



A Letter About Helping Others

Lesson Aim: To love all people by doing good deeds.

THE WORSHIP

Who God Is: The Spirit Who Guides Us

THE WORD

New Testament Letters: Galatians 6:10

What He Has Done: God led Paul to write about helping others.

BIBLE MEMORY VERSE

"With God all things are possible." Matthew 19:26b

Unit 5: The Promise of Guidance			
	Bible Story	What He Has Done	Lesson Aim
22	A Letter About Love, 1 John 4:7a, 12	God led John to write about love.	To learn to love one another.
23	A Letter About Helping Others, Galatians 6:10	God led Paul to write about helping others.	To love all people by doing good deeds.
24	A Letter About Forgiveness of Sins, 1 John 1:8-9	God led John to write about the forgiveness of sins.	To know we all have done wrong and if we admit our wrongdoing to Jesus, He always forgives us.
25	A Letter About Forgiving Others, Ephesians 4:32	God led Paul to write about forgiving others.	To know we are to forgive others.
26	A Letter About Prayer, Philippians 4:4-6	God led Paul to write about having peace of mind.	To know we can pray to God when we are worried.
27	A Letter About Keeping Our Eyes on Jesus, Hebrews 12:1-3	God led the writer of Hebrews to write about focusing on Jesus.	To think of Jesus in all we say and do.

TEACHER'S ENCOURAGEMENT

This week, read Romans 12:4-8. Please join us in praying, "Thank You, Lord, for the body of Christ. Fill us with Your Spirit so the children understand the importance of uniting to serve others. Amen."

TEACHER'S TIP

Helping Others: Talk about how helping someone shows that person you care for them. Ask the children how they can help the people they know. Provide opportunities for them to help in the classroom and praise them when you see them doing good deeds.

Prophets & Promises Lessons 22-31 (Units 5-6) feature various letters of the New Testament. Replace the Treasure Chest with a mailbox to hold THE WELCOME stamp or sticker. In THE WORD, since the letters are not Bible stories, create interest and encourage involvement by placing the letter in a mailbox known as the "Special Delivery Mailbox." See THE WORD for more details.

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Segment	Minutes	Activity	Supplies
THE WELCOME	Up to 15	Welcome	Mailbox, stamp or sticker of a smiley face
		Coloring Center: A Letter About Helping Others	Coloring pages of children helping others, crayons
		Play-Dough Center: God's Family	Play-dough, cookie cutters, play-dough tools
		Puppet Center: Help Others	4 people puppets
		Letter Games	See GOT TIME?
	Up to 5	Prepare for Worship	None
THE WORSHIP	Up to 20	Worship Sheet music and recordings for Bible Memory Verse Songs available at ResourceWell.org. Additional Song Suggestions: "How Great Is Our God" "Jesus Loves Me"	Praise music, optional: musical instruments Unit 5 Bible Memory Verse Song: "With God All Things Are Possible" Other Bible Memory Verse Song Suggestions: "Be Still and Know" "Do Not Let Your Hearts Be Troubled" "Guide Me" "I Will Listen" "Love One Another" "Praise Time: Love the Lord Your God" "The Lord Is Faithful" "We Love"
		Offering	Baskets
		Worship Illustration	<i>The Adventures of Delbert and Lello</i> puppet script or storybook: Prophets & Promises Unit 5, Lesson 23
THE WORD	Up to 10	Watch the Word: Galatians 6:10	Visuals: Today's New Testament letter (available at ResourceWell.org), envelope, teacher's Bible, mailbox, large smiley face on sturdy paper circle or paper plate
THE WAY	Up to 25	Craft: "Helping Others" Card	Standard-size sheet of sturdy paper, glue or tape, crayons or markers, stamps, stickers, assorted craft decorations, optional: "Helping Others" card template (available at ResourceWell.org)
		Game: Jesus Loves All People	4-5 pictures of children of different races or cultures, picture of the earth, song: "Jesus Loves the Little Children"
		Game: "Do Good" Ball Roll	Inflatable world globe ball or beach ball
		Snack: Smiling Snack	Favorite snack
	Final 5	Final Five	Ponder, Pray & Play: Unit 5, Lesson 23
GOT TIME?	Up to 10	Games: Letter Games	Today's New Testament letter in an envelope, Bible, mailbox
	Up to 10	Game: Circle Verse	None
	Up to 10	Game: Bible Memory Verse Hop	Bible
	Up to 10	Story Time	Any story about doing good to all people

RESOURCES: Supplemental materials are available at ResourceWell.org.



The Spirit who guides us

THE WELCOME

WELCOME

Welcome each child as they arrive. **Hello _____. I'm glad you are here! Come open the mailbox to find today's special delivery.** Child opens the mailbox to receive a stamp or sticker of a smiley face. **Let this stamp (or sticker) of a smiley face remind you to do good to all people.**

Teacher's Note: These activity centers are designed to reinforce the lesson through hands-on learning experiences either individually or in small groups with the guidance of the teacher. Choose the Bible Activity Centers that best suit the children in your class. Set up the activity centers around the room before children arrive. Allow children to move freely among them.

COLORING CENTER: A LETTER ABOUT HELPING OTHERS

SUPPLIES

Coloring pages of children helping others, crayons

DO

Children color as they talk about today's lesson.

TALK ABOUT

What are the children in the picture doing? (Children respond.) **God loves when we help others. When we help others, we show them God's love and we show them we love them, too! What kinds of things do you do to help others?** (Children respond.)

PLAY-DOUGH CENTER: GOD'S FAMILY

SUPPLIES

Play-dough, cookie cutters, play-dough tools

DO

Children play with the play-dough while discussing who is in the family of God. Encourage children to make their family with the play-dough.

TALK ABOUT

Who is in your family at home? (Children respond.) **If you believe in Jesus, then you are also in God's family. God's family is all the people in the world who believe in Him! Even though we may not meet every person who believes in Jesus, we are still part of God's family. Would you like to meet children from God's family that live in other parts of the world?** (Children respond.)

THE WELCOME *continued...*

PUPPET CENTER: HELP OTHERS

SUPPLIES

4 people puppets

DO

Children act out situations where they can help others.

TALK ABOUT

Encourage children to use the puppets to role play situations where they help others. Some examples may include:

- A friend loses their favorite toy.
- Your sister (or brother) was playing outside and fell down.
- Your mother or father is working around the house.
- Your sister or brother is thirsty.

LETTER GAMES

SUPPLIES

Today's New Testament letter in an envelope, Bible, mailbox

DO

Play one of the Letter Games listed in GOT TIME?

TALK ABOUT

Use the letter games to help children understand the letters we are learning are found in the Bible and are God's letters to us.

PREPARE FOR WORSHIP

It's time for Praise Time. Let's sing a "Clean Up Song" as we put things away. Praise children as they help clean.

Clean up! Clean up! Everybody, everywhere!
Clean up! Clean up! Everybody do your share!

BIBLE MEMORY VERSE SIGN LANGUAGE

(For visual demonstrations, see www.signingsavvy.com)

"With God	(God) The open right hand, fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
all things	(all) Hold one hand, palm open, facing chest. The other hand circles around the first hand, coming back to touch the palm.
are possible."	(possible) Both fists move down in a repeated motion.
Matthew 19:26b	Hold hands open, as if holding a Bible.

Adding sign language or motions to the Bible Memory Verse helps children recall what they are learning.



The Spirit who guides us

THE WORSHIP

Supplies: Praise music, optional: musical instruments

Teacher Tip: To help children identify time set aside for worship, designate a special corner or area for singing, collecting offering, and watching the worship illustration. Play "Praise Time: Love the Lord Your God" as children move to that designated area.



It's Praise Time—our time to sing praise to the Holy Spirit who guides us. The Holy Spirit helps us do good to others. Let's pray and ask Him to help us do that. Have the children bow their heads and close their eyes. **Dear God, thank You for loving us. Help us to show our love to others by doing good things for them. Amen.**



The Holy Spirit will guide us in doing good to all people. Sing: "Guide Me."

We can do good by showing others how great God is. Let's sing about our great God! Sing: "Be Still and Know" while collecting the offering.



You are part of God's family. His family is filled with believers of all ages from around the world including children like you, teenagers, and grownups. Let's see if our new friend Posty has a letter for us about God's family. Perform *The Adventures of Delbert and Lello* puppet script or read storybook: Prophets & Promises Unit 5, Lesson 23.



With God's help we can do good to all people. Let's say our Bible Memory Verse together. Practice several times.

"With God

(God) The open right hand, fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.

all things

(all) Hold one hand, palm open, facing chest. The other hand circles around the first hand, coming back to touch the palm.

are possible."

(possible) Both fists move down in a repeated motion.

Matthew 19:26b

Hold hands open, as if holding a Bible.



Sing Unit 5 Bible Memory Verse Song, "With God All Things Are Possible."



Paul's letter says, "Do good to all people"

THE WORD

Supplies: Today's New Testament letter (available at ResourceWell.org), envelope, teacher's Bible, mailbox, large smiley face on sturdy paper circle or paper plate

Prepare: Today's New Testament letter is available at ResourceWell.org or you can create your own by writing the words in the box below on a piece of paper. Enclose the letter in an envelope and place it inside the teacher's Bible. Place the Bible in the mailbox used for THE WELCOME.

Before we begin our Bible Time, let's say our Classroom Promise with the motions.

With my eyes on my teacher;	Point to eyes.
My mouth quiet as can be,	Place index finger over mouth as quiet sign.
I will listen to hear,	Cup hand around ear.
How God loves you and me.	Hug self, point to others, and then self.

Let's reach deep in our pockets and pull out our listening ears. Reach in your pocket and cup your hands behind your ears as if listening.

How do you show you are happy? (Children respond.) **Who can show me your best happy face?** Encourage each child to smile. Tell them how nice it is to see them smile. **What kinds of things make you happy?** (Children respond.) With each suggestion, hold up the smiley face. **I like to make other people smile. What can you do that would make someone else smile?** (Children respond.) With each suggestion, hold up the smiley face.

Today, we have another special letter from the Bible. Who would like to open the Special Delivery Mailbox for this week's letter? Choose a child to open the mailbox, remove the Bible, and hand it to you. **This letter was written by Jesus' friend Paul. We can read it in the Bible in Galatians 6:10.** Read the letter.



Dear brothers and sisters,

Let us do good to all people, especially to those who belong to the family of believers.

Love,
Paul

God wants us to do good to all people because He loves everyone. When we help others, we show we love them and hopefully, we can make them smile.



Doing good to all people

THE WAY

Teacher Tip: Craft and games can be presented at the same time in different areas or one at a time depending on class size and teaching style.

CRAFT: "HELPING OTHERS" CARD

Purpose: To remind the children that Paul reminded us to do good to all people.

Supplies: Standard-size sheet of sturdy paper, glue or tape, crayons or markers, stamps, stickers, assorted craft decorations, optional: "Helping Others" card template (available at ResourceWell.org)

Prepare: Print the template available at ResourceWell.org onto sturdy paper or follow these directions to create your own "Helping Others" Card. Fold a standard-size sheet of sturdy paper in half to make a card. Print the following text on the front of the card:

God loves me. He loves you, too!

On the inside left side of the card, print:

**Do good to all people.
Galatians 6:10**

On the inside right side of the card, print:

What can I do for you today? Love, _____

Directions:

1. Help the child sign his or her name or initials on the inside of the card.
2. Color and decorate the card with stamps, stickers, and other assorted craft decorations.

Craft Discussion:

- **Who wrote the letter we read today?** (Paul.)
- **Who should we do good to?** (All people.)
- **Should we only do good to our own family or friends?** (No.)

THE WAY *continued...*

GAME: JESUS LOVES ALL PEOPLE

Purpose: For children to understand, Jesus loves children all around the world.

Supplies: 4-5 pictures of children of different races or cultures, picture of the earth, song: "Jesus Loves the Little Children"

Prepare: Hide the pictures around the play area in easy-to-find locations.

Directions:

1. Place the picture of the earth in the center of the play area.
2. Have children stand in a circle around the picture of the earth.
3. **Jesus wants us to do good to all people because He loves all people. He loves all the children of the world.**
4. **I have hidden pictures of some of the children who live around the world. Let's look for them. If you find one, bring it back and place the picture on the earth. Then, we will all gather together and sing about all the people Jesus loves.**
5. Have children search around the room for the hidden pictures.
6. When a child finds a picture, have them place it on the picture of the earth and ask the children to join back in the circle.
7. Sing "Jesus Loves the Little Children" while you lead the children in walking in a circle around the picture of the earth.
**Jesus loves the little children,
All the children of the world.
Red and yellow, black and white,
All are precious in His sight,
Jesus loves the little children of the world.**
8. Repeat steps 5-7 for each picture.

GAME: "DO GOOD" BALL ROLL

Purpose: Children will think of ways they do good to all people.

Supplies: Inflatable world globe ball or beach ball

We are in God's family. God's family is all the people in the world who believe in Him! We can do good to all people, especially those in God's family.

Directions:

1. Children sit (or stand) in a circle.
2. Roll (or toss) the ball to a child.
3. **What is something good God has helped you do for someone in your family?** (Child responds.)
4. After answering the question, the child with the ball rolls (or tosses) the ball to another child.
5. Continuing playing until each child has a turn.
6. If you have more time, ask children, **"What is something good God has helped you do for a friend?"**

THE WAY *continued...*

SNACK: SMILING SNACK

Purpose: Children will eat a snack as they think about doing good to all people.

Snack Suggestion: Favorite snack

Today, we are going to eat a favorite snack.

Directions:

1. Serve snack and drink.
2. **Let's sing the "Blessing Song."** Sing to the tune of "Frere Jacques" or another familiar tune.
**God our Father, God our Father. Once again, once again,
Thank You for our blessings. Thank You for our blessings. Amen. Amen.**
3. Pray. Lead discussion below while children enjoy their snack.
 - **I see you smiling while you enjoy your snack. What else makes you smile?** (Children respond.)
 - **When we do good for others, we may see them smile. How do you feel when someone smiles after you have helped them?** (Children respond.)
 - **What good thing could you do for your friend if he loses his toy?** (Help him find it. Share one of your toys with him.)
 - **What good thing could you do for your teacher if the classroom is messy?** (Help clean up, sweep, pick up.)
 - **What is one of your favorite ways of doing good for others?** (Children respond.)



When only 5 minutes remain, begin this segment.

FINAL FIVE MINUTES

BIBLE MEMORY VERSE

Gather children in a circle sitting or standing and practice the words and motions.

"With God	(God) The open right hand, fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
all things	(all) Hold one hand, palm open, facing chest. The other hand circles around the first hand, coming back to touch the palm.
are possible."	(possible) Both fists move down in a repeated motion.
Matthew 19:26b	Hold hands open, as if holding a Bible.

PRAY

Let's pray together. Say a closing prayer with the children.

PLAY

Allow children to play with selected toys or centers or choose a book to read to them.

DISMISSAL

Have children take home their coloring page, craft, and a copy of the Ponder, Pray & Play for 2-3's.



If time remains, choose from the connected activities below.

GOT TIME?

GAME: LETTER GAME #1

Purpose: Children play a hiding game using today's New Testament letter.

Supplies: Today's New Testament letter in an envelope, Bible, mailbox

Remove the Bible with today's New Testament letter from the mailbox used in THE WORD. Open the Bible in your lap with the New Testament letter laying on top. **God helped a man named John write a letter about love. We find it in the Bible. The letter guides us in how to love one another. Let's play a game of hiding the letter. When we find it, we will read the letter together.**

Directions:

1. Choose a child to hide the letter in the envelope.
2. While the other children close their eyes, assist that child in hiding the letter.
3. On your signal, the other children open their eyes and search for the letter.
4. The child who finds the letter opens the envelope and hands the letter to you.
5. Read today's letter to the children and put it back in the envelope.
6. Choose a different child to hide the letter and play again.

GAME: LETTER GAME #2

Purpose: Children play a variation of Duck, Duck, Goose using today's New Testament letter.

Supplies: Today's New Testament letter in an envelope, Bible, mailbox

Remove the Bible with today's New Testament letter from the mailbox used in THE WORD. Open the Bible in your lap with the New Testament letter lying on top. **God led John to write a letter to people about love. That special letter was delivered to us through the Bible. Let's practice delivering special letters by playing, "No Mail, No Mail, Mail!"**

Directions:

1. Children stand in a circle.
2. Pick a child to be the Mail Deliverer.
3. The Mail Deliverer walks around the outside of the circle, gently tapping each child once on the shoulder with the letter while repeating **"No Mail"** with each tap.
4. When the Mail Deliverer says **"Mail!"** and drops the letter in a child's lap, that child grabs the letter, jumps up, and runs around the circle chasing the Mail Deliverer.
 - If the Mail Deliverer runs all the way around the circle and sits in the spot where the child with the letter was sitting, then the child with the letter takes a turn as the Mail Deliverer.
 - If the child with the letter tags the Mail Deliverer, then that child returns to his or her place in the circle and the Mail Deliverer tries again to deliver the letter without being tagged.
5. Play until each child has a turn as the Mail Deliverer.

GOT TIME? *continued...*



BIBLE MEMORY VERSE ACTIVITIES

"With God all things are possible." Matthew 19:26b

GAME: CIRCLE VERSE

Purpose: To help children learn the meaning of the Unit 5 Bible Memory Verse.

Supplies: None

"With God all things are possible." That's our Bible Memory Verse. Let's add the sign language and pass the good news around the circle.

Directions:

1. Children stand in a circle.
2. Teach the hand motions as you say the verse:

"With God	(God) The open right hand, fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.
all things	(all) Hold one hand, palm open, facing chest. The other hand circles around it comes back to touch the palm of the hand.
are possible."	(possible) Both fists move down in a repeated motion.
3. Turn to the child on your left and say the Bible Memory Verse with the sign language.
4. That child turns to the child on his or her left and says the Bible Memory Verse with the sign language.
5. When the message has made its way around the whole circle, lead the children in saying the Bible Memory Verse together with the motions and cheer.

GAME: BIBLE MEMORY VERSE HOP

Purpose: To help children memorize and review the Unit 5 Bible Memory Verse.

Supplies: Bible

Let's review our Bible Memory Verse. After I say each word, repeat it and take one hop toward me. When you get close enough to touch the Bible I'm holding, you may sit.

Directions:

1. Children stand shoulder to shoulder at one end of the room. If you have a large class, divide them into groups, and have the groups take turns playing.
2. Stand at the opposite end of the room, holding an open Bible.
3. Say each word of the Bible Memory Verse, one at a time. As the children repeat each word, they take one hop toward you.
4. When each child is close enough, he or she touches the Bible and sits down.
5. Continue until each child has touched the Bible, repeating the Bible Memory Verse from the beginning as needed.

GOT TIME? *continued...*



STORY TIME

Gather the children and read a favorite story. This can be a Bible story, a chapter from *The Adventures of Delbert & Lello*, or a story about doing good to all people.

PONDER, PRAY & PLAY

Unit 5, Lesson 23: A Letter About Helping Others

PONDER! God wants us to help others (Galatians 6:10). Who can you help?

PRAY! Pray this prayer each day this week: "Lord, thank You that we are part of Your family. Help us to do good things for all people. Amen."

PLAY! Give your "Helping Others" Card to someone in your family. Do something good for that person that will make him or her smile. Then together, create a card for another family member or friend and do something good for that person.

BIBLE MEMORY VERSE

"With God

(God) The open right hand, fingers together and palm facing left, moves upward and then down the center of the face with fingers facing up.

all things

(all) Hold one hand, palm open, facing chest. The other hand circles around the first hand, coming back to touch the palm.

are possible."

(possible) Both fists move down in a repeated motion.

Matthew 19:26b

Hold hands open, as if holding a Bible.