

# PAUL'S PONDER PAGE

Philippians 4:8

"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is praiseworthy or excellent—think about these things."

## DIRECTIONS:

1. Read word and definition of each word aloud.
2. Discuss how it connects with an example from the story of Paul and Silas in prison found in Acts 16:22-34.
3. Brainstorm ideas for personal examples on reverse side.

### **TRUE: a real fact**

Example: Jesus saves us.

"Believe in the Lord Jesus, and you will be saved." Acts 16:31

### **NOBLE: respectable, showing good character**

Example: Putting others first—Paul stayed in prison to save the jailer.

"But Paul shouted, 'Don't harm yourself! We are all here!'" Acts 16:28

### **RIGHT: fair and good in God's eyes**

Example: Making a godly choice—Paul stayed in prison to save the jailer.

"But Paul shouted, 'Don't harm yourself! We are all here!'" Acts 16:28

### **PURE: without sin, clean in God's eyes**

Example: The jailer and his family were baptized with water as a sign that Jesus makes our hearts clean.

"...immediately, he and all his family were baptized." Acts 16:33

### **LOVELY: beautiful, pleasing**

Example: Singing hymns (praise songs).

"Paul and Silas were praying and singing hymns to God." Acts 16:25

### **ADMIRABLE: deserving to be admired, respected**

Example: Praising God in hard times.

"Paul and Silas were praying and singing hymns to God." Acts 16:25

### **PRAISEWORTHY or EXCELLENT: deserving praise, terrific,**

Example: God's miracles.

"Suddenly there was such a violent earthquake...the prison doors flew open, and everybody's chains came loose." Acts 16:26

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## DIRECTIONS:

1. Review definitions and examples located on reverse side.
2. On blank provided, write an example of something that reminds you of that word.

**SOMETHING TRUE:** \_\_\_\_\_

**SOMETHING NOBLE:** \_\_\_\_\_

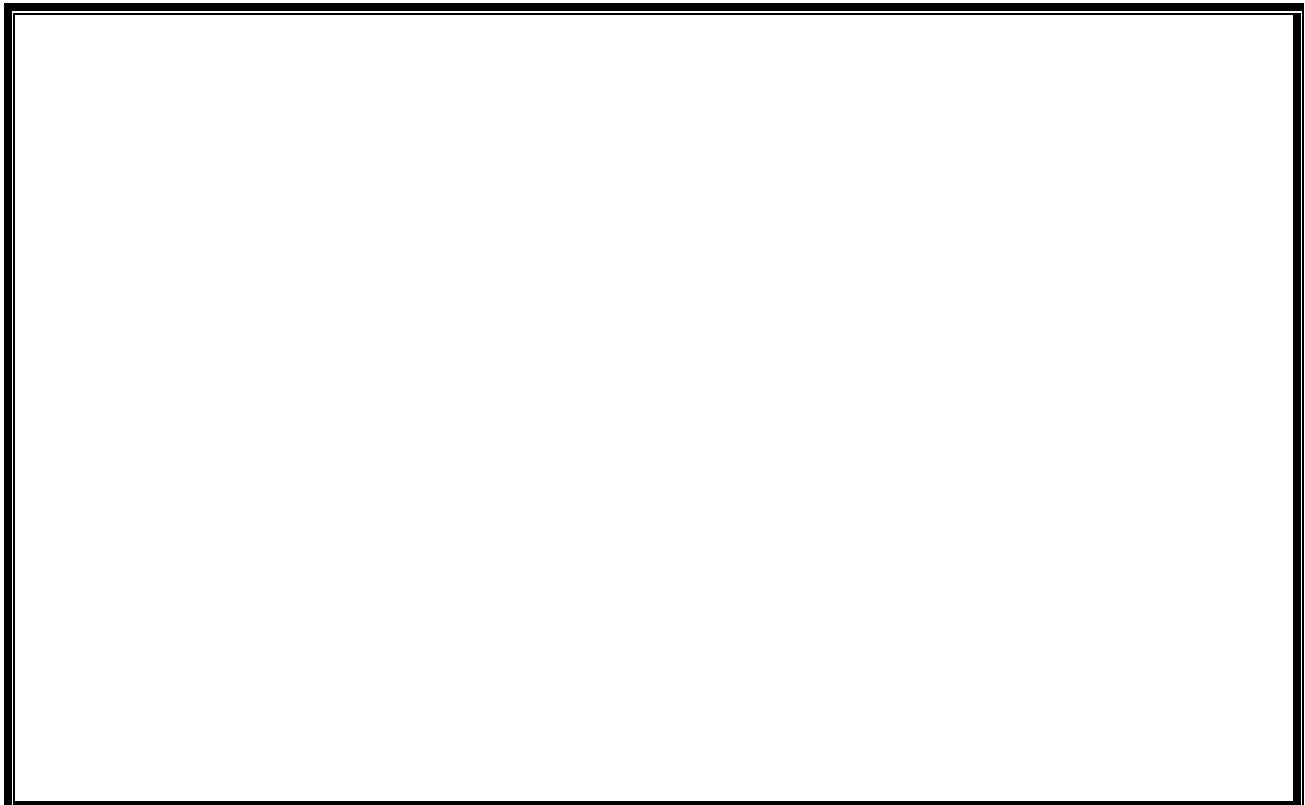
**SOMETHING RIGHT:** \_\_\_\_\_

**SOMETHING PURE:** \_\_\_\_\_

**SOMETHING LOVELY:** \_\_\_\_\_

**SOMETHING ADMIRABLE:** \_\_\_\_\_

**SOMETHING PRAISEWORTHY OR EXCELLENT:** \_\_\_\_\_



In space above, attach photo or draw picture of something you like that is true, noble, right, pure, lovely, admirable, praiseworthy or excellent.