallowed be Your name,
Your kingdom come,
Your will be done, on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one.
For Yours is the kingdom
and the power
and the glory forever.
Amen.

Bible Memory Verses

"For I know the plans I have for you," declares the Lord,
"plans to prosper you and not to harm you,
plans to give you hope and a future.
Then you will call on Me and come and pray to Me,
and I will listen to you.
You will seek Me and find Me
when you seek Me with all your heart."
Jeremiah 29:11-13 (NIV)



Song Lyrics

Follow Me (Matthew 16:24, 4:19)

(Sheet music, song & track available at ResourceWell.org)

If anyone would come after Me, he must deny himself and take up his cross.
If anyone would come after Me, he must deny himself and take up his cross and follow Me.

Follow Me, come follow Me. And I will make you fishers of men. (2x.)

(Repeat from the beginning.)

Come follow, come follow. Come follow, come follow. Come follow Me!

I Will Listen (Genesis 28:15)

(Sheet music, song & track available at ResourceWell.org)

God speaks to me through ev'ry rainbow that I see.
He speaks to me through Bible stories that I read.
He speaks to me through ev'ryone who cares for me and I will listen to the Lord.
I will listen to what God, the Lord will say. (3x.)
I will listen to the Lord.

(Repeat from the beginning.)

I will listen to what God, the Lord will say. (3x.)

I will listen to the Lord. I will listen to the Lord. I will listen to the Lord.

You Will Seek Me (Jeremiah 29:11-14)

(Sheet music, song & track available at ResourceWell.org)

You will seek Me and you will find Me, when you seek Me with all your heart.
You will seek Me and you will find Me, when you seek Me with all your heart.
For I know the plans I have for you declares the Lord.
Plans to prosper you and not to harm you, to give you hope and a future.
Then you will call on Me and come and pray to Me.
And I will listen to you.

(Repeat from the beginning.)

You will seek Me and you will find Me, when you seek Me with all your heart. (2x.)

Song Lyrics continued ...

Search Me, O God (Psalm 139:23-24)

(Sheet music, song & track available at ResourceWell.org)

Search me, O God and know my heart; search me, O God and know my heart.
Search me, O God and know my heart; search me, O God.

Test me and know my anxious thoughts; test me and know my anxious thoughts.
Test me and know my anxious thoughts; test me, O God.
See if there is any offensive way in me.
And lead me in the way; lead me in the way everlasting, everlasting.

Search me, O God and know my heart; search me, O God and know my heart.
Search me, O God and know my heart; search me, O God.

Test me and know my anxious thoughts; test me and know my anxious thoughts.
Test me and know my anxious thoughts; test me, O God.
See if there is any offensive way in me.
And lead me in the way; lead me in the way, everlasting, everlasting, everlasting.
Come search my heart. Come search my heart. Come search my heart.

He Who Began A Good Work by Steve Green

He who began a good work in you
He who began a good work in you
Will be faithful to complete it
He'll be faithful to complete it
He who started the work will be faithful to complete it in you

If the struggle you're facing is slowly replacing your hope with despair
Or the process is long and you're losing your song in the night
You can be sure that the Lord has His hand on you
Safe and secure, He will never abandon you
You are His treasure and He finds His pleasure in you

Song Lyrics continued ...

Thy Word by Amy Grant

Thy word is a lamp unto my feet and a light unto my path. (2x.)
When I feel afraid, and think I've lost my way. Still, you're there right beside me.
Nothing will I fear as long as you are near. Please be near me to the end.

Thy word is a lamp unto my feet and a light unto my path. (2x.)
I will not forget Your love for me and yet, my heart forever is wandering.
Jesus by my guide, and hold me to your side, and I will love you to the end.
Nothing will I fear as long as you are near; please be near me to the end.

Thy word is a lamp unto my feet and a light unto my path. (2x.)
And a light unto my path. You're the light unto my path.

Our Father by Jared Anderson, Don Poythress

Verse 1

Our Father in heaven, hallowed be Your name.
Your children in worship, give You the highest praise.
Our lives are changed in Your presence. We pray today, Lord, have Your way.

On earth as it is in heaven, on earth as it is in heaven, come down, come down. (2x.)

Verse 2

Our Father in heaven, you give us what we need
Forgive our transgressions and set your people free
Our lives are changed in Your presence. We pray today, Lord, have Your way.

On earth as it is in heaven, on earth as it is in heaven, come down, come down. (2x.)
Thine is the kingdom, and the power, and the glory forever and ever. (2x.)

On earth as it is in heaven, on earth as it is in heaven, come down, come down. (2x.)
Thine is the kingdom, and the power, and the glory forever and ever. (2x.)
Amen

Song Lyrics continued ...

Tuombe Mungu (Swahili translation: Let us pray to God)

(Sheet music, song & track available at ResourceWell.org)

Tuombe Mungu. (Let us pray to God.)
Baba yetu mbinguni (Our Father in heaven,)
Ufalme wako uje. (Your kingdom come.)
Kutoa ajili yetu. (Provide for us.)
Utusamehe. (Forgive us.)
Utuokoe. (Protect us.)
Amina. Amina. (Amen.)
Tuombe Mungu! Tuombe Mungu! Tuombe Mungu! Tuombe Mungu!

Verse 1

Our Father in heaven, Our Father in heaven,
Hallowed be Your name. Hallowed be Your name.
Our Father in heaven, Our Father in heaven,
Hallowed be Your name. Hallowed be Your name.
Your kingdom come, Your kingdom come,
Your will be done, Your will be done
On earth as in heaven. On earth as in heaven.
Tuombe Mungu! Tuombe Mungu!

Chorus

Tuombe Mungu! Let us pray to the Father. Tuombe Mungu! Pray the words of the Son.
Tuombe Mungu! Let us pray in the Spirit. Let us pray as one.

Interlude: Tuombe Mungu! Tuombe Mungu!

Verse 2

Give us now our daily bread. Give us now our daily bread.
Forgive us as we forgive. Forgive us as we forgive.
Lead us not into temptation. Lead us not into temptation.
Deliver us. Deliver us.

Chorus

Verse 3

For Yours is the kingdom. For Yours is the kingdom.
Yours is the power. Yours is the power.
Yours is the glory. Yours is the glory.
Forever and ever! Forever and ever!

Chorus

Closing: Tuombe Mungu! Tuombe Mungu! Tuombe Mungu! Tuombe Mungu!



Daily Steps Session 1: Reading the Bible



Day 1 Read Psalm 119:10-16.

What does it mean to you to “hide God’s Word in your heart”? _____

How do you think hiding God’s Word in your heart might keep you from sinning against God?

In Verse 13, the phrase “recount Your law” means to tell of God’s laws and of His decisions. In Matthew 22:37, Jesus said that God’s most important law is “Love the Lord your God with all your heart and with all your soul and with all your mind.”

Who can you tell about God’s most important law? _____

Verse 16 says, “I will not neglect Your Word.” To neglect something is to not pay attention to it. List some ways we neglect God’s Word. _____

Take a moment now to ask God to help you hide His Word in your heart and to not neglect it.



Day 2 Read Deuteronomy 6:5-9.

Use your own words to explain the commandment in Deuteronomy 6:5-9.

In this week's session, we learned that "write it on your foreheads" refers to an ancient custom of the Jewish people who would write a scripture on a tiny scroll. They would put it in a locket that was placed on their foreheads to remind them of God's Word all day long. What are some ways you can keep God's Word close to your heart?

List a few examples of ways that you can love the Lord with all your heart, with all your soul, with all your strength? _____



Day 3 Read 2 Peter 1:16-21.

In verses 16-18, what did Peter say they had seen as eyewitnesses to the life of Jesus? _____

Prophecies are true promises about future events. What did Peter say was most important to understand about the prophecies in the Bible? _____

The Bible is written by people whose words were inspired by God. That's why it's called God's Word. From time to time, you or others in your life may wonder if it is actually from God, or if it is just a collection of stories made up by people. You may have doubts about whether or not the teachings, stories, or prophecies are true. If you are wondering about these things, write your questions or doubts in the space below, or use this space to write the questions or doubts your friends or family members have about the Bible.

God understands when you have doubts, He is not angry with you for having questions or doubts. God wants you to search for truth! Knowing that the Bible is true does not come through our own understanding; it comes as a gift from God. Start a new habit during your daily Bible reading by praying that God will show you truth about Himself and about the Bible. Read Paul's words of thankfulness for the way God's Word is at work in those who believe. Read 1 Thessalonians 2:13.



Day 4 Read 2 Timothy 3:16-17.

In your own words, explain 2 Timothy 3:16-17. _____

How might knowing God's Word prepare you to do deeds that are good in God's eyes?

Describe a time when knowing what the Bible says has helped you to do a good deed.



Day 5 Read Hebrews 4:12.

Why do you think God wants us to read the Bible? _____

What does this verse say that the word of God judges? _____

What does that mean to you? _____

The writer of Hebrews says the Word of God is “alive and active”. Because it is alive and active, each time you read it, it will have more meaning and will often connect to something that is happening in your life. It can be as if God is speaking to you personally in your current situation. Each time you reread a Bible verse, ask God to show you something new from His living Word! If you have ever read a Bible verse or a Bible story that seemed to connect directly to something going on in your life, draw a picture about it, or write about it here. _____

A double-edged sword has a blade that is sharp on both edges, so it can cut the enemy but can also cut the one who is holding it. To say that something is “like a double-edged sword” means that it can have both favorable and unfavorable consequences. For example, God’s Word can encourage you when others sin against you, but it also can also point out your own sin. God’s Word is even sharper than a double-edged sword. It can show us the truth about God and about ourselves. Sometimes the truth about our thoughts and attitudes is good news, and sometimes it is not!

When has God’s word showed you something about your thoughts or your attitudes that you had never before realized about yourself? _____



Day 6 Read Psalm 119:18.

Use your own words or draw a picture to show something wonderful God has shown you in the Bible this week. _____

Starting a daily habit of reading the Bible takes planning. What is the best time in your day to take 15 minutes for reading the Bible each day? _____

Where is a quiet place for you to read the Bible each day? _____

The book of John is a good place to start your habit of Bible reading. Begin now by reading with John 1:1-5. Ask yourself the questions below.

What happened in the story? _____

Who are the people in the story? _____

How would I feel if I were them? _____

What is God showing me about Himself? _____

What is God showing me about me? _____

What is God showing me about others? _____

As you continue through the book of John, here is one suggestion for how to divide the first chapter into daily readings:

Day 1: Read John 1:1-5.	Day 2: Read John 1: 6-8.	Day 3: Read John 1:9-13.
Day 4: Read John 1:14-15.	Day 5: Read John 1:16-18.	Day 6: Begin Chapter 2.

Continue reading a few verses each day until you have read the whole book of John. Each day, read just a few verses or as much as you like! If you don't enjoy reading by yourself, ask your mentor, a friend, or family member to read with you.



Daily Steps Session 2: Praying



Day 1 Read Matthew 6:9.

Jesus greeted God the Father with praise by praying, "Our Father in heaven, hallowed be Your name." "Hallowed" is another word for holy. Holy means pure, right and perfect in every way. Write Matthew 6:9 in your own words. _____

Prayer is a conversation with God. Like every good conversation, we spend some of the time listening, and some of the time talking. In the same way, in our conversation with God, we spend some time listening and some time talking. Use the Lord's Prayer each day as your guide for a conversation with God. After each part of the prayer, pause and just wait for God to guide your thoughts. He may want to show you something about Himself, others or yourself. He might just want you to wait with Him for a moment before you continue the prayer.

It is good to start our prayer to God with a greeting of praise as Jesus did. Use this space to write a few other greetings of praise. _____

In your own words, tell God how great He is, or draw a picture of something about God that makes you want to praise Him. _____



Day 2 Read Matthew 6:19.

God's kingdom is made up of all who trust in Jesus as their Lord and Savior. What do you think His kingdom looks like in heaven? _____

Do you think God's kingdom includes angels? ☐ Yes ☐ No

Do you think God's kingdom includes believers that lived long ago? ☐ Yes ☐ No

Do you think God's kingdom includes family who are now in heaven? ☐ Yes ☐ No?

What do you think the part of His kingdom that is still on earth looks like? _____

Does God's kingdom include members of the church all over the world? ☐ Yes ☐ No

Does God's kingdom include children? ☐ Yes ☐ No

Does God's kingdom include people of all nations, all races, and all ages? ☐ Yes ☐ No

Imagine or draw a picture of His kingdom in heaven and here on earth.

God's will is whatever He wants to be done. When we trust God, we want His will to be done, instead of ours. This is because we know that He is all knowing, all wise, and all powerful. Most importantly, we know that God is good, so we can trust His perfect will, even in times when it is very hard for us.

Just before the soldiers came to arrest Him, Jesus was upset and troubled. He prayed asking God to not let this time of dying on the cross happen to Him. But Jesus knew God's will to save the world was more important than Jesus' own needs. He prayed for God's will to be done. Read Mark 14:33-36, and put it into your own words. _____

Give an example of how something that God wants is more important for the whole world than something you want for yourself. _____

Take a moment now to tell God why His will being done is important to you.



Day 3 Read Matthew 6:11.

Matthew 6:11 can guide your prayer for the needs of others and for your own needs. You might ask God to give food to someone who has no money for food. You might pray for the needs of those who need healing, friendship, wisdom, patience, or any other needs that God brings to your mind.

What is the difference between things we want and things we truly need? _____

Make a list here of what you and others truly need today. Then take a moment to ask God to provide for those needs. _____

Have you ever felt God did not answer your prayer the way you hoped He would?

☐ Yes ☐ No. If so, how did you feel about that? _____

When this happens to you, even though you may be very disappointed, remember that God is good, and He always answers prayer. Sometimes His answer is "yes." Sometime it is "no", and sometimes His answer is "not yet." You can ask Him to help you trust His answers!



Day 4 Read Matthew 6:12.

Most Bible versions translate Matthew 6:12 using the word debt and debtors. Over the years, when praying The Lord's Prayer, the church has chosen different wording for this verse, using "trespasses" or "sins" in place of "debts". All three wordings (debts, trespasses, and sins) point to owing or wronging someone, and they each require forgiveness.

In your own words, explain the meaning of the prayer in Matthew 6:12. _____

Is there something you've done that you think would be impossible for God to forgive?

Read the promise in 1 John 1:9.

Take a moment now to ask God to bring to your mind any ways you have sinned against Him or others. Ask Him to forgive you and He will do it!

Read Matthew 6:14-15. When has it been hard for you to forgive someone? _____

If there is someone in your life that you have not forgiven, take a moment now to ask God to help you do that.

How can forgiving others help you understand God's forgiveness? _____



Day 5

Read Matthew 6:13.

Temptation is the desire or wish for something that is bad or wrong in God's eyes. What are some wrong choices or wrong thinking that tempt you? _____

What are some ways God might lead you away from these temptations? _____

For encouragement when you face temptation, read 1 Corinthians 10:13 and Psalm 50:15.

When we ask God to deliver us from evil, we are asking Him to rescue us from harm and to free us from any evil desires or influences in our lives. God is more powerful than any evil force.

Take a moment to ask God to lead you away from anything that is tempting you lately, and to free you from any evil that may be in your life now.



Day 6 Read 1 Chronicles 29:11.

These words of praise from King David are very similar to the closing words of praise the church added to the Lord's Prayer. Write this verse in your own words. _____

Why do you think the church chose to add the closing praise (doxology) to the end of the Lord's Prayer? _____

Starting a daily habit of prayer takes planning.

What is the best time in your day to take 15 minutes for prayer each day? _____

Where is a quiet place for you to pray each day? _____

This week use the Lord's Prayer as a guide to your daily prayer. After each line of the prayer, add a similar prayer that relate to your life that day.

Create a prayer request list of the needs of others, Be sure to pray for each situation on the list as you pray the Lord's Prayer.

Prayer requests:



Daily Steps Session 3: Living Generously



Day 1 Read 2 Corinthians 9:6.

The farmer who sows or plants many seeds will grow and harvest many plants. Paul uses this example to show us that when we give generously, we will receive generously. God gives us four types of gifts that we can give generously to others: love, money, time and treasures. Circle the gift(s) you are already giving generously to others.

Love Money Time Treasures

Read 2 Corinthians 9:7-8. Why do you think God want us to decide in our hearts what we should give? _____

Why might making your own decision about giving generously help you to be a cheerful giver? _____

Write verse 8 in your own words here. _____

King David and the Israelites gave generous offerings to God for the building of the temple. Read 1 Chronicles 29:14 to learn what King David prayed when the offerings were given. Why is it important to remember that everything comes from God? _____

How might remembering that help you give more generously? _____



Day 2

God wants us to be generous with everything He has given us, including His love. What do you think it means to give God's love generously to others? _____

Read Colossians 3:12-14 to see how Paul described loving others generously. Write the meaning of each word in the spaces below. You may use a dictionary or ask your mentor. Then give an example of a time when someone showed you these virtues.

Compassion

Meaning: _____

Example: _____

Kindness

Meaning: _____

Example: _____

Humility

Meaning: _____

Example: _____

Gentleness

Meaning: _____

Example: _____

Patience

Meaning: _____

Example: _____

Bear with each other

Meaning: _____

Example: _____

Forgive one another

Meaning: _____

Example: _____



Day 3

Today, think about ways you can be generous with the money God has given you. One way is to give a tithe to the church. That means to give ____% of the money you earn. Do you have a way to earn money? If so, you can tithe by giving 10% of that money to your church. If not, you simply wait to tithe until you have some money.

In Bible times, farmers would bring ten percent of the grain they harvested into the temple storehouse. There it would be used to feed the Levites (temple workers) and their families. Since then tithing has continued to be a powerful way that God brings us closer to Him.

Read Malachi 3:10. God wants us to tithe and to be generous with our money. He even invites us to test Him to see if He will bless us when we tithe. List 4 ways God has blessed you.

1. _____
2. _____
3. _____
4. _____

Have you ever received a blessing from giving generously to the church or to others? _____

Tithing is an act of worship, trust and obedience. Through it, God blesses us and brings us closer to Him. When our heart tells us to give additional offerings to those in need, God will bless us then as well! Reread that promise in 2 Corinthians 9:8.



Day 4 Read 1 Timothy 6:12-19.

Today, think of ways to be generous with the time God has given you. It takes time to do any good deed. Doing good deeds requires being generous with your time. List 4 good deeds you can do. Pray for God to guide you in doing them.

1. _____ 2. _____

3. _____ 4. _____

When you spend your time doing good deeds for others, what does 1 Timothy 6:19 say you will be laying up for yourself for the coming age? _____



Day 5 Read Acts 4:32-35.

Today, think about ways to be generous with the treasures God has given you. Treasures are the possessions that are very important to us. Some people might treasure a special collection, while others might treasure a certain toy, book, or a favorite snack. Our treasures can even be our favorite sport, hobby or activity. What is a treasure to you? _____

What does Acts 4:32-35 say the people in the first church did with their treasured possessions?

When we go to heaven, we will not take any treasured possessions with us. The physical things on earth we have treasured will not last forever. The treasures that last forever are the moments when we have loved God with all our heart, and when we have loved others as we love ourselves. List two of the treasures (good deeds) that will last forever found in Acts 4:32-34.

Read Matthew 6:20-21. What are some ways you have stored up treasures in heaven by being generous with your time to do good deeds for others? _____

What do you think is the meaning of Matthew 6:21? _____



Day 6 Read 2 Corinthians 9:12-15.

What's the easiest way for you to be generous (love, money, time, or treasures)? _____

What does the Bible say is the result that comes from our generosity? _____

Use this space to write your thanks to God for the way someone was generous to you, or to draw a picture of their generous act on a separate piece of paper as an offering of thanks to God. _____



Daily Steps Session 4: Serving Others



Day 1 Read Romans 12:6-8.

Use the dictionary in your Young Disciples Journal and all you learned in Young Disciples class to describe in your own words each of the seven spiritual gifts listed in Romans 12:6-8.

Prophesying: _____

Serving: _____

Teaching: _____

Encouraging: _____

Giving: _____

Leading: _____

Showing Mercy: _____

Circle the spiritual gift below that best describes how God has gifted you to serve others:

Prophesying (Seeing and speaking God's truth)

Serving

Teaching

Encouraging

Giving

Leading

Showing Mercy (Kindness)



Day 2 Read 1 Corinthians 13:1-7.

Our spiritual gifts and our good deeds are nothing without love. On the line next to each sentence below, write what you could do, or stop doing, to show that kind of love as you serve.

Love is patient. _____

Love is kind. _____

Love does not envy. _____

Love does not boast; it is not proud. _____

Love does not dishonor others. _____

Love is not selfish. _____

Love it is not easily angered. _____

Love keeps no record of wrongs. _____

Love does not delight in evil but rejoices with the truth. _____

Love always protects. _____

Love always trusts. _____

Love always hopes. _____

Love never gives up. _____

Circle the sentence above that challenges you most when you are serving others.



Day 3 Read Psalm 139:1-4.

God created you and chose your personality. Personality is the way we usually act, think, or feel about things. Our personalities can be described in many ways, including positive words like bold, outgoing, quiet, cautious, friendly, creative, determined, caring, practical, or energetic. Use positive words to describe your personality here.

God cares about our thoughts and feelings and He cares about what is important to us. What are some things that are most important to you?

God often uses the things that are important to us to show us how He wants us to serve others. For example, if sports are important to you, God may lead you to serve those who are connected to sports. If helping the poor is important to you, God may lead you to serve in a ministry to the poor. What are some ways you could serve others that are connected to the things that are important to you?



Day 4 Read Psalm 139:13-16.

God made you just as you are on purpose. Take a few minutes now to praise God for the way He created us to be different from one another, yet equally special in His eyes.

God has already planned all the days of your life. He knows all about your life, including the good times and the hard times you have already had. God will use all that happens in your life to point others to Him and He will use these things to help you serve others.

Write about a hard time in your life that God could use to help you serve others.

Write about a good time in your life that God could use to help you serve others.

Read Ephesians 2:10. According to this verse, what did God create us to do?

What do you think might be one of the good deeds God has already prepared for you to do?



Day 5

Read Matthew 25:31-46.

What do you think is the main point of this parable? _____

How do you think serving others is connected to serving Jesus? _____



Day 6 Read Matthew 5:16.

In your own words, write the meaning of Matthew 5:16. _____

Give one example of how someone saw your good deed and then gave God the credit or praise for it.

When we can use our gifts and talents, most of us enjoy serving. But we are also called to serve others in moments when those talents and gifts are not needed. We must simply do what we can, with what we have, where we are, no matter the need.

What has God showed you this week about serving others?



Daily Steps Session 5: Being in Community



Day 1 Read Matthew 18:19-20.

A community is a group of people who have something in common. God designed us to be in a community. Living as disciples of Jesus requires being in a community of His believers. All over the world, the Church (people who believe in Jesus) gathers in communities. We come together as a community because we belong to Jesus and He has promised to be with us.

Why do you think it is important to be in a community with others? _____

Who are some of the people in your group or community? _____



Day 2 Read 1 Corinthians 13:4-7.

The love described in 1 Corinthians 13 comes from Jesus and His Spirit in us. Next to each sentence below, write an example of how someone in your community showed you that kind of love or how you showed that kind of love to someone else.

Love is patient. _____

Love is kind. _____

Love does not envy. _____

Love does not boast; it is not proud. _____

Love does not dishonor others. _____

Love is not selfish. _____

Love it is not easily angered. _____

Love keeps no record of wrongs. _____

Love does not delight in evil but rejoices with the truth. _____

Love always protects. _____

Love always trusts. _____

Love always hopes. _____

Love never gives up. _____



Day 3 Read Acts 2:42-47.

List the four things in Acts 2:42 that the first community of believers did as a group.

1. _____
2. _____
3. _____
4. _____

What might be different about your life if you were in a community where people sold their possessions and gave to anyone that had need?

In the space below, write Acts 2:42-47 in your own words.

Circle your favorite things above about the life described in that community.



Day 4 Read Ephesians 5:19-20.

What are some of your favorite songs about God? _____

Why do you think it is important that a community sing songs of praise to one another with joyful hearts and give thanks to God for everything?

What are you and your community thankful for? _____



Day 5 Read Colossians 3:12-17.

To “bear with one another” means to put up with or to endure whatever happens. When have you had to bear with someone during a time when he or she was being difficult?

A grievance is a complaint or injustice. To “forgive whatever grievances you have against one another” is to forgive the complaints you are holding against someone. Who is someone you are holding a complaint against or someone who has wronged you?

Ask God to help you bear with that person and forgive your complaint against them.

Describe how your life might be different if you never spent any time focused on grievances or complaints against others?



Day 6 Read John 13:34-35.

Jesus gave a new command to His followers in John 13:34-35. Write it in your own words.

According to Jesus, what does a community of believers loving one another show to all people? _____

What new thing did you learn about yourself this week? _____



Daily Steps Session 6: Worshiping

Review of Young Disciples Step 2



Day 1 Reading the Bible

There are many things we can do to grow closer to God and others. One thing we can do is read the Bible. God wants us to meditate on (think about) His Word for several reasons:

- To allow the Holy Spirit to keep it in our hearts for encouragement when we are sad, tired, discouraged, or feeling alone
- To keep us from sinning against God and one another
- Most importantly, to show us how to love God and others

God wants us to think about His Word every day. Read Deuteronomy 6:5-9. Write this scripture in your own words.

Read Psalm 119:18 aloud as your prayer for today.



Day 2 Praying

Praying is how we communicate with God, so it is an important part of a disciple's daily life. God calls us to pray and Jesus teaches us how to pray. Read Matthew 6:5-15.

“Our Father in heaven, hallowed be Your name.” Write a favorite quality you love about God by finishing this sentence: God, You are _____

“Your kingdom come.” God's kingdom comes when we put Him first above everything. Complete this prayer: God, show me how to put You first when I am _____

“Your will be done on earth as it is in heaven.” We need God to guide us in making choices that are pleasing to His will. Complete this sentence prayer: God, guide me in my choices about _____

“Give us this day our daily bread.” God knows our true needs. Use this space to list some needs of your friends, family, and needs for yourself. _____

“Forgive us our debts as we forgive our debtors.” We each have sinned today by what we have done or what we have left undone. Complete this sentence prayer: Lord, forgive me for _____

Help me to forgive _____ for sinning against me.

“Lead us not into temptation.” Complete this sentence prayer: Protect me from being tempted to _____

“Deliver us from the evil one.” God protects us from Satan's attacks that make us feel discouraged or left out. Complete this sentence: Protect me from _____

Since the early church gatherings, believers have closed the prayer Jesus gave us with words from 1 Chronicles 29:11. Read it and put it into your own words. _____



Day 3 Living Generously

Living generously involves giving to others. God wants us to live generously, not only by giving our money to the church but also by giving our love, our money, our time, and our treasures to others as the disciples did in the early church. Read Acts 4:32-35.

How can you be more generous with your time, giving more of your time to others? _____

How can you be more generous with your talents, using them to point others to God? _____

How can you be more generous with your treasures, giving more of your money and possessions to others? _____

Read Malachi 3:10. Why do you think God wants us to give so generously to the church?



Day 4 Serving Others

Read Romans 12:6-8. Write the name of someone you know next to the spiritual gift that you see them using to serve others.

Serving: _____

Teaching: _____

Encouraging: _____

Giving: _____

Leading: _____

Showing Mercy: _____

Seeing and speaking God's truth (prophesying): _____

God will use all that happens in your life to point others to Him and He will use these things to help you serve others. Read Ephesians 2:10. According to this verse, what did God create us to do? _____

Read Matthew 5:16. In your own words, explain why Jesus wants us to do good deeds. _____



Day 5 Being in Community

We talked about how a community is a group of people that have something in common. God designed us to be in a community. Read the command Jesus gave His followers in John 13:34-35. Write it here in your own words. _____

After Jesus returned to heaven, His followers obeyed this command and grew as a strong community of believers. Read Acts 2:42-47.



Day 6 Worshiping

Read Psalm 100. We worship God with music and singing. We are also worshiping Him when we read the Bible, pray, live generously, serve, or share our stories about our lives with God.

To worship God is to show Him that we love Him. We do that by obeying His commands. Read the greatest commandments from Jesus in Luke 10:27:

“Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind”; and, ‘Love your neighbor as yourself.’”

You have now completed Young Disciples Step 2. Congratulations!!!

What new thing did you learn about God?

What new thing did you learn about others? _____

What new thing did you learn about yourself? _____

Ask God to show you how these classes and the Daily Steps take-home devotionals can help you to live every day as a disciple of Jesus. Start each day with a brief prayer asking Jesus, “How can I worship You today?” Look for His answer, and watch how He will use your life to point others toward Him.