



PONDER! Read 1 Kings 17:8-16 with your family. Talk about the story of Elijah and the Woman in Zarephath. What did Elijah ask her to do? What two things did she need to make bread for Elijah, herself, and her son? What did God promise her? Did God keep His promise?

PRAY! Pray this prayer each day this week: "Lord, thank You for always keeping Your promises. Help us to trust in You. Amen."




PLAY! Bake bread with your family, or make a bread snack for each family member by placing cheese on a slice of bread and melting it in an oven. While you wait for your snack to bake, talk about the story of Elijah and the woman. What are some things God promises us? Can you trust God's promises? Thank God for providing bread for you and your family and then enjoy your snack!

PP Ages 4-5 U7L33




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