

# CAMP VENTURE

**Hey Pals,**

**Got problems? No worries! We all face problems in our lives. Learning to solve our problems helps us grow wiser. Praying and trusting God with our worries helps us love God and others better. Even though the problems that caused our worries may not go away, trusting God gives us a peaceful heart and mind. No one can explain the peace that comes from trusting God, but if your heart and mind are calm because you know God is in control even when the problems are still around, then you have peace! Try this game to hear the sound of peace.** Take the Problems, Worries, and Peace signs out of the mailbag.

**Directions:**

1. Campers sit in a circle.
2. Place the "Problems" sign in the center of the circle.
3. Each camper thinks of a recent or current problem and creates a hand motion related to that problem. For example, for a friendship problem, campers might clasp hands or for a problem with schoolwork, campers might pretend to read a book.
4. Place the "Worries" sign in the center of the circle with the "Problems" sign.
5. Each camper thinks of one worry related to his or her problem and chooses a word or phrase to describe that worry. For example, if the worry is about losing a soccer game, the hand motion might be creating the shape of a ball and the word might be "losing." If the worry is about swimming, the hand motion might be waves and the phrase could be "water in my eyes."
6. Choose one camper to repeatedly say their word or phrase and sign their hand motion.
7. One at a time, go around the circle and add in each camper saying his or her word and signing his or her hand motion. Continue until all the campers are saying their words and signing their hand motions at the same time.
8. **When I replace the "Worries" sign with the "Peace" sign, I want you to stop saying your worry word or phrase but continue your problem hand motions in silence.**
9. Replace the "Worries" sign with the "Peace" sign.
10. Campers stop speaking but continue their hand motions in silence.
11. Continue the silent motion until the counselor whispers, **"Peace be with you!"**

**Do you see what I mean? Even when problems surround us, we can trust God and have no worries—that's peace! It's having faith that God will watch over us even though we can't see or hear Him.**

**Believe and Be Peaceful,  
Your Pen Pal**

