



Be strong in the Lord

A Letter About Strength
Ephesians 6:10-18

Granny B squinted to get a better view of Delbert and Lello. From where she sat on the porch, she could see her two friends playing dress-up. Delbert was wearing a pot on his head and Lello had a feed sack on her back.

Delbert and Lello turned to walk to the mailbox. Granny B knew they were going to wait there for Posty to deliver the mail. She walked down the porch steps and along the path to the mailbox to join them. As she drew closer, she called out, "Hello, my little ones!"

Delbert and Lello both jumped. They had been so involved in playing dress-up that they were surprised by Granny B.

"Haw! I am Mighty Knight Delbert in search of my armor. My trusty friend Lello is helping me in my noble quest," Delbert exclaimed.

"Baa! We found his helmet and are in search of his shield and sword," Lello added.

Granny B smiled and looked around for a prop. Spying a fat stick, she walked over and picked it up. "Look, Mighty Knight Delbert, a sword!"

"Haw! Thank you, Faithful Granny B and look, Posty is on the way!" Delbert shouted.

Posty swooped down from the sky and landed right on Delbert's helmet. "You've got mail! I deliver without fail!" Posty squawked. Posty noticed Delbert's costume. "What is this in my sight? Could it be a brave knight?"

"Baa. We're playing dress-up," Lello explained, as Posty handed her the letter. "Sir Delbert, may I open the royal decree?"

Delbert looked confused. Granny B whispered to him that Lello was asking if she could read the letter. Delbert nodded and Lello opened the envelope.

**Dear Delbert and Lello,
I know how you both like to play dress-up, so I think you'll like this letter from Paul. He tells us about an invisible armor we can wear and be strong in the Lord.
Love,
Uncle Donny**

"Haw! Uncle Donny knows us so well! I can't wait to read Paul's letter," Delbert said, as Lello handed it to him. He cleared his throat and read:

**Dear family of God in Ephesus,
Finally, let the Lord make you strong. Depend on His mighty power. So put on all of God's armor. Wear on your feet what will prepare you to tell the good news of peace. Also, pick up the shield of faith. Put on the helmet of salvation. And take the sword of the Holy Spirit. The sword is God's Word. At all times, pray by the power of the Spirit!
Love,
Paul**

"Delbert, did Paul say, 'God's armor'?" Lello asked, amazed.

Posty answered loud and clear, "With God's armor and His sword, we'll be strong in the Lord!"

Granny B agreed with Posty. She explained that by putting on the invisible armor of God, our hearts will be strong in the Lord. Granny B shared a Bible verse to help them remember the letter.

"The Bible says, 'Be strong in the Lord.' Can you say that?" Granny B asked.

Delbert and Lello stood up and shouted, "Be strong in the Lord!"

"Great job! We can all put on God's armor every day," Granny B added.

Delbert's eyes grew wide as an idea popped into his mind. He whispered to Lello and then exclaimed, "Mighty Knight Delbert is off on a new mission—to find out more about God's invisible armor. My trusty friend Lello will be by my side!"

Delbert and Lello bowed to Granny B and Posty. Posty flapped his wings and lifted up to the sky, calling, "So long and goodbye. It's time to fly!"

Granny B told the two playmates that she would like a royal report of all they learned, then she turned and headed back to settle into her rocking chair on the farmhouse porch.