



## HAT DOES IT MEAN TO ME?

Why did Paul think it was important to teach the new believers how to be strong?

- A) They were being persecuted.
- B) They were weak.
- C) They were stubborn.
- D) They were fighters.

Match each piece of a soldier's armor with its spiritual counterpart.

Breastplate	Salvation
Belt	Righteousness
Shield	Truth
Helmet	Faith
Sword	Word of God
Shoes	Gospel

According to Ephesians 6:12, who are we fighting against?

- A) The believers around us.
- B) The sinners around us.
- C) The forces of light.
- D) The forces of darkness.

Which of the following describes your feelings when you read Paul's explanation of our battle? (Ephesians 6:12.)

- A) I am afraid.
- B) I really need Jesus to help me stand strong.
- C) The battle is even bigger than I thought.
- D) I am surprised to hear about this spiritual battle.

Which of your pieces of armor are you best at using?

Which of your pieces of armor do you need most for the battles you are facing right now?

What could you do to be stronger as you fight this week?

## Letters about Strength BETWEEN THE LINES

Take some time to read these verses about strength in Ephesians 6:10-18, 1 Peter 5:8-10, 1 Corinthians 15:58, and Ephesians 3:16-18.



## HAT DOES IT SAY?

To what does Paul compare our enemy in 1 Peter 5:8?

- A) A super hero B) A saint C) A lion

According to Ephesians 3:16-18, who is it that strengthens us?

- A) Our personal trainer B) The Spirit C) Our teachers

What has God given us to be able to stand against the devil?

- A) Armor B) Arrows C) Brains

What does Paul tell us to do at all times, in Ephesians 6:18?



## HAT DOES IT MEAN?

How is Paul's description of our enemy in 1 Peter 5:8 a good comparison?

Which pieces of armor help us to defend ourselves against attack?

Which pieces help us to advance for the kingdom?



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