



At-A-Glance: Ages 2-3
Prophets & Promises Part 1: Acts–Revelation
Unit 6, Lesson 29

A Letter About Strength

Lesson Aim: To learn about the armor of God that helps us to be strong in the Lord.

THE WELCOME MAILBOX

CENTERS

- COLORING CENTER: God Makes Us Strong
- PLAY-DOUGH CENTER: My God Is Big
- ACTIVITY CENTER: The Armor of God
- LETTER GAMES

THE WORSHIP THE SPIRIT WHO SHOWS US

Before we sing, let's talk to God in prayer. Have the children bow their heads and close their eyes. **Dear God, thank You for giving us a strong heart to love You and a strong mind to choose to do what is right in Your eyes. Amen.**

Sing the Bible Memory Verse Song and other related songs.

OFFERING: Collect the offering.

WORSHIP ILLUSTRATION: *The Adventures of Delbert & Lello* puppet script or storybook

BIBLE MEMORY VERSE: Practice Bible Memory Verse with the motions. "Behold, I am coming soon." Revelation 22:12

THE WORD THE ARMOR OF GOD CLASSROOM PROMISE

Can you show me your muscles? (Children respond.) **What can you do if you are strong?** (Lift heavy items, run, etc.) Show children the shield. **What is this?** (A shield.) **Who uses a shield?** (Soldiers.) **Soldiers wear armor to protect themselves from harm and to make them strong.**

God makes us strong by giving us His own special invisible armor. We call it the armor of God. We can't see it, but it will protect us and make us strong in Him.

In the Bible, there are special letters written by believers to people like you and me. In today's letter, we will learn about the armor of God. Who would like to open the Special Delivery Mailbox for this week's letter? Choose a child to open the mailbox, remove the Bible, and hand it to you. **We can find it in the book of Ephesians.** As you read the letter, point to the body part where you would wear each piece of God's armor.

WATCH THE WORD: EPHESIANS 6:10, 13, 15-18
Read the letter. Display visual.

Dear family of God in Ephesus,
Finally, let God make you strong; depend on His mighty power. Put on all of God's armor. On your feet, wear what will prepare you to tell the good news of peace and pick up the shield of faith. Put on the helmet of salvation and take the sword of the Holy Spirit. The sword is God's Word. And at all times, pray by the power of the Spirit.
Love, Paul

Who makes you strong? (God.) **What should you put on?** (The armor of God.) **Can you see God's armor?** (No, it is invisible.) **Even though we can't see the armor of God, it will make our hearts strong to love Him and our minds strong to choose what is right in His eyes.**

THE WAY PUTTING ON THE ARMOR OF GOD

CRAFT: God's Armor

GAMES: Lord's Army March, The Sword of the Spirit

SNACK: Strong Swords

FINAL FIVE MINUTES

- BIBLE MEMORY VERSE
- PRAY
- PLAY
- DISMISSAL (Coloring page, craft, Ponder, Pray & Play)

GOT TIME?

LETTER GAMES

BIBLE MEMORY VERSE ACTIVITIES: Down from Heaven, Through the Clouds

STORY TIME