



PONDER! We can pray to God when we are worried (Philippians 4:4-6). Will God hear our prayers? (Yes! God always hears our prayers.)

PRAY! Pray this prayer each day this week: "We are thankful we can pray to You, Lord. Help us remember to pray instead of worrying. Amen."

PLAY! Family members walk around the room while one person (the caller) says, "Do Not Worry!" over and over. When the caller says, "Pray!" everyone stops where they are and names something they can pray for. Take turns being the caller.

BIBLE MEMORY VERSE

"With God all things are possible."
Matthew 19:26b

(God) Right hand, fingers together, moves upward, then down center of face.
(all) One hand, palm open, faces chest. The other hand circles around the first hand, coming back to touch the palm.
(possible) Fists move down in repeated motion.
Hold hands open, as if holding a Bible.



P&P Ages 2-3 U5L26

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