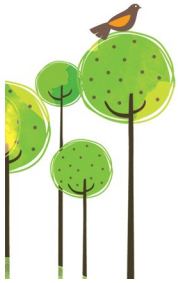



**PONDER!** Read Ephesians 6:10, 13, 15-18 with your family. To be strong in the Lord means to let Him make your heart strong to love Him and your mind strong to choose what is right in His eyes. Paul wanted his friends to know God makes them strong in the Lord. He said to put on the invisible armor of God. In what ways has God made you strong?

**PRAY!** Pray this prayer each day this week: "Lord, thank You for making us strong. Help us use Your strength to obey You and tell other people about Jesus! Amen."



**PLAY!** Without speaking, act out a picture of doing right in God's eyes. Have your family or friends guess what you are doing. Now, act out a picture of a way you can show God you love Him such as singing to Him, praying to Him, or reading the Bible.

PP Ages 4-5 U6L29




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