

Be a P.A.L.

In Acts 9:36-42, Peter was a P.A.L. for Tabitha.
He PRAYED for her.
He ASKED her to "Get up."
He LENT her a hand to help her up.

_____ needs a P.A.L. this week.
(Write someone's name.)

Check any way you plan to be P.A.L. to that person this week.

- Pray: I'll pray to God about helping someone.
- Ask: I'll ask someone to trust God and take action.
- Lend a hand: I'll help someone who needs me.

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