



Healing the Sick Woman

Lesson Aim: To have faith that Jesus can heal us.

THE WORSHIP

Who God Is: Jesus as the God of Healing

THE WORD

What He Has Done: Jesus healed the woman who was sick.

Scripture Focus: Mark 5:24b-34 **Key Verse:** Mark 5:28

Christ Connection: Psalm 62:7-8

THE WAY

The Big Question: When have you had to wait for healing?

UNIT 2 FOCUS VERSE

"Now faith is confidence in what we hope for and assurance about what we do not see." Hebrews 11:1

Unit 2: Jesus as the God of Healing			
	Bible Story	What He Has Done	Lesson Aim
6	Healing the Centurion's Servant, Matthew 8:5-13	Jesus healed the centurion's servant with His words alone.	To see an example of great faith.
7	Healing the Paralyzed Man, Mark 2:1-12	Jesus forgave and healed the man who was paralyzed.	To bring our friends to Jesus for healing of their bodies and souls.
8	Healing the Sick Woman, Mark 5:24b-34	Jesus healed the woman who was sick.	To have faith that Jesus can heal us.
9	Healing the Deaf and Mute Man (Salvation Message), Mark 7:31-37	Jesus healed the man who was deaf and mute.	To see the personal nature of Jesus' healing and His offer of salvation.
10	Healing the Ten Men, Luke 17:12-19	Jesus healed the ten men who had leprosy.	To give Jesus the thanks and praise He expects and deserves.

LEADER'S ENCOURAGEMENT This week, read Psalm 77. Please join us in praying, "Thank You, Lord, for the way You heal us, even when medicine cannot. Give the students hope in Your power to heal. Amen."

Lesson Aims are based on reflecting God's character as we participate in His actions to, for, and in the world.

Take Home Elements: The Journal Entry, Action Card, and Family Discussion Card may be sent home to encourage students to reflect on the lesson. The Journal Entry is an in-depth personal study. The Action Card is a visual reminder of the Bible story, God's action, and how we can join into that action. The Family Discussion Card gives parents and guardians a way to engage their students in what they are learning.

Leader's Tip: For larger gatherings, teach THE WELCOME, THE WORSHIP, and THE WORD in a large group setting and divide into small groups for discussion with THE WAY.



Getting started

THE WELCOME

Suggestion: Choose a game that focuses on ideas such as crowds, clothes, touch, or doctors.

ACTIVITY OPTION 1: GUESS WHO

Purpose: To introduce the story of the woman who touched Jesus' clothes to be healed.

Supplies: Pens or pencils, small pieces of paper (10 per student), container for each team (basket, hat, bowl, or bag), timer

Preparation:

Directions:

1. Divide the group into at least two teams of 4-6 people. Assign each team a letter "Team A" or have them come up with their own team names.
2. Give each student a pen/pencil and 10 pieces of paper. On each slip of paper, students write down the name of a famous person (real or fictional) that people will know.
3. Collect all the papers into a container for each team and then distribute each container to a different team than the one that wrote the names it contains.
4. Team A (or the team with the name closest to A in the alphabet) chooses one person to be "It."
5. On your signal, "It" chooses a slip of paper and reads the name on it. "It" must describe that person to the other members of his or her team. Each time a name is guessed correctly, another name is retrieved from the container. Give "It" one minute to guess as many names as possible. If "It" gets stuck on a name, he or she can set the name aside and draw a new name. The team gets one point for each name guessed correctly.
6. Repeat steps 4-5 for each team at least once.
7. The team with the most points wins.

ACTIVITY OPTION 2: DODGEBALL DOCTOR

Purpose: To introduce the story of the woman who touched Jesus' clothes to be healed.

Supplies: Soft balls

Directions:

1. Divide the group into 2 teams. Each team chooses a "doctor," (2 doctors per team for large groups) keeping their identity secret from the other team.
2. Play a game of Dodgeball with the following rule changes.
 - When someone is hit, they must sit outside the play area.
 - The doctor may touch the player who was hit and bring them back into play. But, players who are touched by the doctor shouldn't jump back in the game right away or they will give away who the team's doctor is.
 - Once the doctor is hit, he or she can no longer "heal" players.
3. The first team to eliminate the other team wins.



Jesus as the God of Healing

THE WORSHIP

Note to Leader: The instructions below are suggestions only. Adapt this time of worship to suit your environment, resources, and cultural expression. Encourage students to broaden their view of corporate worship by including a variety of expressions such as group prayer, group praise, silent meditation, singing, listening to music, reading scripture, collecting an offering, drama, dance, visual arts, and/or a physical exploration of nature or neighborhoods.

Ideas for Optional Visuals: _____

The Seven Stars of Lent

If this lesson is taught during the Lenten season (the 40 days before Easter), we recommend the Seven Stars of Lent activity located at ResourceWell.org under Children—Other Resources. Choose one star for each week of the Lent season.

Today, we worship Jesus as the God of Healing. We will hear about the miracle Jesus performed near the Sea of Galilee when He was on the way to heal Jairus' dying daughter.

Even though Jesus cannot physically touch us now, He can still heal us. Sometimes, we are healed through medicine and the care of doctors; other times we are healed miraculously. Our act of faith is to reach out to Jesus in prayer and trust that He has the power to heal us. As we give our offering today, let's thank God for His healing power.

Read the Unit 2 Focus Verse: Hebrews 11:1.



Sing worship songs and guide students to focus on trusting Jesus.



Read Psalm 9:10.



Invite students to offer sentences of praise to God by completing the following sentence:
"Lord, we worship You for _____."



Jesus healed the woman who was sick

THE WORD Presentation

Note to Leader: Adapt this segment to your setting (Sunday School class, youth group, multi-age gathering, youth camp, retreat, etc.). In some settings, you may choose to have a student read the scripture aloud, and then have the leader, in his or her own words, briefly communicate the Teaching Points, the Christ Connection, and the Big Question. In other settings, a teacher, pastor, or other experienced speaker may present a lecture or extended message that includes those same elements.

Ideas for Optional Visuals:

You may choose to include an object lesson, video clip, drama, dance, song, or work of art to illustrate the teaching points.

Option 1: _____

Option 2: _____



TEACHING POINTS

Consider current culture and influences impacting your students, and adjust the teaching accordingly.

Read the suggested scripture and communicate each of the points noted.

Last time, we learned Jesus forgave the sins of the man who was paralyzed and healed his physical body. Today, we will read about another miracle where Jesus healed someone who no one else could help.

The leader or a student reads Mark 5:24b-34.

- According to Jewish law, this woman was considered unclean (Leviticus 15:19-30). She would not have been allowed to enter the temple or synagogue and anything or anyone she touched would also be unclean.
- Stepping into the crowd would have broken the Jewish purity laws as anyone who bumped into her would have been made unclean. She risked being criticized and further rejected by her family and community if she was found out. Her faith in Jesus' healing power was so strong that she was willing to take the risk.
- In those days, many people believed they could receive a benefit from a great person simply by touching the person's clothing, so it is not surprising that she would have believed all she needed to do was touch Jesus' clothes to be healed.
- As soon as she touched Jesus' clothes, she received physical healing. Jesus could have ignored the woman's touch and continued on His way but He stopped to talk with her. Jesus' miracles always involve being in a relationship with Him.
- Jesus knew who had touched Him but He wanted to give the woman an opportunity to identify herself to bring glory to God and to provide a witness of both her personal faith and her healing.
- Jesus cared not only about her physical healing but her emotional healing. After being rejected by her family and her community for 12 years, those relationships and her emotional pain could begin to heal.
- This is the only time in the Gospels that Jesus calls a woman, "daughter."

THE WORD Presentation *continued*

- Jesus chose to heal the woman because of her faith and because it was God's will. Having the faith to believe and being healed is a powerful testimony to Jesus' healing power.
- Like the woman, we may sometimes feel rejected by family or friends. We may feel like no one cares about our needs. Jesus always welcomes us to Him. He knows right where you are, and He knows just what you need.
- Jesus wants us to come to Him with all of our needs and to have faith that He can heal us. However, that doesn't necessarily mean He will heal us. Jesus may heal us right away through miraculous healing or along the way through rest, medication, therapeutic treatments, and the ongoing care of doctors and caregivers. Other times, He may heal us when we reach heaven. We have to have faith that we will be healed in His perfect timing.



Connecting the Old Testament, the New Testament, and Us

CHRIST CONNECTION

In the whole story of God, what's the connection between this New Testament story and the Old Testament?

- The woman reached out for Jesus' clothes in faith, trusting He could heal her. She also knew if she was healed, she would no longer be considered unclean and rejected by her family and community. 1000 years earlier, King David reached out to trust God for something similar. Let's read David's advice about this.
- The leader or a student reads aloud Psalm 62:7-8.
- Jesus has the power to heal us physically and emotionally. It takes faith to trust Jesus has the power to change your situation. If you've been waiting a long time, it's not because Jesus doesn't care. We have to trust that His timing is perfect in all things.
- Assign several of these scriptures to students to read aloud:
 - God is with us: Joshua 1:9; Isaiah 41:10; Deuteronomy 31:6
 - God is our refuge: Psalm 62:8; John 16:33
 - Call on Him: Psalm 91:15; Psalm 50:15
 - Joy in trials: James 1:2-4; 2 Corinthians 4:17



THE BIG QUESTION

Introduce and elaborate on this question. Students will answer it in their discussion group.

When have you had to wait for healing?



THE WAY Discussion



GETTING STARTED Display and review the Discussion Group Covenant below:

**We will include everyone here, treating one another with respect and kindness.
We will encourage everyone here to express their thoughts and opposing views.**

Every student shares his or her best experience or greatest challenge of the past week.



READ IT AGAIN

Read Mark 5:24b-34 silently or aloud.

Why did this woman have the confidence that just touching Jesus' garment would make her well?

Why do you think the woman hoped to not be noticed by Jesus?

Why do you think Jesus called her "daughter"?

What does Jesus do to bring healing to her in ways beyond physical healing?



THE BIG QUESTION Invite students to share their answers.

When have you had to wait for healing?



TAKE ACTION Lead students in a discussion using the questions below.

Have you ever felt like an outcast or rejected by others? If so, how might remembering Jesus cares about you help?

Why do you think God sometimes answers our prayers in a different way from what we expect?

Do you or someone you know need healing? Take time to pray for them now.

Ask each student to complete this sentence: **God calls us to reach out to Him for healing SO THAT others might _____.**



PRAY Share prayer requests and answered prayers.

Have students pray with partners, or have the whole group pray together.



FINAL FIVE MINUTES When only 5 minutes remain, begin this segment.

Give each student Action Card #8 and Journal Entry #8. **Take home today's Action Card as a reminder of how we can join in what God is doing. Use the Journal Entry as your personal devotional study. Complete your Journal Entries at home and keep them together in a notebook or in your Bible.** Optional: Provide parent or guardian with Family Discussion Card #8.

GOD OF WONDERS

JOURNAL ENTRY #8

Healing the Sick Woman

Mark 5:24b-34

WHAT DOES IT SAY?

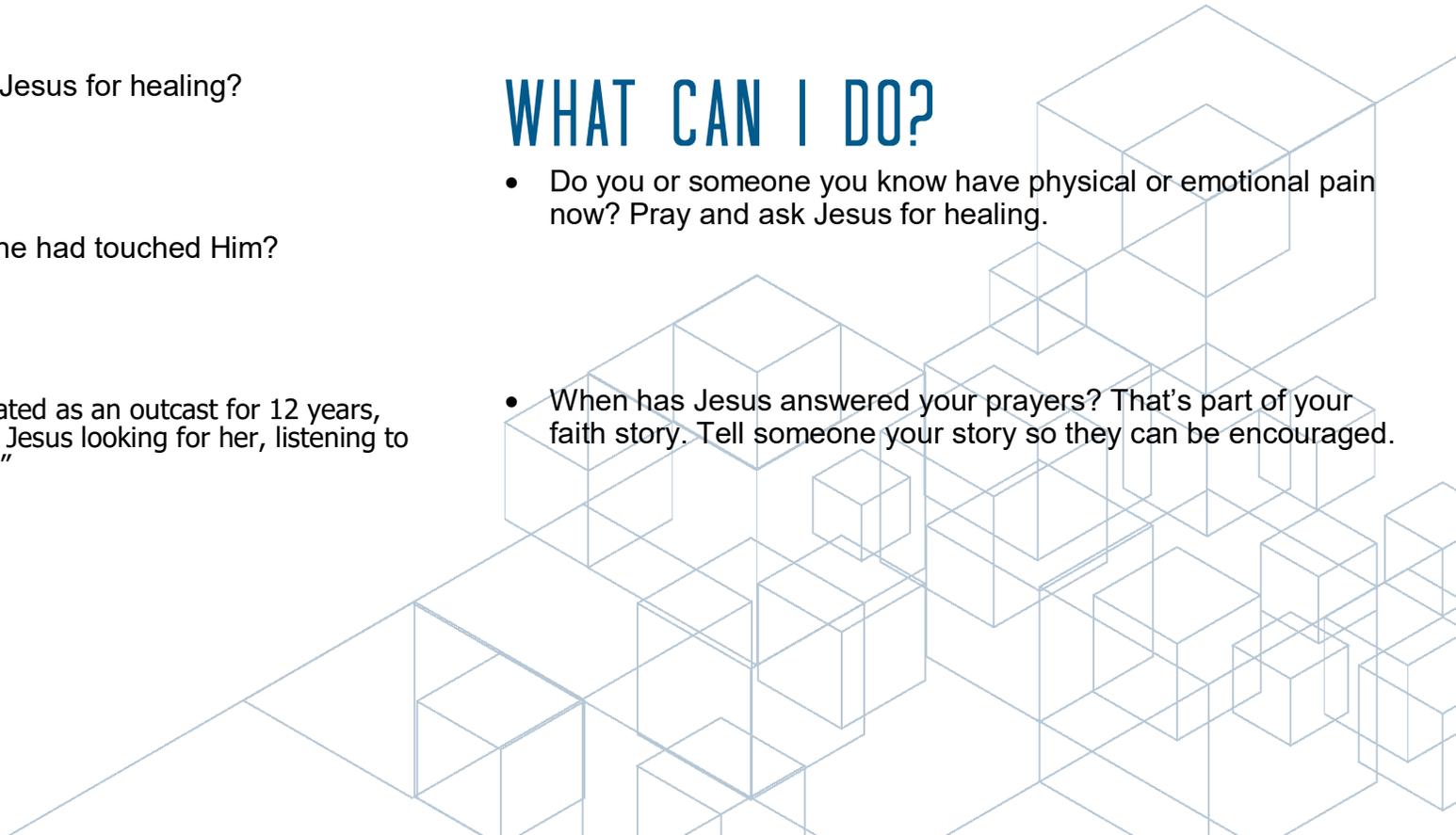
- **Pray!!!** Ask the Holy Spirit to show you what He wants you to learn from this passage.
- **Read Mark 5:24b-34.**
- What brought the woman to Jesus for healing?
- How did Jesus know someone had touched Him?
- As a woman who had been treated as an outcast for 12 years, how might she have felt to see Jesus looking for her, listening to her, and calling her “daughter?”

WHAT DOES IT MEAN?

- Why did Jesus stop and ask who had touched Him?
- What do you think the woman’s life was like after she was healed?
- What can the actions of the woman teach us?

WHAT CAN I DO?

- Do you or someone you know have physical or emotional pain now? Pray and ask Jesus for healing.
- When has Jesus answered your prayers? That’s part of your faith story. Tell someone your story so they can be encouraged.



Action Card #8/GOW

HEALING THE SICK WOMAN

MARK 5:24B-34

JESUS HEALED THE WOMAN WHO WAS SICK.

WE ARE CALLED TO **HAVE FAITH**
THAT JESUS CAN HEAL US.

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Family Discussion #8/GOW

HEALING THE SICK WOMAN

READ MARK 5:24B-34.

JESUS HEALED THE WOMAN WHO WAS SICK.

WHO CAN YOU PRAY FOR THAT NEEDS HEALING?

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