



**At-A-Glance: Ages 10-12**  
**Prophets & Promises Part 1: Acts –**  
**Revelation**  
**Unit 5, Lesson 26**

## Letters About Peace

**Lesson Aim: To know God can give us peace of mind in all circumstances.**

### **THE WELCOME**

**MEET & GREET:** What is your favorite thing to do that doesn't make any noise?

**GAME:** Peaceful Sack Race

### **THE WORSHIP THE SPIRIT WHO GUIDES US**

Read Worship Scripture: John 14:26-27

Sing songs and worship God. Bless and collect the offering.

Perform the Mail Call script or read storybook.

### **THE WORD LETTERS ABOUT PEACE**

Children sign note cards; place in Golden Bowl. Classroom Covenant.

Review: God led Paul to write about forgiving others.

**Today, we will learn how God gives us peace of mind when we trust in Him. Let's see what Paul says about that in the letter he wrote to the church in Philippi and in Colosse (or Colossae).** Point to Philippi and Colosse. **This mailbag reminds us that in Bible times believers traveled long distances to share letters from Paul.** Reveal Bible Story Scripture Reference: Philippians 4:4-9; Hebrews 11:1; Colossians 3:15-17. Find It First. Highlight Key Verses: Philippians 4:6-7. Pray. Read.

### **THE WAY WE CAN HAVE PEACE**

**We just read a description of faith by the writer of Hebrews. How would you describe faith in your own words? Our faith in God is a gift from Him. Our faith in God helps us trust Him with our worries and fears. Who would like to share something that you have been worried about lately?**

**In Paul's letter to the Philippians, what did he tell them to do instead of being anxious?** (Paul wrote "by prayer and petition, with thanksgiving present your requests to God.") **A petition is a request. Paul says we are to pray, make our requests, and give thanks to God. What does Paul say will happen when we do this?** (God's peace will

guard our hearts and minds.) **What does that mean to you? Can you give an example of a time when you were anxious, worried, or afraid and God gave you peace of heart and mind?**

Take the activity supplies out of the mailbag. Hang the twine as a clothesline where everyone can see it and hang the notecards on the line using the clips. **On each of these 9 cards is a word from Paul's list of good things we can think about. Let's take a moment to think about each of them. What is something that is true?** Repeat the same question for the other eight notecards: Noble, Right, Pure, Lovely, Admirable, Excellent, and Praiseworthy.

**When you are anxious or worried, how might thinking about these things give you a peaceful heart and mind? Which of these is your favorite thing to think about? How does thinking about that give you peace? How does thinking about that give you peace when you are facing hard times? No one can explain the peace that comes from trusting God. When you have that peace, your heart and mind are calm even when the problems are still around you.**

**If we think about Jesus each time we make a choice, then His peace will rule in our hearts. Let's read part of Paul's letter to the Colossians and brainstorm examples for our own lives.** Read Colossians 3:15-17. After each phrase in verses 16 & 17, discuss ways the children can do these things this week.

### **CHRIST CONNECTION:**

**700 years before John wrote his letter about peace, the prophet Isaiah described it perfectly! Check it out in the Bible!** Reveal Isaiah 26:3-4. Find It First. Highlight. Read.

**THE GOLDEN BOWL:** Pray for individuals. Pray the Lord's Prayer.

### **FINAL FIVE MINUTES:**

- **TREASURE TREAT:** New Testament Postcard about peace, stamp or sticker of dove
- **W<sup>3</sup> BETWEEN THE LINES** Journal Entry #26
- **OFFERING OF ART:** Your favorite thing about today and something special about the letters from the New Testament you just learned
- **PRAYER REQUESTS**
- **BIBLE MEMORY VERSE SONG**

### **GOT TIME?**

**SNACK:** Bird Food

**GAMES:** The Sound of Peace, New Testament Line

**CRAFT:** Care Package—Peaceful Pillows

**BIBLE MEMORY VERSE ACTIVITIES:** Ask, Seek, Knock!; Race to Repeat

**BIBLE TIMELINE REVIEW**